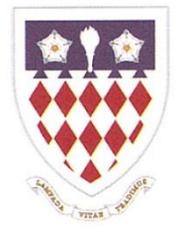




Spalding High School

Weekly Bulletin 07.10.21



It has been fun seeing the form group selfies arrive in my inbox over the last week or so. As you know, it has become a tradition when the High School have won the Spalding Free Press School of the Year award to have a celebratory assembly and take a whole school selfie. Sadly this is still not possible at the moment and so form groups have taken a form selfie instead and these have been merged into the montage below! Each of the form groups will have a copy for their notice boards and students can have fun trying to spot themselves in much the same way as we do in the formal whole school photograph; something else that we are looking to being able to do at some point soon.

We are also all very much looking forward to our second charity event of the year, tomorrow's non-uniform day in support of the Young Minds #HelloYellow! Campaign and World Mental Health Day (details below). It will be great to see students and staff wearing bright and cheerful yellow (or anything bright) and please do not feel that clothes items need to be bought especially for a non-uniform day.



Covid Vaccine – Wednesday 13th October

We have received confirmation that the NHS vaccination teams will be conducting the Covid vaccines at the High School on Wednesday 13th October. If you have not already completed your consent form please do so as soon as possible. The vaccines will be administered by the NHS vaccination team and staff will be on hand to monitor students for 15 minutes prior to them returning to lessons. High School staff will be on hand to assist and support our students taking the vaccine.

#HelloYellow!

Friday 8th October 2021



Just a little reminder that on Sunday 10th October it is World Mental Health Day and in celebration of this, we will be supporting the Young Minds #HelloYellow! Campaign. We will be inviting all students, and staff, to wear something yellow as part of a non-uniform day on **Friday 8th October 2021**. Students can wear all yellow, or a token 'yellow' item of clothing (no yellow hair, nails, face paint please) with their usual non-school uniform. We only ask that students bring in a £1 donation. Further information and support about mental health for parents and carers is available on the Young Minds Website: <http://youngminds.org.uk>. As always, if you are at all concerned about your child's mental health, please do not hesitate to get in touch with their Head of Year for advice and support. Many thanks, Mrs Hickman

#HelloYellow

The logo for Learning Performance, featuring the word "Learning" in green and "Performance" in blue, with a stylized graphic of two people and an arrow.

We know many parents and carers are interested in how their children are learning in school, and in helping their children learn at home. Research shows that parents and carers who actively engage in their child's learning can improve their progress by an average of three months.

Further to the success of our student workshops, we are delighted to share with you a pre-recorded webinar aimed at parents. In it, Learning Performance provide concrete tips for ways that parents can help facilitate effective learning at home.

To access the webinar, please click on the link below. The password to access this recording is SUCCESS:

<https://onehub.learningperformance.com/files/bz56i1a1>

To support the webinar, Learning Performance have produced some additional resources which are attached:

- Parent Blast - Learn to Learn Strategies
- Parent Blast - Growth Mindset
- Parent Blast - Habits for Exam Success

We hope you find the webinar and resources useful.

Year 9 Learning Performance Day

On Wednesday 29th September we were pleased to welcome back Learning Performance to carry out a series of workshops focusing on a variety of strategies to help students. From improving their memory for revision to overcoming obstacles and challenges.

All students were well behaved, listening carefully to the presenters and were fully involved in all the workshops. The presenters commented on the mature approach of the year group and their willingness to join in.

A few comments from Year 9 students about their day:

- “This was a great day!”
- “I thought this was fantastic, really fun”
- “All the presenters were really happy and nice”
- “Amazing – I found self-regulation in class more helpful”
- “It made me think differently of myself, others and how to organise. I was surprised about how the brain works”
- “I enjoyed learning the different types of systems for myself and my education”
- “I really enjoyed this day and will now go on in school with this advice”
- “They (presenters) were great role models”

Year 11 GCSE PE Climbing Trip

On Thursday 30th September and Friday 1st October, the Year 11 GCSE PE group attended The Showroom in Lincoln to undertake 2 days of rock climbing, where they were being assessed as part of their GCSE PE practical.

On day one, students learnt how to tie themselves into a climbing rope and belay as well as various climbing techniques to use on their challenge climbs. Day two saw a speed climb competition, although some might say the red route was slightly easier! After a timed round followed by knockout stages. Amelia Sieling was our winner!

All students worked exceptionally hard over the 2 days and should be proud of the grades they achieved.



Classics news

Boudicca, Queen of the Iceni. Terrorist or Freedom Fighter?



Something we have been debating as part of the Latin curriculum in Year 9 makes its way to the Supreme Court in the form of an online live trial event open to all students on Thursday 14th October.

Mother, daughter, warrior queen - Boudicca stands on trial for terrorism. Her defence is that she is a freedom fighter in a war against foreign invaders. The Roman authorities view her as a criminal. Will justice be served?

Watch the proceedings unfold online and discover a historical heroine whose actions raise urgent questions about imperialism, war and resistance to foreign occupation that are still relevant today. The trial of Boudicca will be presided

over by Lord Stephens (Justice of the Supreme Court and former Lord Justice of Appeal in Northern Ireland) with Alison Morgan QC counsel for the prosecution, and Thomas Grant QC counsel for the defence.

Live stream from the Supreme Court at 18:00. Everyone is welcome to join from your own device. The link will be posted on TEAMS 48hrs before.

Mrs Jones - Head of Classics

Careers Update

National/International Recognition Days

This year during a fortnightly session in tutor time, tutors are looking at national/international recognition days and their links to curriculum subjects. In the first session, the theme was linked to World Physiotherapy Day which was on 8th September –

<https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/physiotherapist>

During the last two weeks there have been three recognition days and resources for tutors to choose from to use with their classes. The links are below to use at home if students and parents are interested:

27th September – World Tourism Day - <https://nationalcareers.service.gov.uk/job-categories/travel-and-tourism>

30th September – International Translation Day - <https://www.prospects.ac.uk/job-profiles/translator>

4th October – World Space Week – Interview with Tim Peake - <https://www.youtube.com/watch?v=SdU3gyIrd5c>

Opportunities for students

The Lincolnshire Talent Academy has launched bespoke ‘E-Placements’ this year for students aspiring to gain work experience but who might be struggling to get a physical work experience placement. There are opportunities available now in nursing, occupational therapy, physiotherapy, dietetics and pharmacy. All of the E-Placements are available for students aged 14 and over. <https://www.lincstalentacademy.org.uk/work-experience/>

Springpod offers virtual work experience opportunities in a range of different sectors and applications are now open for several experiences for students aged 14 and over. <https://www.springpod.com/virtual-work-experience>

Students in Year 12 could consider looking at their eligibility for a Sutton Trust Programme. The Sutton Trust supports children from less advantaged backgrounds to access leading universities and careers. The programmes run for the two years during sixth form and there are application windows open now to several programmes. There is an information webinar for many of the programmes on 11th October 4-5pm. <https://www.suttontrust.com/our-programmes/>

University Courses

Many High School students aspire to go to university. There is such a wide range of courses available that it is never too soon to start researching possibilities. Students tend to look at courses related to the subjects they are currently studying but there are many degrees that students do not consider because they do not know about them. Over the coming weeks there will be a focus on lesser known degree titles for students and parents to consider. A good starting point for research is the UCAS website: <https://www.ucas.com/explore/subjects>

Anthropology – the scientific study of humanity, looking at aspects such as behaviour, biology, cultures and society.

Here is an example of an Anthropology course at UCL (University College London):

<https://www.ucl.ac.uk/prospective-students/undergraduate/degrees/anthropology-bsc/>

The Uni Taster Days website also has a webinar recording about Anthropology:

<https://youtu.be/aedVLWCn7lk>

Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell

Careers Leader

"What are we reading?"

Staff: Mrs Gregory. I am reading *The Beekeeper of Aleppo* by Christy Lefteri. I chose this book from several lists of bestsellers, of which it appeared on many.

It shows the struggles a family of Afghan refugees faced during their journey to England. The telling of their previous lives is interspersed with their present day difficulties and shows how the two impact on each other.

Although this is not a true story, it is based on the experience of the author who worked in the refugee camps and also the stories she heard from the people whilst there. I really enjoyed reading this book and want to recommend it – I even donated my book to the library in the hope that others might pick it up.

Students: Rhiannon Street-Ledger 8C. I am reading *TH1RT3EN* by Steve Cavanagh. It's about a defence attorney dealing with an impossible case where the killer is on the jury. I've enjoyed it because it describes the court system really well. I think other people should read this book because it explains how justice works (or doesn't) whilst being ingenious and funny at the same time.

Every week we want YOU to share your reads with the school - if you are enjoying your latest book please email Mr Groom (benjie.groom@spaldinghigh.lincs.sch.uk) with a brief description of why everyone should read it!