

1920 - 2025



105

YEARS

LAMPADA

VITAE

TRADIMUS

Spalding High School weekly bulletin 16th October 2025

This week, from Mrs Anderson, Headmistress

The weather has turned decidedly autumnal this week but that is not dampening our spirits as we prepare for upcoming events before half term!

Friday (tomorrow) is Fright Night, our annual spooky festival of fear for year 7 and 8. More than 100 students are joining us for a fun filled evening of dressing up and playing games. We are also holding our competition of Halloween costumes so dress up and prepare to be frightened!

Also on the horizon is the Geography Department trip to Iceland. Year 11 and the Geography Department (and a few extra honorary members of staff) are heading off to Reykjavik and the south west coastal areas to study the country's unusual geographical processes and features. There will be lots of photographs of volcanoes, waterfalls and geysers in the upcoming editions of the bulletin, I'm sure!

Taking a retrospective perspective for a moment, thank you everyone (again) for your tremendous support for World Mental Health "Hello Yellow" Day. Everyone certainly made a great effort to wear yellow for the day and a huge amount of money was raised. Thank you!

Student of the Week commencing 6th October 2025



Mrs J Lord	Laura Malitka	7C	English
Mr Garbett	Rebekah Wilkes	7N	Music
Mrs Neal	Nyree Siemers-Mayne	7N	Art
Mrs Knowles	Issy Burton	7P	French
Miss McArthur	Cimmy Alvarez	8C	Religious Education
Mrs Chandler	Aaruni Keshvara	8C	Library
Mrs Dowson	Cimmy Alvarez	8C	English
Mrs Fisk	Safa Nadeem	8S	English
Mr Ganger	Ruby Matthews	9C	Mathematics
Mr Hemsfall	Amreen Clark	9C	History
Mrs Chalcraft	Aimee Kierman	9J	Mathematics
Mrs Schwarz	Florence Wild	9J	Textiles
Mrs Bennett	Lacey Bourne	9N	Geography
Mrs Busby	Amy Ibberson	9N	Food and Nutrition
Mrs Lees	Kaidi Page	9P	Library
Mr Fovargue	Jess Wright	9S	Computer Science
Mrs Clay	Rugile Girdauskaite	9S	French
Miss Bailey	Mia Mills	10C	German
Miss Parker	Katie Bonarius	10C	Physical Education
Mrs Busfield	Gabriela Lamparska	10J	Biology
Mrs Barats	Emily Venclovaite	10J	French
Mr Wright	Poppy Wall	10N	Biology
Miss White	Izzie O'Brien	11C	Chemistry
Mrs Jones	Chloe Matthews	11C	Latin
Miss Chalcraft	Freya Willerton	11J	Mathematics
Miss Jones	Lucy Wilson	11J	Physical Education
Miss Magnus	Eleanor Seer	11P	Physical Education
Miss Magnus	Abi Wright	11P	Community
Mrs C Lord	Abigail Grimer	11P	Mathematics
Mrs Nowak	Ruby Quinn	11P	Mathematics
Miss Aurikko	Lisa Szymanowska	11S	Biology
Miss Dunbar	Imogen Mountain	12EO	Criminology
Mr McAlinden	Zara-Jayne Odell	12EO	Business
Mrs Martin	Isabel Bowser	12SC	Community
Mrs Martindale	Erin Williams	12SC	Biology
Miss Ashley	Ignas Liekis	12TD	Further Mathematics

1 - Please find here the latest Student of the Week nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Sports News



2 - Well done Year 9 Netball Team you should be really proud of yourselves!

On Wednesday 3rd October the Year 9 netball team played seven matches at the South Lincolnshire Netball Tournament and secured a well-deserved 3rd place.

Throughout the competition, the team displayed excellent skill and spirit. They had sharp passes when attacking, a solid defence and they displayed excellent shooting. The team won five games, by more than half points, drew one game and lost one game.

Well done to all nine players- I look forward to watching your skills and teamwork develop during the league matches this academic year.

Miss Parker



3 - Spalding High School hosted a Y6 Girls' Football competition on Tuesday 2nd October on behalf of School Games. The Sports Leaders played a vital role in ensuring the day ran smoothly and successfully. The leaders showed great responsibility, teamwork, leadership and enthusiasm as they took on roles such as coaching, refereeing and event assistants. Visiting teachers and our School Games co-ordinator complimented the students on their maturity and sportsmanship.

Well done Year 10 and 12 Leaders - you were fantastic role models for the younger students and demonstrated what it means to be a great leader!

Miss Parker

Sportshall

LINCOLNSHIRE SPORTSHALL ATHLETICS SELECTION EVENT

SUN 30TH NOVEMBER 2025

GRANTHAM MERES LEISURE CENTRE – MAIN HALL

We would like to invite any standard of athlete to attend our unique event that includes running, jumping and throwing. All athletes will be required to try all events in the trial for the purpose of selecting a team for an event in February to represent Lincolnshire. We are looking for specialists and all-rounders.

PRIMARY – YEARS 4,5 AND 6 (YEAR 4 CHILDREN MUST BE AGED 9) -10AM
(REGISTRATION) FOR A 10.30 START– 1PM

SECONDARY – YEARS 7, 8, 9 AND 10. 1PM REGISTRATION, FOR A 1.30PM START
– 3.30PM.

THIS EVENT IS TO SELECT THE TEAM FOR LINCOLNSHIRE. ALL ATHLETES MUST EITHER RESIDE; WERE BORN OR GO TO SCHOOL IN LINCOLNSHIRE.

ENTER VIA www.race-results.co.uk. Find Sun 30th November and online entries and payments (£5 PER CHILD) must be made before midnight Wed 26th Nov. No entries on the day.

For further information contact Lincolnshire Athletics Association - Sportshall athletics co-ordinator Lisa Richardson – lisarichardsonsports@gmail.com



Raffle Contributions

On Tuesday 21st October we will be holding a raffle at the Evening of Celebration and Achievement for Sport, Music and Drama to raise money for the PE department.

We would like to raise some additional funds to enable us to ensure all of our teaching equipment is up to date.

We would appreciate your support in the donation of any prizes. Prizes could include but are not limited to vouchers for local businesses, chocolate/ sweet treats and bath/beauty goods.

[Please drop any donations to the PE Office by 17th October, thank you in advance for your support.](#)

Library News



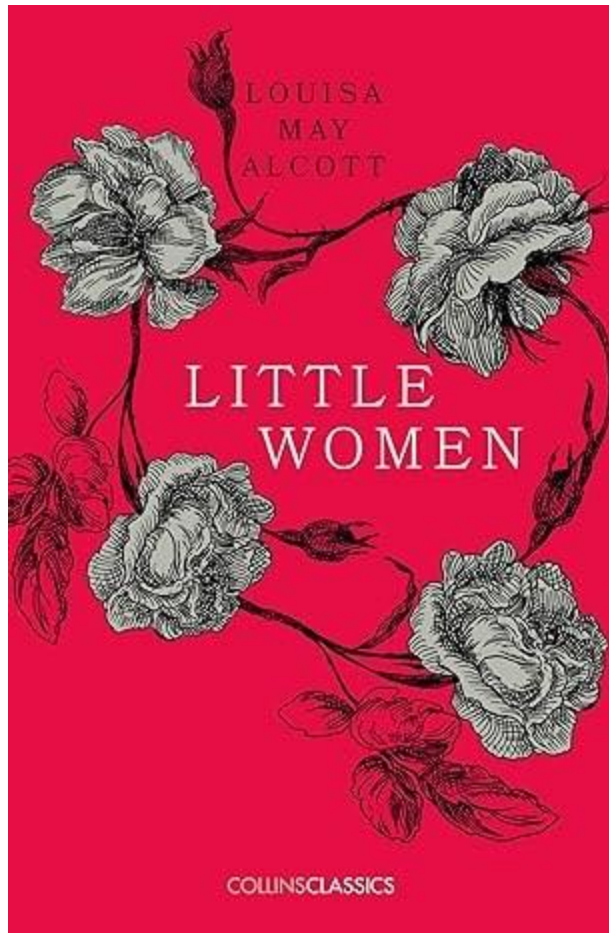


4 - You would find this book nestled in the crime section, but that categorisation doesn't do it justice. This is a slow burn read that follows the measured unravelling of one man's world. Tsuneo Asai, a quiet, conscientious and dedicated government official is accompanying his superior on a business trip when he receives news that his younger wife, Eiko, has died of a sudden heart attack. Eiko's health was poor and this news, although shocking, is understandable to Tsuneo. However, as he begins to unravel the circumstances of Eiko's death (in an unsavoury district of Tokyo) more questions prick his orderly world. Why was the reclusive, dutiful and virtuous Eiko visiting this area? Why are there discrepancies over the time of her death? As Tsuneo patiently untangles these puzzles, more questions are raised and he struggles to find answers to his questions, whilst maintaining his respected position and honourable reputation.

This is a thoroughly immersive and masterly read, with some really dark turns that pull you irresistibly through Tsuneo's collapsing world to its inevitable conclusion.

Happy Reading

Mrs Lees



5 - *Little Women* is an amazing classic book, and I really enjoyed it! Set in the late 1800's, it is about the life of a young American woman called Jo and her sisters, Beth, Meg and Amy. They are all super talented in their own ways. Beth is very shy around strangers but if she trusts you, she will show you her amazing piano playing. Beth wishes that she could stay in the house forever with her mother, and her father (who will hopefully come back from fighting in the dreadful American Civil War). Amy, the youngest out of them all, has a massive passion for art, her wish is to go to Paris and turn into a full-time painter who is known worldwide. Meg, who is the oldest out of them all, is amazing at dancing in the ballroom and looking after her sisters. Her aim for her life is to marry a loving man. Lastly, there is Jo. She really wants to be known as a good writer and make money from writing books and stories. The girls all wanted to do something different but there was one thing keeping them back, being a woman. The sisters all experience the same thing, they get judged by people and get pushed back. Will they find what they want in life? Read the book to find out!

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A New Page for Our Book Clubs

We have now launched our three book clubs, KS3 Book Club, Year 9, 10 & 11 Crime Book Club and Sixth Form Book Club.

It has been wonderful to hear and share so many enthusiastic and intriguing book recommendations. Our initial club meetings were full of summer holiday reading with fantasy, romance and murder mysteries being firm favourite genres through the clubs. Favourite crime books included the classic

Woman in White and Death on the Nile, as well as the more recent books Murder Most Unladylike and Five Survive.

Our current book discussion theme is spooky reads and our KS3 Book Club didn't disappoint this week with a whopping 16 recommendations. So, if you want something scary this Halloween, they recommend; Twilight, The Haunting of Aveline Jones, Bite Risk, The House of Hollow, Bunker Diary, Jessica's Ghost, The Enemy, Gone and You're Not Supposed to Die Tonight. And of course they can all be found in the SHS library!

KS3 Book Club meets every Week 1 Tuesday at 1.30pm, Year 9, 10 & 11 Crime Book Club every Week 2 Friday at 1.30pm and Sixth Form Book Club every Week 1 Friday at 1.30pm. Just come along to the library.

Whether you have lots of opinions to share, or would like to meet fellow book worms, our welcoming book groups are open to all ... we'd love to see you there.

Happy Reading

Miss O'Sullivan & Mrs Lees

Modern Foreign Languages news



Do YOU have what it takes to be a spy?

GCHQ National Language Competition

17 - 21 November 2025



PRIZE INCLUDES A TOP SECRET VISIT TO GCHQ

Open to Year 9 students in teams of up to 4


nlc@gchq.gov.uk



#GCHQNationalLanguageCompetition

6 - See the attached, organised by the Modern Foreign Languages department.

Year 9 - Reverse Advent Calendar Challenge



Year 9 have been set a challenge to run up until Christmas – the reverse advent calendar. Instead of getting something for themselves they give something to others – this could be money, gifts or their time. They had to choose a charity that meant something to their form and organise a series of fundraising events to support their chosen charity. The idea is that they give something back to the community that surrounds them and support people (or animals) in need. The Form Captain has written a report about what the forms intend to do.

Good luck Year 9 – Mrs Neal and Mrs Spinks

9J –

Our form (9J), has decided to choose two charities for the Challenge as we couldn't decide on one because they are both incredibly close to our hearts. Collectively, we have chosen **Pilgrim Hospital** in Boston and **Woodgreen Animal Shelter** near Cambridge. For Pilgrim Hospital we have decided for some pupils in our form to visit and bring Christmas cards, all made by our form and this is to bring Christmas spirit to those who need it the most. Then for Woodgreen Animal Shelter, we have come to a decision that some of us will go to the shelter and spend some time with the animals, getting to know them, bring them treats and just make their lives a bit more enjoyable. We hope that our humble services bring lots of joy to everyone around and make every moment memorable and worth it.

9S –

9S has chosen to fundraise for **Haven Domestic Abuse Service**. This charity provides vital support to people escaping unsafe homes, offering shelter, counselling, and practical help. By supporting Haven, we can make a real difference in our community, helping those affected by domestic abuse to rebuild their lives safely. Many people experience abuse but struggle to find protection or someone to turn to, so our support can make a significant impact

9P –

As 9P, our aim is to help people with cancer by donating offerings like gifts and money to support the charity **Cancer Research UK**. We hope to improve the lives of the patients and to make their days better, as they are most likely going through tough times. Our form has chosen this charity because lots of people have lost their lives to cancer, and it's a very vital diagnosis in the present year, however, our donations can help even if it's the slightest movement forward.

9N –

Our form has decided to support **Winston's Wish**, a non-profit charity that guides young people up to the age of 25 through one of the hardest human experiences: the loss of a loved one. We chose this charity because it supports vulnerable children, fosters mental health and wellbeing and promotes awareness about grief. It empowers young people to cope with loss; because Winston's Wish advocates for mental health, it was an easier option to resonate with on a personal level—9N plans to support this considerate charity with a bake sale.

9C –

9C has chosen the charity **Woodgreen Animal Shelter** as our form collectively decided that we all are passionate about animals. We hope to make a hamper and raise money for them.

YOUNGMINDS

Friday 10th October - #HelloYellow

We donated £805 to the Young Minds charity following the Hello Yellow non-uniform day last Friday. This is a fantastic amount raised for this worthwhile cause. More detail of the day to follow in next week's bulletin.

Bag2School

Don't forget the collection from School on Friday 17th October 2025. Please bring your bag (or bags!) to Spalding High School and help us have a really good collection. You can bring your bag (or bags!) any day between now and then.

Please follow the [link here](#) for guidance on what can be accepted.

Many thanks in advance for helping us with this unique fundraising opportunity.

Celebrating the Individual: Viggie, Year 8



Viggie competed in the County Classic Challenge & Voluntary Levels Championships and scored:

AA 2nd

Beam 1st

Floor 3rd

She has now been selected to represent Lincolnshire! Well done Viggie!

Celebrating the Individual: Marnie, Year 8



Marnie competed in the Classic County Championships 2025 at Silver level and scored:

Vault 1st

Bars 2nd

Beam 1st

Floor 1st

She was awarded silver level vault, beam and floor champion and overall county silver champion. Well done Marnie!

Careers News



Year 10 Work Experience – 23rd-27th March 2026

Well done to Year 10 students who have already found work experience placements for March and added their details, their employer's details and their parents' details onto the Unifrog Placements Tool which we are using in school to manage work experience administration. Could students who have not yet found a placement please continue to make enquiries to try to get their placement secured as soon as possible. We hope to have the majority of students set up on the Unifrog Placements Tool by shortly after half-term.

Year 13 UCAS Applications

Now that the deadline for early applications to Medicine/Veterinary Medicine/Dentistry and Oxbridge courses has passed, I am processing applications for remaining students who are applying to other university courses. A reminder that the internal deadline date for handing in applications to me is 7th November. Many students have already handed in their applications and are starting to receive offers which is exciting and motivational.

British Army Apprenticeships Webinar

There will be a webinar on 21st October at 6.00pm for parents/carers to find out more about apprenticeships in the British Army. Here is the registration link:

[Webinar Registration - Zoom](#)

Aspiring Physiotherapist and Aspiring Occupational Therapist Courses in Half-term

Please see below details of two opportunities during half-term. Could students please let me know if they register and gain a place.

Aspiring Physiotherapy 2025

Explore a career focused on improving mobility, helping patients regain independence lost through injury, ageing, or a disability.

Running on Tuesday 28 October, at Lincoln College, 9:00am to 3:30 pm. This event is open to young people aged 14-19 years, living or educated in Lincolnshire.

Delivered by NHS healthcare professionals, this event offers a valuable opportunity to discover the skills and knowledge necessary for a career in Physiotherapy. Participants will engage in workshops and informative sessions, including:

- **Q&A sessions** with staff from a variety of roles within the Physiotherapy team
- **University taster sessions** led by current Physiotherapy students
- **Workshops** exploring the use of specialist equipment
- **Simulated sessions and case studies** demonstrating how physiotherapists support patients to live an independent life

Aspiring Occupational Therapy 2025

Explore a career that sees beyond diagnosis and limitations, supporting independence and helping people live life to the fullest.

Running on Wednesday 29 October, at Lincoln College, 9:00am to 3:30 pm. This event is open to young people aged 14-19 years, living or educated in Lincolnshire.

Delivered by NHS healthcare professionals, this event offers a valuable opportunity to discover the skills and knowledge required for a career in Occupational Therapy. Participants will engage in workshops and informative sessions, including:

- **Q&A sessions** with staff from a variety of roles within the Occupational Therapy team
- **University taster sessions** led by current Occupational Therapy students
- **Workshops** exploring the use of specialist equipment
- **Simulated sessions and case studies** demonstrating how Occupational Therapists support patients to live an independent life

These are both excellent opportunities for young individuals eager to embark on a career working within health and care. To learn more or book a place, visit: <https://lincstalentacademy.org.uk/events/>

Lincoln College, University of Oxford

Please see below information about upcoming webinars for parents/carers from Lincoln College, University of Oxford.

Online talks for parents, carers and supporters interested in finding out more about university in general and the University of Oxford

What The Trinity College Access team is offering two talks that will be of interest to parents and carers of students in Years 10, 11 and 12.

Session 1 For Families - A guide to university will be particularly useful for those who did not attend university themselves or who feel they would appreciate updated general university information and guidance.

Session 2 For Families - A guide to the University of Oxford will be of interest to parents and carers wanting to hear specifically about the University of Oxford and the application process. In both session, we will also focus on effective ways parents and carers can support their child, should they decide to apply to University and/or the University of Oxford in the future. We aim to build confidence and knowledge about what a parent and carer's role is in the process of a university application and to clarify the benefits and costs of going to university and/or the University of Oxford. Includes live Q&A with current undergraduates at Oxford.

Who Parents, cares and supporters of young people in a state secondary school considering university

When Session 1 For Families - A guide to university on **Monday 3 November at 6pm - 7:30pm**; Session 2 For Families - A guide to the University of Oxford and the application process on **Thursday 6 November at 6pm - 7:30pm**

Where Online

Links Parents can register directly via our [Registration form](#) to book both or their preferred option. Registration open until 48 hrs prior to each session.

Spalding FC Education and Football Academy

Please see below information from Glenn Vaughan, Director of 16+ Football Academies & Education Scholarships at Spalding United Football Club:

We are delighted to now offer an external Football Academy & Education Scholarship at Spalding Utd FC for boys and girls from September 2026.

It's a great opportunity to study a Level 3 in Sports or Business which will take place at the ground and train daily with UEFA coaches on the brand new state of the art 3G pitch. All of the course will be run from the Sir Halley Stewart Stadium in Spalding.

The education provision has been rated Good by Ofsted and is a coursework-based qualification (BTEC Level 2 or 3).



Support:

As always, I can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

Other notices and information



Parking at School

May we politely remind parents and carers of the procedure for drop off and collection of students at the beginning and end of the school day:

- Parents should organise a suitable drop/off collection point **well away** from the School.
- Parents are **not to drop-off or collect from either of the School car parks** (at the front of school and at the rear on Matmore Gate) and are advised to show consideration for neighbours on the streets around the School.

- By law, **yellow zigzag lines** outside of schools indicate the length of road where stopping, dropping off or waiting are **strictly prohibited**.
- The stretch of road designated as the bus zone is also restricted at the start and end of the school day in order for the designated transport to park and disembark/board safely.
- There are further traffic and parking restrictions at certain times of the day around the school zones in this area - please observe the street signs.

Stonegate is particularly busy and hazardous between 3.30pm and 4pm due to nineteen school buses collecting some 500 students, whilst the other 500 leave on foot. The above guidelines are designed to keep our school community safe. Thank you for your cooperation.



Please see the below information from Lincolnshire County Council:

Spy Dog Book series QR code/URL link

We know many schools are already aware and have acted and communicated with parents/carers following the national media coverage last week regarding QR code/URL linked content in some books for children. Parents/Carers should be advised that certain editions of the Spy Dog book series by Andrew Cope containing QR codes or URLs leading to a companion website that were originally safe have recently been compromised. The domain linked to the QR code is now controlled by a third party hosting inappropriate adult content that is not affiliated with the author or publisher. Consequently, the publisher Puffin and author Andrew Cope have halted sales and distribution of these books and are working to have the site removed through legal channels.

Parents/Carers should: Immediately prevent children from accessing the QR code or website. Remove any Spy Dog, Spy Cat, or Spy Pups books containing the QR code from home bookshelves temporarily or ensure the QR code is not accessible or is completely removed from the book, if the child is currently reading the book. Inform their children not to visit the linked website as it contains inappropriate content. Follow any further guidance or updates from schools or the publisher regarding the situation.

LCC Safeguarding in School Team

We do not hold any copies of these books in the Spalding High School library.

Image credits

Young Minds:

Book covers: Amazon.com

Other images: click on individual image for info