



# Spalding High School



## Weekly Bulletin 25.03.21

Well done to Year 7 on their wonderful Spring poems which truly are, enough to raise the spirits and fill the heart with good cheer! Thank you to all who contributed. The sunshine is really helping and it is good to see so many more students enjoying outside time at break and lunchtime. As the weather gets warmer please mix outside and make use of all the new picnic benches around the site.

Students continue to respond brilliantly to the home testing programme and thank you for submitting your results on Teams so efficiently and on time. Your support is very much appreciated. As you know home testing will continue over the Easter holidays and so all students should test on a Sunday and Wednesday as per the note on this week's bulletin. It is important that results continue to be submitted to **both** the School Teams assignments and the NHS recording results website. Schools are also continuing with reporting, tracking and tracing over the Easter holiday and so please carefully read the attached letter which gives more detailed information.

### Thank you

Today we said a proper "thank you" to our parent/grandparent volunteers who gave of their time and efforts so willingly to help the High School testing programme. Over 3500 on site tests conducted and we most certainly could not have achieved this so efficiently without them. Thank you again to Andrew, Fiona, Kerrie, Lisa, Mary, Michele, Rachel and Susan!



### COVID-19 Home Testing over the Easter Holidays

Y7-13 will need to complete home testing twice a week over the Easter Holiday. Please follow the below schedule and report your result onto both the NHS website (P15 of your booklet) and complete your Teams assignment which will be set for each test performed. All students **MUST** complete their test, their assignment and report to the NHS on the set days below:

YEAR	DAY & DATE	DAY & DATE	DAY & DATE	DAY & DATE	DAY & DATE
Y7, 8, 9, 10, 11, 12 & 13	Sunday 4 <sup>th</sup> April	Wednesday 7 <sup>th</sup> April	Sunday 11 <sup>th</sup> April	Wednesday 14 <sup>th</sup> April	Sunday 18 <sup>th</sup> April

### Changes to the Test and Trace support payment for parents

The following update was received from the Government this week:

"Parents and carers of children who have been advised to self-isolate by their education setting or by NHS Test and Trace are now able to apply for a Test and Trace Support Payment or discretionary payment of £500, if they meet the eligibility criteria. The extension of the Test and Trace Support Payment scheme, which is administered by district and unitary local authorities in England, ensures that parents receive the financial support they need if they are unable to attend work due to childcare responsibilities.

Parents and carers should apply to their local authority to receive a payment. Applications for the Test and Trace Support Payment scheme are made via the local authority in which the parent or carer resides, not the local authority where the setting is situated, if these are different.

To be eligible applicants must meet all of the criteria that:

- they are the parent or guardian of a child or young person in the same household and need to take time off work to care for them while they self-isolate. This is limited to one parent or guardian per household for the child or young person's self-isolation period
- they are employed or self-employed
- they cannot work from home while undertaking caring responsibilities and will lose income as a result
- they meet all the other means-tested eligibility criteria for a Test and Trace Support Payment or locally determined criteria for a discretionary payment

That their child or young person:

- is aged 15 or under (or 25 or under with an Education, Health and Care Plan (EHC)) and normally attends an education or childcare setting
- has been told to self-isolate by NHS Test and Trace or by their education or childcare setting because they have been identified as a close contact of someone who has tested positive for coronavirus (COVID-19)."

Parents/Carers will need to provide the self-isolation confirmation letter we send from School as evidence when they apply for the support payment.

## Careers Update

### **Springpod Virtual Work Experience**

This week Molly Paxton in Year 11 has written an article about her virtual work experience with Springpod. Here is the link to the Springpod website if any students are interested in gaining experience which is useful for adding to a CV, including in an application or for finding out more about a career path: <https://www.springpod.co.uk/>

#### **Molly Paxton – Year 11**

Recently I participated in a Finance Virtual Work Experience with the provider Springpod. Over two weeks, I completed more than 10 hours of independent work including 1000-word essays, research tasks and quizzes. Daily online seminars ran alongside each module with the opportunity to ask questions to guest speakers and industry professionals. I particularly enjoyed a talk led by a trader on the London Metal Exchange and another by a senior underwriter at an international insurance company. The work experience provided me with a great opportunity to better understand the areas of the industry that I was most interested in, as well as details of the different pathways into fields such as corporate insurance, banking, and financial analysis. In the future, I would be interested in working within the growing industry of environmental and ethics led economics especially as environmental issues are beginning to shape and restructure economic policies globally.

Springpod offers virtual work experiences for a wide range of careers such as medicine, journalism and teaching. I would recommend this experience to anyone who is eager to learn more about working in the field they are interested in and who is willing to engage with the tasks and live events offered.

#### **Alumni Articles (see attachment)**

This week's alumni article is written by Lucy Simpson who left the High School in 2018. Lucy is studying Sports Therapy at the University of Hertfordshire and is currently on a Sports Therapy Internship within the Academy at Peterborough United Football Club.

#### **Games Careers Week 26<sup>th</sup> March – 2<sup>nd</sup> April**

The 26<sup>th</sup> March marks the launch of the first national Games Careers Week with a diverse programme of events dedicated to getting more people to explore careers in one of the UK's biggest growth creative industries. The video games industry's contribution to the UK's GDP reached £2.2 billion in 2020. There are over 50 online events scheduled and the website has sections about the varied roles within the sector and how to get into them: <https://gamescareersweek.org/>



## Lincolnshire Talent Academy – Aspiring Allied Health Courses – Tuesday 13<sup>th</sup> April – Thursday 15<sup>th</sup> April

Following on from their Aspiring Medic and Aspiring Dentist information sessions, the Lincolnshire Talent Academy are running events about Allied Healthcare professions during the Easter holidays. Please see the information below:

This programme will run over 3 evenings, showcasing 8 of 14 Allied Health Professions:

EVENING 1	EVENING 2	EVENING 3
<b>Tuesday 13th April</b> 17:30PM – 19:20PM	<b>Wednesday 14th April</b> 17:30PM – 20:10PM	<b>Thursday 15th April</b> 17:30PM – 20:10PM
Speech and language Therapist	Physiotherapist	Occupational Therapist
Therapeutic Radiographer	Podiatrist	Dietitian
	Orthoptist	Operating Department Practitioner

Students can choose which evenings they attend whether it be one or all three, however, they will be required to attend all two/three sessions on that chosen evening.

All sessions are facilitated by professionals within Lincolnshire and will give students an insight into the vast careers within Allied Health through industry led professional talks and hands-on demonstrations.

To find out more information please visit: <https://www.lincstalentacademy.org.uk/event/new-aspiring-allied-health-careers-event-april-2021-for-students-age-15-to-18-years/>

**Available to Students aged 15 – 18 years living or educated in Lincolnshire. TO BOOK:**

Date	Booking Link
Tuesday 13 <sup>th</sup> April	<a href="https://www.eventbrite.co.uk/e/146911605567">https://www.eventbrite.co.uk/e/146911605567</a>
Wednesday 14 <sup>th</sup> April	<a href="https://www.eventbrite.co.uk/e/146934012587">https://www.eventbrite.co.uk/e/146934012587</a>
Thursday 15 <sup>th</sup> April	<a href="https://www.eventbrite.co.uk/e/146940407715">https://www.eventbrite.co.uk/e/146940407715</a>

### A different type of degree course at the London Interdisciplinary School

Year 12 students have started to research potential degree courses if that is the progression route they choose to take. Students are able to apply for up to five courses through UCAS (Universities and Colleges Admissions Service), the centralised service that students use to apply to university. The London Interdisciplinary School is offering a new type of course that incorporates knowledge and methods from the arts, sciences and humanities. Students apply directly to LIS which means that this can be an additional option alongside five UCAS choices. Here is how LIS describe their course: *During your time at LIS, you will investigate complex challenges such as childhood obesity, plastic pollution, genome editing, and global pandemics. Whilst the course is structured around real-world problems, its core is centred on academic disciplines and a range of research methods. A strong understanding of these will allow you to graduate with tools and skills designed for the rapidly changing future of work.*

To find out more about this new course, there is an information session for parents and carers on 7<sup>th</sup> April 18.00-19.00. Here is the link to register:

[https://share.hsforms.com/1uKE68nmzROmNQEJATnJe2w3r27v?utm\\_source=Head+of+Sixth+Free+Newsletter&utm\\_campaign=d870a5c448-Student+opportunities+-+March+22-26&utm\\_medium=email&utm\\_term=0\\_36c44588b4-d870a5c448-116067001&mc\\_cid=d870a5c448&mc\\_eid=d9d18bd06f](https://share.hsforms.com/1uKE68nmzROmNQEJATnJe2w3r27v?utm_source=Head+of+Sixth+Free+Newsletter&utm_campaign=d870a5c448-Student+opportunities+-+March+22-26&utm_medium=email&utm_term=0_36c44588b4-d870a5c448-116067001&mc_cid=d870a5c448&mc_eid=d9d18bd06f)

Further information can be found on the LIS website: <https://www.londoninterdisciplinarieschool.org/>

#### Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

Mrs Bushell - Careers Leader

## Y7 Thoughts of Spring, hope and positivity

During form time and assemblies Y7 have been celebrating their return to school and the start of Spring. I hope that you enjoy some of the poems that they have written.

Alive  
The summer sun  
Is peeking  
Out  
From the clouds  
And the flowers  
Have started  
To bloom.

Daffodils and Snowdrops  
Are clustered  
In the tall  
Grass,  
Like drops of  
Paint on  
A green  
Canvas.

The birds are  
Chirping happily  
And I  
Am glad  
To be  
Alive.

People immediately feel  
Happier and  
Brighter  
The frost and snow  
Pushed aside  
Until the next  
Cold season.

Creatures of  
All shapes and  
Sizes, Goblins,  
Ghouls and  
All manner of  
Wonderful creatures  
Leave the bitter  
Behind.

And I think to  
Myself:

What a time  
To be  
Alive.

**Rhiannon Street-Ledger 7C**

Spring  
Spring, a time of hope and cheer,  
People smiling, no sign of fear.  
Remembering those we hold dear,  
In my heart, positivity is clear.  
New beginnings are always near,  
Giving thanks and love to all that is  
here.

**Serish Abraham and Nicole Lesiak 7C**



Spring  
Spring is the water warm from the sun,  
Spring is the time to have some fun.  
Spring is new flowers in the meadow,  
Spring gets rid of all the sorrow.  
Spring is a time to start something new,  
And if you don't believe me you can ask the  
shrew.

**Viktoria Kusyk 7N**



Spring  
Spring air,  
Smells so sweet,  
Fresh, flowering,  
Blossoming.  
The fluffy cows,  
O' so lovey,  
The lambs,  
Such a special something.  
Daffodils are towering,  
Bushes, trees flowering.  
And all this magic  
happens,  
In the spring,  
All these magical things.

**Lola Connolly 7N**

Buttercups  
We wait, we watch,  
For a hint of yellow.  
The golden sea that ebbs and flows,  
Like a tide of springtime joy.

Every year they return again,  
Like moths drawn to a flame.  
The gentle ripple of their butterfly glow,  
That stretches across the fields.

They come and go every year,  
Always to return.  
We wait and watch for the yellow buds,  
That tell us the buttercups are here.

**Grace Bushell 7C**