

# Spalding High School

## Weekly Bulletin

### 2nd March 2023



As the term progresses, the HQ Team continue to work hard on the next edition of the School Magazine. We have a group of dedicated reporters and writers who meet each week and work on their research and reports. The group have very creative and imaginative ideas for the School magazine and are bursting with ideas for content. It will, again, be a struggle to fit everything in to the Easter Edition which is already taking shape and looking to be another full, fun packed and interesting read. Thank you to students who submitted entries to the competition for the front cover. Judging is taking place as we speak and we are all looking forward to announcing the winner when the HQ is published at the end of term. There will not be any forward notice spoilers in the bulletin before the big day! It is not too late to join the HQ team. We meet in the Sixth Form study room on a Wednesday week 1 (1pm) and Thursday week 2 (1.30pm). Just pop along and join us.

In this week's Bulletin, we have the Ski Trip report with an amazing photographic gallery which shows just how much fun was had by everyone. It is also good to hear from the PE department as to the broad range of activities and experiences off of the slopes that were enjoyed by the group. Also this week, we have amazing write ups from Darcey Grundy and Mrs Jarvis – well done to you both – what amazing achievements! Congratulations! Well done too, to our Stars of the Week.

#### Summer 2023 Examination Series

Please find below a reminder for all parents, carers and students of this year's exam periods.

- ⇒ GCSE exams will take place from **Monday 15th May 2023** to **Wednesday 21st June 2023**
- ⇒ GCE (A Level) exams will take place from **Tuesday 16th May 2023** to **Monday 26th June 2023**

The Contingency Day is **Wednesday 28th June 2023**, and there are contingency afternoons on **Thursday 8th June 2023** and **Thursday 15th June 2023**. These will be used if a significant, unexpected event arises nationally or locally during the exam period such that no students (or a large number of them) are able to take an exam when planned. Students should be available to take examinations up to and including this date (**Wednesday 28th June 2023**).

The updated generic timetables are available on the school website and individual student timetables will be issued in late February/early March.

**Mrs Smith, Exams Officer**

## Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Heidi Woodrow	Mrs Knowles	German
7J	Connie Angus	Miss Jones	Physical Education
7J	Sapreet Kaur	Mrs Neal	Art
7J	Ella Skidmore	Mrs Martindale	Science
7N	Grace Maycroft	Miss Ashley	Mathematics
7P	Chloe Bragg	Mr Ganger	Mathematics
7S	Jessie Garner	Miss O'Sullivan	English
8C	Jasmine Copping	Miss Pettefar	English
8C	Charlotte Smith	Miss White	Science
8C	Honey Barnett	Mrs Nowak	Mathematics
8P	Veronika Prots	Mrs Cave	Religious Education
9C	Layla Khodri	Mr Love	Community
9C	Harsimrat Kaur	Mrs Dowson	English
9N	Ava King	Mrs Busfield	Biology
9N	Sigourney Bolton	Mrs Wilkins	Art
9S	Erin Horton	Mr Fovargue	Computer Science
10C	Katie Lorenz	Mr Blackburn	Business
10C	Cordi Mansfield	Miss Bailey	German
10C	Lizzy Newson	Mrs Jones	Latin
10C	Lucy Searson	Mrs Aurikko	Biology
10P	Nikola Zakalicka	Mrs Schwarz	Textiles
10P	Betsy Neil	Mrs Martin	Mathematics
10S	Eleanor Lloyd	Mr Hempsall	History
11J	Taelah Roberts	Mrs T Waldron	Biology
11N	Hannah Burgess	Mrs Ray	English
11N	Hannah Burgess	Mrs Haunch	Physics
11N	Summer Bingham	Mrs Rogers	Geography
11S	Annie Close	Mrs Bushell	French
6AF	Davis Bordelo	Miss Dunbar	Sociology
6KM	Rhiannon Baker	Mrs J Lord	English Language
6KM	Kate Storey	Miss Parker	Physical Education
6SC	Ella Martindale	Mrs L Hebblewhite	Psychology

## Celebrating Individuality in Year 8 - Darcy Grundy



### Training for Lincolnshire

I train once a month for Lincolnshire and have around eight games per year, home/away in the West Midlands, Worcestershire, Staffordshire and Shropshire. I also train on a Monday in Peterborough, Wednesday in Spalding and on Saturdays I play a match for Spalding. I also have the occasional Sunday practice and Monday game for Lincolnshire. I keep myself fit in the gym at home and in the garden.

### Commitment

It is a four hour round trip for training. Home games are a five hour round trip. Away games up to eight hours, depending on the venue. It is not just my commitment but also my very supportive parents. I also play for Peterborough and Spalding weekly to keep up my skills/fitness.

### Aspirations

To keep playing and being captain for both Peterborough and Lincolnshire, although the competition is high. To eventually play for a higher standard club and in the short term keep up my fitness levels, along with keeping up with my school work!

### Opportunities

Playing for Lincolnshire County and Peterborough means that there is always an opportunity to be seen or to be scouted by any club in any league. Obviously, this is a great time to be playing Women's football as it is rapidly growing and becoming very popular. Most premier clubs have a girls' academy with fantastic facilities, so I hope one day to be joining one of these academies.

But my favourite coach still is and will forever be Darren Spillet from Spalding Utd who got me into the game!

**Darcy Grundy, 8J**

### PE News

On Monday 27<sup>th</sup> February, ten students represented SHS at the South Lincolnshire Year 10 netball tournament. Overall, the team places 3<sup>rd</sup>, missing out on second place by one point. Over the past few years it has been wonderful to watch the team developed and grown together on and off court. They always motivate and cheer each other on, and they have created a positive environment to develop their skills individually and as a team. The team should be proud of themselves and the way they played in the tournament and the league this year. Well done Year 10 Netballers, I look forward to our matches next academic year.

**Miss Parker, PE Department**

## Ski Trip 2023 - Austria

On Friday 10<sup>th</sup> February the long awaited ski trip to Austria finally departed after a long wait due to COVID restrictions. Pupils had the pleasure of visiting two different ski resorts. The first two days were spent at Wurzeralm ski resort. On the first day, the advanced group were keen to get skiing and headed off straight away to explore the resort, while the intermediate group recapped their skills and then quickly headed out after them. The three beginner groups spent the first two days on the practice slopes where they learnt to stop and master turns. Naturally the students progressed at different rates but they always demonstrated compassion and encouragement towards each other, along with a lot of giggles and memories! On day three and four we visited Hinterstoder which was a bigger ski resort. All groups had the opportunity to explore the resort which offered a variety of Blue, Red and Black runs catering for every groups' ability and some very picturesque scenic runs. After a day of skiing, students sat down to a traditional Austrian buffet in the hotel which was based in the quiet village of Spital am Pyhrn. A variety of different evening activities including a night at the local pizzeria, a quiz and bingo night and an evening at a local café for apple strudel were experienced by all. Every day each ski group awarded a 'Ski Whizz' to one individual in their group. This award was given for a variety of reasons including; progression, development in confidence, and being supportive. Below is a list of students who were awarded 'Ski Whizz' on each day.

All in all, it was a brilliant trip full of personal successes, enjoyment, determination, and great memories.

Thank you again to Mr Farrell for organising the trip, and to all the staff involved!

### **The PE Department**

#### Ski Whizz

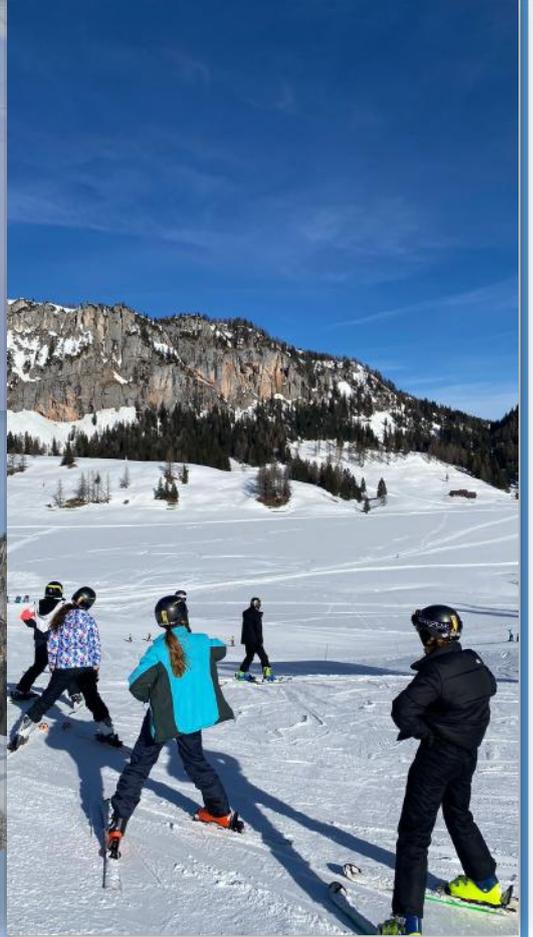
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
Grace Bushell	Samia Rahman	Ruby Lane	Gracie-Jane Lloyd	Sierra Moore
Evie-Mae Russell	Ella Harvey	Lily Howells	Sophie Smith	Millie Youngs
Isla Phillips	Rachel Clarke	Daria Spataru	Antonia Nowak	Sophie McFee
Camille Rogers	Zora Allen	Chloe Preston	Becky Gregory	Holly Janes
Inca Bernasconi Brown	Rosie Willerton	Abbie Horspool	Sonia Hassanali	

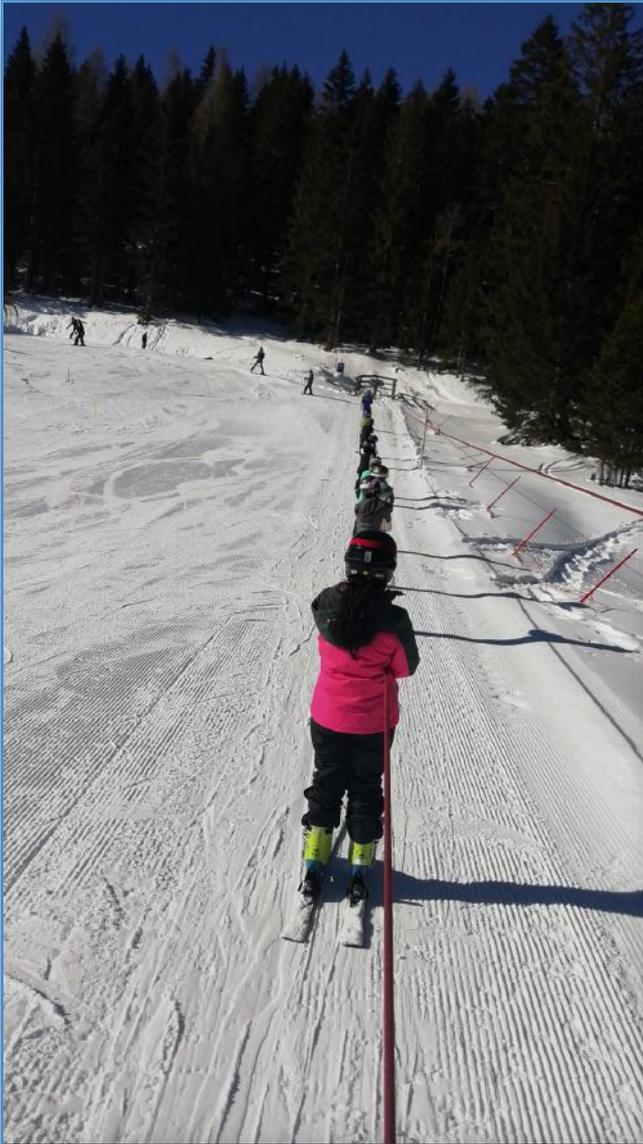
## Ski Trip 2023 - Photo Gallery















## Classics

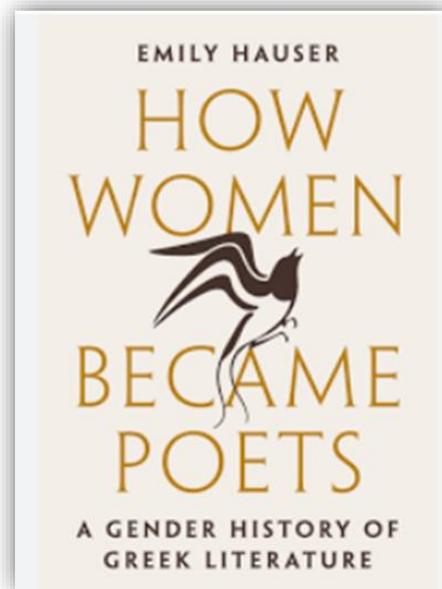
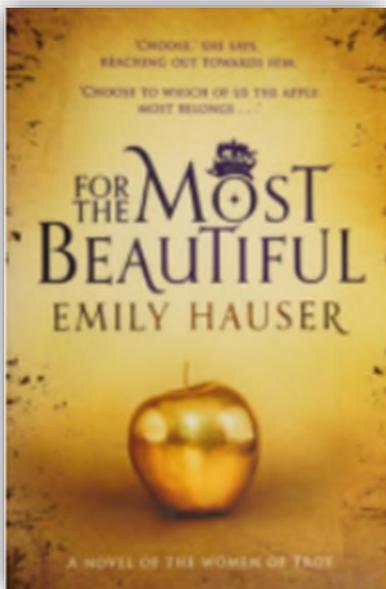
### Emily Hauser – Homer's Women

On Monday 27<sup>th</sup> March, the Classics department had the opportunity to attend an incredible online lecture about 'Homer's Women', hosted by the brilliant Dr Emily Hauser. The lecture itself was hugely popular, with over 200 in attendance to hear Dr Hauser.

Within the lecture Dr Hauser discussed topics such as 'women in the ancient world', 'the problem with women', 'women in Homer', 'women's perspectives', their 'links to poetry', and 'why to retell Homer's women'. This wide range of topics meant we could learn about the inaccuracies of the portrayal of women in Homer, how evidence found through art, archaeology and literature has contributed, and the way Homer used his writing to present women's thoughts and roles. For example, the importance of Penelope to the plot of the Odyssey – acting as Odysseus' motivation to come home.

With time to ask questions at the end of the lecture, the meeting was altogether an amazing opportunity to further our classical knowledge, and hear a new insight on Homer's work.

### **Jemima Gurney, Classics Prefect**



## English Department

### The Royal Mint Museum - 2023 story competition

For the third year running, we are holding our annual short story competition for Primary school pupils aged 8 to 11. For the chance to win £5000 for their school library and to have their story professionally illustrated, pupils are invited to submit a story of no more than 500 words. [www.royalmintmuseum.org.uk](http://www.royalmintmuseum.org.uk)

Inspired by the 75th anniversary of the arrival of Empire Windrush, this time we are asking pupils to write about the theme of Crossing Continents. The Royal Mint has, for many centuries, been a place of work for people from all over the world and, being located in London at the time, employed a number of people of Caribbean origin.

Below is all the information you need about the competition and how to enter

**[Short story competition \(royalmintmuseum.org.uk\)](http://www.royalmintmuseum.org.uk)**

**Mrs Lord, Head of English**

## Staff News

Whilst many of you were still fast asleep, I was taking part in the 'Jog 28 Miles in February' challenge for Pancreatic Cancer. This was a national challenge on Facebook to raise awareness and funds for Pancreatic Cancer. I decided to do this challenge as it is something that is close to my heart as my late father died from Pancreatic Cancer, and his birthday would have been on 21<sup>st</sup> February, so thought – why not, and actually I ended up jogging 34½ miles instead!

I took up jogging in April 2022 after attending many running events (two London Marathons, half marathons and 10Ks) as a spectator to support my son. He set me a challenge to complete a 5K by April 2023! I started my training with the 'Couch to 5K' app and the thought of jogging for one minute seemed impossible, let alone 30 minutes. Since then I have built up my fitness and have already completed not only a 5K in October taking part in the Great Eastern 5K run (six months earlier than my challenge date), but also I have completed a 10K at Ferry Meadows in December and then this challenge in February.

I have learnt that we can achieve anything in life if we believe in ourselves. Even if it seems impossible, give it a go, and break it down into small bite size pieces. That initial one minute of jogging for me has now turned into the fact that I can jog for well over an hour, something I would never have imagined. So most school days you will find me up early jogging around my village before school, whilst most of you are still fast asleep! (Warning – early morning, not so glamorous images attached! )

### Mrs Jarvis, Pupil Support Co-ordinator for Main School

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Total distance jogged in a week
Day 1 1:07	Day 2 1:08	Day 3 1:43	Day 4	Day 5	Day 6 1:58	Day 7 2:07	8:33
Day 8 1:42	Day 9 1:33	Day 10 1:41	Day 11 1:42	Day 12	Day 13 1:50	Day 14 2:07	19:09
Day 15 3:46	Day 16	Day 17	Day 18	Day 19	Day 20 2:53	Day 21 2:46	25:30
Day 22 2:45	Day 23 1:20	Day 24	Day 25	Day 26	Day 27 1:53	Day 28 3:02	34:35

Well done! You've jogged 28 miles in February!



## SIMS Parent App

Thank you to all those parents and carers that have downloaded the SIMS Parent App. Encouragingly, we now have nearly 700 parents and carers registered.

You may have noticed over the weekend that we have turned on achievement comments so that any comments related to 'Excellents' are displayed. We hope this additional level of detail is helpful.

As always, if you have any problems registering for, or using, the SIMS Parent App, please contact [enquiries@spaldinghigh.lincs.sch.uk](mailto:enquiries@spaldinghigh.lincs.sch.uk) at first instance.

### Achievement Assemblies

Every other term, the School comes together to celebrate the many achievements of pupils. Ahead of each achievement assembly, teachers and support staff are invited to nominate students for a range of awards across a range of categories including attainment, progress and contribution to the learning environment. Our second round of achievement assemblies will take place **W/C 20<sup>th</sup> March**.

A full list of awards can be found below. Also at this assembly, certificates are awarded to those students in receipt of 'Excellents' according to the following totals: **Bronze (15), Silver (30), Gold (50), Platinum (75) and Diamond (100)**.

### **Mr Love, Assistant Head**

Certificate Name	Awarded for...	Nominated by...	Frequency
Progress	Awarded to the student who, based on their starting point, has made excellent progress.	Subject Teacher	Achievement Assemblies 1,2 and 3
Contribution to learning environment	Awarded for full involvement in class or group activities, whilst having a positive impact on the learning of others.	Subject Teacher	Achievement Assemblies 1,2 and 3
Attainment	Awarded to the student who has reached the highest standard overall.	Subject Teacher	Achievement Assemblies 1,2 and 3
Shining Star	Awarded at the discretion of the subject teacher in recognition of academic achievement, progress, effort, good manners and/ or exemplary behaviour.	Subject Teacher/ Form Tutor for PSHCE	Achievement Assemblies 1,2 and 3
Community Award	Awarded for consistently contributing to the life of the School and helping to promote a positive community ethos.	Any member of staff	Achievement Assemblies 1,2 and 3
Attendance	Awarded in recognition of an attendance of 95% or over.	School	Achievement Assemblies 2* and 3** only
Attainment (Year Group)	Awarded to the student who has reached the highest standard overall within their year group for the academic year 2022-2023.	Head of Department	Achievement Assembly 3 only
Shining Star (Form)	Awarded at the discretion of the Form Tutor in recognition of contribution to form life, being a good citizen, good manners, exemplary behaviour and/ or effort.	Form Tutor	Achievement Assembly 3 only

\*Based on attendance in Terms 1 and 2

\*\*Based on attendance in Terms 3 and 4

## Careers Update

### National Careers Week

6<sup>th</sup>-11<sup>th</sup> March is National Careers Week. This week we have had visitors into school to mark the event. On Monday, Fran McNally, Quality Manager at World Wide Fruit, presented an assembly to Years 7 & 8 about the diverse job roles in her company and how the subjects students are learning at school are helping them to develop transferable skills for their future careers. Fran also talked about the use of technology and robotics in the industry.

Fran has become school's second Enterprise Adviser. She will be working with us to support pathways into industry and help bridge the gap between the world of work and education.

On Tuesday this week, former High School student Milly Mason presented the assembly to students in Years 9, 10 and 11. She also works at World Wide Fruit as a technologist having successfully completed her apprenticeship. She described her journey through school and how the knowledge and skills she learnt in school are applicable in her job role. Milly's assembly was truly inspirational and we always value the input from our former students.

In Sixth Form assembly this week, we welcomed George Bell and Michelle Seymour from Boston College to talk about low carbon challenges, opportunities and solutions. They also talked about the ground-breaking work some of our Lincolnshire companies are doing to become more sustainable and 'green' in the future.

Also, during National Careers Week, Unifrog are holding an event called 'Unifrog Next Steps Student Fair' on 8<sup>th</sup> March from 4.30-7.00pm. The link to join has been sent to all students. Here is some information about what will be on offer during the event:

The Next Steps Fair is a free, unique opportunity for you to compare all your post-school/college options in one place. Hear from Sophie Pender, our keynote speaker, Forbes 30 under 30, and founder of the 93% Club and join live sessions with top UK universities like the University of Manchester and University of Warwick, plus big-name employers and apprenticeship providers like the BBC and EY. Ask your questions on entry requirements and what a normal day in different industries looks like.

### Year 13 – Student Finance Applications

Student finance applications for university courses starting this autumn are now open. Apply by the 19<sup>th</sup> May to ensure that student finance is in place for the start of term. Students do not need a confirmed university place to apply as applications can be made by entering a preferred choice of institution and changed at a later date if necessary.

### Student finance: get ready for 2023 to 2024! – Get ready for 2023 to 2024!

### University Centre Peterborough Open Day – 4<sup>th</sup> March

University Centre Peterborough (UCP), part of the Inspire Education Group, is holding an open day event on 4<sup>th</sup> March from 10.00-13.00. Parents/carers and students can register using the link below. This may be of particular interest to students in Year 13 who wish to stay local to study for part of the week at university whilst also gaining work experience.

### Open Events Tickets, Sat 4 Mar 2023 at 10:00 | Eventbrite

### Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

Mrs Bushell, Careers Leader