

1920 - 2025



105

YEARS

LAMPADA

VITAE

TRADIMUS

Spalding High School weekly bulletin 29th January 2026

This week, from Mrs Anderson, Headmistress

This week has been a busy week for Year 11 as they experienced the Sixth Form Taster Day on Tuesday. An incredibly high number of students from the High and other local schools attended a busy day of taster lessons across a broad range of subjects. Lessons were delivered by our experienced and committed staff and the feedback from the lessons was excellent. Staff commented on how engaged and enthusiastic the students were, and how keen they were to find out more about the subjects they were intending to study. The students described the lessons as informative and interesting and the staff "really nice"! The canteen went down well too, especially being able to skip the queues and go in first at break and lunchtime!

The application form will go live tomorrow via the School website.

A news report over the weekend caught my eye, that I think students and staff at the High School would be keen to support. The link to the original BBC report can be found below. Seven year old Amelia from Rowley Regis is set to celebrate her eighth birthday on March 3rd. Amelia has neuroblastoma, which is a rare form of cancer affecting nerve endings and she has been in and out of hospital since she was a toddler. Amelia is receiving palliative care, which is a specialised form of medical support based on providing relief from the symptoms and stresses of serious illness and making quality of life as best it can be.

Amelia has a dream for her birthday in a few weeks time and would like to become the world record holder for receiving the most cards on her birthday. I know the High School can help make this little girl's dream come true! So, from Monday 2nd February until Friday 13th February, there will be a box in reception for us to collect cards to send to Amelia. We will then box them all up and send all the cards we have collected in time for Amelia's birthday. Cards can be home-made or bought, from individuals, families, groups of friends or form groups but what a special thing it will be if we can help Amelia to achieve her goal. Let's get behind this and send lovely messages and best wishes to Amelia for the best birthday ever!

[Black Country girl with neuroblastoma sets 8,000 birthday card target - BBC News](#)

Student of the Week



Staff name	Student Name	Student Form	Reason
Miss Bailey	Corie Williams	7N	German
Miss Magnus	Julia Laskowska	7N	Physical Education
Mrs Knowles	Charlie Luke-Stebbins	7P	French
Miss Magnus	Cimmy Alvarez	8C	Community
Mrs Busfield	Lillie Smith	8P	Community
Mrs Jones	Lily Briggs	8P	Community
Mrs Spinks	Malak Hallowell	8P	Mathematics
Mrs Aurikko	Daisie Houghton-Bird	9C	Chemistry
Mrs Nowak	Gabriele Ojimba	9C	Mathematics
Mr Garbett	Amy Ibberson	9N	Music
Mrs C Lord	Emily Day	9S	Mathematics
Mrs Cave	Emily Venclovaite	10J	Religious Studies
Mrs T Waldron	Evelyn Barclay	10J	Biology
Mrs Aurikko	Isabella Brook	10N	Community
Mrs Jones	Olivia Ward	10N	Latin
Mrs Tanner	Florence Numa	10N	Community
Mr Blackbourn	Inaya Ali	10P	German
Mr Hempsall	Arjannya Das	10P	History
Mrs Busfield	Annabel Fyson	10S	Physics
Mrs Tanner	Amelia Whyles	11N	Art
Mr R McAlinden	Sky Salkfeld	12AF	Community
Mrs Nowak	Zofia Nowak	12AF	Community
Miss O'Sullivan	Abbie Brooke	12SC	Community
Mrs J Lord	Erin Taylor	13JL	English Literature

Please find here the latest Student of the Week nominations.

Nominations can be made by both teaching and support staff and can be subject related or community focused.

Sports News



Our Sixth Form games afternoon offered a refreshing break from the pressures of Sixth Form life, blending nostalgia with a chance to genuinely unwind. Revisiting classic parachute games from primary school days brought plenty of laughter. The success of the session has been clear across the School too, with lower years also enjoying the parachute activities in their lessons, proving that these simple, inclusive games are fun for students of all ages.

The PE Department



In recent team-building lessons, 7J and 8N have been developing their communication and listening skills through a collaborative challenge. Working in small groups, students were tasked with creating specific shapes within a set time limit, using only clear verbal instructions to guide their blindfolded team mates.

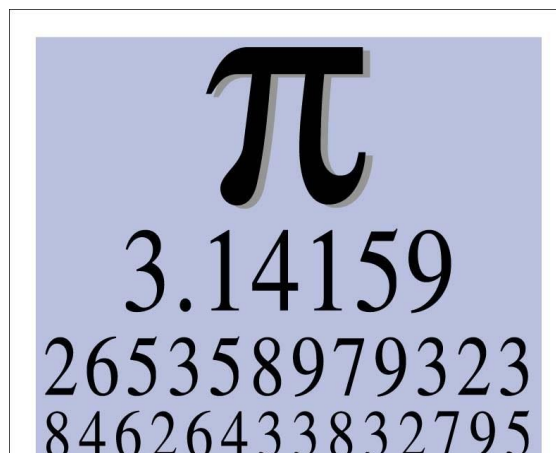
The activity encouraged precise communication and effective teamwork, and both classes rose to the challenge brilliantly. Students supported one another, adapted their instructions, and worked together under pressure with impressive focus. One group even produced one of the best star shapes seen so far – a fantastic achievement!

Miss Jones



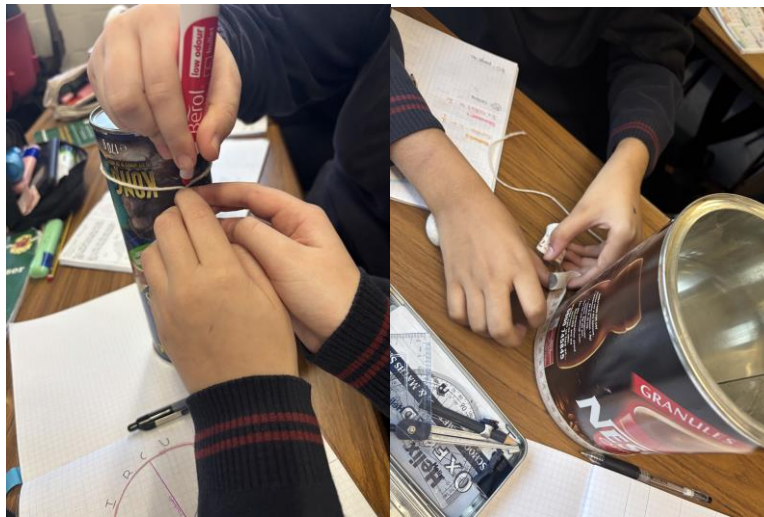
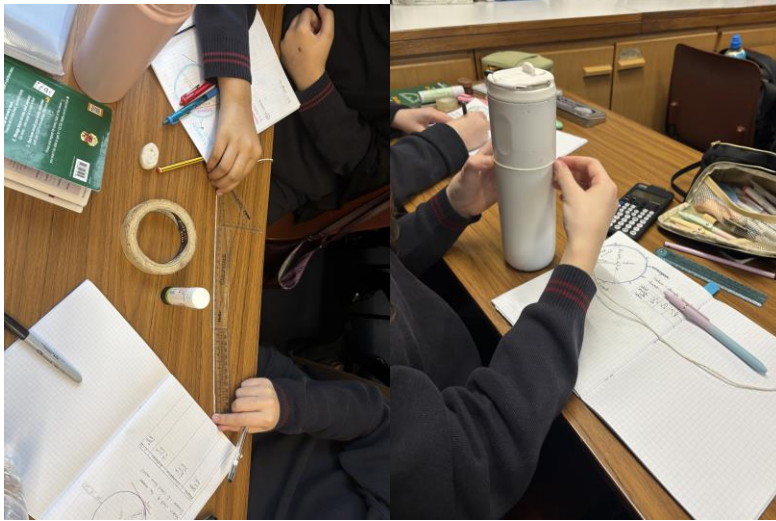


Maths News



In Maths lessons with Mrs Nowak last week, we were learning about the circumference of circles. We brought to school various objects with circles on them, or cylinders. We then measured their circumference and their diameter, divided the results, and discovered that the answer is always the same: 3.14159265... This special number is called **pi (π)**, and it helps us calculate the distance around any circle and its area. We had a fun time and enjoyed hands-on learning.

Alyx 8S



History News

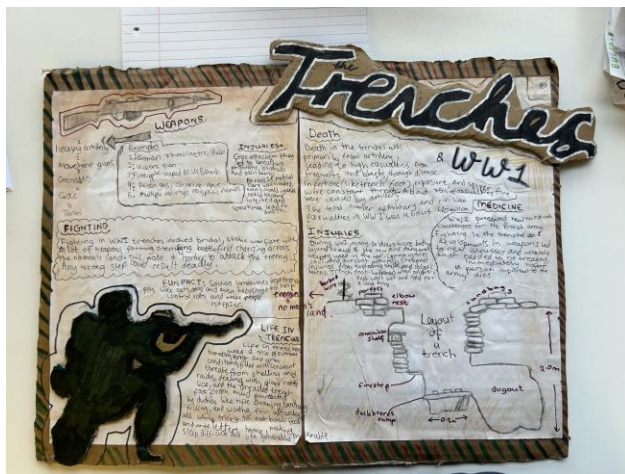
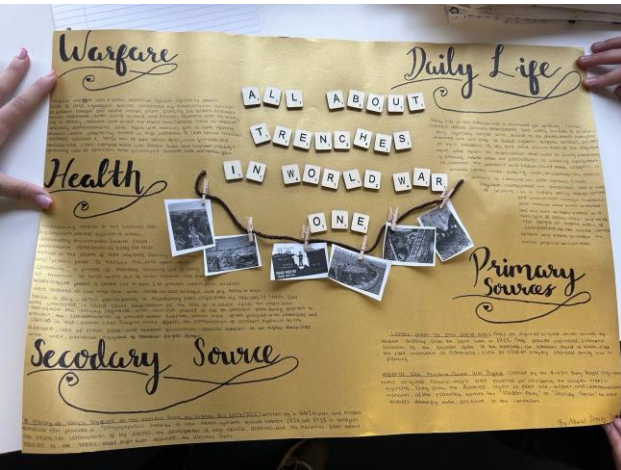
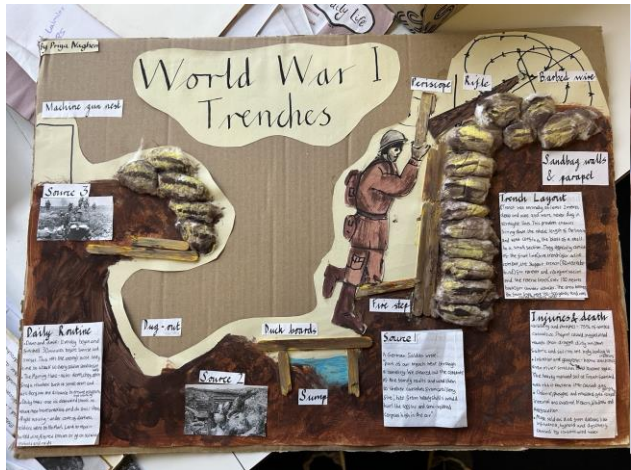
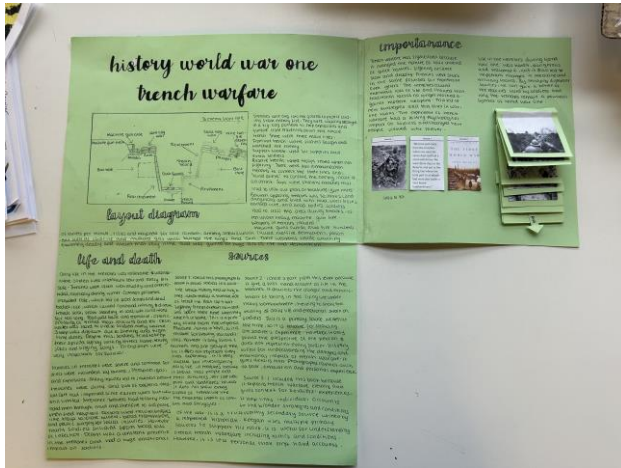


8C, 8N and 8S have spent two lessons and one homework in History working on a World War One research topic. They were required to research the following areas using textbooks and the internet:

- Trench warfare - the layout of trenches, fighting, and weapons
- Daily life in the trenches - injuries and medicine used in the trenches

As you can see there were some Outstanding projects which have been rewarded with Excellents and will be used to create a new display in Room 16.





Food Technology News



Fabulous Fibre February

In our Food and Nutrition lessons students learn about Fibre from Year 7, although we refer to it as NSP (non-starch polysaccharide) and indeed, virtually all of our recipes feature vegetables or fruit. Most of us don't consume 5 portions (a portion weighs 80g) of fruit and vegetables each day needed to provide the 30g of fibre to keep our digestive system functioning well, so this is our chance to give a little focus to the fibre we eat. Each student and member of staff will receive a sheet to record their intake of vegetables and fruit eaten each day over a week if they wish to join in. You might want to make it a whole family focus.

It would be lovely to see photographs of dishes you cook at home celebrating the range of vegetables and fruit you enjoy. Please do email them into enquiries@spaldinghigh.lincs.sch.uk

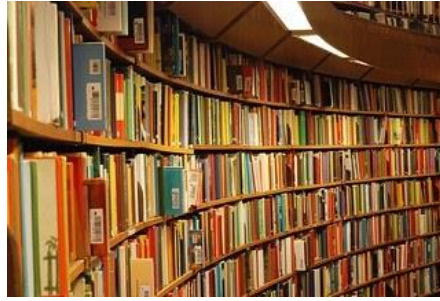
Please see the [link to The British Nutritional Foundation here](#) for more information and dig out your cookbooks, and check supermarket websites for inspirational recipes, alongside the brilliant range of cookery programmes celebrating seasonal and British grown winter vegetables.

Have fun and I very much look forward to hearing what you have been cooking and eating.

Ms Busby

Head of Food Science and Nutrition

Library News



With it being Holocaust Memorial Day this week, the library have focused on this subject. Please see two student reviews and recommended reading suggestions below.

Holocaust Memorial Day Recommended Reading

If you would like to find out more about the Holocaust we have plenty of books on display in the library.

For autobiographies of childhood experiences try:

- The Boy Who Didn't Want to Die by Peter Lantos
- The Diary of a Young Girl by Anne Frank
- Yellow Star - Red Star by Agnes Kaposi
- Desperate Journey by Freddie Knoller
- In My Hands by Irene Gut Opdyke chronicles the heroics of a young Polish nurse who became a Holocaust rescuer.

If you prefer to read a novel, then try:

- Hitler's Canary by Sandi Toksvig, a fictionalised account which is inspired by her father's experiences during the German invasion of Denmark.
- The Dollmaker of Krakow by R M Romero blends magic and history in a story of the rescue of Jewish children.
- Judith Kerr, often fondly remembered for her classic picture books also wrote When Hitler Stole Pink Rabbit, based on her own childhood escape from Nazi Germany.
- Heather Morris has an Auschwitz trilogy that starts with The Tattooist of Auschwitz, the moving and ultimately uplifting real life love story of Lale and Gita.
- The Boy in the Striped Pyjamas by John Boyne features an unlikely friendship between a young German boy and a young Jewish boy.

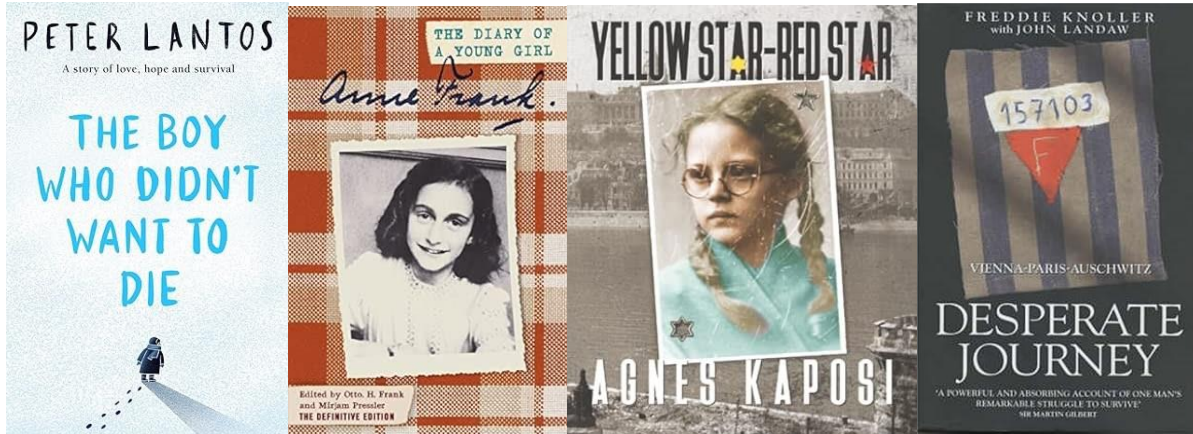
If you prefer a more factual approach, try:

- Terezin: A Story of the Holocaust by Ruth Thompson featuring artwork from those incarcerated
- Auschwitz: The Story of a Nazi Death Camp by C A Lawton.

Additionally, we also have a couple of graphic novels:

- Survivors of the Holocaust by Zane Whittingham & Ryan Jones
- The Boy Who Wouldn't Die: A Graphic Memoir by Peter Lantos, both of which use powerful images and pared down story telling for intense impact.

Miss O'Sullivan and Mrs Lees

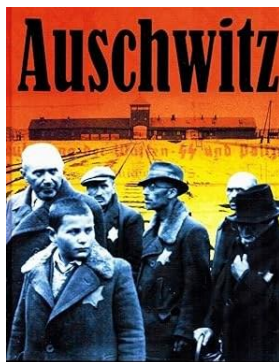




Display of books in the library for Holocaust Memorial Day

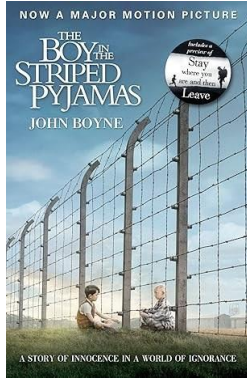
Book reviews

Auschwitz: The Story of a Nazi Death Camp



This for me was a 10 out of 10 read. The book covers everything from the concentration camps being built to their liberation, and to how the camps are now. It is quite a hard hitting book because it shows everything those poor people went through and it shows how some people didn't even believe it happened which is completely crazy. This book contains pictures of Auschwitz from when it first opened and some pictures of it now and when there were prisoners in it. This engrossing book shows what wasn't known at the time, like slave labour, gas chambers and how many people ended up taking their lives because of the torment the Nazis were putting them through. This book for me was great to look into the history behind Auschwitz.

Hollie, 8N



The Boy in the Striped Pyjamas by John Boyne

The story is set in Berlin, Germany and Auschwitz, Poland during World War 2. The story is about Bruno, a boy who moved with his family from Berlin to Poland for his father's work.

His father was going to work at a concentration camp, assisting in collecting Jews to kill them. Bruno doesn't know what his father's job is and is unaware of what a concentration camp means. Bruno befriends a boy on the other side of the camp fence called Shmuel and Bruno feels left out as he thought that Shmuel had friends and he didn't. My favourite character was Bruno because I think he didn't care that Shmuel was different to him but he still was nice to Shmuel and helped him by bringing him food. The main thing is that they were both two innocent boys in a war and they were still friends through all the stuff happening around them. My least favourite character was Lieutenant Kotler because he was so mean to the Jews, especially Pavel, Bruno's family's Jewish servant. This book makes me sad because it was an unfair way to treat people, it made me understand more about it. I would recommend this book to everyone as I think it was really good and it was based on a true story so it made me feel more about the story. After I read this book, I watched the film and read some articles on it. I think anyone who enjoys true stories or interesting stories that have actually happened would like this.

Violet, 9N

Careers News



Year 7 – Unifrog

All Year 7 students have now had a lesson showing them how to access their Unifrog accounts. Students will have access to the careers platform throughout their time in school. Take a look with your child – there is a wealth of information regarding careers and the associated labour market information, in addition to information about different pathways and how to navigate them.

Year 12 Work Experience – 29th June - 3rd July

I wrote to parents/carers about the Year 12 work experience week at the beginning of the month. In Careers lessons students will be shown how to add a placement on the Unifrog platform to manage work experience administration. Any support in helping students to find placements would be greatly appreciated.

Year 13 – University Applications and Offers

If students have already received all their offers from the universities they selected for their application, they do not have to choose their firm and insurance choices immediately, unless they are 100% certain. In their UCAS hub, it will give a deadline date by which they will need to choose. I advise students to give it some time, think it through and possibly attend offer holder days in the coming weeks/months.

Siemens Careers Morning

Please see the information below from Siemens Energy:

We are excited to announce that Siemens Energy Industrial Turbomachinery Ltd, Lincoln, will be hosting a Careers Morning to showcase our Engineering Apprenticeship Scheme. This event is a fantastic opportunity for students interested in pursuing a career in engineering and for anyone with questions about the apprenticeship program and available roles.

Event Details:

- Date: Saturday 7th February 2026
- Agenda: The morning will feature an informative presentation about our current apprenticeship scheme, followed by a guided site tour.

If anyone is interested in attending, please can you ask them to complete the link below to register their interest and further details will be sent out closer to the event. Please note that due to limited resources, we kindly ask that each person brings only one accompanying adult. Additionally, the event is only open to Year 11 students upwards, who are eligible to apply.

[Siemens Energy Careers Morning Interest Form](#)

National Apprenticeship Week – 9th-15th February

Unifrog is hosting an online apprenticeship fair on 11th February 4-6pm. Please have a look with your child to see what is available with national employers and to find out more about apprenticeships. Employers taking part include AstraZeneca, BBC, RAF, KPMG, National Grid and many more.

[Apprenticeship Fair](#)

If you would like to find out more about apprenticeships in general, visit Amazing Apprenticeships' Parent and Carer zone: amazingapprenticeships.com/zones/parent/

Additionally, the Greater Lincolnshire Careers Hub is hosting an apprenticeships webinar during National Apprenticeship Week on 11th February 6.00-7.00pm for parents/carers to find out more about apprenticeships in Lincolnshire. Here is the link to register:

[Greater Lincolnshire Apprenticeship Webinar - Pathway CTM](#)

InvestIn – Future of Work Webinar Series

Please see the flyer regarding the two free webinars being held in February from 6pm on 3rd and 10th February. These are open to students and parents/carers to register.

INVESTIN
Future of Work Webinar Series

ARE YOU PREPARED FOR LIFE AFTER SCHOOL?

The world of work is changing fast. Join our series of free workshops to explore what the future of work could look like and how you can start to prepare for it.

3rd Feb 6pm Uk Time

Will AI Take My Dream Job?

- How AI is impacting jobs now and in the future
- The opportunities and challenges that AI could bring you
- How AI affects subject choices, university decisions and career planning
- Live Q&A

10th Feb 6pm Uk Time

How to Futureproof Your Career (interactive workshop)

- Learn how to prepare for changing career paths
- Identify what matters most to you
- Practise building key transferable skills
- Explore how work experience supports career planning

Receive a certificate of completion

INVESTIN

REGISTER NOW




University of Cambridge – ‘Think Cambridge’ Webinar Series

For students considering applying to the University of Cambridge, there are some very useful webinars coming up in February. I recommend the ‘Choosing your A Levels’ webinar on 4th February 5.00-6.00pm for Year 11 students who think they may be considering the University of Cambridge or Oxford. Bookings can be made using this link: [Think Cambridge | Undergraduate Study](#)

Support:

As always, I can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

Other notices and information



Upcoming diary dates:

Tuesday 3rd February Year 10 trip to Poetry Live

Wednesday 4th - Friday 6th February School production

Thursday 12th February Year 10 Parents' Evening

Friday 13th February End of half term

W/C Monday 16th February School closed for half term break

Monday 23rd February Start of new half term

Thursday 26th February Year 9 Parents' Evening

Tuesday 3rd March Sixth Form application deadline

Thursday 5th March Year 9 options deadline

Friday 6th March House Charity Day

Tuesday 10th March SHS & SGS PFA meeting 6pm at Spalding High School

Thursday 12th March Year 11 and Year 13 photographs

Thursday 12th March Year 8 Parents' Evening

Thursday 19th March Year 12 Parents' Evening

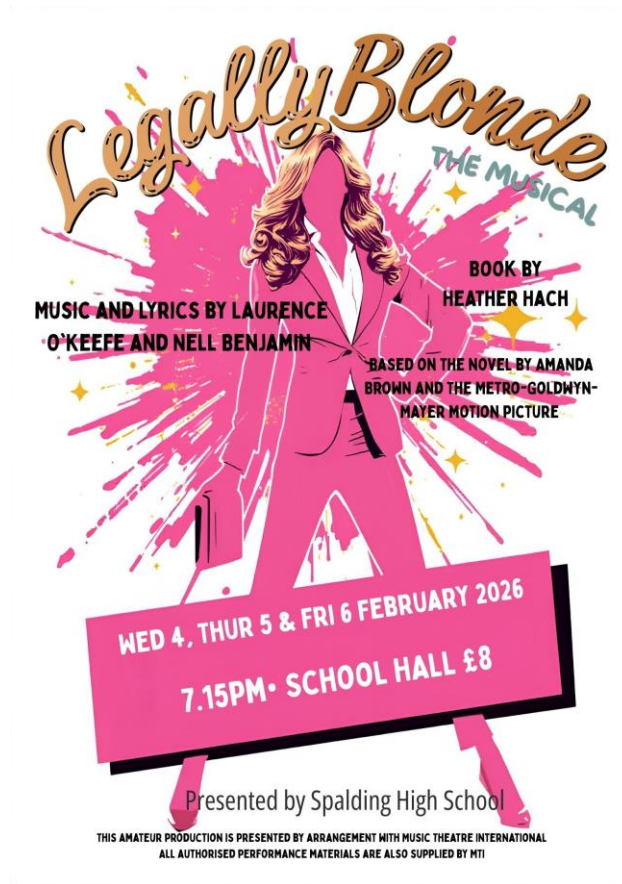
Friday 20th March Red Nose Day non-uniform and Fringe Friday 2

Week commencing Monday 23rd March Year 10 work experience week

Friday 27th March Year 7 and Year 8 Eggstravaganza

Thursday 2nd April End of term 4

Tuesday 21st April Start of term 5



Legally Blonde
THE MUSICAL

BOOK BY
HEATHER HACH

MUSIC AND LYRICS BY LAURENCE
O'KEEFE AND NELL BENJAMIN

BASED ON THE NOVEL BY AMANDA
BROWN AND THE METRO-GOLDWYN-
MAYER MOTION PICTURE

WED 4, THUR 5 & FRI 6 FEBRUARY 2026
7.15PM • SCHOOL HALL £8

Presented by Spalding High School

THIS AMATEUR PRODUCTION IS PRESENTED BY ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL
ALL AUTHORISED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI



UNIFORM DONATIONS

Outgrown any uniform over the holidays?
Had a clear out?

The PFA will gratefully receive any preloved uniform that can be handed in to Reception at any time

All proceeds from onward sales go towards enrichment of students' education

Do you have any unwanted or outgrown SGS uniform or PE kit?

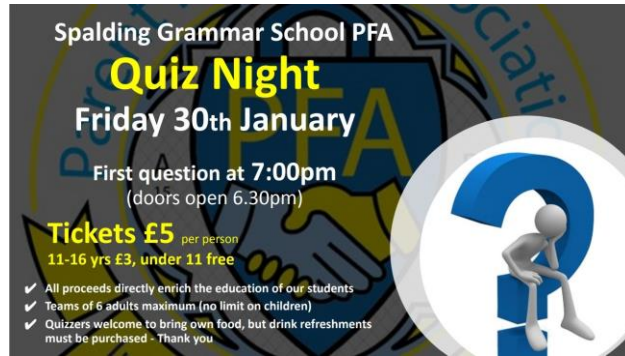


Image credits

Legally Blonde poster: Mrs Fisk, Spalding High School

Book covers: Amazon.com

Quiz poster: Spalding Grammar School

Uniform donations poster: Spalding Grammar School

Other images: click on individual image for info