



Spalding High School

Weekly Bulletin

20th October 2022



What a wonderful Friday Fright Night we had last week! It was amazing to have Fright Night back on the Community Calendar after two years of Covid and the levels of excitement were palpable amongst the students and to be frank the staff! We had an amazing turnout, with 172 Year 7, 8 and 9 students attending and all brilliantly dressed up in an amazing array of costumes. The staff all joined in too and as always, Mr Fovargue did a freakishly good impression of Jason from the Friday 13th horror movies! Students enjoyed the spooky photo booth and took part in a range of games and activities across the evening. We had a spooky funfair in the English corridor with Ghost bowling, witches hoopla and a pumpkin and ghost nerf shy; also on the ghoulish menu was wink murder in the canteen and frightening run-around in the Sixth Form Common Room. Horrid Hands led to lots of scares on the stage as students had to rummage through various buckets of things like maggots (rice), veins (cold spaghetti), body bits (jelly) to find an assortment of other equally unpleasant items! The quad looked amazing as a spooky grave yard with its very own ghost inhabiting the tree. Students had pumpkin races and played up and over games, and in the hall, had fun in the assault course, eye ping pong and pinning the scythe on death! At the end of the evening we all had fun learning the Thriller dance, which was brilliantly led by the Year 11 and Sixth Form helpers. Thank you to everyone for attending and we hope you had as much fun as we did. Thank you also to the staff and Y11 and Sixth Form helpers. We could not have done it without you and hope that everyone enjoys the photos on the next page of the evening. Please come along to the KS3 Christmas Disco on Friday 2nd December – more details to follow after half term.

Enjoy a restful and enjoyable holiday!

Winter Uniform

Please remember that the start of Term 2 (Monday 31st October), marks the start of winter uniform. Students should wear long sleeved shirts and school ties and not open necked summer blouses from T2. Thank you.

Going to the toilet during lesson times

During the height of the pandemic, we allowed students to leave lessons to go to the toilet whenever they needed to, in order to reduce congestion in the toilets in year group bubbles. Prior to the pandemic, our School procedures were that students used the toilets at break, lunchtime and between lessons. Only in an emergency, were students permitted to actually leave a lesson to go to the toilet. From the start of Term 2 we will return to our pre-pandemic school routines.

Parent Governor Ballot

We have three parent nominations for two vacant positions for parent governors on the Governing Body. Thank you to parents who have stepped forward to undertake this critical role. Tomorrow (Friday 21st October), your child will bring home a letter with details for the ballot, candidate details and voting papers. Please read the information carefully and send your completed ballot papers into Reception where a ballot box will be situated.

Lost drinks bottles

Reception have a number of unclaimed/lost drinks bottles and flasks. If you have mislaid yours this term, please visit reception and check.

Thank you.



STUDENT OF THE WEEK

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Student	Form	Staff	Reason
Jenna Jeffries	7N	Miss Ashley	Mathematics
Ruby Coupland	7N	Miss Magnus	Physical Education
Abigail Nel	7P	Mrs Jarvis	Community
Abigail Nel	7P	Mrs Garland	Community
Lana Conway	7S	Mr Ganger	Mathematics
Scarlett Norman	7S	Miss O'Sullivan	English
Mahitha Suresh Babu	8J	Mrs Martindale	Science
Mahitha Suresh Babu	8J	Mr Garbett	Music
Julia Furmanczyk	8N	Miss Bailey	German
Yasha Robertson	8P	Mrs Clay	Latin
Lily Wadsley	8P	Mrs Spinks	Mathematics
Maisie Doyle	8S	Miss Parker	Physical Education
Sonia Hassanali	9C	Miss Jones	Physical Education
Willow Janes	9C	Mrs Jones	Community
Grace Bushell	9C	Mrs Ray	English
Bethany Gough	9J	Frau Almasi	German
Cheryl Kalane	9N	Mrs Fisk	Drama
Sigourney Bolton	9N	Mrs Waldron	Religious Studies
Aminah Shamime	9P	Mrs Bennett	Geography
Alexis Bradshaw	9S	Mrs Jeffery	English
Eve Goodall	9S	Mr Fovargue	Computer Science
Hannah Matthew	10C	Miss Pettefar	English
Ayse Ciftepala	10J	Mr Martindale	Technology
Ayse Ciftepala	10J	Mrs Knowles	French
Vanessa Singh	10J	Mrs Aurikko	Chemistry
Sophie McGuire	10S	Mrs Waldron	Biology
Mia Layton	11C	Mrs Love	English Literature
Emily Franklin	11J	Mrs Martin	Community
Evie Ahearn	11J	Mrs Barats	French
Sakina Walji	11J	Mr Blackburn	Business
Katie Simpson	11J	Mrs Nowak	Mathematics
Lily Roberts-Anchor	11N	Mrs Haunch	Physics
Millie Woodfield	11N	Mr Groom	History
Zoe Furmanczyk	11P	Mrs Cave	Religious Studies
Olivia Brown	11S	Mrs Rogers	Geography
Prarthana Rajkumar	11S	Mrs Goulding	Business Studies
Carey Crowhurst	6AB	Mrs Neal	Community
Namita Seffi	6AF	Mrs Bushell	Community
Bethany Walker	6AF	Mrs Kelleher	Community
Archie Hodson	6AF	Mr Farrell	Physical Education
Adria Grikstaite	6FM	Mr Love	Law
Tia White	6GD	Mr Hemsall	Law
Hannah Ruddle	6TD	Miss White	Chemistry

PE NEWS

Netball

On Thursday 13th October the Year 8 and Year 10 Netball teams played away at Spalding Academy. Both teams played really well considering it was only the second match of the season. All players demonstrated great teamwork and resilience and this helped our teams win the match. The Year 8 team won 11-4, and the Year 10 team won 23-3, hopefully we can keep playing well as a team and win future matches.

Kari-Ella Bailey 8S



Rugby

Last week two teams represented Spalding High School at a Touch Rugby Festival held at Peterborough Rugby Club. Having only trained for a few weeks the Year 7 rugby team played with great skill and enthusiasm. Mr McAlinden commented that "The Year 7s played well as a team and there was some fantastic attacking and defensive play". The Year 8 and 9 teams also played well against some good teams, but unfortunately both teams missed out on a trophy. However, the Year 8 and 9 teams won U14's Spirit of the Tournament, which was a true representation of their resilience, determination and sportsmanship.



PE NEWS

Cross Country

Thirteen students were selected to represent the school at the South Lincs Cross Country. A selection meeting will take place next term to select a group of students to represent South Lincolnshire at the county championship. Well done to all the students who raced.

- Y7 - Ruby Coupland finished 4 out of 62 students
- Junior Girls - Izzy Hurn finished 3rd out of 92 students
- Junior Girls - Pela Tian-Wright finished 10th out of 92 students
- Inter Girls - Molli McCormack finished 5th out of 44 students
- Inter Girls - Chloe finished 14th out of 44 students
- Senior Girls - Penelope Baxter finished 5th



NEW STAFF

Mrs Kingerley (Headmistress; PA)

Hi, my name is Mrs Kingerley and I am Mrs Anderson's new PA. I started with the school in August of this year and I have thoroughly loved my time so far. It has been a very busy and interesting first six weeks at school. No two days are ever the same at SHS and what better way to hit the ground running than to start with the 11+ exams process! Everybody has been very welcoming and helpful and I look forward to many more years here.

Mr Unthank (Data Officer/Cover Administrator)

Hi, my name is Mr Unthank and I joined the SHS support staff team in June 2022 as Data Officer/Cover Administrator. After what has been a very hectic – but enjoyable! – start to the new academic year, I can honestly say what a pleasure and privilege it is to be a part of the SHS community – I couldn't have asked for a warmer welcome, everyone has been so welcoming, supportive and friendly. I look forward to seeing what the rest of the year brings!

NEW STAFF

Mr Cook (Teaching Assistant)

As I write this, I am approaching the end of my first term at Spalding High School since my own Sixth Form days. Some of you may be wondering how the school has changed and how it has stayed the same. Although all of the students from that time have moved on and most of the teachers have too (yes some of them do however continue today!!!), the School remains a friendly, caring and supportive world of opportunity for those who learn and teach here. Nothing highlights that more than the brand new SEND team that has been created this year, one which I feel very proud to be a part of already. If you get stuck with anything in lessons or something is bothering you in your school life, just ask us for help or say 'Hi' if you see us in the corridors! I hope the beginning I have had now will lead to similar memorable moments to those I had back in my student days, apart from the football result from the only boys match played in my time. Despite the very leaky defence in front of me and my own acrobatic goalkeeping skills we did unfortunately lose! #ComeOnYouHigh!

Mrs Lyford (Attendance Officer)

Hello, I'm Mrs Lyford, I have worked at SHS for 10 years now in many different roles: Mid-Day Supervisor, Invigilator, Covid Team and Cover Supervisor — all very different, working at the chalk face and with the pupils within school. I have now reverted to an administrative role and am the Attendance Officer with the responsibility of keeping track of your children. My days are varied and incredibly busy but enjoyable just the same.

Miss Magnus (PE Dept)

I have been warmly welcomed (back) to Spalding High School by both teachers and pupils and can wholeheartedly say that I love my job. The opportunity to begin my teaching career here has given me a smooth transition into the profession, having already known my way around the school and many members of staff. Having been in the same position as the students I feel as though I am able to empathise with the situations and emotions they may be experiencing during their time here at SHS.

The start of term saw the return of a full fixture calendar; I am responsible for the Year 7 netball team, who have had a brilliant start winning their first game 16-0 as well as assisting Mr Farrell with school football teams. All three age groups have been entered into the English Schools Football Association Cup, and all have won all of their games so far this season. As a footballer myself, playing for Kings Lynn Town Ladies and Bedford Futsal Club, I am thoroughly enjoying helping the football teams progress. Following the incredible success of the England Team at the Women's Euros this summer, it is amazing to see so many pupils at Tuesday's lunchtime football club and representing the school at these fixtures.

Thank you to everyone for making me feel so welcome. I look forward to a productive year's work with my pupils and a successful year of fixtures with all of the sports teams.

NEW STAFF

Mrs Spreckley

Hi I am Mrs Spreckley, I joined the midday supervision team in September.

Since then, I have also had the opportunity, after completing relevant training, to do various other roles such as Reception cover and cover supervision within classrooms, which has been incredibly interesting and informative.

I have so far managed to navigate the many blocks, rooms and corridors which is, as all year 7s know, a very daunting task. Thankfully, with the help of both staff and students, I'm eventually managing to find my way around.

Having previously worked in foundation within a local primary school, I have mastered the skill of rounding up excited sheep in a storm. A skill which was most definitely needed on my first 'chip Friday' but I survived. Here's to many more!



Buying alcohol at for under 18s? HALLOWEEN

Supplying alcohol to an underage person is illegal.

You could get a **£90** on-the-spot fine or end up in court with a criminal record and an **unlimited fine**

For more Information

If you have any information relating to the supply of alcohol to young people or street drinking, please contact the police on 101. For more information on the harms underage drinking can lead to go to www.drinkaware.co.uk

Community Alcohol Partnerships CIC number: 07478097
www.communityalcoholpartnerships.co.uk ©2018

CAP

Spalding High School is a member of South Holland Community Alcohol Partnership, which is a multi-agency organisation which seeks to address problematic drinking, with particular focus on people under-25. Upon completion of a national parental survey earlier this year, CAP have released new materials to support parents with talking to their children about alcohol, and also materials to support parents with their own use of alcohol.

This support can be found at https://www.youtube.com/watch?v=uimBr_V5ycg, <https://alcoholeducationtrust.org/wp-content/uploads/2015/04/ParentGuide.pdf> and at <https://www.drinkiq.com/en-gb/>.

Teaching about the dangers of the misuse of substances, including alcohol, and strategies for support is also a key part of the PSHE curriculum at Spalding High School. Furthermore, in the event of any specific concerns you may have, you can also get into contact with your child's Head of Year or Mrs Ray (Designated Safeguarding Lead).

Mr Hempsall

Head of PSHE

Holiday Activities and Food Programme (HAF)

Thousands of children, young people and their families have benefited from attending the Holiday Activities and Food Programme (HAF) across Lincolnshire during the summer holidays. Children and young people have enjoyed taking part in sports and games, a variety of enrichment opportunities, cooking and nutrition education and free nutritious meals and snacks. Clubs have taken place at a wide range of sites including schools, early years kids' clubs, leisure centres, sports grounds and community halls.

What is the Holiday Activity & Food Programme (HAF)?

HAF is a Government funded programme until March 2025 which provides all children aged 5 to 16 years in receipt of benefits-related free school meals access to free healthy meals and activities over the summer, Christmas and Easter holidays. Further information can be accessed via:- [Holiday activities and food programme 2022 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/holiday-activities-and-food-programme-2022)

Or the Lincolnshire HAF website to view two short films:-

[Holiday Activities and Food Programme – Lincolnshire County Council](https://www.lincolnshire.gov.uk/haf)

Careers Update

Year 10

It was very positive to have the opportunity to talk to parents/carers and students at the Year 10 Curriculum Evening last week. Since then our careers office has had a flow of students at lunchtimes coming to talk to us about their work experience plans.

Well done to Year 10 students who have already confirmed their work experience placement and submitted their form to Mrs O'Brien. Anyone who has a confirmed placement but has not yet handed the form in, could they please do so as soon as possible. The deadline for returning the 'Placement Confirmation Form' is Friday 18th November 2022.

We still have a number of outstanding voluntary contribution slips and payments. Please ensure these are returned by the deadline of 31st October 2022.

Medical Society Meeting

Last year, three of our Year 13 students who applied to study medicine at university founded our first Medical Society in order to support other aspiring medics in school. As those founder members have now left school, I decided to engage current students to keep the society running and as such we had our first Medical Society meeting for this academic year last Friday afternoon. In order to increase the group membership and develop its focus, students in Years 9-13 were invited to attend if they are interested in any healthcare career. Two Year 13 students, Namita Seffi and Iman Nadeem volunteered to talk about their healthcare applications to the younger students. Namita is applying for Medicine and Iman is applying for Mental Health and Children's Nursing (Dual registration). Both students gave an excellent insight into their application journey.

I was very encouraged that 91 students attended the meeting and worked collaboratively in small groups to discuss ideas for content at future meetings. It was also Allied Health Professions Day on 14th October and we discussed the roles included in this healthcare sector during the meeting.

Our next meeting is on 25th November when we will be joined by a former student who is now a pharmacy apprentice.

Aspiring Veterinary Medicine students in Years 10-12

'Vet Mentor', part of the 'Medic Mentor Family' are running a free virtual 'Get into Veterinary Medicine Conference' this Saturday, 22nd October 10am - 3pm, for any interested students in Years 10-12.

The Get into Veterinary Conference is the perfect starting point for students considering a Veterinary career. Chief Vet Mentors Dr James Taylor and Dr May Yean Chua will provide an insight into what it is like to work as a vet and a full guide to the UCAS application process, including:

- Application timelines
- How to tactically choose veterinary schools
- CV building
- Personal statements
- Interview schools

- Medical leadership and awards programmes
- Accessing work experience
- Accessing scholarships to study veterinary medicine at university

Attendees will also hear from a vet student with their best advice for making an application stand out. The Get into Veterinary Medicine Conference is a rare and free opportunity for students to speak directly to vets and vet students and ask any questions they have about the application process.

All attendees will be awarded a reference from the Presidents of Vet Mentor. For safeguarding purposes, all students must be accompanied by a parent/guardian throughout the conference.

Vet Mentor has created a Get into Veterinary Medicine leaflet:

<https://medicmentor.co.uk/wp-content/uploads/2022/10/GIV-Brochure-.pdf>

Students can register for the conference using this link:

<https://airtable.com/shrs1hEiPfdSSgnl2>

To assist us in supporting students in school, could students who take part in this opportunity please let us know.

Year 13 University Applications

May I please remind parents/carers and Year 13 students that the internal school deadline for submitting a UCAS application to me is 31st October. I am very happy to receive applications prior to this date to add references and send them off. The earlier they go, the sooner students start to receive offers which is highly motivational.

Alumni Articles

It is always a great pleasure when former High School students get in touch and offer to write articles for our weekly bulletin or to come into school to talk to students. This week's alumni article is written by Jeorgia Carr who tells us about her journey from the High School to the RAF – see attachment.

If any former students wish to join our alumni hub, here is the link:

<https://www.futurefirsthub.org.uk/register/spaldinghigh>

Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell (Careers Leader)