



# Spalding High School

## Weekly Bulletin

### 8th December 2022



#### 'Bring-A-Tin' and Non-uniform Day - Friday 9th December

A reminder that tomorrow is our annual 'Bring A Tin Day'. This is a non-uniform day (traditionally, our Christmas Jumper Day!), but rather than donating money, we ask that students and staff bring items of food to support the Spalding Agape Care Food Bank.

**All items donated should be unopened and in date.**

**Tinned Items:** Potatoes (large size tins especially)\*, Fruit, Rice pudding\*, Custard\*, Spaghetti, Baked Beans (with sausages), Soup (Heinz Big Soup especially), Ravioli, Ham\*, Corned beef, Chicken, Meatballs, Tomatoes

**Packet items:** Noodles, Mashed Potato\*, Pot Noodles, Hot Dogs

**Christmas Food:** Crackers (to eat and pull!), Stuffing, Chocolates (all types, for children and adults), Biscuits (fancy), Crisps/Pringles, Bread Sauce, Fruit juice, Gravy granules, Mince Pies, Nibbles

**Toiletries:** Shower Gel, Shampoo, Conditioner, Deodorant, Body spray, Toothpaste/toothbrushes (all ages)

**Other items:** Colouring books, Pens, pencils, rubbers, sharpeners etc.

*The Items needed the most are starred \**

We continue to celebrate the festive season here at the High School and on Monday, Tuesday and Wednesday this week, the School Hall was converted into a Christmas Craft Market! This has always been a successful and much enjoyed event and after putting it on hold due to the pandemic, we were all keen to enjoy the market atmosphere again. Traditionally, the Craft Market was always held in the library and English corridor, but in recent years, the success of the fair out grew the venue and so this year we moved into the School Hall. There were hundreds of visitors over the course of the three days and a wide range of stalls and fundraising events to enjoy. Of course, the event also gives students the excellent opportunity of honing their business skills, which is always fun to see! I will say no more about the event as Mrs Lees and Mrs Chandler will be writing the full report, with a wonderful array of photographs for the HQ Magazine we are due to publish next week. On that note, the HQ Team continue to work hard on Edition 1 of the new High Quarterly School magazine and we are all looking forward to seeing the final version next week. It will have some of the bigger news items from terms 1 and 2 this academic year, with a host of new items and festive reports of all of our Christmas events. Students have also been working hard on puzzles, competitions and other reports in order to create a really good read. We are aiming to send the digital edition home to parents/carers next Friday, the last day of term and will also send to students and staff that day too. As the HQ will be sent home next Friday, we will not be sending a bulletin home on Thursday. I have the honour of writing the editorial page for our Christmas Edition, and so will wish everyone a Merry Christmas then!

**Mrs M K Anderson**  
Headmistress

## Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Zoha Shahid	Miss White	Science
7J	Eve Barclay	Mr Garbett	Music
7J	Thamrutaa Satheeskumar	Mrs Schwarz	Textiles
7N	Isabella Brook	Mrs Spinks	Mathematics
7P	Diya Saju	Miss Bailey	German
7P	Roxy Acton	Miss O'Sullivan	English
7S	Annabelle Fyson	Mrs Wilkins	Technology
8N	Sasha Pretorius	Mrs Neal	Community
8N	Sruti Sudhakar	Mrs Rogers	Geography
9C	Julia Wawro	Miss Jones	Physical Education
9C	Aminah Ahmed	Miss Jeffery	English
9C	Lucy Gough	Mr McAlinden	History
9C	Layla Khodri	Mrs Lees	Library
9J	Hannah Sporton	Mrs Martindale	Biology
9J	Florence Perowne	Frau Almasi	German
9J	Ellie Garth	Mrs Nowak	Mathematics
9J	Lauren Griffin	Mrs Lord	Mathematics
9N	Sky Salkeld	Mr Hemsall	History
9N	Cheryl Kalane	Mr Fovargue	Computer Science
9S	Lilianna Wong	Miss Pettefar	English
9S	Sophie Smith	Mrs Jones	Latin
10C	Zainab Ravji	Mrs Bennett	Community
10J	Alexia Brooks	Miss Parker	Physical Education
10N	Evie Fox	Mrs Busfield	Biology
10S	Hollie Lunt	Mrs Bushell	German
10S	Ellie Rendell	Mrs Martin	Mathematics
10S	Callie Madden	Mrs Aurikko	Biology
10S	Evie Ireland	Mr Blackbourn	Business
11C	Abigail Armstrong	Mr Groom	Community
11C	Ellie O'Brien	Mrs T Waldron	Religious Studies
11C	Ellie O'Brien	Mrs T Waldron	Biology
11J	Mia Darke	Mr Martindale	Technology
11J	Roisin Williams	Mrs Clay	French
11N	Hannah Burgess	Mrs Haunch	Physics
11N	Gracie Green	Mr Ganger	Mathematics
11S	Emily Hardy	Mrs F Barats	French
6EK	Lunete Grinceviciute	Miss Ashley	Mathematics
6EK	Gwenllian Humphreys	Mrs Fisk	Drama
6FM	Libby Mayne	Mrs Love	English Literature
6LH	Meg Williams	Miss Rossouw	Psychology

## Celebrating Individuality in Year 8—Sascha Pretorius 8N

Congratulations and well done to Sasha on her recent Charity fundraising – fantastic effort!

*“On Monday 28th November I participated in Billie Fins Swimathon in Pinchbeck. During this I had to swim as many lengths as I could to raise money towards a pool hoist. This meant people with disabilities would have access to the pool meaning they would have a full experience of the pool.*

*I swam a total of 70 lengths of which I am very proud of. I have raised a total of £300 altogether with money people have sponsored me. Soon there will be a bingo in Pinchbeck village hall to also help put money towards the hoist for the pool. This will hopefully mean there will be enough money altogether. Thank you to everyone that sponsored me and I am grateful for it. I am very proud of what I have done.”*

**Sascha Pretorius 8N**

## Student News

### Young Lawyer Programme Feedback

*“Last Sunday I had the pleasure of attending the InvestIN young lawyer weekend in London! The immersive career experience consisted of four main events. Firstly there was a mock murder trial focusing on the criminal prosecution process, where I learnt about techniques such as ‘piggybacking’ and cross examination. I had a go at structuring a concise, formal closing speech. Secondly, Amirah Islam spoke to us about the key things to do to succeed in the world of corporate law, offering tips such as building your knowledge and experience as well as networking. After a short lunch we proceeded onto looking at human rights together with two incredible barristers, Dr Theodora Christou and Samuel March. With their guidance and in depth understanding of the law we were able to apply what we learnt to a deportation scenario which I found very interesting. Lastly, the event ended with career coaching and a panel discussion which was incredibly insightful and in my opinion, a very personal experience.”.*

**Anya Bilham 6LM**



## PE News

### Under 13 Football

On Friday 2nd December the Under 13 football team played in the 6-aside Utilita Cup held at Lincoln City. The pupils played very well in the group stage with two 1-0 wins, a 3-1 win and a 3-0 win. This allowed them to progress into the knockout stages where they had convincing 2-0 victories in both the quarter final and semi-final games, earning their place in the final. The final game was against Bourne Grammar and only eight minutes long. The game was level at full-time with SHS having the better of the chances. A two-minute period of extra time again could not separate the two sides meaning the team faced sudden death penalties. Unfortunately, despite some brilliant penalties scored by the team and saves made by Katie Bonarius, it was not to be for SHS and Bourne won the shootout. The team should be very proud of their achievement, they played excellently in very short matches and were unlucky in the penalty shootout.



Miss Magnus, PE

## PE News

### U15 football

The High School's unbeaten run across three age categories in the English School's Cup competition finally came to an end on 1<sup>st</sup> December with the U15 team losing 3-1 to Priory Ruskin Academy, Grantham. After a poor first half performance the team improved significantly in the second period and obtained most of the possession. Many chances were created but the ball did not find the back of the net enough to challenge the opposition's score. Nevertheless, a good run in this cup competition from the team. Well done!

Player of the Match: Ava Marshall



Mr Farrell, Head of PE

### Swimming

Congratulations to Aliyah in 7J who represents the South Lincolnshire Swimming Club. At the Autumn Meet at the Castle Leisure Centre, Aliyah won eight medals! She achieved two 1<sup>st</sup> place medals, three 2<sup>nd</sup> place medals and three third place medals in a variety of races, including 200m backstroke, 50m butterfly and 200m breaststroke. Well done Aliyah!

Miss Jones, Head of Year 10



## GCHQ Christmas challenge coming soon!

I have just received a message from GCHQ...

*"Hello everyone,*

*Just a quick head's up to let you know that we will soon be releasing our GCHQ Christmas Challenge. Aimed at 11-18 year olds, our annual Christmas card will contain a series of puzzles aimed at inspiring an interest in STEM and highlighting how a diverse 'mix of minds' can solve problems. The puzzles will be free to download from the GCHQ website from 12 December, using a special link which we will share ahead of the launch, so please look out for it!*

*Students will be set the task of cracking seven fiendish puzzles and using their answers to help uncover a hidden festive message!*

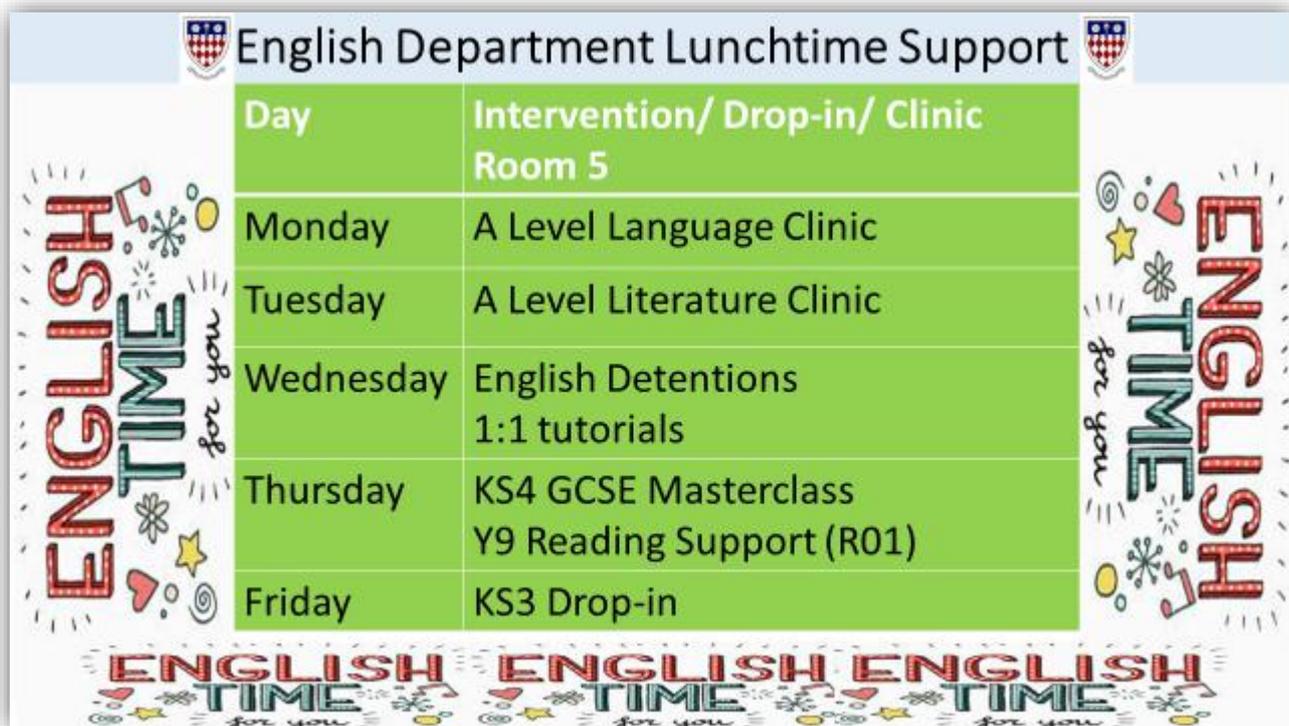
*We have created a digital resource pack containing everything you need to take part. It will be available to download from Monday 12th December from [gchq.gov.uk/xmaschallenge](https://gchq.gov.uk/xmaschallenge)."*

I will post the special link in Teams and let you know!

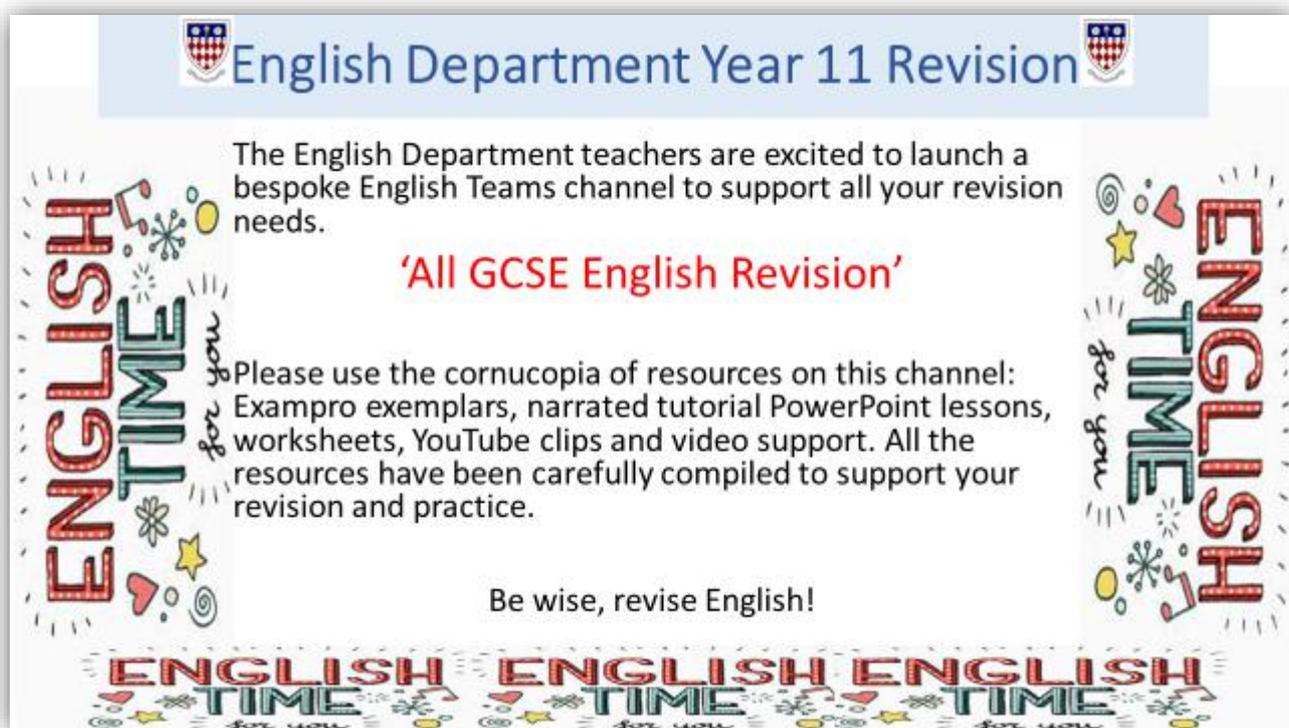
You can find an example of one of GCHQ's Christmas challenges from 2021 attached to this Bulletin.

**Mrs Barats, Head of MFL**





Day	Intervention/ Drop-in/ Clinic Room 5
Monday	A Level Language Clinic
Tuesday	A Level Literature Clinic
Wednesday	English Detentions 1:1 tutorials
Thursday	KS4 GCSE Masterclass Y9 Reading Support (R01)
Friday	KS3 Drop-in



The English Department teachers are excited to launch a bespoke English Teams channel to support all your revision needs.

**'All GCSE English Revision'**

Please use the cornucopia of resources on this channel: Exampro exemplars, narrated tutorial PowerPoint lessons, worksheets, YouTube clips and video support. All the resources have been carefully compiled to support your revision and practice.

Be wise, revise English!

## STAYING SAFE THIS CHRISTMAS

### Trading Standards – ‘Having a Blast’ Vaping Presentation - Wednesday 30<sup>th</sup> November

Years 8-11 heard a presentation from Lincolnshire County Council’s Trading Standards Team on the subject of vaping. Students were given lots of information about vaping. This included: various health risks associated with vaping, the law on proxy sales by older siblings/parents/carers, the risk on buying illicit vapes and the high illegal levels of nicotine in those vapes along with banned ingredients or faulty batteries, the fact that some companies target under 18s with their products despite the legal age for purchase being 18.

If your child has any concerns about vaping, they can speak to their form tutor or a member of the pastoral team.

For more information, please view this presentation on the School’s [website](#).

### Alcohol at this festive time

We would also like to remind parents of this important message from the Community Alcohol Partnership.

**Mr R Hemsall, Head of PSHE**



**Buying alcohol over  
Christmas &  
New Year  
for under 18s?**

**Partners**  
Local council, Police, Trading Standards, alcohol retailers, schools and the community

**For more Information**  
If you have any information relating to the supply of alcohol to young people or street drinking, please contact the police on 101

For more information on the harms underage drinking can lead to go to [www.drinkaware.co.uk](http://www.drinkaware.co.uk)

Community Alcohol Partnerships  
CIC number: 07478097

It is illegal to buy alcohol on behalf of someone who is under 18.

If you’re caught you could get an **£90** on-the-spot fine or end up in court with a criminal record and an **unlimited fine**

[www.communityalcoholpartnerships.co.uk](http://www.communityalcoholpartnerships.co.uk)  
©2018

**CAP**  
Community Alcohol Partnerships

### #ENDPERIODPOVERTY

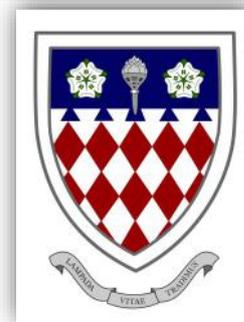
On Thursday 15<sup>th</sup> December - Mrs Jarvis will have tables set-up outside her office with various free period products available for students to collect. Please remind your child to pop along, we may even have the Christmas music playing!

## SHS Notices

### Advance Notice - Year 9 Options Evening

Year 9 Options Evening will take place on **Wednesday 11<sup>th</sup> January**. The evening is planned to include a variety of presentations and an optional tour of the school site. A letter will be emailed to Year 9 parents/carers on Wednesday 4<sup>th</sup> January with more information and a reply slip to be returned to school by Monday 9<sup>th</sup> January.

**Mrs Hoodless, Head of Year 9**



### Scarlet Fever

Please carefully read the letter from Lincolnshire County Council Health Protection team regarding increased case numbers and the signs and symptoms of scarlet fever. We strongly advise parents/carers to keep this letter safe for future reference. It will remain on the school website as an attachment to this week's bulletin.

### Job Opportunities at SHS

#### Midday Supervisor

We are seeking to appoint a motivated and committed Midday Supervisor to join our school team. The post is for 7 hours per week for 38 weeks a year and the salary would be Grade 2 (£2,906 per annum). Experience is not necessary, as full training will be provided. If you are interested in applying, please visit our [website](#).

## Careers Update

### University of Cambridge Webinars

The University of Cambridge is hosting a series of webinars starting at the end of January for students and parents/carers to find out more about applying for courses at the university. It is possible to sign up now in readiness. The webinars will be running from 5.00-6.00pm.

### Think Cambridge | Undergraduate Study

#### Unifrog launch

I have included information about Unifrog in the newsletter for several weeks now but will leave it in until the New Year to encourage all students to take advantage of their access to the platform. If students have not yet signed up, they should check their school email account for their welcome email.

The Unifrog platform is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own personal account that provides a wide range of information related to their interests and aspirations. Key features of the platform include:

- Exploring Pathways – personality quizzes, career and subject profiles, MOOCs and webinars
- Recording – self-reflection about extracurricular activities and key employability skills
- Opportunities – search tools showing live vacancies/courses/placements for apprenticeships, universities (in the UK and abroad), FE, virtual work experience and much more
- Applications – tools to help students build applications for a range of pathways (e.g., CVs, Personal Statements, Common App Essays)

We have also set up a parent/carer login so that you can use Unifrog as if you were a student yourself, allowing you to support your child throughout the process. The sign up code you need is: **SPHLparents** and you can sign up here: [www.unifrog.org/code](http://www.unifrog.org/code)

Please see the introductory video link below:

[Parents- an introduction to Unifrog \(loom.com\)](#)

### Year 11 Careers Guidance Appointments

One-to-one careers guidance appointments for Year 11 students have recommenced with Mrs O'Brien. This is an important opportunity for students to discuss their plans for their next steps after GCSEs. Could students please ensure they check their emails regularly for their appointment time.

### Year 12 Work Experience

Several students in Year 12 have already found work experience placements for next July and others are busy making enquiries. Work experience is part of our curriculum in Year 12. The work experience week for students this academic year is 3<sup>rd</sup>-7<sup>th</sup> July. We would like students to start thinking about where they might want to go on work experience and making enquiries. The main consideration is that employers hosting students must have Employers' Liability Insurance. More details will follow soon but if students have ideas about where they would like to go, it is a good idea to start asking employers if they would be able to offer work experience. Students will need to have a confirmed placement by end of February 2023 and exact deadlines will be confirmed soon.

## **Opportunities for aspiring allied healthcare professionals in Years 10, 11 and 12**

Each year we have many students in the sixth form who apply for healthcare careers and the information, advice and guidance offered by the Medic Mentor Family, a charity which supports students in preparing to enter such careers, is invaluable. Having recently joined an online 'Insight into Medicine Conference', I was extremely impressed by the information and opportunities shared with students. Coming up in December is the 'Insight into Allied Healthcare Conference'. Please see the information from Allied Healthcare Mentor below. If students take part, could they please email me.

*Allied Healthcare Mentor is launching its first 'Insight into Allied Healthcare Conference' on Saturday 10th December This is a free, virtual event, for students in Years 10-13.*

*Registration Link: <https://airtable.com/shruUtl3mMiKorsK>*

*Chief Nurse Mentor, Abbie Dickinson, will be joined by health professionals across the NHS to share their insight into how to get into healthcare and what day-to-day life is like in their respective careers.*

*Abbie will be joined by:*

*Carla Jayne Avery - Midwifery*

*Simon Otter - Podiatry*

*Tracy Wallis - Associate Head for Students University of Portsmouth*

*Katherine Chambers - Physiotherapy*

*Lucie Rochfort - Speech and Language Therapy*

*Natalie Hicks - Occupational Therapy*

*Shelley Blane - Therapeutic Radiography*

*Parag Sawant - Occupational Therapy*

*Kevin Harrup – Operating Department Practitioner*

*Students are also reminded to register for their AHP work experience session on Sunday 4th December. Places are £10 to cover administrative costs: <https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>*

## **Higher and Degree Apprenticeship Listing**

The November Higher and Degree Apprenticeship Listing has been published. This may be of interest for parents/carers, staff and students to see the higher level apprenticeship opportunities available nationwide. Perkins Engines Company Limited (Caterpillar) in Peterborough have several openings for next summer which may be of interest to Year 13 students who wish to stay local after finishing their studies. Please see the listing attached to this bulletin.

## **New Law Society in School**

Evie Booth, Scarlet O'Hara, Keira Harvey and Anya Bilham in Year 12 have decided to set up a law society for sixth form students. It is great to see students setting up initiatives to offer support to each other. Here is what Evie has written about the society:

“After we return from the Christmas break, the SHS Law Society is having its first meeting. We have established the Law Society for Year 12 and year 13 students who are interested in a career/university courses in Law. The Society is keen to explore a range of topics and activities, whilst helping and motivating each other with the competitive Law application process. The activities we run will give members experiences and skills to discuss on their personal statements and in their interviews”. Please direct any queries to myself or Mrs Bushell.

**Evie Booth, 6EK**

## **Alumni Articles**

It is always a great pleasure when former High School students get in touch and offer to write articles for our weekly bulletin or to come into school to talk to students. This week's alumni article is written by Harriet Vickers who finished her A Levels in 2013 and now has an impressive career at Mercedes Formula 1 – see attachment.

If any former students wish to join our alumni hub, here is the link:

<https://www.futurefirsthub.org.uk/register/spaldinghigh>

## **Support:**

As always, we can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

**Mrs Bushell, Careers Leader**