

School Challenge 6

Plan and prepare
a meal for your
family



Taya Yeowell 8P and Rose Yeowell 7S

Quiche Lorraine and salad



Grace Bradford 7P

Grace has prepared
Chicken Pittas for the
family .

She marinated the
chicken and shredded
it after cooking , along
with some peppers
cucumber, cous cous ,
lettuce , cherry
tomatoes and
hummous in a warm
pitta .

It was absolutely
delicious.



Kara Gibson, 7J

This is an Oreo cake that I made for my family. It has Oreo crumbs in the cake mixture and Oreo cream in the butter icing. It is shaped like an Oreo biscuit and tasted lovely!



Evie Hemmings 7S and Lottie Hemmings 10C

Myself and my sister - Lottie Hemmings first made a **chilli and rice meal** followed by a **mint chocolate brownie slice** and **vanilla ice cream**.



Briony Sweeting 7J

I made **Pasta Bolognese** for the main course and a **fruit and cream layered pudding with brown sugar on top** for dessert.



Jess 7J

On Wednesday, I made home-made lasagne for tea and home-made chocolate cookies, with ice-cream and raspberries, for pudding. My family really enjoyed it.



Zahra Shah 7N



Jorja
Richmond
7N

I made a
Chinese and a
Fruit Salad



Manasvi Karekal 7N.

I have made Vegetable Stir Fried Noodles and Vegan Chocolate Chip Banana Bread.



Florence Lily Gardner 7J

The first picture is a **starter of homemade breadsticks and a garlic butter dip.**

The second course is a **fakeaway KFC chicken, fries, corn and homemade gravy.**

The third course was **pretty cup cakes.**



Lucy Duff 7J

I made a three-course meal for my family. For a starter, there was **a melon dish**, for a main there was a **lasagne** and for dessert there was an option of a **berry pot** or a **blue meringue** with coconut ice-cream. The lasagne I had never made before so I was grateful it worked.



Heidi Bacon 7N

Brilliant Broadgate Menu

Starter

Creamy mushrooms with homemade garlic bread



Main Meal

Melt in the mouth duck breast, with creamy mash potato, ribbons of carrots, tender stem broccoli and a sweet potato puree. Served with a rich plum sauce.



Dessert

A melting chocolate fondant, encased in a chocolate sphere and drizzled with a warming caramel sauce.

OR

An apple rose made with homemade pastry.



All food freshly prepared

Hannah 7P

I have chosen to prepare a three course meal and all the recipes are from BBC Good Food.

For starters I made **roasted carrot, lentil and rocket salad with avocado, cucumber, feta cheese and a homemade olive oil, lemon and honey drizzle on top.**

For the main meal I cooked **teriyaki salmon served with spinach and rice.**

Then for dessert, I made a **chocolate trifle with brownies and maltesers.**



Emily Wright 7S

For starter: Salmon mousse, smoked salmon, king prawns, whole meal crackers and a baby leaf salad.

For main: Chicken goujons with flatbreads, grilled tomatoes, a mint yoghurt and hummus.

For pudding: Lemon tart with raspberry ice cream, raspberry coulis, fresh raspberries and a lemon sherbet tweel.

Everything was homemade.



Harriet Mowbray 8J

Thai Chicken

Laksa

Mildly spiced
noodle
squash broth
with honey
and sesame
chicken



Sophie Lewis 8C

For the School Closure Challenge 6 I have made a two-course meal. For the main course I made **tomato soup in a bread bowl** and for dessert, **pineapple upside down cake served with ice cream**. I made the bread from scratch and cut the rolls' top off to make the bowl. The bread bowl was invented in 1427 by an Irish nobleman. I also made the soup which included tomatoes, carrots and onions. Then the Pineapple upside-down cake, which is a personal favourite of mine after having it lots on a holiday to Portugal, was made for pudding and tasted great with the cold ice cream for contrast.



Niamh Williams 9J

I made a tortilla with chicken, kidney beans and red pepper, seasoned with cumin, coriander and paprika. It was served with a guacamole with lemon juice, lime juice and coriander.



Emily Hemsworth 9N

I have prepared **pan fried lightly smoked salmon with pesto tagliatelle and a side salad** as a main course. For dessert I made a **double chocolate (coconut flour) brownie with vanilla ice cream**.



Eleanor Mowbray 10J

'Chilli con carne with basmati rice and tortilla chips'

