

SHS Covid Secure Risk Assessment: PE CHANGING May 2021

RA No:	Severity X Likelihood + Weighting WITHOUT control measures = Risk	S	L	W	R	(S) Severity (L) Likelihood	(W) Weighting (R) Risk	Severity X Likelihood + Weighting WITH control measures = Risk	S	L	W	R
XXX		4	3	5	17				2	2	5	9

Hazard: Transmission of infection / Breaching of 2m social distancing bubble

Control measures to reduce the risk:

General: In order to support a safe return to Physical Education, lessons must adhere to whole school COVID 19 risk assessment guidelines as set out by the Headmistress.

However, the following key principles below should underpin any PE lesson:

- Try to keep the use of equipment to a minimum. Where it is used, it is preferable if pupils are given their own equipment and use only this during the lesson.
- Normal health and safety routines and procedures for PE lessons remain in place and will be upheld. Pupils will be reminded of these routines regularly (particularly the no jewellery rule which will help to reduce children touching their face and, minimise contact with teachers/likelihood of injuries).
- PE staff will use appropriate PPE if there is a pupil accident. Plastic gloves, disposable aprons and a face covering/shield will be used if staff need to breach the 2m rule to tend to a child.
- Pupils will use sanitising wipes/spray to wipe down equipment/materials after use. Pupils will be shown how to do this and reminded regularly thereafter.
- Hands should be cleaned before and after lessons.
- Pupils discouraged from touching their face during lessons.
- Pupils will be encouraged to bring water bottles to the lesson. These **should not** be shared.

Hand washing before & after each lesson

- Staff will ensure that pupils wash OR sanitise their hands before and after each PE lesson.

Changing rooms/toilets

- Changing room rotas have been established and pupils will use the changing rooms in year group bubbles only. **THERE WILL BE NO MIXING OF YEAR GROUPS.**
- Toilets will be locked in the changing rooms to avoid continuous cleaning between groups. Pupils will use their bubble toilets only.
- Changing rooms will be cleaned between lessons using sanitising wipes/spray. Pupils will be shown how to do this and reminded regularly thereafter.
- Changing rooms will be cleaned each morning as part of normal school procedures.
- Abs room to be used as an additional changing area to help with distancing.
- Pegged areas removed to further reduce risk of transmission

Face coverings

- Face coverings to be worn during changing to further reduce risk of transmission.

Access routes

- Routes into and out of the changing rooms have been established to minimise cross-overs between groups. These will be shared with pupils during the first PE back.
- Groups will not be allowed into the changing rooms until they have been wiped down between usage. Pupils will be instructed to line-up in designated areas prior to being allowed in the changing rooms.