



Allergen Information



Molluscs



Lupin



Egg



Soybean



Celery



Sulphur Dioxide

Week Two



Peanut



Treenuts



Sesame



Milk



Gluten



Mustard



Fish



Crustaceans

Title	Allergens
Beef & Bean Quesadilla, Spicy Rice & Mixed Salad	Allergens: Cereals, Eggs, Milk, Sulphur Dioxide, Wheat . May Contain: Celery, Kamut (Wheat), Mustard, Soya, Spelt (Wheat).
Beef Burrito, Potato Wedges & Salad	Allergens: Cereals, Wheat . May Contain: Barley, Celery, Kamut (Wheat), Milk, Mustard, Oats, Rye, Soya, Spelt (Wheat).
Beef/Pork Meatball Tomato & Cheese Pasta Bake/Garlic Bread & Peas	Allergens: Cereals, Gluten, Kamut (Wheat), Milk, Spelt (Wheat), Sulphur Dioxide, Wheat . May Contain: Soya.
Butcher Sausages. Baby Roast Potatoes, Yorkshire Pudding, Mixed Vegetables & Gravy	Allergens: Cereals, Eggs, Gluten, Milk, Sulphur Dioxide, Wheat .
Caribbean Flavoured Veg & Orzo, Flour Tortilla & Salad	Allergens: Cereals, Wheat . May Contain: Mustard, Soya.
Cheese & Tomato Pizza & Chips	Allergens: Cereals, Milk, Wheat .
Chicken Nuggets & Chips	Allergens: Celery, Cereals, Wheat .
Chicken Tikka Curry & Rice	Allergens: Milk . May Contain: Cereals, Mustard, Wheat.
Chinese Chicken Curry, Rice, Veg Samosa, Spicy Cauliflower & Green Beans	Allergens: Cereals, Kamut (Wheat), Mustard, Spelt (Wheat), Wheat . May Contain: Almonds, Brazil Nuts, Cashew Nuts, Celery, Crustaceans, Eggs, Fish, Hazelnuts, Macadamia or Queensland Nuts, Milk, Peanuts, Pecan Nuts, Pistachios, Sesame Seeds, Soya, Sulphur Dioxide, Tree Nuts, Walnuts.
Fish & Chips	Allergens: Cereals, Fish, Kamut (Wheat), Spelt (Wheat), Wheat.
Fishcake & Chips	Allergens: Cereals, Fish, Milk, Mustard, Wheat.
Homemade Chocolate Cookie & Ice cream	Allergens: Cereals, Eggs, Milk, Wheat . May Contain: Soya.
Macaroni Cheese With Mixed Salad or Sweetcorn	Allergens: Cereals, Milk, Wheat . May Contain: Soya.
Mango Chutney	
Peas	
Pepperoni Pizza & Chips	Allergens: Cereals, Dairy, Milk, Wheat .

Popcorn Chicken Wrap	Allergens: Cereals, Milk, Wheat.
Potato Wedges	
Quorn Roast Lunch	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Spelt (Wheat), Sulphur Dioxide, Wheat.
Quorn Sausage Roast Lunch	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Spelt (Wheat), Sulphur Dioxide, Wheat.
Quorn Sausage, Roast Baby potatoes, Mixed Vegetables & Gravy	Allergens: Barley, Cereals, Eggs, Milk, Wheat.
Quorn Sausages, Baby Roast Potatoes, Yorkshire Pudding, Mixed Vegetables & Gravy	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Spelt (Wheat), Wheat.
Roast Pork Lunch	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Spelt (Wheat), Wheat.
Roasted Vegetable & Tomato Orzo & Plant Based NO Meatballs, Garlic Bread & Peas	Allergens: Barley, Cereals, Kamut (Wheat), Oats, Soya, Spelt (Wheat), Wheat. May Contain: Milk, Mustard.
Sausage & Chips	Allergens: Gluten, Sulphur Dioxide.
Southern Baked Chicken Goujon Wrap	Allergens: Celery, Cereals, Kamut (Wheat), Spelt (Wheat), Wheat. May Contain: Eggs, Milk, Sesame Seeds, Soya.
Spicy Cauliflower	
Sri Lankan Sweet Potato & Coconut Curry, Rice, Spicy Cauliflower & Green Beans and Vegetable Samosa	Allergens: Cereals, Kamut (Wheat), Mustard, Spelt (Wheat), Wheat. May Contain: Celery, Eggs, Milk.
Sweet & Sour Vegetables, Rice & Spring Roll	Allergens: Cereals, Wheat.