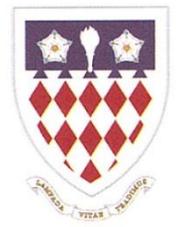




Spalding High School

Weekly Bulletin 30.09.21



Cake returns to the High!

As a School famous for its relationship with cake, it was a joy to see how well the Macmillan Coffee Morning was received last Friday. Indeed, we had so much cake that we had a coffee morning on Monday and Tuesday this week too! The sheer number of donations was incredibly impressive; a vast array of shop bought and homemade cakes, tray bakes, cookies and biscuits were donated – **thank you so much** for your efforts and donations. Year 7 definitely took the prize for the most cakes donated (and eaten I would imagine!) as they had five massive tables full in the Year 7 playground. The Sixth Form and Mrs Ray did an amazing job of organising the event and it has been wonderful to start holding some of the normal school events. We look forward to more! I will not reveal how much was raised – you will need to read the prefect report below for that – but what I will say is WOW! Thank you – that is the largest amount we have ever raised on one of our coffee mornings and so a massive “Thank You and Well Done!”

PS – Thank you to the Year 7 parent who sent a card into school this week sharing their daughter’s thoughts about the first two weeks at the High. You only put your initials on so we have been unable to thank you personally. Your card has been shared with Mrs Schwarz and the staff. Thank you again for your lovely message.

Macmillan Coffee Morning

Last Friday the Prefect Team organised the first Coffee Morning that the School has seen in two years. We invited each year group to bring in sweet treats to be sold within their zones to raise money for Macmillan Cancer Support.



We raised an incredible **£1120** for this fantastic cause. It was lovely to see everyone gathering together and to see all of the teachers getting involved too. The atmosphere was fantastic throughout the day and it really showed just how great a community we have here in school. We were able to go ahead as planned and have all of the stalls outside, during what was a very sunny day.

Being the first bake sale for both Year 7 and 8, you can imagine just how many cakes were brought in for their zones. Year 7 managed to fill five tables with all kinds of cakes, brownies and cookies! Thanks to so many students and teachers for getting involved, we ended up with a huge number of cakes, which we continued to sell this week. We were still left with a fair amount of packaged cakes which we will be taking to the local food bank. It was such a fulfilling experience to see everyone get so involved and to give the new Year 7 and 8 students the opportunity to experience a well-renowned SHS cake sale! The Prefect Team are very much looking forward to organising another Coffee Morning and would like to thank everyone for their contribution to what was such a fantastic day.

The Prefect Team

Notification of positive Covid cases

If a student tests positive on the LFD test they/their parents should:

- Send an email to enquiries@spaldinghigh.lincs.sch.uk with the close contacts (people you have sat next to in lessons) for the two days prior to the positive result. Please send this email as soon as possible. The enquiries account is monitored late into the evening and early in the morning.
- Book a confirmatory PCR test asap and within 2 days of the LFD. At the moment these seem to be available quite locally and the results seem to come through quickly too.
- Notify School when the PCR result comes through.

Students/parents do not need to call school if they have emailed in to enquiries. We will make contact with home during the day to see how the student is doing.

Submit the positive result to Teams if it is a reporting day (Wednesday and Sunday) but **also email enquiries** with the result and your close contact.

Submitting to Teams on Wednesday and Sunday

We have increasing numbers of students forgetting to submit their Covid results on a Wednesday and Sunday which causes disruption to the learning as they queue for their test the following morning as well as additional work for the Covid Test Team. Please submit your result to Teams on time and also submit to the NHS.

Thank you

Covid Vaccine NHS Consent letter

The School Age Immunisation Service/Vaccination Team consent letter and details were sent to all parents of students in Years 7-11 yesterday. If you did not receive the In Touch message, please let the School reception know.

Thank you

16 and 17 year olds can now use the online booking service for their COVID-19 vaccine

The Department of Health and Social Care announced on Friday 24 September that all 16 and 17 year olds can now book their first COVID-19 vaccination appointment online.

Young people aged 16 and 17 can:

- book their COVID-19 vaccination appointments online for an appointment at a vaccination centre or pharmacy
- find a walk-in COVID-19 vaccination site to get vaccinated without needing an appointment

If students cannot book appointments online, they can call 119 free of charge. They can speak to a translator if they need to. Further information can be found on the NHS website.

Asymptomatic testing – Update from the DFE

The DfE updated their operational guidance this week. As you will recall, they said that at the end of September they would review the twice weekly LFD testing in secondary schools. They have said:

“Testing remains important in reducing the risk of transmission of infection within schools. That is why, whilst some measures are relaxed, others will remain, and if necessary, in response to the latest epidemiological data, we all need to be prepared to step measures up or down in future depending on local circumstances.”

Staff and secondary school pupils should continue to test twice weekly at home, with lateral flow device (LFD) test kits, 3 to 4 days apart. Testing remains voluntary but is strongly encouraged.”

At the High School, we have significant numbers of students and staff signed up for twice weekly testing; it is a crucial mitigation for reducing the spread of the virus in school. In the light of this announcement, our systems will remain unchanged. Students and staff will continue to test every Wednesday and Sunday and report their results on teams and to the NHS. We remain grateful that so many members of our school community continue to test. Thank you for your support.

#HelloYellow!

Friday 8th October 2021



On Sunday 10th October it is World Mental Health Day and in celebration of this, we will be supporting the Young Minds #HelloYellow! Campaign. We will be inviting all students, and staff, to wear something yellow as part of a non-uniform day on Friday 8th October 2021. Students can wear all yellow, or a token ‘yellow’ item of clothing (no yellow hair, nails, face paint please) with their usual non-school uniform. We only ask that students bring in a £1 donation.

We are wearing yellow to show young people they are not alone with their mental health. It is important for us all to know that keeping mentally healthy is just as important as being physically healthy. Yellow, as a colour, often represents sunshine and happiness. The charity that we are raising money to support is called Young Minds. There is a wealth of information available on their website on different mental health conditions, but also life events that may negatively affect a young person such as coronavirus anxiety or exam stress. Further information and support about mental health for parents and carers is available on the Young Minds Website: <http://youngminds.org.uk> and there is a telephone number for parents: 0808-8025544 (Monday to Friday 9.30am – 4pm, free for mobiles and landlines).

Last year, we were delighted to have raised £409.36 for the Young Minds charity and we are very proud of our staff and students for coming together to support such a worthy cause. Our target is to be able to increase that total this year, so we hope to see even more of you wearing yellow and brightening up the school!

As always, if you are at all concerned about your child’s mental health, please do not hesitate to get in touch with their Head of Year for advice and support. Many thanks, Mrs Hickman

#HelloYellow

Careers Update

Progression route planning in Years 10 and 11

This week in PSHCE students in Years 10 and 11 have been talking about their plans for after their GCSEs.

Year 10 students have been asked to complete a questionnaire on Teams about what they are considering. Please talk about this at home and encourage the completion of the questionnaire which will help us to support the students.

Year 11 students have been revisiting some of the areas discussed during the Futures Day last term. Open events with post-16 providers will be starting soon and students have been made aware of the dates of these events. In addition, one-to-one careers guidance appointments have started this week with Mrs Gilman, an independent careers adviser. These appointments will continue over the coming weeks.

Students in both year groups have also been given details of how to set up accounts on Morrisby Careers, a careers information platform which will be used in school this year. After completing an aspirations questionnaire, different career suggestions are made with useful links to labour market information.

Progression route planning in the Sixth Form

At present, there are many discussions about students' plans for after sixth form studies. Students in Year 13 are writing personal statements for use in applications. This week the first of many university applications have been sent to UCAS for processing. Students applying for priority deadline courses (Oxbridge, Medicine, Dentistry and Veterinary Medicine) should now have submitted their applications to me and students applying for all other disciplines have an internal school deadline of 1st November to submit their applications. However, if students get their applications to me as soon as possible, I will process them and students may start to receive offers from universities, which is very motivational and exciting. Open Days and online open events continue over the coming months and I would encourage Year 13 students to ensure they have looked carefully at institutions they are considering.

Students in Years 12 and 13 are also setting up their Morrisby Careers accounts to explore career aspirations.

Law Virtual Work Experience - 26th October

On Tuesday October 26th from 9pm-4pm, Young Professionals will be hosting a Virtual Law Work Experience with Clifford Chance. Clifford Chance is one of the world's biggest law firms and this opportunity will give students nationwide the chance to get an insight into the legal industry within a magic circle firm.

Students will hear from some of the most experienced lawyers and solicitors as they deliver workshops specifically designed for this event. There will also be the opportunity to ask questions.

If students would like to attend this rare opportunity, they need to apply quickly as the event promises to be popular.

Law Virtual Work Experience:

- Tuesday 26th October, 9am-4pm
- Partner welcome talk
- An insight to law, looking at the different departments and areas of work (including non-law routes)
- Breakout rooms with solicitors talking about different areas of law
- Workshops & interactive sessions
- Open to all students in Years 11, 12 and 13
- FREE opportunity but limited spaces

Application Link:

<https://www.surveymonkey.com/r/Clifford-Chance>

Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell - Careers Leader

Y8 Study Skills Day

'Wow, that was awesome!' and 'I loved that' were just some of the remarks that could be heard along the Year 8 Corridor on Tuesday, as we welcomed Learning Performance back into school to deliver a series of workshops to the year group. The workshops focused on a variety of strategies to help students; ranging from problem solving to conflict resolution.

The students behaved impeccably, carefully listening to the presenters and actively participating when needed. The presenters commented on the enthusiastic response of the year group and their confidence in answering questions.

'Study day was a really fun and memorable day, we learned lots about a really wide variation of things, such as formative year, logic puzzles, neurons and lots more!

Firstly we had Steve who was really interactive and we learned about how important our formative years are and we looked at aspirations for the future. Another presenter was Vivian, who taught us about organisation. It was so helpful, and we learned many organisational skills. For period 3, we had Sally who showed us some fun memory games and showed us the science behind memory techniques. After lunch, we had Guy who taught us interesting communication and conflict solving skills. We talked about negotiation, as well as coming out of comfort zones. Finally, Mohammed showed us optical illusions and brain teasers. All of the skills we learned links to school. Which is really great. The sessions were funny and we did hilarious things with our name tags!

Written by Lola Connolly, Hannah Fisher and Olivia Winter, 8N



Miss Lee
Head of Year 8

What are we reading?

Staff: I am Mr Groom, Head of History and the School's literacy coordinator. I am reading Waterland by Graham Swift. It has really captured my imagination as it focuses on a history teacher's childhood and the landscapes of the Fens. I loved seeing places I know referred to in the book, such as Wisbech.

Students: Hi, I'm Lara; the new Library Prefect! At the moment, I am reading Ruin and Rising which is a part of the Shadow and Bone Trilogy. This series has also recently been made into a series on Netflix. I am enjoying this because I love fantasy books and Leigh Bardugo is a great writer.

Every week we want YOU to share your reads with the school - if you are enjoying your latest book please email Mr Groom (benjie.groom@spaldinghigh.lincs.sch.uk) with a brief description of why everyone should read it!