

SHS Covid Secure Risk Assessment: **PHYSICAL EDUCATION DEPT** September 2021

RA No:	Severity X Likelihood + Weighting <b>WITHOUT</b> control measures = Risk	S	L	W	R	(S) Severity (L) Likelihood	(W) Weighting (R) Risk	Severity X Likelihood + Weighting <b>WITH</b> control measures = Risk	S	L	W	R
24		4	3	5	17				2	2	5	9

**Hazard: Transmission of infection / Breaching of social distancing bubble**

**Control measures to reduce the risk:**

**General:**

In order to support a safe return to Physical Education, lessons must adhere to whole school COVID 19 risk assessment guidelines as set out by the Headmistress. However, the following key principles below will underpin every PE lesson:

- PE lessons will be strictly non-contact and these conditions will be shared with the students. Term 1 will focus on more individual activities such as tennis, golf, fitness, badminton, solo dance, athletics and modified smaller sized games of cricket/rounders/netball.
- Social distancing rules must be adhered to throughout the lesson.
- Students and staff will use hand sanitiser when entering the sports hall and PE facilities.
- Where possible lessons will take place outside.
- The use of equipment will be kept to a minimum. Where it is used, students will be given their own equipment and use only this during the lesson.
- No jewellery during PE to reduce children touching their face and, minimise contact with teachers/likelihood of injuries.
- Hands will be cleaned before and after lessons.
- Students discouraged from touching their face during lessons.
- To avoid the use of changing areas all students will attend school in their PE kit for the whole of the day when they have a timetabled PE lesson.
- Students will be encouraged to bring water bottles/hand towels to the lesson. These **should not** be shared.

**Equipment:**

- The use of equipment will be kept to a minimum. Where possible students will be given their own equipment and use only this during the lesson. These conditions will be shared with the students. Equipment used by students during a lesson will be sanitised afterwards.
- Where equipment is shared, for example when throwing a ball back to a peer, it will be sanitised after each lesson and before being used by a different year group.

**Changing:**

- To avoid the use of changing areas all students will attend school in their PE kit for the whole of the day when they have a timetabled PE lesson.

**Field/sports hall/school hall/netball court based lessons:**

- Areas of the field/sports hall/netball courts will be set up for the bubbles allocated. The use of zones, grids, running track, rubber spots, cones or hoops are ways to delineate the space and ensure social distancing is maintained.
- Zones will be created on the field for several different bubbles at a time.
- The sports hall will be divided into two zones using dividing curtain.

**Classroom based PE lessons:**

- On the spot fitness or dance based lessons (in the short term) are likely to play a big part in PE lessons (AP has created a large resource of such activities).
- All classroom based activities to follow current whole school classroom guidelines.

**Fitness suite:**

- The distances between some of the fitness equipment has been increased to ensure social distancing.
- The fitness equipment has been moved so that it is not facing each other.
- The weights area has been removed from use under the current regulations.
- Some of the equipment has been removed (especially from the central area) to ensure greater space for movement between equipment and to support social distancing.
- No singing will be allowed.
- Air conditioning units are internal systems and will not be used under the current regulations.
- Students will use sanitising wipes on the handles and control panels prior to using a piece of equipment.

**Routes into sports hall/fitness suite:**

- In order to avoid any congestion between groups (bubbles) separate entrance and exit routes will be established for each bubble.
- Markings on the sports hall floor for individual activities i.e. cones or throw down spots.

**Student arrival and dismissal:**

- Staff will collect students in Y7/Y8 from their form room and escort them to the specialist area. Where other year bubbles may be using blocks/specialist areas at the same time, staff will ensure a 2m+ social distance bubble will be kept between students when entering and exiting the building. The same applies as staff escort students back to their base rooms.
- Students in Y9-Y13 will be dismissed from their year group zones at staggered times to move to the specialist areas using prescribed outdoor routes. Students in Y9-13 are not to move to specialist rooms through the buildings or through other year group zones. Specialist staff will be at the specialist room to supervise arrival and entry to the room and monitor student movement in their area to ensure social distancing between year groups is observed.
- Staff will ensure that students use the year group toilets before leaving the form room so that toilet visits during the practical lesson are emergency visits only. Students will be instructed to keep 2m+ from other year group students in the toilets.