

SHS Covid Secure Risk Assessment: PHYSICAL EDUCATION LESSONS DEC 2021

RA No:	Severity X Likelihood + Weighting WITHOUT control measures = Risk	S	L	W	R	(S) Severity (L) Likelihood	(W) Weighting (R) Risk	Severity X Likelihood + Weighting WITH control measures = Risk	S	L	W	R
XXX		4	3	5	17				2	2	5	9

Hazard: Transmission of infection

Control measures to reduce the risk:

General: In order to support a safe return to Physical Education, lessons must adhere to whole school COVID 19 risk assessment guidelines as set out by the Headmistress.

However, the following key principles below should underpin any PE lesson:

- Try to keep the use of equipment to a minimum. Where it is used, it is preferable if pupils are given their own equipment and use only this during the lesson.
- Normal health and safety routines and procedures for PE lessons remain in place and will be upheld. Students will be reminded of these routines regularly (particularly the no jewellery rule which will help to reduce children touching their face and, minimise contact with teachers/likelihood of injuries).
- PE staff will use appropriate PPE if there is a student accident. Plastic gloves, disposable aprons and a face covering/shield will be used by staff to treat injuries.
- Students will use sanitising wipes/spray to wipe down equipment/materials after use. Students will be shown how to do this and reminded regularly thereafter.
- Hands should be cleaned/sanitised before and after lessons.
- Pupils discouraged from touching their face during lessons.
- Pupils will be encouraged to bring water bottles to the lesson. These **should not** be shared.

Equipment

- Staff will instruct students to sanitise the equipment at the end of the lesson before leaving the session.

Changing

- See separate changing risk assessment for more information.

Field/sports hall/school hall/netball court based lessons

- Areas of the field/sports hall/netball courts should be set up for the class allocated. The use of zones, grids, running track, rubber spots, cones or hoops are ways to delineate the space and ensure social distancing is maintained. Create zones on field for several different classes at a time. Divide sports hall into two zones using dividing curtain.

Routes into sports hall/fitness suite

- In order to avoid any congestion between classes separate entrance and exit routes will be established. These will be displayed on changing room doors.