

SPALDING HIGH SCHOOL

NEWSLETTER



Term 6 2018

What an absolutely fantastic term (and academic year) this has been! The weather in T6 has helped enormously of course! Students in Years 11 and 13 are to be congratulated on the way they prepared and conducted themselves during the examination period; in fact the same can be said of Y7-10 during examination week. Let's all keep our fingers crossed that the students have done as well as they deserve to do; I know that there was lots of revision going on so good luck to everyone. Y11 and Y13 also enjoyed a wonderful Prom and Leavers' Ball and many became local celebrities with their photographs in the local newspapers.

The School also celebrated success at the Lincolnshire Press Education Awards again this year. Dilara Green (Y12) and Year 8 were both shortlisted in the Contribution to the Community Award and came runners up. The Y8 form groups have raised over £1,500 so far this year as part of their charity drives and a number of local and national charities have benefitted from their efforts. It was a pleasure therefore to award the Kennedy Charity Cup 2017/18 to Year 8 in recognition of their contributions. Dilara plays an important role both inside of school and the local community in a variety of performing arts and fundraising projects and went on to win the community award from the Crowland Parish Council. Poppy Gill (Y9) was shortlisted as Student of the Year at the Education Awards in recognition of her hard work, achievements and contribution both in and out of school. Poppy was runner up on the night and is to be congratulated for her achievements. It was an absolute thrill for the High School to again be shortlisted as School of the Year and we are all very proud to have been awarded Runners-up. This means that in the last three years, the High School was Runner Up School of the Year 2016/17, winner of School of the Year last year and runner up again this year; a terrific achievement and only possible due to the wonderful students, staff, parents and governors that make the High School such a special place.

We are also very pleased that over the course of this academic year we have presented very nearly 3,400 certificates to students for an array of achievements and successes. Over the next few days we will also organise the High Attendance letters and 100% Attendance Certificates for the academic year too. Very well done to everyone on their achievements.

The newsletter is, as always packed with reports from staff and students and so please do take time to read all of our news. It is lovely to see so many people now contributing to our newsletters and we hope that you enjoy reading about all the things that have taken place, from the wonderful Summer Concert, to Sports Day (well done to our two new school record holders!), and from trips and visits to sporting success.

Of course this time of the year is always tinged with a little sadness as we say goodbye to staff who have given years of service to the High School and this year is no exception. I know that students, parents and governors will join me in saying "thank you" to everyone who has committed time and energy to work with our students and help them to achieve their potential.

Hopefully the sun will last and we will all enjoy a lovely long summer break. The school is having a face lift over the holidays with new gutters and sections of new school roof and of course we are set to complete Phase 2 of the locker replacements and so the pegged areas upstairs and downstairs in the 1986 block will have all their new lockers in place for September (along with some new flooring!)

Whatever your plans for the summer; have a restful and enjoyable time .

Best regards,

Mrs Anderson

Far e we ll t o t h e f o l l o w i n g s t a f f

Mrs Tilbury

Mrs Tilbury joined the High School in 1993 as an Assistant Science Technician progressing to Senior Science Technician during her time with us. Mrs Tilbury supported both staff and students with her broad knowledge of scientific experiments and was well known for her organisation of the laboratories, equipment and staff. Mrs Tilbury has retired to spend time with her family.

Mrs Moxon

Mrs Moxon joined the High School as a midday meals supervisor in 2011 and then became our Textiles technician. Nothing was too much trouble for Mrs Moxon and she was a great help to the students and staff. Mrs Moxon left the High School at Easter to set up her own mobile catering business.

Mr Jenkins

Mr Jenkins joined the High School in October 2007 as a part time DT technician. He then extended his hours and influence, and became our Physics technician as well. Mr Jenkins can always be relied upon to help the students and staff to use the equipment and develop their products to achieve excellent outcomes. He will be very much missed. Mr Jenkins is about to start both a new adventure and a new business which we understand is already very popular as he is fully booked for decorating and gardening for the foreseeable future!

Mrs Burnett

Mrs Burnett joined the High School in 2008 as a Geography but has also taught PE over the years and led, trained and promoted our very successful tennis team and tennis players. Mrs Burnett is an amazing teacher, well respected by colleagues and students - she is a no-nonsense teacher but students have always responded well to this!

Mrs Burnett will be missed; how else will we know the Wimbledon scores or the Geography of Birmingham! Mrs Burnett is retiring and we wish her well for the future.

Mrs Rossi

Mrs Rossi began teaching English at the High School in 2002 but has also taught German and Drama over the years. She is a whirlwind of a classroom teacher and inspired many a student to progress with their literature studies at university level. Mrs Rossi has also been G&T coordinator for a number of years as well as trip leader for our successful Venice and Florence trips. She has been a dedicated member of the English department who has been a valued friend to us all. Mrs Rossi is retiring and we wish her well for the future.

Mrs Moss

Mrs Moss joined the High School as a PE teacher in 1982. She was Head of PE but in recent years has taught Geography. Mrs Moss has always continued her support of the PE department and school sports and has thoroughly enjoyed coaching the school's netball team; even supporting them at fixtures this year with her leg in plaster and in a wheelchair. Mrs Moss has a great sense of humour and demonstrated this on a regular basis not just in the classroom but also in the bi-annual staff pantomimes where she generally played robots or head teachers! Mrs Moss has retired and we wish her well for the future.

Mrs Abram

Today we say goodbye to one of our own old girls.

Mrs Abram attended the High School as a girl herself (1968-1975) and once qualified as a teacher she returned to the High as an English and Drama Teacher in 1986. In the course of those 32 years, she has inspired countless generations of students in their love of literature and supported students in her year groups as both Head of Lower School and Assistant Head with responsibility for the Main School.

The English Department have said "as a department we are known for our big personalities and Mrs Abram is most certainly a balancing force; the yin to our yang. She is always quietly supportive and a steadying force when we are silly or when times are tough. Mrs Abram has always been calm in a crisis: in fact, if you hear her squeak then you know that something bad has happened!"

Mrs Abram is an expert teacher. Observing her lesson is a pleasure. She understands pedagogy and the skills needed to ensure that learning occurs as only an expert can. Mrs Abram makes teaching look easy when actually it is very hard. This skill and experience has been shared with trainees and newly qualified teachers since she assumed responsibility for whole school teaching and learning in 2007. Ensuring that the next generation in the profession have as excellent a grounding in pedagogy. In this role, Mrs Abram has transformed the School's culture in the classroom. She has been instrumental in developing the High School's "Language for Learning" and our "4Rs" and peer observation. This has ensured that every teacher in the school has focused on the skills of learning and acquiring knowledge as much as they have on the delivery of content.

Mrs Abram has had just as much impact on the Senior Leadership Team where she has been described as our Yoda – wise, knowledgeable, empathetic with an unshakable belief in the force of learning.

Mrs Abram's departure from our school, our English department and our team will leave a gap and we will all need to adjust to her departure. This will be very difficult for those whom have worked very closely with her. Mrs and Mr Abram are going to enjoy adventures in their campervan and tending their lovely garden.

PTA

Once again, the PTA has been able to raise significant sums of money for the benefit of students at the School. Since Christmas, we have hosted a very successful Quiz Night and a second Bingo night. The PTA also assisted with the Spring Fayre, running the BBQ and the tea/coffee stall. We have also, just in the last few weeks, shown 'The Greatest Showman' as a very well attended evening film night which saw many join in with the singing and enjoy a slice or two of pizza. We have ended the year with a 'Party in the Park' outdoor KS3 disco, making the most of the glorious weather.

In total for 2017/18 we have raised over £2500, which has funded subscriptions to French, German & The Economist magazines, a digital Colorimeter, A-level Biology and GCSE Music resources, dictionaries, thesauruses, the shortlisted books for the Carnegie book award, resources for French, German, Spanish & Latin language days, Y7 lunchtime play equipment, outdoor tables & benches AND made a donation to the School locker fund.

I would like to personally thank those of you who have come along to some or all of these events in recent months, and also thank all of the PTA volunteers without whom these events could not run. We hope to see many of you again at our events next year, starting with the KS3 Icebreaker Disco (and parents' bar in a quieter room!) on 5th October, followed by the first Bingo night in November. Details of other PTA events can be found in the School's community calendar available on the school website.

If any parent/carers wishes to join the PTA, whether to help run the committee or just to lend a hand at an event, the AGM will be held at School, starting at 6.30 pm on Tuesday 11th September. If you would like further details about the PTA, please contact the Secretary, Mrs M Reston, at Mel.reston@talk21.com or via School in an envelope marked 'PTA'.

Wishing you all a restful summer,

Mr R Hemsall
PTA Chair



SUMMER CONCERT

This year's Summer Concert was amazing! We had an inspiring visit from the Lohne School in Germany, with which we have a musical exchange. They took part in our incredible concert and played some excellent pieces. The Lohne students played pieces in their own Wind Quintet and String Group and also joined us to play pieces like Firework by Katy Perry, 7 Nation Army by White Stripes and a medley of Queen songs to finish the concert, these were enjoyed by all of the audience. We are all very thankful for them coming over and playing with us and it was very educational for our students who are learning German. I would like to add a big well done to everyone who was in the concert, especially to Keira Harvey in Year 7, who sang A Million Dreams, accompanied by the Orchestra. Thank you to everyone who came to support the concert! Our students put a lot of hard work into it. We hope to see you at the next concert!

Ella-Beth Lancashire 7N

BRONZE DofE



Duke of Edinburgh has been the highlight of Year 10 for me, and I have had so much fun over the year working with my team in order to complete our bronze awards.

The expedition itself was the most exciting part for my group; from the moment we stepped onto the minibus we were buzzing and couldn't wait to get walking. Throughout the trip we faced many challenges – the heat, many hills and getting lost a few times! – But thanks to the motivation and support within the group as well as our own resilience we completed our expedition. After about 7 million songs being sung, lots of laughing and many packets of biscuits, we were relieved to be able to put our rucksacks down and sit under a tree with ice creams, feeling very proud of ourselves. As individuals, I think we have grown massively in independence and confidence and as a group I think we have really bonded and developed out teamwork skills.

Believe me when I tell you future “DofE-ers” that completing your bronze award is a challenge, however I think I speak for every group this year when I say that it is one of the most fun and exciting experiences that you will have the opportunity to take part in.

Holly Seekins 10P

JUNIOR MATHEMATICS CHALLENGE 2018

Congratulations to the 177 students in Years 7 and 8 who competed in the UK Junior Mathematics Challenge on 26th April 2018. They achieved a fantastic seven Gold Certificates, 26 Silver Certificates and 54 Bronze Certificates. This is a huge improvement on 2017 when we achieved an already-excellent 3 Gold, 12 Silver and 39 Bronzes. We also had four students who got through to the next round of this prestigious national challenge on 12th June (compared to just one last year).

Best in Year 8 was Jessie Avery, who also earned a Gold certificate.

Best In Year 8

Jessie Avery 8S

Through to next round (82+)

Jessie Avery 8S, Anna Arakkal 8C, Olivia Derewonko 7N.

Gold Certificate (75+)

Jessie Avery 8S, Anna Arakkal 8C, Olivia Derewonko 7N, Beth McFarlane 8C, Charlotte Smith 8J, Lily Prudham 8S.

Silver Certificate (61-74)

Rheanna Morgan 8N, Annalise Childs 7N, Katelyn Parrin 7N, Alice Gamman 8S, Georgia Smith 7J, Mimi Bradley Wright 8S, Hannah Willis 7S, Alicia Nicolaou 7J, Rachel Preen 7P, Erin Barlow 8S, Anna White 8J, Eliana Piraino 7S, Honey Harrison 8P, Hannah Rogers 8P, Molly Paxton 8P, Diana Dourado 7J, Macy Tello 8N, Paige Burton 8N, Elizabeth McNicol 7N, Maya Middleton 7C, Maddie Haunch 8S, Abi Barks 8S, Elizabeth Buck 8P, Abbie Beeson 8S, Emma Croker 8P, Keris Moore 8N.

Bronze Certificate (49-60)

Marta Kazmierczak 7J, Eleanor Boyd 7J, Rhiannon Baker 8P, Daisy Darley 7J, Daisy Cross 8P, Elizabeth Tansley 8N, Emese Kalman 7P, Misha Rajesh 7J, Meg Williams 8C, Genna Pogson 8N, Hannah Bantoft 8J, Skyler Williams 7J, Evie Booth 7P, Poppy Neville 8P, Megan Rowbottom 8C, Rebecca Fones 8N, Amelia Williams 8C, Fatema Jaffer 7C, Jess Smith 7P, Natalia Hulley 7S, Annie Tinkler 7J, Jasmine Heron 7S, Tara Seaman 7C, Lucy O'Neill 8C, Tabi Nieburg 8S, Sophie Knapp 8C, Scarlet O'Hara 7C, Lizzie Parish 7S, Demi Morphew 8C, Yan Yee Lin 8N, Rhiannon Leyshon 8J, Anya Strickland 7N, Hollie Goult 7N, Grace Carr 7C, Charlotte Pool 8S, Sophie Smith 8N, Bethany Jarman 8S, Lexie Cave 8S, Pippa Bembridge 7C, Abi Gillespie 7N, Summer Quinn 8J, Elizabeth Gavrilu 8P, Naomi Smith 8C, Elsie Lewis-Smedley 8S, Louisa Fordham 8P, Eleanor Mowbray 8J, Safiyya Mavani 8P, Ella-Beth Lancashire 7N, Millie Cowling 7P, Chloe Wright 7N, Jasmine Maladi 7S, Louise Chaplain 8S, Tammy Franks 8P, Ashleigh Rogers 7S.

Since the information above was written, we have also had 4 students compete in the final round of the competition, the prestigious UKMT Junior Kangaroo. Yet again, Y7 beat Y8 to the top spot so well done them. This time it was Olivia Derewonko 7N who was top student and has comfortably achieved a Certificate of Merit for being in the top 25% of all students who got through to this round (which is already only a small proportion of original entrants). Jessie Avery 8S, Anna Arakkal 8C all receive a Certificate of Qualification.

Please ask your maths teacher for your individual mark. Well done to all.

Miss Ashley

SUPER PHYSICS WINNERS!



On Friday 6th July, the Super Physics team, Maddie Harris, Melissa Wales, Rachel Tilley and Poppy Gill, travelled to Uppingham to take part in the annual Super Physics Competition. With their fabulous logical brains in physics mode they tackled a very wide range of experiments and investigations in the morning. Displaying excellent skills in collecting, analysing and presenting data alongside using their excellent physics knowledge to explain their findings and make conclusions they finished the morning in a strong position. However, it was their creativity and passion for the subject that really shone through in the afternoon. A beautifully presented and informative poster was put together and presented to a team of judges who all commented so positively on how enthusiastic and articulate the team were. After a

fabulous lecture on the use of Physics in testing non-fatal weapons for the government, the results were in. Thirty teams from across the region held their breath as the top ten teams were announced in reverse order finishing with “and the winner of the 2018 Super Physics competition is.....SPALDING HIGH SCHOOL!” Well done, super physicists!



Mrs Haunch

ART FILM INSTALLATION AND WORKSHOPS

The Y10 and Y12 Art and Photography students have taken part in workshops provided by Daisy Smith ex-student and Mario Deller, both who have recently graduated from Ruskin School of Art, Oxford. In this second session of workshops provided by Mario and Daisy, the students watched a film installation of work from Oxford's best art filmmakers and explored concepts surrounding them in relation to art education and the students' own ideas. This was an amazing opportunity for our students to develop their own practice and inspired them to make exceptional work!

Mrs Kelleher

NATIONAL ART STUDENTS EXHIBITION- MALL GALLERIES LONDON. 18TH JULY 2018

Our entries for selection for this most prestigious exhibition were very well received by the organisers in conjunction with the RBA, with Kira Rickett and Alice Wickham from our GCSE cohort and Sophie Hutchinson, Alice Hendy, Alice Smith, Anna Viller and Georgina Larham from our A level cohort selected to exhibit- some of these for multiple pieces. This is a phenomenal achievement for our artists as they will exhibit alongside RBA and in such a prominent gallery in London's art world. The event attracts media attention both in London and nationally and students and parents are invited to the exhibition to view the work. Well done!!

Mrs Kelleher

EMILY SMITH

As my last term of Year 12 draws to a close, it seems a little surreal for me to write this newsletter entry as Head Student of the school. Joining in 2012 as a timid 11 year old, I would never have dreamt that I would be where I am today: if someone had acted as an oracle back then and predicted what I am doing now I think I'd probably have run a mile in the opposite direction, and yet, with the support of my peers, staff and the school body as a whole, I have grown into the position that I now hold. My six years at the High School have gone by in what seems like the blink of an eye, this past year has flown quicker than the rest; as Mrs Anderson is keen to remind us all, the years do get quicker as you get older, a concept I hadn't really believed in until around 12 weeks ago, sat in

her office, being told that I was now the Head Student of the school which has functioned as a second home for me and so many others over the past six years. Time really does fly.

This year, there is a team of 20 prefects, plus myself and two deputies, Freya and Izzy, who will serve until the Easter holidays of next year. As a team, we are responsible for many things in the everyday running of the School, most visibly for parents perhaps in our uniform during after school events, such as Intake evenings for new students, information evenings and such like. The summer term is one of the busiest of the year - the one that is rapidly drawing to a close has been no exception. The team have given countless tours, organised assemblies and film nights, and most notably for us, helped to run the Intake evening for our new Year 7 cohort joining the school in September. It was truly wonderful to welcome so many fresh faces to our school, and to answer any questions they may have upon joining this 'very big pond' - a phrase used quite a lot that night! Whilst being a joy, intake evening gave us the opportunity to reflect on our time at the High: culminating in the privilege of being elected as prefects.

As we continue to serve, I hope that this column will function as a sort of go-between, allowing communication from the prefect team to the parent body, something that I feel is key to sustaining the positive relationship the school holds with its parents, both current and prospective. I suppose what I am trying to say in essence is - watch this space for news from the prefect team!

I wish you all, staff, students and parents alike, a restful, sunny and well-deserved break over the summer - a chance to recharge and reflect on the academic year that has passed, and to return in September ready to take on another, which I'm sure will unfold much quicker than this one.

Emily Smith, Head Girl

SUCCESS FOR SPALDING HIGH SCHOOL STUDENTS AT CROWLAND PARISH COUNCIL YOUNG ACHIEVERS' AWARDS 2018

Four High School girls were successful at the Crowland Parish Council Young Achievers' Awards on 11th July.

Dilara Greene in Year 12 won in the 13-18 year old category for her contributions to numerous theatre

productions inside and outside of school and for fundraising achievements.

Maryah Hassan in Year 12 was highly commended for her involvement in the production of a film.

Lottie Hemmings in Year 8 was third in the 13-18 year old category for her achievements in cross country, running and athletics.

Meg Williams in Year 8 was highly commended for her performances with the Crowland Amateur Dramatic Society.

Congratulations to all four girls.

Mrs Bushell

SPARK ENGINEERING

We have had 5 girls receive an offer of a place onto an engineering residential in the summer holiday. This is run at Lincoln University in association with the Royal Academy of Engineering. They had to write a short piece on why they wanted to be considered for this opportunity and why they want to be engineers. This was an open invitation to all schools in the area, so they have done really well. They will be at the university for 3 days and everything for the event is funded for them.

We are very proud of them and hope they have a fab time.

Charlotte Pool and Abi Barks 8S Tammy Franks 8P Vivi Wales 10P and Ruby Toynton 10S

Well done!

Mrs Gregory & Mrs Haunch

ARKWRIGHT ENGINEERING SCHOLARSHIP

Congratulations to Niamh Mulley (11N) who has been awarded an Arkwright Engineering Scholarship. The scholarship are organised and run by Arkwright Engineering to identify, inspire and nurture future leaders in Engineering. This is achieved by awarding prestigious Arkwright Engineering Scholarships, through a rigorous selection process, to high-potential students who apply during year 11. Niamh participated in an interview day at Loughborough University earlier in the year where the calibre of students was very impressive. It was a valuable

experience and Niamh felt that it boosted her confidence to be part of such a tough process. Niamh recently received notification that she had successfully passed the rigorous selection process set by Arkwright Engineering Scholarships and that she is now confirmed as an Arkwright Associate.

Congratulations to Niamh; we look forward to reading more about the scholarship next term!

MACHINAL REVIEW

Introduction

On Monday 9th July, sixth form Drama students attended a production of Machinal by Sophie Treadwell at the Almedia Theatre in London. The play was written in 1928 and inspired by the true story of the first woman (Ruth Snyder) to be executed by electric chair in New York. Unfolding in nine jagged scenes or 'Episodes', it charts the descent of a young woman who finds herself stifled and finally destroyed by a male-dominated, mechanistic society.

Mrs Fisk



Drama and Theatre students with the cast of Machinal: Emily Berrington, Johnathan Livingston and Dwane Walcott

Review written by Dilara Greene

Young Woman is the initial name given to the protagonist, and whilst her name is used and turned into 'girl',

'woman' and 'mother'. The significance of her being called the 'Young Woman' is to foremost show naivety of womanhood, signifying she is new to a sexualised environment and this is carried through the play and manipulated by her relatives, friends and lovers. The actor portraying this character was accredited actor Emily Berrington, known for her roles in *The Inbetweeners 2*, *Outnumbered*, *Humans* and more. She played a character who is longing for escape and filled with desire for release, and though subtle at times, there is a clear difference between her and the rest of the characters who are conformists to a consumerist regime pressuring them to submit. Denise Black, playing the role of the Young Woman's mother, was a faultless blend of darkness and fears of adulthood and quick, comedic timing. John Mackay, though a subtle character, simply oozed every ounce of camp, lustful predator at the speakeasy and truly blew me away. Mackay never stopped acting – his actions were refined and he was completely absorbed in every aspect of the roles he transitioned into.

Johnathan Livingstone played the husband of the Young Woman, Mr George H Jones. His mannerisms were longing and sincere and showed a committed man; we are almost led to feel sympathy for him! Livingstone is a raw, talented actor and he definitely brought another dimension to the piece, where everything seemed so perfect it was wrong.

Overall, *Machinal* was thrilling. It was abstract and intense, it was informative and creative. In plain terms, it was everything I wished it would be. *Machinal* is worthy of at least 4/5 stars and if you are an individual who has an open mind and a passion for the arts, this show is one that I would without a doubt, recommend to the highest degree.

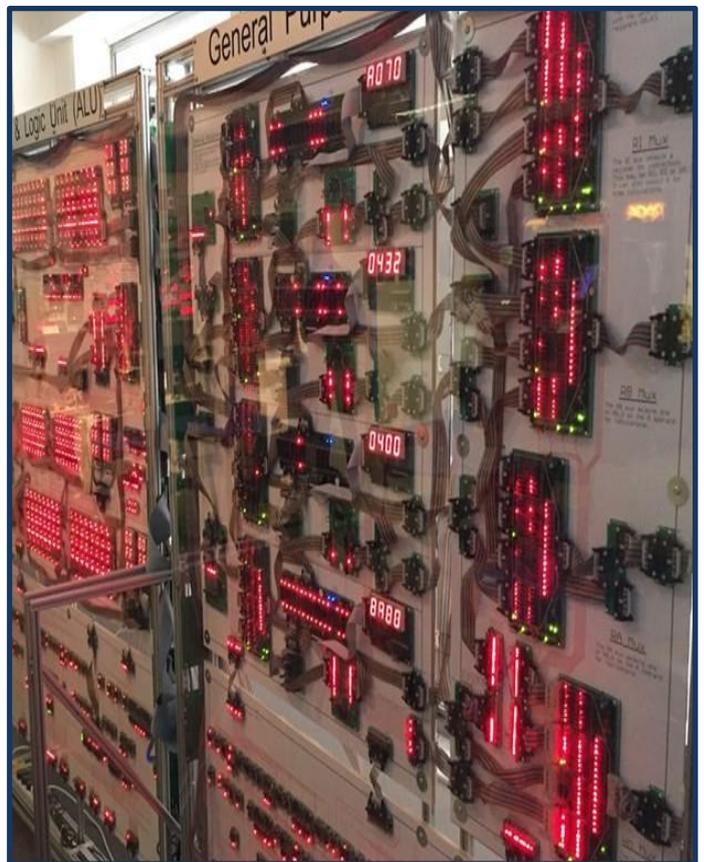
GCSE COMPUTER SCIENCE VISIT TO THE CENTRE FOR COMPUTING HISTORY

On the 18th July, students in Year 10 studying Computer Science visited the Centre for Computing History in Cambridge. The centre documents the development and rise of computational devices from a wide range of areas. Examples of early digital calculators and watches can be seen alongside early floppy disks, hard drives and type writers. Some of the very first home computers are available and are running for students to compare against today's technology.

Whilst there the students took part in a programming workshop to further develop their knowledge and to see how these important skills are used and valued in different areas of life. They will also be able to see the *MegaProcessor*, the world's largest working model of a microprocessor (image below). Finally they had the chance to experience a range of video game classics from the 80's and 90's as part of the exhibition.

For technology buffs, history fans or for something cool and interactive to do with the family, take a trip to the Centre for Computing History in Cambridge.

<http://www.computinghistory.org.uk/>



Mr Fovargue

DISTRICT TENNIS TOURNAMENT



Ariana and Jasmine pictured above

Eight students took part in the U15 & U13 doubles tennis district tournament in June. For some students it was their first competition and they played brilliantly. All teams made it to the semi-finals, with two teams progressing to the final. In the U15 competition Katie Collingwood-Smith, Charlotte Issitt and Lucy Smith were runners up, unfortunately losing in the final. In the U13 competition Ariana Armson and Jasmine Maladi, had a fantastic unbeaten tournament and were crowned district champions, well done girls!

Miss Dixon

YEAR 8 ROUNDERS SUCCESS



The Y8 rounders team capped off an undefeated season winning the South Lincolnshire School Sports Association final with a comprehensive victory over Boston High School 27-4. The team reached the final after victories against Bourne Academy, University Academy Holbeach,

The Deepings School and Spalding Academy in the district rounders tournament. Pictured: Y8 rounders team with the South Lincolnshire School Sports Association winners shield.

Mr Farrell

GCSE PE TRIP



The PE Department took 25 students to Skipton in North Yorkshire to be assessed in two sports, rock climbing and road cycling for their GCSE course. The weekend comprised of long days learning new skills on the climbing walls, lots of pedal pushing up the Yorkshire hills, and a 10 mile cycle race. Despite a tiring weekend, the students all enjoyed themselves and came out with some excellent results to go towards their overall GCSE grade.



Well done!

Miss Dixon

YEAR 10 ROUNDERS



The Year 10 rounder's teams have had a fantastic season. In their recent tournament, the A and B teams finished first and second, with a huge amount of rounders scored between them. The A team then went on to the South Lincolnshire School Sports Association final, where they comfortably beat Thomas Middlecott Academy by 11 rounders, crowning them champions! Well done to all students across both teams.



Miss Dixon

BRITISH TRAMPOLINE FINALS

Jessica Ringsell has competed at two British Trampoline Finals recently with great success.

At the National Team Finals which were held at the National Indoor Arena in Birmingham (where she both competed individually and for the East Midlands Region) she finished in the top ten on the Trampoline in the highest level at this national competition and on the

Double Mini Trampoline (DMT) she won the 13+ Women's British Title.

At the National Development Trampoline & Tumbling Finals at the Motorpoint Arena in Nottingham Jessica won another national medal with a Bronze on the DMT.

These two competitions are the culmination of 9 months of different qualifying rounds involving thousands of competitors overall.

Miss Pascoe

UNDER 17 3000M CHAMPION

Molly Peel

Molly represented Lincolnshire at Northern Intercounties and is now U17 3000m Champion winning in a personal best time of 10 minutes, 30 seconds. Molly recently represented The English Schools Athletics Association and ran an amazing race knocking a full 6 seconds of her personal best running 1500m in 4 minutes, 40 seconds. Molly narrowly missed the final, it being the first 12 to qualify and Molly was 13th. Well done Molly!

Mr Farrell

EQUESTRIAN



Rebecca Hoyle competing on Frank at the NSEA show at Keysoe near Bedford during half term.. She finished a creditable 6th out of 42 on the 75cm class.

SPORTS DAY 2018

On Tuesday 17th July the High School held its annual Sports Day. 618 pupils took part on the day which involved participants from years 7-10 and the lower 6th form. Events on the day included shot, discus, high jump, long jump and javelin as well as 100m, 200, 800m, 1500m, 75m hurdles and relay races. Results on the day can be



found on the school website. Notable performances included a new school record for Molly Peel in the Y10 1500m race (5.11.00) and Keira Gilman in the Y9 200m race (29.01) as well as another win for the staff tug of war team. Overall sports day results were as follows:

1st J 438, 2nd P 397, 3rd S 384, 4th C 347, 5th N 342



LINCOLNSHIRE POLICE - MESSAGE TO ALL PUPILS, PARENTS/CARERS

The Police have received recent reports of groups of youths congregating on locals bridges and jumping into the water. We would like to remind parents and young people of the dangers of being around rivers. We appreciate that young people like to congregate and have fun, however there are times when this can impact on residents and the community. Anti-social behaviour covers a wide variety of behaviour including shouting, swearing to harassment and criminal damage.

Some of the risks are:

- Low temperatures, which can cause the body to go into cold shock and even hypothermia, drawing the blood away from your muscles to protect your organs. This can lead to drowning
- reeds and other plant life, which can get tangled around limbs and keep you in the water
- rubbish, like shopping trolleys, which can trap your feet as well as cause injury
- depth perception - it could be much shallower than you expect it to be and cause serious harm if someone jumps in, as well as being much deeper than expected in other areas
- waterborne diseases such as Leptospirosis (Weil's disease)

Please could you will make your son/daughter aware of the dangers of congregating around rivers and waterways and the impact that it can have on them as well as the environment and local communities.

DIARY DATES

20th July	End of term 6
16th August	A Level Results Day
23rd August	GCSE Results Day
4th September	Term 1 Starts