



Spalding High School



Weekly Bulletin 14.10.21

Thank you to everyone for supporting our Hello Yellow campaign last Friday; we had yellow items of clothing all across the School and made an impressive donation to the campaign. Mrs Hickman's report below gives more details about the day along with some cracking photographs of students and staff. Thank you to everyone who participated and to Mrs Hickman for organising the day. The Hello Yellow Day was part of our ongoing work to support emotional well-being and mental health along with assemblies, the Learning Performance days and other group based activities. It is vitally important students talk to someone, be it a friend, member of staff or at home, when they feel they need support and help. Please makes sure you talk to someone!

Yesterday we had the first of the Covid vaccine days and I would like to thank the Immunisation Team from Boston Princess Royal Sports Centre for organising and running the day so efficiently and caringly. Students were absolutely fantastic – mature, sensible and patient throughout – thank you and well done to our students too. The Team will be back in school soon to see those who have consented but were unable to take the vaccine yesterday. If anyone who was not vaccinated changes their minds, we have been informed by the Immunisation Team that bookings and walk ins are available at the Princess Royal Centre. Please check the NHS booking website and walk in website for more details. Parents/carers can also give their consent to the Immunisation Team who will then see students later in the term when they are back in school.

I want to say a special well done to our Year 7, Year 9 and Year 10 netball teams and Harriet Drewery (Year 9) for very impressive sporting achievements which are reported upon in this newsletter. Congratulations and well done to you all!

Sexual Harassment, Sexism and Consent for Years 10-12

The talk on Sexual Harassment, Sexism and Consent for Years 10-12 that was postponed in September will now take place on Thursday 21st October. If you have any queries about this presentation, please contact Mrs Ray (Designated Safeguarding Lead) in confidence at lara.ray@spaldinghigh.lincs.sch.uk

Joint Letter from the Secretaries of State for Education and Health

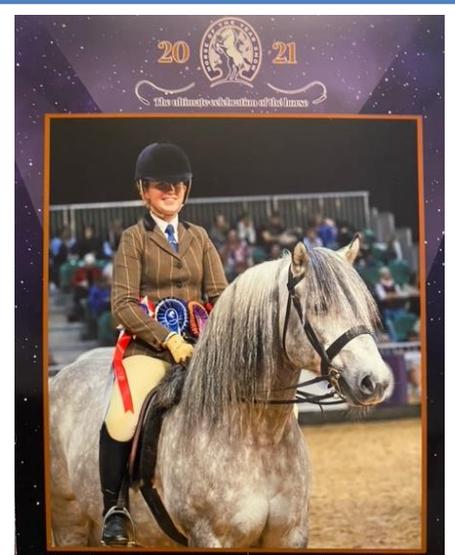
Schools have been asked to share the letter, accessed by the link below, with parents/carers:

[A joint letter to parents of secondary school and college students in England on Covid-19 testing and vaccines from the Secretaries of State for Education and for Health and Social Care - The Education Hub \(blog.gov.uk\)](https://www.blog.gov.uk/2021/10/08/a-joint-letter-to-parents-of-secondary-school-and-college-students-in-england-on-covid-19-testing-and-vaccines-from-the-secretaries-of-state-for-education-and-for-health-and-social-care-the-education-hub/)



On Friday 8th October, I won the mountain and moorland junior large breed ridden class at Horse of the Year Show (H.O.Y.S). I only started riding my horse (Austin) in December 2020, I never thought in a million years I could go out and win H.O.Y.S. To be able to compete at H.O.Y.S, you have to win a qualifying round and I qualified at Midland Counties Horse Show. I can't wait to see what next year brings!

Harriet Drewery 9J



Year 10 Netball

Year 10 had their first netball fixture of the year against The Deepings School on Thursday 7th October. It was a very fast paced game, with both teams playing end to end for most of the quarters. Their hard work and training paid off with a 16-14 win to Spalding High School. Their second game was only a few days later on Monday 11th October against UAH, some excellent defence from the opposition but again Spalding High School won 4-1!

Well done to all the students who played in both games, lets continue as we've started!



Year 9 Netball

Hello, we are Lexi and Beth from 9S and we play on the Year 9 Netball Team. Despite only having a few training sessions this academic year, our team has played really well together. Our first match was against Deeping and we won 15-0. In this match we played great netball and had tight marking which resulted in the teams being able to get the ball down the court and into the 'D' for our GS and GA to score. In a recent tournament SHS came 3rd against some fantastic teams, all players tried and played their best. As a team we had strong defenders and our centre court players made sure the shooters were in good position close to the hoop to score. We are looking forwards to our next match on Thursday 14th October against UAH so we can continue to use our skills and teamwork. Good luck team!



Year 7 Netball

On Monday 4th October the Year 7 Netball team played their first match of the school year against The Deepings School. An excited team of eleven netballers played an exceptional match having only trained together twice. The students demonstrated fantastic team work and communication throughout the duration of the match. They also demonstrated great attacking and defending play, maintaining possession of the ball throughout most quarters. The final result 12-0 depicts how well the girls played. I look forward to watching you grow together as a team this academic year - Well done!



#HelloYellow 2021

On Sunday 10th October 2021 it was World Mental Health Day and in celebration of this, we wanted to support the Young Minds #HelloYellow! Campaign again. On Friday 8th October, we invited all students to take part in a non-uniform day, and where possible to wear an item of yellow clothing if they wished. We asked students to donate £1 in support of this cause.

As always, our students and staff rose to the challenge and it was wonderful to see so many students taking part by wearing non-uniform and donating so generously. Many students and staff were able to dig out an item of yellow clothing. There were so many different shades of yellow; tops, jumpers, bags, scarfs, socks, and even a onesie! There was a lovely atmosphere around school with many forms taking part in the Young Minds #HelloYellow quiz during morning registration and taking form selfies.

Spalding High School are delighted to have raised £901.57 this year! Our target was to beat the total amount raised last year of £409.36, so we are extremely proud of all our staff and students for coming together to support such a worthy cause and for smashing that target. A special shout out to 11J and Mr Ganger, who were the form to raise the most money with £38.40 in total. Mr Farrell, our Head of PE, also deserves a special mention for sporting his bright yellow tracksuit! Thank you to everyone for their contributions, good humour and for brightening up our Friday.

Mrs Hickman, Head of Year 11.



Careers Update

Year 11

In PSHCE this week Year 11 students have been learning about what life in the sixth form will be like to enable them to consider it as a possible progression route after GCSEs. In addition, they have had assemblies in the newly refurbished common room with the sixth form pastoral staff.

Interviews with Mrs Gilman, our independent careers adviser, are continuing over the coming weeks. Students must continue to check their school email accounts regularly for notification of their appointment time.

Year 9

As part of their careers session about future progression routes and future career planning, Year 9 students have been given details of how to set up accounts on Morrisby Careers, a careers information platform, which will be used in school this year. After completing an aspirations questionnaire, different career suggestions are made with useful links to labour market information. Please encourage your child to sign up for this opportunity.

Success at School's Guides for Parents and Carers

From university and apprenticeships to work experience, Success at School's guides for parents and carers give advice on how to help your child navigate careers choices. There are some very interesting and informative articles. To download the guides for 2021-2022, here is the link:

https://mailchi.mp/successatschool/parents-careers-guides?goal=0_65c6d67e71-a593433e4c-212066408&mc_cid=a593433e4c&mc_eid=2be905a165

University Courses

Many High School students aspire to go to university. There is such a wide range of courses available that it is never too soon to start researching possibilities. Students tend to look at courses related to the subjects they are currently studying but there are many degrees that students do not consider because they do not know about them. Over the coming weeks there will be a focus on lesser known degree titles for students and parents to consider. A good starting point for research is the UCAS website:

<https://www.ucas.com/explore/subjects>

Operating Department Practice – Operating department practitioners (ODPs) are an important part of the operating department team working with anaesthetists, surgeons, theatre nurses and other health care professionals to help ensure every operation is as safe and effective as possible. Here is an example of an ODP degree at the University of East Anglia (UEA):

<https://www.uea.ac.uk/course/undergraduate/bsc-hons-operating-department-practice>

The Uni Taster Days website also has a webinar recording about Operating Department Practice:

<https://youtu.be/YIQ4Xddo8Qc>

Support:

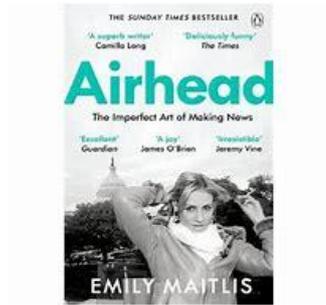
As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell
Careers Leader

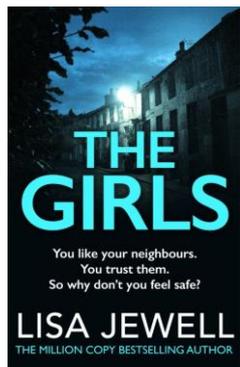
"What are we reading?"



Staff: Mr Gent. I am reading Airhead: The Imperfect Art of Making News by Emily Maitlis. This was a fantastic insight into the life and work of a TV and Radio news reporter and presenter, I thoroughly enjoyed it!



Student: Ellie Griffin 10C. I am reading Dracula by Bram Stoker. I like the creepy, gothic atmosphere in this book. Even though it was written in the 19th Century it doesn't feel old-fashioned!



Student: Brookelyn Gedney 10C. I have just read The Girls by Lisa Jewell. This was a real page turner because the plot was so exciting. I normally don't read that much but I read this in a week!

Every week we want YOU to share your reads with the school - if you are enjoying your latest book please email Mr Groom (benjie.groom@spaldinghigh.lincs.sch.uk) with a brief description of why everyone should read it!