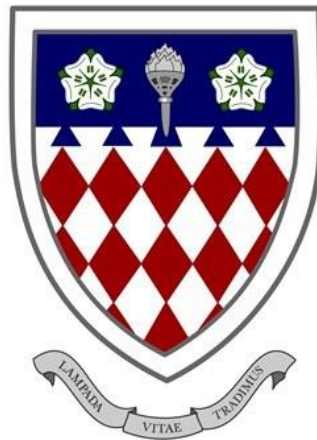




Spalding High School weekly bulletin 17th September 2026

This week from Mrs Anderson, Headteacher

Are you creative, curious, and full of ideas? Our High Quarterly School Magazine Team is always looking for enthusiastic new members to help create the next edition of our award-winning magazine!

The HQ club meets every week and brings together students from across the year groups, creating a fantastic opportunity to work collaboratively, share ideas, and make new friends. Whether you are an experienced writer or simply interested in trying something new, everyone has something valuable to contribute.

Our HQ magazine features a wide range of content, including news from around school, creative writing, opinion pieces, quizzes, reviews, interviews, and articles on topics that interest students both in school and beyond the school gates. We even have our own roving reporters, who gather stories and conduct interviews with students and staff, helping to keep our readers informed and entertained.

Being part of the HQ magazine team offers so much more than just writing. It helps students develop confidence, communication skills, teamwork, creativity, and leadership, while providing a welcoming social environment where young people can collaborate and learn from one another. Members have the chance to see their work published and know that their ideas and voices are helping to shape a publication enjoyed by the whole school community.

We are incredibly proud that, in previous years, the magazine has been recognised with an award from our local newspaper, celebrating the hard work, talent, and dedication of our student journalists and contributors.

If you enjoy writing, reporting, designing, interviewing, or simply working as part of a creative team, we'd love for you to join us. Come along to a meeting and discover how your ideas can make a real impact!

The Team meets at 1.30pm Wednesday Week 1 and Thursday Week 2 – see Poppy's promotional piece later in today's school bulletin.

Safety outside School at the end of the day:

Please may we ask that all students be mindful of road safety when leaving School at the end of the day, particularly as follows:

1. **ALL** students catching buses must line up on the Year 7 playground. This includes Sixth Form. **No students should be waiting at the front of the school**; there is simply not enough room on the pavement.
2. Students must not sit on our neighbours' fences or walls or wait in their driveways. This is private property.
3. If students are walking towards Tesco to go home, please use the gate at the back of the school - this reduces congestion on the pavement at the front of the school.
4. There is not enough room outside the front entrance of school to wait for friends. If students are waiting for friends from SHS, stay on the school site to wait, if waiting for friends from other schools, they need to arrange to meet further up the road.
5. **Students need to be extremely careful crossing the road** - it is very unsafe to cross in-between buses and cars. Instead, students should walk up the road before crossing so that they can get a clear view.

Student of the Week

Staff name	Student Name	Student Form	Reason
Miss McArthur	Deborah Ajayi	7C	Religious Education
Mrs Fisk	Julia Kantor	7J	English
Mrs Bennett	Anastasia Pieleanu	7N	Geography
Miss Pascoe	Elizabeth Fuller	7P	Physical Education
Miss Hammond	Rosie Robertson	7S	Community
Mr Farrell	Delilah Carrott	7S	Geography
Miss Parker	Khaya Watch	8C	Physical Education
Mrs Martindale	Anisha Dutta	8C	Science
Mr Wright	Bethan Wilson	8P	Science
Mr Fovargue	Lexi Steele	9C	Computer Science
Mrs Gregory	Eliza Fathers	9J	Physics
Miss Magnus	Sophia Neno	9J	PE
Mrs Jones	Lily Evans	9N	Latin
Mrs Cave	Sophie Shrestha	9P	Religious Studies
Mr Murphy	Aimee Kierman	10C	Chemistry
Mrs J Lord	Amber McClements	10C	English Literature
Mrs Martin	Rose Dunnett	10C	Mathematics
Mrs T Waldron	Rebecca Verrells	10C	Biology
Mr McAlinden	Inaaya Alvarez	10J	Business
Mrs Clay	Alex Murawska	10J	French
Mrs Webb	Inaaya Alvarez	10J	History
Mrs Spinks	Riamae Boswell	10P	Mathematics
Ms Busby	Isla Smalley	10P	Food and Nutrition
Mr Hemsall	Umayyah-Noor Muhammad	10S	History
Mrs Neal	Angela Pun	10S	Art
Mr Garbett	Heidi Woodrow	11C	Music
Mr Blackburn	Arjannya Das	11P	German
Mrs Bushell	Roxy Acton	11P	German
Miss White	Alena Golek	11S	Chemistry
Mr Leach	Jessie Garner	11S	Physics
Mrs Ray	Minahil Ali	11S	English
Mrs Nowak	Jacob Foxley	12JL	Mathematics
Mrs Fisk	Mia Lesniak	12KM	Drama
Mr Love	Jodie Mister	12NG	Law
Mrs Rogers	Shayna Walton	12RM	Community
Mrs Rogers	Melody Busveids	12RM	Community
Mrs Rogers	Grace Rayner	13FD	Geography
Miss Ashley	Vivien Kudla	13GD	Further Mathematics
Miss Jones	Karolina Gren	13KM	Community
Miss Dunbar	Cheryl Kalane	13OS	Criminology
Mrs Bennett	Isabel Bowser	13SC	The Duke of Edinburgh's Award
Mrs Aurikko	Amber Nieburg	13TD	Biology

Please find here the Student of the Week nominations for the period 3rd September to 11th September 2026.

Nominations can be made by both teaching and support staff and can be subject related or community focused.

Sports News

The U13 football team kicked off their season with an exciting match that showcased their talent and determination. Initially, the team took a strong lead with a 2-0 advantage, displaying some great passing to maintain possession and create chances.

As the game progressed, the opposition fought back and managed to equalize at 2-2 after half-time, putting pressure on our team. However, the U13s remained resilient and showed great character and teamwork.

In the closing stages of the match, the team sealed the victory with a final score of 4-2. Abi delivered some excellent kicks that helped maintain control of the game and launch counter-attacks. Goals were scored by Nyah, Annalise and Maddie. Well done to Lily for a fantastic performance in defence, putting in some vital tackles to receive Player of the Match.

Overall, it was a promising performance for the season opener, with individual brilliance and teamwork paving the way for a strong start to the season.



On Monday 14th September, the U14 football team played their first game of the season against St George's in the ESFA National cup, coming away with an impressive **6–3 victory**.

For many of the players, this was their first experience of playing **11-a-side football on a full-size pitch**, making it a fantastic learning experience. The team quickly began to understand the differences that come with the larger pitch, including the increased power needed for passing and shooting, as well as the greater distances players need to cover both in and out of possession.

The team created plenty of chances throughout the game, producing a high number of shots while limiting the opposition to relatively few opportunities. When called upon, our goalkeeper Megan made some excellent saves to keep the team in control and protect the lead.

There were lots of positives to take from the game and also areas to build on in the games ahead. A good start to the season which will give the team confidence in Round 2. Goal scorers were: Annalise, Nyah (2), Emily (2). Player of the Match was awarded to Emily, who showed great strength to make some powerful bursts forward on goal and scored two clinical goals.



PE DEPARTMENT CLUBS TERMS 1-4 (26-27)

All clubs start at 1.20pm.

All pupils must take part in full PE kit/no jewellery if they wish to attend.

Please bring a packed lunch on the day of the club.

Monday	Y10 & Y11 NETBALL GCSE PE NETBALL INTERVENTION	Y7 & Y8 INDOOR CRICKET	ALL YEARS FITNESS SUITE	
Tuesday	ALL YEARS VOLLEYBALL	Y7 & Y8 FOOTBALL	ALL YEARS FITNESS SUITE	
Wednesday	Y10 & Y11 GCSE/A LEVEL PE TRAMPOLINING	Y7 NETBALL	ALL YEARS FITNESS SUITE	Y11 GCSE PE TARGETED THEORY INTERVENTION
Thursday	GCSE PE THEORY INTERVENTION	Y8 & 9 NETBALL	ALL YEARS FITNESS SUITE	PE DETENTION
Friday	Y11 GCSE/A LEVEL PE TRAMPOLINING (FILMING & ROUTINES)	ALL YEARS BADMINTON	ALL YEARS FITNESS SUITE	

Lower school (Y7-9) to use changing room 1 & upper school (Y10/Y11/sixth form) to use changing room 2

Ski trip 2028

Ski Trip 2028

Please see the information below about the 2028 ski trip. Please note that this trip is open to pupils in Year 8 and above only at this stage.



Spalding High School

Stonegate, Spalding, Lincolnshire, PE11 2PJ

Telephone 01775 722110

Email enquiries@spaldinghigh.lincs.sch.uk

Headmistress Mrs M K Anderson B.Ed



16th September 2026

Dear Parents/Carers,

SKI TRIP 2028, ZELL AM SEE, AUSTRIA **12TH – 19TH FEBRUARY 2028-8 DAYS/5 NIGHTS IN RESORT**

I am delighted to be able to offer your child a fantastic opportunity to learn to ski in the fabulous Austrian ski resort of Zell am See. This is a superb opportunity to enjoy a healthy, physical activity in a new outdoor environment. Skiing will help to build self-confidence, a real sense of achievement.....and much, much more!

The trip will be led by myself in conjunction with Skiteam4. Skiteam4 is a first-class operator with a solid reputation for organising ski trips and over 20 years' experience in the school travel business. They are ABTA members and ATOL-licensed so your payments are fully insured. **The price of the ski trip 2028 will be £1550.00.**

Included in the cost:

- Return travel from Spalding High School to Zell am See, Austria by executive coach via ferry crossing
- Full board accommodation at the Milan Hotel, Zell am See whilst in resort (hot lunch each day on the slopes)
- 5 days skiing including area lift pass, ski, boot, pole and helmet hire
- 5 hours daily ski tuition (pupils will only ski under instructor supervision)
- The full support of a Skiteam4 representative in resort, including evening entertainments and a tour 'hoody'
- Staff/pupil ratio of at least 1 accompanying adult to every 8 students
- Winter sports travel insurance
- A tour operator that is ABTA bonded and ATOL licensed so your payments are fully insured

Excluded in the cost:

- Passport
- Meals on outbound and inbound coach journeys
- Pocket money

Payment terms:

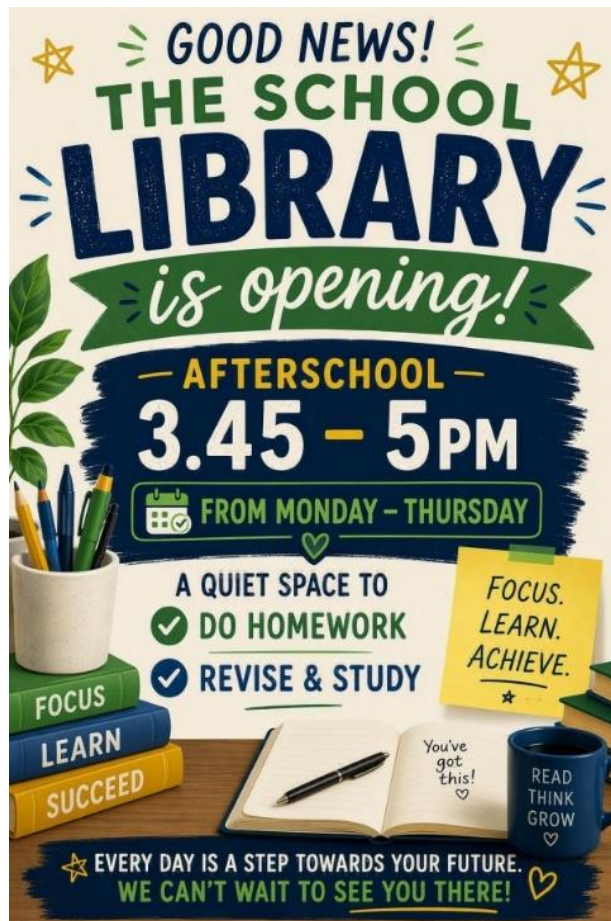
If your child is interested in a place on the ski trip 2028, please complete the online expression of interest form by clicking [here](#). The deadline for completing the expression of interest form is Friday 25th September. If a place is allocated, the deposit payment of £150.00 is due by Friday 9th October 2026, with a further 14 monthly instalments of £100 being made at the end of each month from November 2026 to December 2027. **Once a place has been allocated on the trip the finance office will set up the online payment schedule. Please do not try to make any payments before a place has been confirmed. Pupils will receive a slip confirming their place and this will need to be signed and returned to the finance office.** All payments must be made on or before the dates set by the finance office to keep in line with the travel company requirements.

Once a place has been confirmed, any deposits paid are **NON-REFUNDABLE** if the place is not filled by a reserve, unless covered by the insurance policy (e.g. medical etc.), details of this cover will be available on request. The School reserves the right to withdraw this trip should the number of applicants interested and deposit payments received, be such that the trip is not financially viable. Should this be the case, parents will be notified and all deposit payments will be refunded in full. It may be necessary, when allocating places, to take into account student behaviour at School, so as not to place the safety of students, staff and their peers at risk.

Finally, please note that priority will be given to pupils who have not yet experienced a ski trip with the High School. There are 43 spaces on the trip. Places are only available to Y8+ pupils at this stage.

Library News

Extended Library Opening Hours



We are pleased to offer extended after-school library opening hours for students in all year groups from **Monday to Thursday, 3:45pm to 5:00pm.**

This provides a quiet space for independent study, homework, reading, and research.

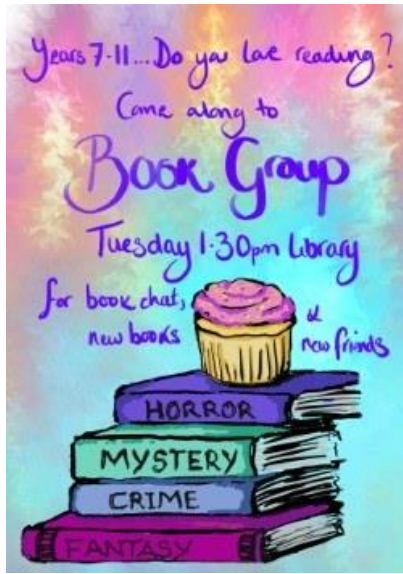
Parents/carers of students in **Years 7-9** must complete the online form ([Extended Library Opening Hours for Independent Study - September 2026 to July 2027 – Fill out form](#)) in order for their child to attend. This form only needs to be completed once. It will be parents/carers' responsibility to ensure that their child will be collected at 5:00pm or allowed to leave and travel home independently.

Students in **Year 10 and above** are responsible for informing their parents/carers that they will be staying until 5:00pm and for making appropriate arrangements for their journey home.

Please note that those students who are attending these sessions will need to stay in the library until 5:00pm at which time, the supervising staff will take them out to the front entrance.

We look forward to welcoming students to make the most of this additional study opportunity.

Years 7 - 11 Book Group



Fantastic to welcome more new students to our book group as we chatted about our favourite summer reads, giving each other so many intriguing recommendations. The group read a great variety of genres and authors, with mysteries, thrillers, crime and fantasy being common themes. Did you read any of these too? Or if you would like to read them, many are stocked in the library, just pop in and ask.

Our holiday reading favourites were: A Long Way to a Small Angry Planet, The Invisible College, The Lady Grace Mysteries, The Bone Dragon, A Good Girl's Guide to Murder, Good Girl's Die First, The Contender, Tempests & Tea Leaves, Emma, This Book Kills, Murder Most Unladylike, Shadow Reaper, Apprentice to the Villain, Sunrise on the Reaping, The Naturals, Virals, The Savages, Not Quite Dead Yet, Beth is Dead, This Summer's Secrets, The Grishaverse series and A Grave Inheritance.

6th Form Book Group

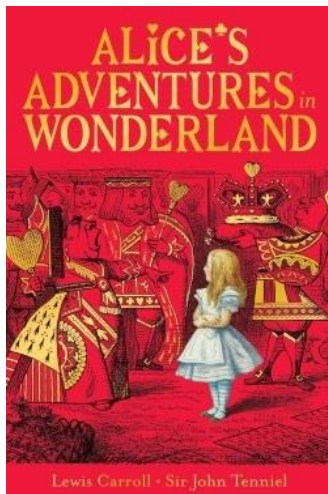
6th Form Book Group starts this Friday and will run every Week 1 Friday at 1pm in the Library. Years 12 & 13 are very welcome to join us for chill book chats, to share recommendations and discover new authors.

Happy Reading

Miss O'Sullivan and Mrs Lees

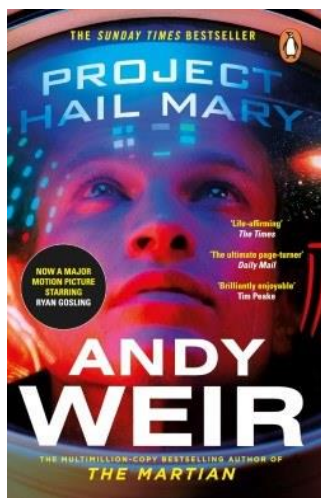
Book reviews

Alice's Adventures in Wonderland by Lewis Carroll



This book is amazing for imaginative, young children who love to get creative. Lewis Carroll did an excellent job at capturing life from a child's point of view and exploring the wonders of the world. In this story, our protagonist, Alice, follows a white rabbit that can talk down a rabbit hole, and starts a quest to find the rabbit and ask how it can talk. In doing so, Alice meets amazing, strange and mean creatures along the way- which makes Alice experience all kinds of emotions! I rate this book 5/5 stars for its wonderful craft and creativity. This book also includes original detailed drawings of Alice and the creatures she meets! I recommended this book to any age- as I think anyone can enjoy it. I hope you enjoy reading 'Alice's Adventures in Wonderland'!

Lois, 9N



Project Hail Mary – Andy Weir

This book was recommended to me by one of my students, so I borrowed it from the library as one of my summer reads.

Earth is in danger because something strange is happening to the Sun. The Sun is losing its energy, and an international plan, led by Eva Stratt, must be created quickly to save humanity.

Science teacher Ryland Grace wakes up on a spaceship with no idea who he is or why he is there. As he slowly remembers his past, he uses his scientific knowledge to try to save Earth. Along the way, he finds help from a very unexpected source.

This is a science-fiction book, but the science is based on real scientific ideas rather than fantasy. There is quite a lot of science in the book, but it is explained clearly and in simple language, so don't let that put you off.

The story moves quickly and keeps you interested throughout. There are lots of twists and surprises, as well as a great friendship at the heart of the story.

I would definitely recommend this book, even if you don't normally read science fiction. It is exciting, clever and enjoyable from beginning to end.

Mrs Gregory

Head of Science

Charity News

Don't forget our sponsored walk taking place on Friday next week - 25th September.

Students may wear their PE kit during the day at school. The walk will take place in the afternoon.

Please do bring in donations of cakes and bakes for the Macmillan Coffee Morning on the same day - although we will actually have our refreshments in the afternoon as a sweet treat when students return to school from the walk. There will be no charge for the refreshments - as per the letter to families about the sponsored walk, we will be donating 10% of all sponsor money raised to Macmillan Cancer Support.

We ask that students bring in their sponsor money to school on the days indicated in the letter, as follows:

Y7 & 11 – Monday 21st September

Y8 & 10 – Tuesday 22nd September

Y9 – Wednesday 23rd September

Y12 & 13 – Thursday 24th September

Many thanks in advance for any support you can give to raising the School funds and helping Macmillan Cancer Support.

Spalding High School Social Media

We would like to advise those students, parents and carers that are new to SHS that we have a Facebook page - you will find lots of interesting posts and updates, so please do follow us: [link here](#)

Gertie, our school dog, also has her own Instagram account - you'll find it at @gertiesshstail

She has settled in really well over her first week at SHS - please do follow her adventures on instagram.

High Quarterly Magazine



The High Quarterly is the School's Education Award-nominated, student-led magazine. Our aim is to enrich our school community and beyond, by celebrating achievement and knowledge.

From in-school events to personal hobbies and comic strips, members are free to choose and write about whatever they choose. We aim to produce three to four magazines per academic year; most with seasonal themes.

We pride ourselves on being a friendly and approachable team open to all and any ideas, and on making meaningful contributions to our student body. Joining the magazine is a perfect opportunity to build your professional writing and editing skills, and is ideal for anyone interested in pursuing a future in journalism or creative writing.

We welcome students from all year groups and of all interests!

If you are as passionate about fostering an environment of collaboration and creativity, come join us! We are headed by Mrs Anderson and meet at 1:30 in the Sixth Form Study Room, on a Wednesday Week 1 and Thursday Week 2.

Poppy, Year 12

Celebrating the Individual: Mila, Year 7

Singing Exam Achievement

During the summer, I achieved a distinction in my Trinity College London Grade 2 singing examination in Music Performance. In the years previous I achieved a distinction in my initial singing examination and a merit in Grade 1. To achieve this, I had to work persistently, this included having to attend singing lessons every Monday and practising regularly at home. I had to pick three songs to be assessed on, my choices for Grade 2 were 'Abdul the Magician', 'Part of Your World' and 'Cockles and Mussels'. After taking the exam I was able to showcase one of my songs, along with other singers, in front of a small audience.

Mila, 7C

Careers News

Year 11 Post-16 Choices

Last Thursday we welcomed a representative from the College of West Anglia to talk to Year 11 students about post-16 course choices. Whilst the majority of our students will stay on to study A Levels, some will look at alternative courses such as BTECs, T Levels and apprenticeships. Between now and Christmas, many schools and colleges hold open events, often in the evenings. It is important that students make informed choices about next steps after GCSEs and look at the options available to them. Our Sixth Form Information Evening is on 10th November.

Webinar Opportunity for Year 13 parents/carers – 22nd September 6.00-6.45pm

If you are supporting your child with their university application or are interested in finding out how to do so for future reference, the webinar in the link below may be of interest to you:

[HE Guidance: A Guide to University for Parents/Carers with Lauren McWilliams and Harry Ward, Higher Education Advisers from University of East Anglia - Channel Talent - Interactive school webinars](#)



Lincolnshire Safer Communities Leaders

Are you...

- ✓ Aged between 14-21?
- ✓ Living, working or studying in Lincolnshire?
- ✓ Keen to share your views on crime, policing and community safety?

For more information or to apply, scan the QR code or go to the link below!

Closing date: 5th October 2026

tinyurl.com/SCLLinCs

Partnership between Lincolnshire Police & Crime Commissioner and Lincolnshire Safer Communities

Lincolnshire Safer Communities Leaders – Applications Open

Please see the flyer for the opportunity to become a Safer Communities Leader. Following a successful first year, the Office of the Police and Crime Commissioner for Lincolnshire is recruiting a small group of young leaders aged 14 – 21 to be the voice of young people on crime, policing and community safety.

Support:

As always, I can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

Other notices and information

Upcoming diary dates:

Wednesday 23rd September Geography A Level fieldwork departs

Wednesday 23rd September Y9-Y13 Music trip

Wednesday 23rd September Y7 Curriculum Evening 6pm

Thursday 24th September Y11 & Y13 Tate Modern trip

Friday 25th September Whole School Sponsored Walk & Macmillan Coffee Morning

Friday 25th September Y7 Ice Breaker 4.15pm

Wednesday 30th September and Thursday 1st October Y11 GCSE PE climbing trip

Wednesday 30th September Y10 Curriculum Evening 6pm

Friday 2nd October Bags2School Day

Wednesday 7th October and Thursday 8th October Y11 GCSE PE climbing trip

Friday 9th October Hello Yellow Day non-uniform

Thursday 15th October Y12 Curriculum Evening 6pm

Friday 16th October Fright Night Y7 & Y8

Wednesday 21st October Evening of Sport, Music and Drama 7pm

Thursday 22nd October Y9 Yorkshire Sculpture Park trip

Thursday 22nd October Norway trip departs

Thursday 22nd October End of Term 1

The Children's Commissioner for England has launched a national survey, The Big Future.

Message from the Children's Commissioner:

Hi, my name is Rachel and my job is to hear from all children and young people in England.

As the Children's Commissioner I've launched this survey so you can have your say on what it's like to be a child or young person in England today. I will take your views to the Government, to help them make life better for children.

Everything you tell me will be kept private. You don't have to answer any question if you don't want to. There are no right or wrong answers. Just answer honestly! To find out more, visit my [website](https://www.childrenscommissioner.gov.uk/thebigfuture).

Please find below the link for the survey:

<https://www.childrenscommissioner.gov.uk/thebigfuture>

The Children's Commissioner says:

It is vital that I hear from children and young people in every school, college and community across England. If students do not participate, their experiences, views and aspirations will be absent from the national picture that will help shape future policy and decision-making.

At a time of significant change for children and young people, it is more important than ever that their voices are heard. Through The Big Future, I can take the views of students directly to government and ensure their priorities help inform the decisions that affect their lives.

Thank you for your support in helping ensure that every child's voice has the chance to be heard.

Yours sincerely,

Dame Rachel de Souza

Children's Commissioner

Image credits

Book covers: Amazon

Book group poster: Mrs Lees

Other images: click on individual image for info