

## Careers Programme of Content in Years 7-13 2025-2026

### Year 7

Content	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
Unifrog – How to navigate the careers library			PSHCE				2, 3, 4
Dragons’ Den Challenge					PSHCE		5
Employer Encounter		PSHCE					2, 5
Careers in Tutor Time Sessions	Fortnightly sessions during tutor time						2, 3, 4
National Apprenticeship Week			Tutor time / assembly				2, 3, 4, 5
National Careers Week				Tutor time / assembly			2, 3, 4, 5
Unifrog Careers Platform	Introduced Term 1 & 2, used throughout the year for independent research						2, 3, 4
Extended Learning Week						Soft & transferable skills	3
Careers Fair						Meet employers, FE & HE representatives	2, 3, 5, 7

**Year 8**

Content	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
Know Yourself -Reflecting on hobbies & interests. Using Unifrog to demonstrate & log transferable skills.	PSHCE						3
Careers treasure hunt using Unifrog Careers Library	PSHCE	PSHCE					3
The Real Game – Importance of choices relating to further education, training and career options.	PSHCE x 2 lessons						2, 3
Employer Encounter					PSHCE		5
Careers in Tutor Time Sessions	Fortnightly sessions during tutor time						2, 3, 4
National Apprenticeship Week			Tutor time / assembly				2, 3, 4, 5
National Careers Week				Tutor time / assembly			2, 3, 4, 5
Unifrog Careers Platform	Used in PSHCE and throughout the year for independent research						2, 3, 4
Extended Learning Week						Soft & transferable skills	3
Careers Fair						Meet employers, FE & HE representatives	2, 3, 5, 7

**Year 9**

Content	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
Careers Presentation – Options and Post-16 introduction		PSHCE					2, 3
Child Employment						PSHCE	3
Careers in Tutor Time Sessions	Fortnightly sessions during tutor time						2, 3, 4
National Apprenticeship Week			Tutor time / assembly				2, 3, 4, 5
National Careers Week				Tutor time / assembly			2, 3, 4, 5
Unifrog Careers Platform	Used throughout the year for independent research						2, 3, 4
Options Process & Options Fair			Options evening				3, 4
Extended Learning Week						Soft & transferable skills	3
Careers Fair						Meet employers, FE & HE representatives	2, 3, 5, 7

**Year 10**

Content	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
<b>Careers Lessons</b>	Fortnightly sessions during the year						1, 2, 3, 7
<b>Work Experience H&amp;S</b>				In careers lessons			3
<b>Work Experience Preparation</b>	In careers lessons	In careers lessons	In careers lessons	In careers lessons			3
<b>Work Experience</b>				23 <sup>rd</sup> -27 <sup>th</sup> March			5, 6
<b>Careers in Tutor Time Sessions</b>	Fortnightly sessions during tutor time						2, 3, 4
<b>Unifrog Careers Platform</b>	Used throughout the year for independent research						2, 3, 4
<b>National Apprenticeship Week</b>			Tutor time / assembly				2, 3, 4, 5
<b>National Careers Week</b>				Tutor time / assembly			2, 3, 4, 5
<b>One-to-One Careers Guidance Meetings with Independent Adviser</b>					Meetings		8
<b>Extended Learning Week</b>						Soft & transferable skills	3
<b>Careers Fair</b>						Meet employers, FE & HE representatives	2, 3, 5, 7

**Year 11**

Content	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
<b>Careers Presentation - Post-16 Options</b>	Study Period						2, 3
<b>Life in Sixth Form</b>	PSHCE						3, 7
<b>Sixth Form Open Evening</b>		In school for parents/carers & students					3, 7
<b>Careers in Tutor Time Sessions</b>	Fortnightly sessions during tutor time						2, 3, 4
<b>Sixth Form Taster Day</b>			In school				3, 7
<b>Opportunities to visit other providers/Open Evenings</b>	Ongoing						3, 7
<b>Unifrog Careers Platform</b>	Used throughout the year for independent research						2, 3, 4
<b>National Apprenticeship Week</b>			Tutor time /assembly				2, 3, 4, 5
<b>National Careers Week</b>				Tutor time / assembly			2, 3, 4, 5
<b>National Results Day (August)</b>						SLT, Sixth Form Team & Careers Adviser on hand to offer support & advice for progression routes.	3,8

**Year 12**

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
<b>Unifrog/UCAS careers and LMI exploration and matching skills/interests to careers/courses/apprenticeships</b>	Introduction in careers lessons in Term 1 and ongoing in careers lessons/independent research						2, 3
<b>One-to-One Careers Guidance Meetings with Independent Adviser</b>			Meetings	Meetings			8
<b>Progression route information and exploration (HE, FE, apprenticeships, employment, gap years, volunteering)</b>	Ongoing in careers lessons / independent research						3, 7
<b>Skills focus – how to recognise skills developed through curriculum and extra-curricular activities</b>	Ongoing in careers lessons						3
<b>Employer Encounter</b>	Opportunities throughout the year in person / webinars / presentations on Friday afternoons.						5
<b>Work Experience</b>						29 <sup>th</sup> June – 3 <sup>rd</sup> July	6
<b>National Apprenticeship Week</b>			Tutor time /assembly				
<b>National Careers Week</b>				Tutor time and careers lessons / assembly			2, 3, 4, 5
<b>UCAS Information Evening</b>					7 <sup>th</sup> May		3, 7
<b>Setting up UCAS accounts</b>					Students shown how to set up their accounts via UCAS Hub		3
<b>Exended Learning Week</b>						Soft & transferable skills	3
<b>Careers Fair</b>						Meet employers, FE & HE representatives	2, 3, 5, 7

**Year 13**

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Gatsby Benchmarks
<b>Unifrog/UCAS careers &amp; LMI exploration &amp; matching skills/interests to careers/courses/apprenticeships</b>	Revisiting these areas in Term 1 and ongoing in careers lessons / independent research						2, 3
<b>Completing personal statements &amp; other applications</b>	In careers lessons / independently						3, 5
<b>Focus on interview preparation</b>		In careers lessons for all. Mock interviews with Mrs Bushell or HoD / subject teacher for students who will be interviewed for competitive courses					3, 5
<b>Student Finance presentation</b>			In careers lessons				3, 7
<b>Opportunity for Careers Guidance Appointment</b>	Independent Careers Adviser						8
<b>National Apprenticeship Week</b>			Tutor time & careers lessons / assembly				
<b>National Careers Week</b>				Tutor time & careers lessons / assembly			2, 3, 4, 5
<b>National Results Day (August)</b>						SLT, Sixth Form Team & Careers Adviser on hand to offer support &	3, 8

						advice for progression routes.	
--	--	--	--	--	--	--------------------------------	--