

1920 - 2025



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Spalding High School weekly bulletin 26th February 2026

This week, from Mrs Anderson, Headmistress

Welcome back to the start of Term 4! I hope you had an enjoyable break and have had a good rest. Hopefully, this term we will start to enjoy the lighter evenings and the brighter days (if we are lucky!)

Thank you to the teams of staff who took students away. I know that both the Italy trip and ski trip had a good time and appreciate the efforts of the staff for making it so. In this week's edition of the bulletin we have the write up from the ski trip and the photos look lovely. I know that everyone had a great time, despite the long coach journey there and back! I look forward to hearing all about the Classics trip to Italy in a future edition. This week we also have the Legally Blonde report and pictures; again, well done to everyone involved in the production. What an amazing show.

It is great to read this week's Celebrate the Individual reports - keep those coming in as it really is enjoyable to hear about the adventures our students enjoy outside of school. Well done to Ellie, Rebeka, Penny (and Mimi) this week.

I also wanted to say well done and thank you to everyone for getting involved in our Birthday cards for Amelia appeal. The box of cards we are about to send contains 492 beautiful home-made and bought cards - I am sure they will help enormously to the total record number that Amelia is hoping to receive. A final plea has gone out to forms this afternoon, hoping that we can secure just eight more cards to take us to an amazing total of 500. Thank you again for your support.

We have a lot to look forward to this term as well, Egg-Stravaganza, Red Nose Day, Achievement Week and Y10 Work Experience to name but a few!



A selection of the cards made for Amelia from 7C

House Charity Day Friday 6th March 2026

Next Friday, 6th March, we will be holding our second House Charity Day when students from all years work together as a House to raise money for their House's chosen charity.

Use of School Email

Further to our recent safeguarding bulletin advising on use of social media, please remember school email should not be used for signing up to non-educational websites. This includes, but is not limited to, all social media websites, online shopping and other sites that are not related to school studies.

A school email account is provided for school related email and not for personal use, as per the school Acceptable Use (student) Policy 2025. A copy of the policy can be found here [Student AUP 2025](#)

Please find some useful websites relating to online safety parents can use for reference.

[Keeping children safe online | NSPCC](#)

[Keep Children Safe Online: Information, advice, support - Internet Matters](#)

Student of the Week



Staff Name	Student Name	Student Form	Reason
Mrs J Lord	Arianne Arnfield	7C	English
Mrs Martin	Issy Burton	7P	Mathematics
Mrs C Lord	Romana Bhatti	9C	Mathematics
Miss McArthur	Angela Pun	9S	Religious Studies
Mrs Cave	Kira Klesyk-Prolejko	9S	Religious Studies
Mrs Dowson	Neve Timmins	10N	English Language
Miss Ashley	Katie Cawson	10P	Mathematics
Miss Bailey	Yogitha Velpuri	10P	German
Mr Murphy	Chloe Bragg	10P	Chemistry
Mrs Aurikko	Annie Clough	10P	Chemistry
Mrs Tanner	Eliza Morris	11P	Art
Mrs Martin	Nicola Burke	12AF	Community
Mr Hemsall	Grace Bushell	12EO	History
Mrs Spies	Evie Fox	13AB	Community
Mrs Spinks	Lexi Goult	13NG	Community

Please find here the latest Student of the Week nominations, for the week commencing 9th February 2026..

Nominations can be made by both teaching and support staff and can be subject related or community focused.

Sports News



Sports Leaders

On Monday 9th February, Annabel and Molly led their first lessons as part of their Level 2 Sports Leadership Qualification. In order to pass the course students must complete a learner evidence record as well as gaining a breadth of practical experience including leading 2x 30 minute sessions.

Annabel taught 7N who she has been observing and helping this year and delivered a 'Hungry Hippos' style team building lesson. The warm up activity was that students needed to create a given shape using their group members, this then progressed into the Hungry Hippos relay with the rules and tactics changing through a number of tasks. Including how many hands/feet could be in contact with the floor, must balance a cone on head and work together as a team to collect as many items (with numbered points) per team.

Molly taught 8J who are currently on a fitness unit of work. Molly's lessons combined circuit training with Indoor athletics with students working in groups through a variety of stations.

Both leaders were organised, confident and led very well structured and enjoyable lessons. Well done!





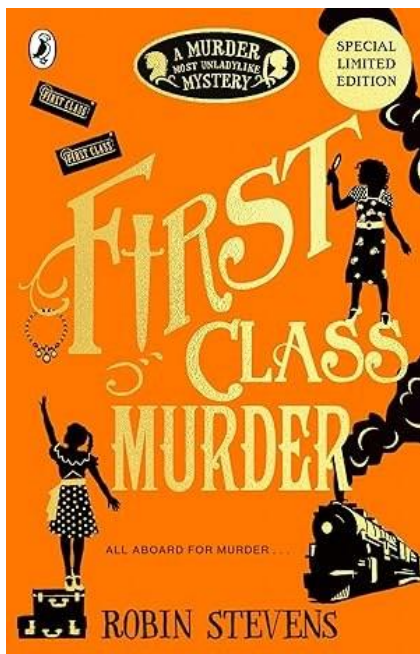
On Monday 23rd February the Year 7 football team played against Spalding Academy as preparation for the next round of the County Cup. We played 3 x 20 minutes and all of the players gained valuable minutes playing together and learning to work and communicate as a team. We went 1-0 down during the first 20 minutes after taking a few minutes to settle into positions and structure but grew in confidence throughout the game. We were defensively solid after conceding and created lots of chances. We ended up winning 3-1 with goals from Nyah and Annalise (x2). Well done another great performance against a strong and physical Spalding Academy team.

Library News



Book Group Update

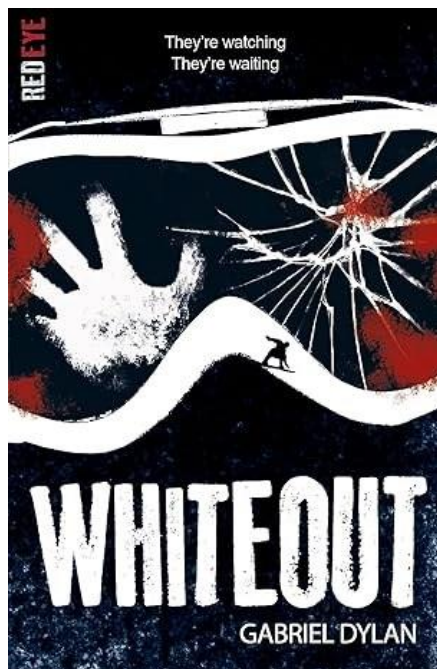
Book reviews



First Class Murder by Robin Stevens

I think this book is a great read if you love mysteries, adventures and investigations. This book is about two girls called Daisy and Hazel who embark on a holiday abroad on the Orient Express. However, their vacation takes a turn for the worst when a shocking murder of a passenger occurs and her valuable ruby necklace is stolen. As the girls try to face the scandal of a mystery about who murdered their fellow passenger they are caught up in piles of different clues. This book explores different themes of friendship and bravery, as well as the challenges of solving this dangerous mystery. It has many features like suspicious characters, murder, and two friends that love spending time together and solving puzzles. So if you love suspense, humour, and historical context you will fall in love with this thrilling read. I would definitely recommend this book for children above the age of 12.

Maya 7P



Whiteout by Gabriel Dylan

Whiteout is set in the Alps where a group of sixth formers, including Charlie, Hannah and Nico, are trapped on a mountain because of a fierce blizzard. Soon enough they discover they are not alone and they fight for their lives with no communication from the outside. This book has very good descriptions of the creatures. You can imagine them in your head because of the use of metaphors, personification and adjectives. As well as this the plot line is really good because there are lots of unexpected moments. The author dives straight into the unusual, mysterious parts which I really like. And Charlie and Hanna both had some kind of trauma when they were younger which motivates them to do better in life. The author slowly uncovers each character's story throughout the

book which helps establish an understanding between the characters and the reader. The characters also evolve emotionally throughout the book, for example, Nico: at the start of the book Nico is very shy and timid whereas at the end he becomes very brave and helps save his friends multiple times. I enjoyed the vivid descriptions of the characters because I could easily imagine them in my head. I would recommend this book to someone who enjoys reading horror and mystery books, and appreciates the author's use of vivid imagery. And to anyone who isn't afraid of a bad ending.

Laura, 7C

School Production: Legally Blonde



Working on this exciting and sparkly show with such amazing students has been a truly memorable journey. Everyone involved dedicated an incredible amount of time and effort — almost 100 hours of rehearsals and performances during countless lunchtimes, after school sessions, and weekends — to bring this very challenging production to life for our wonderfully appreciative audiences.

The result was a show that was lively, joyful, and bursting with energy. Every member of the cast should feel enormously proud of what they have achieved. I have loved rehearsing such fantastic music, and it has been truly special to watch students form new friendships through their shared experience of musical theatre.

Well done to you all — you are incredible!

Mr Garbett

Hi I'm Immy and I played Vivian! I've enjoyed this production SO MUCH!! when I first auditioned I was so worried about making friends and getting on with the cast, but I have made so so many wonderful friends and I couldn't have had a better experience. I've been given such a confidence boost in making friends and performing overall, thank you so much so Mr Garbett and Mrs Fisk for all you help and support during the show!

Immy, Y9

Legally Blonde, wow just wow! It was incredible! The set decked out in pink and the costumes and props were out of this world. With Sophie playing the lead of Elle Woods and Henry playing Emmet Forrest, this show was cast with talented singers and actors who put in so much effort. The supporting actors, for example Darcy as Paulette Buonafonte, Claude as Callahan and Immy as Vivienne Kensington,

brought this show together into one musical family filled with talent. Mr Garbett and Mrs Fisk put everything together and we couldn't have done it without them, literally! They were the glue that brought all of this together.

Lily, Y8

Taking part in Legally Blonde was an incredible experience that I wish I could do all over again! The amazing efforts and talent of the whole cast especially along with those of Mrs Fisk and Mr Garbett made it an absolute honour to play Elle Woods in my last ever show at the High School after seven years. After five school productions, I think that being able to take part in the shows gives you the skills such as confidence and pride in yourself that you might not have had before, which really shows how vital the Creative Arts department is. Legally Blonde was an amazing opportunity to showcase these skills, as peoples talents and confidence shone through (especially Nugget and Lulu the Chihuahuas!) and along with the amazing lights and phenomenal live band, it really made this year a special one. I'll miss being able to take part in the productions after I finish Year 13 as they're always the highlight of my year! The efforts of Mrs Fisk and Mr Garbett, the band, the technical team and the whole cast never go unseen! Thank you!

Sophie, Y13

I really enjoyed performing Legally Blonde as my final show at the High School. It was great to do another show with my friends I made last year in Chicago alongside some new friends I made during this show including the students who came over from the Grammar School to join us. Callahan was such a delightfully awful character to play, and it was great to get to sing this show with such a talented band as opposed to just lip-syncing along to Blood in the Water in my bedroom as I did when I was younger. I am thankful to everyone who helps put a school musical together.

Claude, Y13

On the 4th, 5th and 6th February, I performed in the production of Legally Blonde. For me, this was a new experience and to be honest, I truly enjoyed it because of how many new people I met AND learning the songs, which in my opinion, were all such really great songs that I couldn't decide my favourite. Everyone was so kind and supportive and I also enjoyed meeting the Chihuahuas (Nugget and Lulu) because they were absolutely adorable. I really enjoyed taking part in Legally Blonde with the cast and still have not recovered from it because the songs keep getting stuck in my head, but I'm also looking forward for next year's production.

Wing Han, Y8

I LOVED BEING IN LEGALLY BLONDE! Okay, serious note, as a Year 13 leaving this year I'll take the time to be sentimental. Despite being in only a few shows in this school, I would absolutely recommend it to anyone who likes theatre, musicals, or being social. It's the best opportunity to make friends, and lets you get into new interests and opportunities in the future. Doing Legally Blonde, I made around eight more friends! As exhausting as it is going to rehearsals often, I wouldn't trade it for anything else, and immediately miss going to school out of hours to do nothing but sing and dance for hours. It was such a fun experience.

Berlin, Y13





Ski Trip: Bardonecchia, February half term 2026



This year's ski trip to Bardonecchia in north-west Italy was a fantastic experience. We took 49 students, organised into four beginner groups and one intermediate group, and it proved to be the perfect resort for all abilities. It was great to see how quickly the students built positive relationships with their instructors - "Andiamo ragazze!" became a familiar call and the progress across the week was clear.

After a 22-hour coach journey, our first evening was low key, collecting boots, skis and helmets before an early night. Each day followed a simple routine: breakfast at 7.30am, lessons from 9.00am to 12.00pm, lunch back at the hotel (just five minutes from the slopes), then more tuition from 2.00pm to 4.00pm. Two afternoons ended with crêpes and hot chocolate, and Tuesday's alpine coaster was a definite highlight, with everyone enjoying two fast and exciting runs.

Daily awards included 'Ski Whiz' for effort and improvement, and 'Ski Wally' for the best comedy moment on the slopes from dramatic tumbles to memorable mishaps.

We stayed in a former Olympic Village built for the 2006 Winter Olympics. The rooms were spacious and, although the hotel was lively with nearly a thousand pupils in residence, it suited us well and we enjoyed three buffet meals a day.

Evenings included bingo with Mr Farrell, a general knowledge and music quiz after a trip to the pizzeria, a lively game of Herd Mentality, and a final "room tidying with a twist" competition judged on everything from neatness to presentation.

Overall, it was a hugely successful trip. The instructors and travel representative praised our students' manners and good humour throughout. Many thanks to Mr Farrell for organising and leading the visit, Mrs Busfield as deputy trip leader, and to Mrs Farrell, Miss Chalcraft, Mrs Novak and Mrs Blackburn for their support.

Mr Blackburn



Celebrating the Individual: Ellie, Year 7



Hello, I am Ellie from 7J and I play basketball. I started my basketball journey at Tydd St Mary Primary School. My older brother already played for the school team so in Year 3 I decided to join Tydd Titans (my school team). I went to training, it was really fun and I got selected for the team. I was the youngest and smallest and the only girl but that didn't stop me. A couple of years later I became captain for Tydd Titans as my coach wanted to form an all-girls team .

Three years ago, I started playing for Norfolk Hoopstars in a mixed U12 team. The following year, due to increased interest for girls to play basketball, the club formed an all-girls team which I have been playing for the last two years in both U12 Norfolk League and U14 National League where I travel all over the Southeast Region.

Last year, I represented Lincolnshire County at an East Midlands Basketball tournament.

Also last year, my club nominated me to trial for the Basketball England Aspire programme. I attended two trial dates and I was selected into the programme. I attended numerous camp days in the school holidays to develop my skills in the hope to play an Inter-Regional Tournament.

On Saturday the 21st of February, I represented the U13 Girls East region at a Super South Inter-Regional Tournament in Colchester. Even though we didn't win the whole tournament, losing in the final to a golden basket in overtime, it was still a fantastic opportunity and achievement.

I hope to play many more years of high-level basketball and continue my basketball journey.

Celebrating the Individual: Rebeka, Year 9



On Sunday the 8th of February, I took part in the archery Norfolk county championships. I got a score of 338 out of 600. By shooting this I got a medal for third place of all of the under 21 recurve archers in Norfolk.

This is an incredible achievement and we are all very proud of Rebeka!

Mrs Neal and Mrs Spinks

Celebrating the Individual: Penny, Year 9



I recently competed in a dog agility competition on the 17th of January. I did three runs with my toy poodle Mimi. I placed second twice and in my last run I placed first. I won two rosettes and a trophy. I competed in a league and due to my placing I got points; these points have secured me a place in the final which will be held on the 28th of March.

I am very proud of Mimi and I as we have come far as accomplished a lot over the past few months.

Penny, Year 9

Careers News



Year 10 Work Experience – 23rd-27th March

With a month to go ahead of Year 10 work experience week, we urge students to check their emails daily for messages from employers. We have a small number of students whose employer or parental agreements are not yet signed off and we will continue to work with them on this.

Year 12 Work Experience – 29th June - 3rd July

Several students have now added their placements onto the Unifrog platform and we would like to encourage remaining students to continue to make enquiries about placements and to add them onto Unifrog when they are ready to do so. Any support in helping students to find placements would be greatly appreciated from parents/carers, friends and family members.

Year 13 – University Applications and Offers

If students have already received all their offers from the universities they selected for their application, they do not have to choose their firm and insurance choices immediately, unless they are 100% certain. In their UCAS hub, it will give a deadline date by which they will need to choose. I advise students to give it some time, think it through and possibly attend offer holder days in the coming weeks/months.



Student Finance Applications

Students can apply for student finance for undergraduate full-time courses for 2026 entry from 23rd March. [Apply online for student finance - GOV.UK](https://www.gov.uk/apply-for-student-finance)

National Careers Week – 2nd-7th March

As part of our careers education programme, we will continue to focus on planning for future pathways and careers. The focus for National Careers Week 2026 is 'Own your Future', encouraging students to take an active role in planning their career journeys.

Upcoming British Army Webinars

Please find below upcoming Army events that may be useful for students exploring careers, skills development, or post-16 options. These sessions are free to attend and are suitable for students in Year 10+, parents/carers and teachers.

Title: British Army - Seven Career Streams, Endless Opportunities

About: Join us this National Careers Week and International Women’s Day for an inspiring webinar exploring the breadth of career opportunities within the British Army.

Date: Tuesday 3rd March 18:30 – 19:30

Event Type: Virtual

Register Today: <https://britishar.my/SevenCareerStreamsEvent>

Title: Women in the Army – Real Stories, Real Impact

About: Join us for an online event celebrating women in the Army and the many career opportunities you can explore. You’ll hear from soldiers and officers as they chat about their roles, the sports they get involved in, the places they’ve travelled, and how they balance Army life with family life.

Date: Wednesday 11th March 18:00 – 19:00

Event Type: Virtual

Register Today: <https://britishar.my/RealStoriesRealImpact>

All Things Law – Land Your Dream Apprenticeship – Webinar

This online event is aimed at students in Years 11-13 and their parents/carers to find out more about law apprenticeships. It takes place on 5th March at 6.30-7.30pm. Here is the registration link: [Microsoft Virtual Events Powered by Teams](#)

Should I become a Doctor Webinar – 6th March 6.30-8.00pm

Please see the flyer about the upcoming event for students and their parents/carers. It is delivered by the Lincolnshire Training Hub Medical Student Ambassador team and is free for secondary school students considering applying to medical school.

LINCOLNSHIRE TRAINING HUB
Primary Care Education

FUTURE DOCTOR

Future Doctor: Should I Become a Doctor? Webinar
Friday 6th March, 6:30pm-8pm via MS Teams.

This presentation run by medical students is designed to help Year 9-11 students decide whether 'Medicine', or becoming a doctor, is for them. It may also be helpful for anyone else seeking information about the process – including parents and teachers.

The evening will include:

- How do I know medicine is right for me?
- The application process
- The medical degree / life as a medic
- Foundation years (post degree)

For further information and to apply for this **FREE course** please go to: <https://www.lincolnshiretraininghub.nhs.uk/training-and-events/futures-programme>

If you have any further questions, please contact Dr Molly Butcher at molly.butcher@nhs.net

Thank you for the presentation, I found it very valuable as I am currently choosing my A-level options in year 11.

I particularly enjoyed looking at the ways I can get a medical degree and the roadmap/path in terms of exams, universities and work experience.

Email: contact@lincolnshiretraininghub.nhs.uk
Website: www.lincolnshiretraininghub.nhs.uk
@HubLincolnshire @HubLincolnshire
@Lincolnfutures @lincolnfutures

Should I become a Doctor Webinar – 6th March 6.30-8.00pm

This is an upcoming event for students and their parents/carers. It is delivered by the Lincolnshire Training Hub Medical Student Ambassador team and is free for secondary school students considering applying to medical school.

Unifrog Virtual University Fair - 18th March 4.00-6.30pm

From finance to nursing, law to creative arts, and engineering to teaching the Unifrog Subject Discovery Fair is a great opportunity to find out all about studying at university and get all your questions answered by the experts. Join over 30 universities from across the UK to speak to their representatives via Q&A, and attend live sessions delivered by university academics to get an insight into the exciting subjects and trending topics you could be studying at university.

[Subject Discovery Fair](#)

Support:

As always, I can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

Other notices and information



Upcoming diary dates:

Tuesday 3rd March Sixth Form application deadline

Thursday 5th March Year 9 options deadline

Friday 6th March House Charity Day

Tuesday 10th March SHS & SGS PFA meeting 6pm at Spalding Grammar School

Thursday 12th March Year 11 and Year 13 photographs

Thursday 12th March Year 8 Parents' Evening

Tuesday 17th March Whole School photograph

Thursday 19th March Year 12 Parents' Evening

Friday 20th March Red Nose Day non-uniform and Fringe Friday 2

Week commencing Monday 23rd March Year 10 work experience week

Friday 27th March Year 7 and Year 8 Eggstravaganza

Thursday 2nd April End of term 4

Tuesday 21st April Start of term 5

★**Social Media & Account Compromise Workshop – Free! ★**

Lincolnshire Police’s cyber crime team deliver this **free one- hour workshop** to help secondary and college students understand the risks of **social media account compromise** and how to stay secure online. The session offers **practical, up- to- date cyber safety advice**, including how to keep accounts under your control and prevent them being used for financial or criminal scams. Suitable for classes or full year- group assemblies, this workshop helps students build strong digital habits and cyber awareness. To Book: [Social media and account compromise workshop – Lincolnshire County Council](#)

★**Fatal 5 Road Safety Workshop – Free for Year 12 & 13! ★**

The **Fatal 5 Workshop**, delivered by the Lincolnshire Road Safety Partnership, helps students understand the five key behaviours that cause the most serious road collisions: **speeding, not wearing a seatbelt, distraction, drink/drug driving, and careless driving**. Through real- life case studies and interactive discussion, students explore how risky choices impact drivers, passengers and the wider community, and gain the knowledge to make safer decisions on the road. This free one- hour session is available to all Year 12/13 groups, colleges and universities across Lincolnshire. To Book: [Fatal 5 – Lincolnshire County Council](#)

★**Pornography Awareness Workshop – Free for KS3! ★**

Lincolnshire Police deliver this **free, 60- minute workshop** to help KS3 students (Years 7–9) understand **what pornography is**, the **laws surrounding it**, and **what to do if they encounter it**. The session addresses issues such as viewing, creating, or sharing sexual content, and gives young people clear guidance on how to seek support. Interactive activities—including a mix- and- match card game and true- or- false tasks—help students build awareness in a safe, age- appropriate way. To Book: [Pornography for key stage 3 – Lincolnshire County Council](#)

Image credits

Photographs of students: Spalding High School

Legally Blonde poster: Mrs Fisk

Book covers: Amazon

Other images: click on individual image for info