

# Ski Trip 2023

## Recommended Kit List

- Small inflatable pillow (for the journey).
- Wash bag
- Night clothes
- Several changes of underwear and socks
- Casual wear for travel and evenings, including a warm fleece
- Several t-shirts / long-sleeved and short-sleeved
- A pair of trainers for around the hotel
- Plastic bags (bin liners) for wet clothes on final day
- Toiletries

### Ski Wear

- Ski jacket and ski trousers : buy/hire/borrow
  - 3-5 pairs of ski socks
  - 1 pair of ski gloves
  - Good quality goggles
  - A thick fleece & a couple of sweatshirts
  - 2-3 polo necks
  - 2-3 Thermal trousers and tops or leggings and long sleeved tops
  - Scarf (one that pulls over the head) and a warm hat
  - Apres ski boots or heavy shoes for the evening & walking to the slopes
  - High factor suntan lotion / block and ski lip salve – **please help to ensure that your daughter does not expose herself to the potential hazard of sunburn.**
- Please note that temperatures on the snow can vary enormously in late season with bright sunshine and hot temperatures one minute and then cold, cloudy weather the next. Therefore, we would recommend several layers are worn each day i.e. thermal top, polo, fleece top, jacket to be prepared for all types of conditions.

Ski clothing can be bought fairly inexpensively at a wide variety of places, these include:

- Mountain Warehouse & TOG24 at Springfields, Spalding
- TK Max, Grantham, Boston & Peterborough
- H&M, Queensgate and Hampton, Peterborough
- Aldi & Lidl Spalding & Peterborough (November time)
- Ski Warehouse sales – around the country (look out for details)
- ebay

**HAND LUGGAGE MUST BE SMALL ENOUGH TO FIT IN OVERHEAD STORAGE. MAIN LUGGAGE BAG WILL GO UNDER THE COACH.**

**Do not forget your own passport and  
Global Health Insurance Card!**