



Allergen Information



Molluscs



Lupin



Egg



Soybean



Celery



Sulphur Dioxide

Cakes & Desserts



Peanut



Treenuts



Sesame



Milk



Gluten



Mustard



Fish



Crustaceans

Title	Allergens
Apple Crumble & Ice Cream	Allergens: Cereals, Milk, Oats, Wheat . May Contain: Barley, Kamut (Wheat), Soya, Spelt (Wheat).
Apple Flapjack/66	Allergens: Cereals, Oats . May Contain: Barley, Kamut (Wheat), Spelt (Wheat), Wheat.
Banana Flapjack/63	Allergens: Cereals, Oats . May Contain: Barley, Kamut (Wheat), Spelt (Wheat), Wheat.
Banana Loaf /33	Allergens: Cereals, Eggs, Wheat . May Contain: Soya.
Blueberry & Lemon Cake /32	Allergens: Cereals, Eggs, Milk, Sulphur Dioxide, Wheat . May Contain: Soya.
Blueberry Flapjack/65	Allergens: Cereals, Oats . May Contain: Barley, Kamut (Wheat), Spelt (Wheat), Wheat.
Blueberry Muffin/15	Allergens: Cereals, Eggs, Wheat . May Contain: Milk, Soya.
Blueberry Sponge & Lemon Icing/59	Allergens: Cereals, Eggs, Sulphur Dioxide, Wheat . May Contain: Soya.
Brownie/47	Allergens: Cereals, Eggs, Kamut (Wheat), Spelt (Wheat), Wheat . May Contain: Milk, Soya.
Buttermilk Pancakes With Apple, Toffee Sauce & Cream	Allergens: Cereals, Eggs, Milk, Wheat . May Contain: Barley, Oats, Rye, Spelt (Wheat).
Carrot Cake With An Iced Topping/37	Allergens: Dairy, Eggs, Gluten, Soya .
Chocolate Brownie & Ice Cream	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Spelt (Wheat), Wheat . May Contain: Soya.
Chocolate Brownie Homemade/02	Allergens: Cereals, Eggs, Wheat . May Contain: Soya.
Chocolate Brownie/69	Allergens: Cereals, Eggs, Wheat . May Contain: Soya.
Chocolate Brownie/70	Allergens: Cereals, Eggs, Kamut (Wheat), Spelt (Wheat), Wheat . May Contain: Milk, Soya.
Chocolate Cake, Chocolate Topping & Sprinkles/49	Allergens: Cereals, Eggs, Milk, Soya, Wheat . May Contain: Barley.
Chocolate Chip Cookie (Homemade)/03	Allergens: Cereals, Eggs, Milk, Soya, Sulphur Dioxide, Wheat . May Contain: Barley.

Chocolate Chip Muffin/04	Allergens: Cereals, Eggs, Milk, Soya, Wheat. May Contain: Barley.
Chocolate Chip Shortbread/23	Allergens: Cereals, Milk, Soya, Wheat. May Contain: Barley.
Chocolate Chip Steamed Cake/25	Allergens: Cereals, Eggs, Milk, Soya, Sulphur Dioxide, Wheat. May Contain: Barley.
Chocolate Cookie & Ice Cream (Dessert)	Allergens: Cereals, Eggs, Milk, Soya, Wheat. May Contain: Barley.
Chocolate Cookie/51	Allergens: Eggs, Gluten.
Chocolate Crunch/28	Allergens: Cereals, Milk, Soya, Sulphur Dioxide, Wheat. May Contain: Barley.
Chocolate Flapjack/31	Allergens: Cereals, Oats.
Chocolate Flavoured Cookie (Homemade)/05	Allergens: Cereals, Eggs, Wheat. May Contain: Soya.
Chocolate Flavoured Cornflake Cake/06	Allergens: Barley, Cereals, Milk.
Chocolate Flavoured Muffin/07	Allergens: Cereals, Eggs, Wheat. May Contain: Milk, Soya.
Chocolate Flavoured Ring Doughnut	Allergens: Dairy, Eggs, Gluten, Soybeans.
Chocolate Flavoured Ring Doughnut/56	Allergens: Cereals, Dairy, Eggs, Gluten, Milk, Soya, Soybeans, Wheat.
Chocolate Shortbread/08	Allergens: Cereals, Wheat. May Contain: Soya.
Chocolate Sponge Cupcake/09	Allergens: Cereals, Eggs, Wheat. May Contain: Soya.
Chocolate sponge icing & Sprinkles/42	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Chocolate Sponge With Coconut & Jam/61	Allergens: Cereals, Eggs, Milk, Wheat.
Chocolate Sponge with Icing & Chocolate Flake/35	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Soya.
Chocolate Sponge With Icing & Chocolate Flake/41	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Chocolate Sponge With icing & Sprinkles/10	Allergens: Cereals, Eggs, Wheat. May Contain: Soya.

Chocolate Sponge, Pink Icing & Coconut/62	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Chocolate Sponge, White Chocolate & Sprinkles/68	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Chocolate Sponge,Icing,Sprinkles,Marshmallows/57	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Chocolate Topped Shortbread With Rainbow Sprinkles/30	Allergens: Barley, Cereals, Milk, Soya, Wheat. May Contain: Kamut (Wheat), Spelt (Wheat).
Chocolate Topped Shortbread/11	Allergens: Cereals, Milk, Soya, Wheat. May Contain: Barley.
Christmas Cupcake	Allergens: Cereals, Eggs, Wheat. May Contain: Almonds, Barley, Kamut (Wheat), Milk, Oats, Peanuts, Rye, Soya, Spelt (Wheat), Tree Nuts.
Cinnamon Swirl	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Almonds, Hazelnuts, Pecan Nuts, Pistachios, Sesame Seeds, Tree Nuts, Walnuts.
Cinnamon Swirl/HW2	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Almonds, Hazelnuts, Pecan Nuts, Tree Nuts, Walnuts.
Croissant	Allergens: Eggs, Gluten. May Contain: Fish, Hazelnuts, Milk, Mustard, Sesame Seeds, Soybeans, Walnuts.
Croissant	Allergens: Eggs, Gluten. May Contain: Fish, Hazelnuts, Milk, Mustard, Sesame Seeds, Soybeans, Walnuts.
Double Chocolate Chunk Cookie Puck/12	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Fruit Sorbet & Shortbread Biscuit	Allergens: Cereals, Wheat. May Contain: Soya.
Fruity Jam Turnover With Cream	Allergens: Cereals, Kamut (Wheat), Milk, Spelt (Wheat), Wheat. May Contain: Lupin, Mustard, Soya.
Halloween Cupcake	Allergens: Cereals, Eggs, Wheat. May Contain: Almonds, Barley, Kamut (Wheat), Milk, Oats, Peanuts, Rye, Soya, Spelt (Wheat), Tree Nuts.
Iced Bun/50 Yellow Icing	Allergens: Gluten, Sulphur Dioxide, Wheat. May Contain: Eggs, Sesame Seeds.
Iced Yum Yum	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Pecan Nuts, Sesame Seeds, Tree Nuts.
Jam Filled Doughnut	Allergens: Cereals, Kamut (Wheat), Spelt (Wheat), Wheat. May Contain: Eggs, Milk, Sesame Seeds, Soya.
Lemon Drizzle/26	Allergens: Cereals, Eggs, Sulphur Dioxide, Wheat. May Contain: Soya.

Milk Chocolate Apple (Red or Green) With Sprinkles	Allergens: Cereals, Milk, Soya, Wheat. May Contain: Barley.
Milk Chocolate Chunk Cookie Puck/13	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Mini Ring Doughnuts/55	Allergens: Dairy, Eggs, Gluten, Soybeans.
Mixed Berry Crumble & Cream	Allergens: Cereals, Milk, Oats, Wheat. May Contain: Barley, Kamut (Wheat), Soya, Spelt (Wheat).
Mixed Berry Muffin/36	Allergens: Cereals, Eggs, Wheat. May Contain: Milk, Soya.
Oat Cookie/14	Allergens: Cereals, Oats, Wheat. May Contain: Soya.
Pain Au Chocolat HW/2	Allergens: Cereals, Eggs, Milk, Soya, Wheat. May Contain: Almonds, Barley, Hazelnuts, Oats, Pecan Nuts, Pistachios, Rye, Sesame Seeds, Tree Nuts, Walnuts.
Pain Au Chocolat/2	Allergens: Cereals, Eggs, Milk, Soya, Wheat. May Contain: Almonds, Barley, Hazelnuts, Oats, Pecan Nuts, Pistachios, Rye, Sesame Seeds, Tree Nuts, Walnuts.
Pain Au Chocolat/PIL1	Allergens: Cereals, Eggs, Milk, Soya, Wheat. May Contain: Almonds, Barley, Hazelnuts, Oats, Pecan Nuts, Pistachios, Rye, Sesame Seeds, Tree Nuts, Walnuts.
Pastry Puff With Buttercream & Strawberries	Allergens: Cereals, Kamut (Wheat), Spelt (Wheat), Wheat. May Contain: Eggs, Lupin, Mustard, Soya.
Peach & Pineapple Crumble & Ice Cream	Allergens: Cereals, Milk, Oats, Wheat. May Contain: Barley, Kamut (Wheat), Soya, Spelt (Wheat).
Plain Cookie With Chocolate Chip/52	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat. May Contain: Barley.
Plain Sponge, Buttercream & Sprinkles/43	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat.
Puff Pastry With Buttercream & Strawberries	Allergens: Cereals, Kamut (Wheat), Spelt (Wheat), Wheat. May Contain: Eggs, Lupin, Mustard, Soya.
Shortbread Biscuit with a Chocolate Buttercream filling/17	Allergens: Cereals, Wheat. May Contain: Eggs, Soya.
Shortbread Biscuit with a Vanilla Buttercream filling/18	Allergens: Cereals, Wheat. May Contain: Eggs, Soya.
Shortbread Biscuit/16	Allergens: Cereals, Wheat. May Contain: Soya.
Shortbread Topped With Milk Chocolate & Sugar Strands	Allergens: Cereals, Milk, Soya, Wheat. May Contain: Barley.

Sponge & Milk Chocolate Drops/40	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat. May Contain: Barley.
Sponge Cake, White Chocolate & Sprinkles/67	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
Sponge With Icing & Chocolate Flake/48	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat.
Sponge With Icing & Sprinkles/39	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat.
Sponge With Milk Chocolate Drops	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat. May Contain: Barley.
Strawberry Flapjack/64	Allergens: Cereals, Oats. May Contain: Barley, Kamut (Wheat), Spelt (Wheat), Wheat.
Sugar Ring Doughnut/54	Allergens: Dairy, Eggs, Gluten, Soybeans.
Sweet Iced Bun / 38 Pink Icing	Allergens: Gluten, Sulphur Dioxide, Wheat. May Contain: Eggs, Sesame Seeds.
Toffee Apple Sponge/53	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Soya.
Treacle Sponge/58	Allergens: Cereals, Eggs, Sulphur Dioxide, Wheat. May Contain: Soya.
Vanilla Sponge Cupcake/19	Allergens: Cereals, Eggs, Wheat. May Contain: Soya.
Vanilla Sponge Icing & Sprinkles/20	Allergens: Cereals, Eggs, Wheat. May Contain: Soya.
Vanilla Sponge, Icing & Bourbon Biscuit Sprinkles/60	Allergens: Cereals, Eggs, Kamut (Wheat), Milk, Soya, Spelt (Wheat), Wheat. May Contain: Sesame Seeds.
Vanilla Sponge,Icing,Flake/34	Allergens: Cereals, Eggs, Milk, Wheat. May Contain: Soya.
White Chocolate Apple (Red or Green) With Sprinkles	Allergens: Cereals, Milk, Soya, Wheat.
White Chocolate Chip Cookie - Homemade/01	Allergens: Cereals, Eggs, Milk, Soya, Sulphur Dioxide, Wheat.
White Chocolate Chip Muffin/21	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
White Chocolate Chunk Cookie Puck/22	Allergens: Cereals, Eggs, Milk, Soya, Wheat.
White Chocolate Shortbread/24	Allergens: Cereals, Milk, Soya, Wheat.
Xmas Shortbread Icing & Sprinkles	Allergens: Cereals, Wheat. May Contain: Almonds, Barley, Eggs, Milk, Oats, Peanuts, Rye, Soya, Spelt (Wheat), Tree Nuts.

Xmas Shortbread With Buttercream & Sprinkles	Allergens: Cereals, Wheat. May Contain: Eggs, Soya.
Xmas Shortbread With Icing	Allergens: Cereals, Wheat. May Contain: Eggs, Soya.