



## Spalding High School weekly bulletin 25th June 2026

### **This week, from Mrs Anderson, Headteacher**

We are certainly not slowing down as the end of the year approaches! It has been another busy week with much to celebrate. Across sport, culture and enterprise, our students continue to demonstrate the ambition, resilience and enthusiasm that make us incredibly proud.

Our Year 7 rounders teams achieved remarkable success at the South Lincolnshire School Sports Association Tournament, securing an outstanding 1st and 2nd place finish. Well done to both teams! Their success reflects hard work, commitment and teamwork, and we wish our champions every success as they progress to the next stage of the competition. We have also celebrated individual sporting success, with Mbali representing Lincolnshire in the 100m at the Anglian Athletics Championships and Iris qualifying for the prestigious English Schools Athletics Championships following an outstanding third-place finish at county level. [Congratulations](#) to both students on these fantastic achievements.

One of the highlights of recent weeks was our vibrant and inspiring World Music and Culture Day. The event celebrated the rich diversity within our school community through performances, cultural displays, traditional foods and interactive activities. Students enjoyed learning about customs and traditions from around the world, while the overwhelmingly positive feedback showed just how much the day was valued. Many described it as one of the most memorable school events they had experienced. My sincere thanks go to Mr Garbett, the Music Prefects and all the students who helped make the day such a success.

Entrepreneurial talent was also on display during the Year 7 Dragons' Den Challenge Final. Students worked in teams to design, develop and pitch their own products to a panel of experienced business professionals. The quality of entries was exceptionally high. [Congratulations](#) to 7P's Bethan, Emily, Issy, Charlie, Sofia, Ola, Maya and Julia, whose innovative product, *The Cooling Cloth*, was crowned the 2026 Dragons' Den Challenge winner. Their creativity, presentation skills and business planning were outstanding, and we are equally proud of all the students who took part.

## Student of the Week

Staff name	Student Name	Student Form	Reason
Mrs Martindale	Willow Lane	7C	Science
Mrs Dowson	Matilda Nizzer	7S	English
Mrs Knowles	Hailey Mai	8J	German
Mr Garbett	Maria Sroker	8N	Music
Mrs Fisk	Tharulya Harankaha Vidanelage	8S	English
Miss Parker	Rebeka Joyce	9C	Physical Education
Mr Hemsall	Maya East	9C	History
Mrs Aurikko	Rebeka Joyce	9C	Biology
Mrs H Waldron	Gabriele Ojimba	9C	Religious Studies
Mr Murphy	Kira Wong	9N	Latin
Mrs Cave	Kira Wong	9N	Religious Studies
Mrs J Lord	Tilly Mansfield	9N	English Literature
Miss Bailey	Hollie Payne	9P	German
Mrs C Lord	Vidhya Mistry	9S	Mathematics
Miss McArthur	Leli Jenkins	10C	Religious Studies
Mrs Martin	Zofia Nowak	12AF	Community
Mrs Martin	Sophie Smith	12EO	Community
Mrs Tanner	Imogen Mountain	12EO	Community
Mrs Busfield	Sam Dowsett	12SC	Biology
Mrs Tanner	Ava King	12TD	Art

Please find here the Student of the Week nominations for the week commencing 15th June 2026.

Nominations can be made by both teaching and support staff and can be subject related or community focused.

## Sports News

The excitement is building ahead of Sports Day, and after the Year 12 students completed their field events, the competition is already taking shape.

The current standings are as follows:

1st C

2nd J

3rd N

4th S

5th P

With plenty of field and track events still to come, there is still everything to play for as teams look to climb the leader board on Sports Day. Students are awarded one point for every event they enter, plus bonus points for finishing in the top 5 - so don't forget to sign up and earn points for your house.

A special congratulations to Dominic for breaking the School High Jump record with an impressive 1.45m clearance, and congratulations to Edvinas for throwing 12.95m and breaking the School Shot Putt record!

Well done to all students who have taken part so far. We look forward to an exciting Sports Day and seeing which house will come out on top!



### **Year 7 Rounders Teams Shine in South Lincolnshire Tournament**

Our Year 7 rounders teams delivered an outstanding performance at the South Lincolnshire School Sports Association (SLSSA) Rounders Tournament on Monday 22nd June, achieving an incredible 1st and 2nd place finish.

Both teams demonstrated excellent skill, determination, and teamwork throughout the competition, competing against a strong field of local schools. From confident batting and accurate fielding to smart tactical play, our players consistently impressed in every match.

In a superb display of talent and sportsmanship, our two teams progressed through the rounds to secure the top two spots in the tournament standings. The “A” team claimed overall victory, showing resilience and composure in key moments, while the “B” team also performed exceptionally well to secure second place.

This remarkable achievement is a testament to the hard work and commitment shown by all players during training sessions and matches. It also reflects the positive team spirit and support the students showed for one another throughout the event.

As tournament winners, our Year 7 champions have now qualified for the next stage of the competition and will go on to face Boston High School in the upcoming area final. This is a fantastic opportunity to showcase their skills on a larger stage, and we wish them the very best of luck.

Well done to all involved on a brilliant achievement—we are incredibly proud of you!

PE dept

### **Athletics Success for Mbali and Iris**

We are delighted to celebrate two fantastic athletics achievements from our students, showcasing their talent on both county and national stages.

On Saturday 20th June, Mbali proudly represented Lincolnshire in the 100m at the Anglian Athletics Championships, held at Lynnsport in Kings Lynn. Competing against some of the best young athletes in the region, Mbali demonstrated great speed, determination, and composure. Representing the county at this level is a significant achievement, and Mbali should be extremely proud of this accomplishment.

In further exciting news, Iris in Year 11 has qualified for the pinnacle of the schools’ athletics calendar—the English Schools Championships. Iris earned her place in the prestigious event in the 200m, where she will compete against the very best athletes from across the country on 10th and 11th July.

This is an outstanding achievement and reflects Iris’s dedication, hard work, and consistent performance throughout the season. Reaching this national stage is a testament to her talent and commitment to athletics.

We wish Iris the very best of luck as she prepares for the championships and congratulate both students on their fantastic achievements. They are excellent ambassadors for the School!

PE dept



Iris

## Library News

### **Carnegie Book Group Update**

We had a change of plan this week as many of our members were out on a trip, instead we discussed our current favourite reads and series we were enjoying. Series that the group would like to recommend are Shatter Me by Tahereh Mafi, Throne of Glass by Sarah J Maas, Assistant the Villain by Hannah Nicole Maehrer and Caraval by Stephanie Garber.

Our final vintage Carnegie book will be After the Fire, come and join us on Tuesday at 1.30pm in the Library.

Our last vintage Carnegie shortlist and meeting dates are:

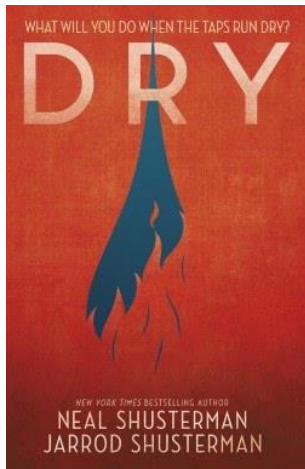
30th June – Book 8, After the Fire by Will Hill

14<sup>th</sup> July – Balloon Debate, join us for manic fun and frantic book survival!

Happy Reading.

Miss O'Sullivan & Mrs Lees

## Book reviews

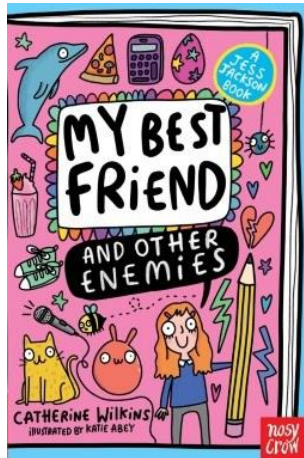


### Dry by Neal Shusterman

A gripping survival drama set in modern-day America, when a seasonal drought escalates and the taps run dry. A thought-provoking and uncomfortable book, but perhaps not the best read for this week!

Highly recommended and from an author that never fails to deliver.

Madame Barats



### My Best Friend and Other Enemies by Catherine Wilkins

This book is set at school in modern day. There are two girls, Natalie and Jess that are best friends, however, the new girl Amelia changes everything. She comes between the two friends by separating their friendship. The story is written with a hidden meaning so you will have to read it to find out more. This book tells an important story of trusting the process and that everyone is special to someone. It explains that you don't have to like everyone to get along with them. The main character makes new friends along the way and it turns out to be a great story that will be stuck with me forever. This book may be best for people who struggle to make friends.

Corie 7N

## World Music and Culture Day 2026

World Music and Culture Day 2026 was an exciting and enjoyable day that celebrated the many cultures in our school. It gave everyone the chance to learn about different traditions, languages, and ways of life from around the world. One of the best parts of the day was visiting the cultural stalls. Each stall was filled with interesting information, decorations, and activities that represented different countries and cultures. It was great to explore them and learn new things while having fun with friends.

The performances were also a highlight of the day. Students shared music, dances, and presentations that reflected their cultural backgrounds. The audience enjoyed every performance, showing their support with lots of applause and encouragement.

Another memorable part of the event was the food. We had the opportunity to try a variety of dishes from different countries, which helped us experience cultures in a new and enjoyable way. Many students discovered new foods that they had never tasted before.

Culture Day brought the whole school together and created a positive atmosphere where everyone felt included. It reminded us of the importance of respecting and appreciating different cultures and traditions.

A big thank you to Mr Garbett and the Music Prefects who organised this amazing event. We are already looking forward to next year's celebration!

Dikshitha, 8N

World Music and Culture Day was a great opportunity for me to represent Lithuania and share my culture with the School. We had set up a stall with information, facts, and lots of food. A lot of people came to look, and I enjoyed explaining the traditions and answering questions.

One of the highlights was performing a Lithuanian folk dance. It was nerve-racking at first, but once we started, it felt exciting and rewarding. People seemed interested and supportive, and it made me proud to show something meaningful from my heritage.

Overall, it was fun, meaningful, and I'm proud of what I contributed. It's sad knowing it was my last one.

Leila, Y10

World Music and Culture Day was the best! I loved to see all of the stands and learn something new about each country, yes even England! My favourite stall was the Ukraine table, it was very interactive and where I felt the most comfortable. Even though I really enjoyed the delicious food and wonderful eye-catching dances, the best part had to be the quizzes! They helped me understand the culture, communicate with other people and make the students at the table feel overjoyed for representing their country. I also devoured the food, it was warm, fresh and straight from their home, their country. The dancing, which was outstanding, also helped show a small fragment of their culture, I don't think I've ever been happier!

Overall, it was probably the best school morning ever! It really fascinated me and I couldn't believe my eyes when I walked into the hall - it felt like the whole world in one hall. With every country I passed I felt like I had actually been transported there, and my smile just got bigger and bigger.

Thank you to Mr Garbett and to everyone who participated.

Willow, 7C

It was like nothing I have ever seen before, there were so many different cultures all together that it was hard to keep track of which country's stands I had already been to. I thought England's stall was really interesting and it had some really good games and food. I also loved the Netherlands and Indian stalls because the food was great and the Indian performances I saw on the stage were incredible. I learnt a lot about what types of food you get in each country, the geography and the overall history of the countries. This school welcomes so many different cultures and it was amazing to see them all together in one single room.

Isabelle, 7C





## High Quarterly Magazine



The High Quarterly is the School's Education Award-nominated, student-led magazine. Our aim is to enrich our school community and beyond, by celebrating achievement and knowledge.

From in-school events to personal hobbies and comic strips, members are free to choose and write about whatever they choose. We aim to produce three to four magazines per academic year; most with seasonal themes.

We pride ourselves on being a friendly and approachable team open to all and any ideas, and on making meaningful contributions to our student body. Joining the magazine is a perfect opportunity to build your professional writing and editing skills, and is ideal for anyone interested in pursuing a future in journalism or creative writing.

We welcome students from all year groups and of all interests!

If you are as passionate about fostering an environment of collaboration and creativity, come join us! We are headed by Mrs Anderson and meet at 1:30 in the Sixth Form Study Room, on a Wednesday Week 1 and Thursday Week 2.

Poppy, Year 12

## Careers News

### Dragons' Den Challenge Final

Last Friday we held the final of the Year 7 Dragons' Den challenge. The winning team from each of the five tutor groups went through to the final and they were all extremely impressive. Our four judges were Mrs Spinks, Head of Year 7, Miss Goulding, Head of Business, Will Blower, former High School sixth former and now Director at Realise Finance, and I was also fortunate to be on the judging panel. Special thanks go to Will for giving up his time to attend the event and for providing prizes.

Our budding entrepreneurs in Year 7 presented their products to their peers and the panel of judges. There were some excellent ideas and everyone who took part presented professionally and clearly. It was difficult to pick a winning team but after much deliberation, students in 7P - Bethan, Emily, Issy, Charlie, Sofia, Ola, Maya, and Julia were named our 2026 Dragons' Den Challenge winners with their fabulous product 'The Cooling Cloth'. Congratulations to these students who had considered their design, presentation and business plan very carefully. We could certainly do with manufacturing 7P's product this week!

Well done to all students who took part and there will be more about each of the teams in the final in next week's newsletter.

Mrs Bushell, Careers Leader



The winning team members in 7P with the judges.

## Year 12 Work Experience

We hope that Year 12 students out on work experience next week have a productive, informative and enjoyable week. The networks that students establish can lead to future employment and connections.

## Year 12 – University Applications

A great resource to use to find out about applying to university, choosing subjects, university life, student finance and budgeting and much more is the UniTasterDays podcast – ‘The Uni Guide Podcast’. There are currently 52 episodes.

[The Uni Guide Podcast for students, parents and schools | UniTasterDays](#)

UniTasterDays has also published its 2026 edition of the ‘Parents’ Guide to University’ which can be downloaded for free here:

[Parents’ Guide to University | Expert advice brochure to support parents and carers | UniTasterDays](#)

## Careers Fair

Our annual careers fair will be held on 9th July for current students. As this event is on during the school day, it is not open to parents/carers. If any students in Years 11 or 13 would like to attend, they are welcome to do so between 1.30 and 2.00pm and must enter via main reception.

## Aspiring Dentists



Please see the information below and the flyer about an upcoming opportunity.

The Lincolnshire Talent Academy is holding an Aspiring Dentists event on Thursday 16th July, at Lincoln County Hospital, 6.00pm to 8.30pm. This event is open to young people aged 15-19 years, living or educated in Lincolnshire.

Delivered by the Lincolnshire Local Dental Committee, this event offers a valuable opportunity to discover the skills and knowledge required for a career in dentistry.

### What to expect:

- **Meet dentists from the Lincolnshire Local Dental Committee** – ask questions and gain real insight from professionals
- **Talks on applying to study dentistry at university** – understand what it takes to stand out in a competitive field
- **Hands-on clinical skills workshops** – develop practical skills essential for a dental career, including alginate impressions, scanning, composite fillings, special care dentistry, and orthodontics.

This is a great opportunity for students interested in careers such as a dentist, dental therapist, and dental hygienist. To find out more or to book a place, please visit: <https://lincstalentacademy.org.uk/events/>

## Aspiring Dietitians



Please see the information below and the flyer about an upcoming opportunity.

The Lincolnshire Talent Academy is holding an Aspiring Dietitians event on Monday 20 July from 5.30 pm to 7.00 pm. This is a virtual event open to young people aged 15–20 who are living in or educated in Lincolnshire.

Delivered by United Lincolnshire Teaching Hospitals Dietetics Team, this event offers an insight into the role of dietitians and how they deliver safe, compassionate, and patient-centred nutritional care. Hear from healthcare professionals and explore careers through talks, presentations, and real-life insights.

What to expect:

- Gain insight into a typical day in the role.
- Learn how dietitians support patients and communities.
- Tips on the skills you'll need and how to get started.
- Ask questions and hear from professionals who understand what it's like to pursue a career as an allied health professional.

This is an excellent opportunity for young individuals eager to embark on a career working within health and care. To find out more or to book a place, please visit: <https://lincstalentacademy.org.uk/events/>

## Year 13 Students - George Clarke Scholarship

### GEORGE CLARKE SCHOLARSHIP

**Do you or your parents live within the parishes of Long Sutton or Sutton Bridge?**

**Will you be attending a course of higher education (level 4 or above) at University or College during the 2026/2027 academic year?**

**Are you under 25?**

**If you answered yes to the above questions you may qualify for a scholarship of up to £400 per year.**

For further information please contact

Eddie Corrigan  
Financial Services  
Lincolnshire County Council  
Newland  
Lincoln, LN1 1YL

Email: [Eddie.Corrigan@lincolnshire.gov.uk](mailto:Eddie.Corrigan@lincolnshire.gov.uk)  
Telephone 01522 552995

**Closing date for receipt of applications  
30<sup>th</sup> November 2026**

The George Clarke Scholarship is a charity set up under the terms of the will of George Clarke and is administered by Lincolnshire County Council. The Scholarship is available to students under 25 who attend courses of higher education (Level 4 or above) and whose home address is in the parishes of Long Sutton or Sutton Bridge.

Please see the flyer for details.

## **Year 13 – Clearing Webinar**

We hope that students who have just finished their A Level exams achieve excellent results. In preparation for results day, for students (and their parents/carers) who have applied to university, it is useful to know how clearing works. The University of East Anglia is hosting a webinar on 9th July at 6.00pm called 'HE Guidance: Results Day 2026 - Clearing in Five Easy Steps'. Students can register here:

[HE Guidance: Results Day 2026 - Clearing in Five Easy Steps – A Session for Students & Their Parents or Carers with Luke Gibbons, Head of Undergraduate Admissions, & Lucy Nottingham, Higher Education Adviser, University of East Anglia - Channel Talent - Interactive school webinars](#)

## **University of Lincoln - Parents' Evening: Supporting Your Young Person's Journey into Higher Education**

The University of Lincoln is holding a parents' evening on 1st July from 5.30pm at the Ross Lucas Medical School building for parents of students in Years 11 and 12 to find out about courses, applications, finances, student life, and deadlines.

<https://www.lincoln.ac.uk/eventsandconferences/upcomingevents/y11,and,12,parents,evening.html>

### **Support:**

As always, I can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

Mrs Bushell, Careers Leader

## Other notices and information

### Upcoming diary dates:

Friday 26th June Year 7 & 8 Disco and Year 13 Leavers' Ball

W/C Monday 29th June Y12 Work Experience

Tuesday 30th June Summer Concert

Thursday 2nd July New Year 12 Induction Day

Friday 3rd July New Intake Day & Year 11 Prom

Sunday 5th July Gold DofE expedition departs

W/C Monday 6th July Extended Learning Week

Friday 10th July Sports Day

Saturday 18th - Sunday 19th July Bronze DofE Assessed

Tuesday 21st July Year 9 Ypres trip departs

Wednesday 22nd July Last day of term

Thursday 13th August A Level results day

Thursday 20th August GCSE results day

**UK Health Security Agency**

## Beat the heat

**Plan ahead**

- Check the weather forecast and the news
- Plan ahead to avoid the heat
- Schedule activities to cooler times of the day

**Keep yourself cool**

- Drink plenty of fluids and avoid excess alcohol
- Wear sunscreen, a hat, and sunglasses
- Cool your skin with water and slow down

**Find somewhere cool**

- Close blinds and curtains during the day
- Go indoors or outdoors, whichever feels cooler
- Avoid closed spaces like stationary cars

**Be safe**

- Be on the lookout for signs of heat related illness
- Look after yourself and check in with others
- Stay safe when swimming
- Get help. Call NHS 111 or in an emergency 999

For more information go to: [gov.uk/ukhsa/beat-the-heat](https://www.gov.uk/ukhsa/beat-the-heat)



## **The Children's Commissioner for England has launched a national survey, The Big Future.**

Message from the Children's Commissioner:

Hi, my name is Rachel and my job is to hear from all children and young people in England. As the Children's Commissioner I've launched this survey so you can have your say on what it's like to be a child or young person in England today. I will take your views to the Government, to help them make life better for children.

Everything you tell me will be kept private. You don't have to answer any question if you don't want to. There are no right or wrong answers. Just answer honestly! To find out more, visit my [website](#).

Please find below the link for the survey:

<https://www.childrenscommissioner.gov.uk/thebigfuture>

The Children's Commissioner says:

It is vital that I hear from children and young people in every school, college and community across England. If students do not participate, their experiences, views and aspirations will be absent from the national picture that will help shape future policy and decision-making.

At a time of significant change for children and young people, it is more important than ever that their voices are heard. Through The Big Future, I can take the views of students directly to government and ensure their priorities help inform the decisions that affect their lives.

Thank you for your support in helping ensure that every child's voice has the chance to be heard.

Yours sincerely,

Dame Rachel de Souza  
Children's Commissioner

### **Upcoming Free Parent Webinars**

As part of Lincolnshire Safeguarding Children's week, the Lincolnshire County Council Stay Safe Team will be hosting the following free webinars:

#### ***Navigating Teen Relationships Webinar for Parents***

Lincolnshire County Council DA Stay Safe Officer is hosting a free Microsoft Teams session to help parents support their teens with relationships.

Learn about:

- Signs of unhealthy relationships
- Coercive control & love bombing
- Red flags and where to get support

Monday 29th June | 6:30–7:30pm

Book your place: <https://www.tickettailor.com/.../lincolnshiresafe.../2068657>

#### ***Curious about AI and your child's world?***

Join our Stay Safe Team's free webinar on "AI: The Good, The Bad & The Ugly" to learn:

- How AI can support learning and creativity
- What to watch out for, like chatbots and misinformation
- Simple tips for family conversations and using parental controls

Empower yourself to guide your family confidently in the age of AI!

Wednesday 1 July, 6:30–7:30pm

Register your place

here: <https://www.tickettailor.com/events/lincolnshiresafeguardingchildrenpartnership/2068715>

### **Image credits**

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Book covers: Amazon

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