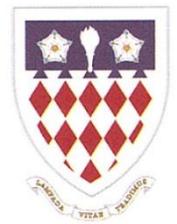


# Spalding High School



## Weekly Bulletin 05.11.20

As you are aware, England enters a second national lockdown today although schools are exempt and teaching and learning, does for the time being, continue on site. We are aware just how much students have benefited from being back in the classroom with their peers and teachers and very much hope that this can continue throughout lockdown. It is vital that we all work hard to protect each other and ourselves and follow social distancing and health and hygiene rules closely.

In light of updated government regulations for schools received yesterday, we will be updating certain procedures with effect from today. We have provided a further health and safety briefing to all students in form time this morning. Please see the updates below for more details. Risk assessments will also be updated where necessary.

We are also very much aware that as we enter this second lockdown, concerns and anxieties may be resurfacing and it continues to be important for our students to talk at home and in school about their worries. Please do let the Pastoral Team know if we can do any more to help and support.

### Face coverings:

**With effect from Thursday 5<sup>th</sup> November, the Department for Education have instructed that all students and staff must now wear face coverings in communal areas and in transit.**

This means students must wear face coverings:

- At all times when they are indoors but not in their classroom lessons.
- When they leave a classroom to move to another classroom even if it is only a few metres away and in their own year group zone.
- When they go to the bathroom.
- In the canteen.
- On arrival to and departure from school when they may come within 2m of students from other year group bubbles.
- Properly, across their nose and mouth.

If students forget their face covering, they should report to Reception to collect a disposable mask.

There may be students with medical exemptions to the face-coverings rule. See your HOY if you have not already done so.

### Breaks and lunch times in form rooms:

- Students in their form rooms at break and lunchtime should not move chairs or tables to be closer to each other and keep their face-to-face contact at a distance of at least 1m apart.
- If students are sitting facing each other, they must wear their face coverings.
- If students are not sitting face-to-face with each other they do not need to wear face coverings in their form room at break and lunchtime.
- The same applies to students in all year groups sitting opposite each other on the picnic benches even though they are outside. This is because when sitting at the benches students may be closer than 1m in face-to-face contact.
- Students can of course remove face coverings when eating and drinking.

### Specific to the Sixth Form:

- The Sixth Form Common Room, Study Room and Hall at break and lunchtime are communal areas.
- Students must not move chairs or tables to be closer to each other.
- No additional chairs should be set out – the common room and study room have been set out to the maximum capacity it can hold. If there are no chairs available, you must find somewhere else. Priority is for forms with their form base in CR1, CR2 and study room.
- If students are sitting facing each other, they must wear their face covering and keep their face-to-face contact at a distance of at least 1m apart.
- Students can of course remove face coverings when eating and drinking.

### **General Reminders:**

Disposable masks should be thrown away at home. If they are disposed of at school, they must be placed in a nappy sack, tied and put in the green bins. Disposable masks should not be thrown away in the general waste bins. Students should follow the government advice for fabric face coverings.

Face coverings must still be worn for the duration of the journey on all designated school transport.

### **Mask masks during lessons:**

The Department for Education continue to advise that face coverings are not worn during lesson time as they hinder teaching and learning. However, we are happy for staff and students to wear coverings during lesson time if they so wish.

### **Clinically Extremely Vulnerable (CEV) and Clinically Vulnerable (CV).**

Students who are defined as CEV according to the Government list released yesterday should have already received a letter from the NHS or their GP and should shield for 4 weeks.

Students who are CV should take “extra care” in maintaining social distance and health and hygiene rules but should continue to attend school.

Students with CEV and CV family members living in their household should take “extra care” in maintaining social distance and health and hygiene rules but should continue to attend school.

## **Friday 13<sup>th</sup> November - Non-uniform Day - £1**



On Friday 13<sup>th</sup> November we will be holding a non-uniform day to raise money for the national ‘Children in Need’ appeal. Please support this worthwhile charity by paying a £1 and coming to school in non-school uniform. There is no big fancy dress theme this year. It is a chance to wear what makes you feel comfortable, and to encourage anyone who might be struggling to feel the same about themselves. We would just say no to inappropriate outfits or ripped jeans and no offensive slogans to be worn – you are still at school.

So save the date and help raise money to help young people’s mental wellbeing. The appeal this year is focusing on working in local communities to support children who need the most help: including children and young people who are vulnerable, have underlying health conditions, are lonely because of isolation or have challenges with their mental health.

There will be buckets placed on the gates as you enter school on Friday 13<sup>th</sup> November – just pop your money in as you come in.

Thank you in advance for your support and cooperation.

Mrs Ray

## **Careers Update**

### **Apprenticeship awareness**

#### **webinar for parents**

ASK (Apprenticeship Support and Knowledge for Schools and Colleges programme) will be delivering an apprenticeship awareness webinar for parents on behalf of the National Apprenticeship Service on **Thursday 19<sup>th</sup> November at 6:30pm**. Full details, including booking for this free event, can be found on the Eventbrite link below:

<https://www.eventbrite.co.uk/e/apprenticeship-awareness-for-parents-registration-127307274485>

Mrs Bushell  
Careers Leader

### **PHONE REMINDER**

**Phones are not to be used to ask parents to bring forgotten items into school. Parents are not allowed to drop things off for you during the pandemic.**

### South Holland Community Art Project

The Communities Team at South Holland District Council have commissioned an animations company to create a festive film and light projection which will be showcased in Spalding town centre and other landmarks within the district over the Christmas period.

They are asking for people of all ages to decorate/colour a Nutcracker Soldier and return to them by Monday 9th November and we are asking you all to get involved and spread some much-needed Christmas cheer! Please follow this link for the Nutcracker template: <http://different-light.co.uk/wp-content/uploads/2020/10/march-of-the-nutcrackers-colouring-poster.pdf>. The instructions are on the sheet, but it is suggested that the easiest way for students/parents to send it in, is to take a photo of the completed soldier via a mobile phone and email to [community@sholland.gov.uk](mailto:community@sholland.gov.uk), alternatively it can be posted to Communities Team, Council Offices, Priory Road, Spalding, Lincs, PE11 2XE.

Here is a short film of another art projection so you have an idea of what they are hoping to achieve in Spalding  
<https://vimeo.com/444520894>

### News from Year 11

**11J** - Jemima won her hockey match last weekend and Tabitha went to dressage camp during half-term for two days and had an amazing time. Emily and Eleanor are still dancing; however, all lessons are going back to Zoom again on Thursday. Lydia and Charley celebrated their birthdays during the holiday and had a great time. Libby went on holiday with her family, Eleanor took her new cocker spaniel puppy, Bertie, for his first walk on the beach and Bethany is getting a rescue dog called Katsu.

**11S** - Hi, this is from form captain Mimi and vice-captain Alice: This week 11S would like to share some of our favourite jokes to brighten everyone's days during this difficult time.

"I had a dog called Minton. He ate all the shuttlecocks. Bad Minton." - Macy

"What do you call a cow with no legs? Ground beef."

"Why can't dinosaurs clap? Because they're dead."

"Why are there no painkillers in the jungle? Because the parrots eat 'em all"

**11P** - What's made 11P positive...

11P has come back to school refreshed after an enjoyable half term. Louisa feels positive about achieving her well-deserved black striped belt in Tae-Kwando. Many members of the form have liked being back to the canteen food!

**11N** - Gwenillian passed her Grade 6 singing with an amazing score of 90 out of 100!

Lots of the form too are very happy having turned 16 recently.

**11C** - In the holidays 6 people went to Prezzo's to celebrate Emily's birthday - keeping to the rule of 6 😊 Ella's birthday was on the first day back. Jess has a virtual international trampolining competition which is now open and she will be sending in her entry later this term. Closing date is in the new year. Molly had an attempted virtual swimming competition. Sophia has had her first face to face cello lesson since school lockdown. Everyone is looking forward to getting through the term and having time off for Christmas!

### Cambridge Physics Lecture

Year 12 and Year 13 Physics students are invited to attend the Cambridge Physics lecture in school on Thursday 12<sup>th</sup> November. To register attendance, please complete the letter coming home with the students. We look forward to seeing them there!

Cambridge Physics Centre presents:

## Seeing with He Atoms – Scanning Helium Microscopes

by  
Dr Andrew Jardine, Department of Physics, University of Cambridge

First there were optical microscopes, then electron microscopes, now with just three in the World, helium atom microscopes present a novel view at the microscopic scale. Helium atoms are neutral, they don't damage the sample that you are investigating, and you don't need to prepare the sample in advance. But neutral atoms present a challenge – how do you focus a beam of neutral atoms? What resolution can you achieve? During this lecture you will hear how school physics is applied in this cutting edge research and see what organic samples, like shark skin, look like in a helium atom microscope image.

Sponsored by:  
Cavendish Laboratory

CPC goes online!  
**16:00 to 18:00 Thursday 12<sup>th</sup> November 2020**  
For event information and registration, go to  
[https://isaacphysics.org/pages/cpc\\_lectures](https://isaacphysics.org/pages/cpc_lectures)

 IOP Institute of Physics

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