



# Spalding High School

## Weekly Bulletin

### 18<sup>th</sup> September 2025



Sometimes the High School makes me chortle to myself – this week was one of those times! I should start by saying well done to everyone for a remarkable fire drill – the first of the year but stunning in its efficiency nonetheless. The site was clear and searched in 4 ½ minutes and everyone registered and accounted for shortly thereafter. The school really did perform exceptionally well, demonstrating preparedness and coordination and students evacuated classrooms quickly and calmly, following safety procedures at all times. There was little for me to say to the School at the end of the drill other than “superb, well done and we just get quicker and quicker” – which initiated a ripple of spontaneous applause from a few new Y7s. Mr Leech, our newest member of staff described it as a “thing to behold,” whilst I’m told that a student gave feedback that the alarm had gone off 12 seconds later than it should have! It’s these things that make me chortle – the little quirks that make the High School, the High School!

There is however, an incredibly important note of seriousness to my editorial this week. Over the summer holidays, I pondered long and hard about how we, as a school, are going to plan and implement Martyn’s Law (Terrorism Protection of Property Act 2025), for which we have a two-year period of preparation before the law comes into force. The law applies to schools, not just venues and public spaces. Whilst the evacuation part of our emergency plan is practised regularly, the invacuation (moving people to a safe place *inside*), is not something that we have practised with students. The School, like most schools has an invacuation plan (previously known as lockdown plans) and we will lead students through the plans of “what to do if” later this term. Like most Headteachers, I truly hope we will never have to use this in a real situation, but we must have an “it could happen here” approach or else we risk not only failing in our duty of care to our students (and staff), but also potentially putting them at risk.

These are lessons, again, I would hope never to have to be used in real life, but practising will give our youngsters the skills and experience of what to do in an emergency situation anywhere, not just in schools. For example, if out shopping with friends one Saturday afternoon, a fire alarm went off in a shop, I would presume students’ training with their school fire drills would help them cope with the situation and know what to do. This also applies to our invacuation practices.

We will start later this term with a form time discussion of “what to do if” and listen to the bell that will signal an invacuation. This will be more easily practised if needed at a time when students are all typically inside anyway and so we will also need to practise what to do if the invacuation bell sounds during a break or lunchtime. These events can worry youngsters, and whilst we will prepare them fully in school, and share the information with parents, we would also encourage conversations at home about this important safety issue.

#### Friday 26<sup>th</sup> September – Macmillan Coffee Morning

We will once again be supporting this extremely worthwhile cause.

Please bring cakes, cookies, brownies & general lovely stuff for the cake sale for Macmillan.

Homemade or shop bought treats are perfect. Donations please. Cakes will be on sale at break & lunchtime in the main school hall.

Please bring your cakes straight to the hall when you arrive at school in the morning on **Friday 26<sup>th</sup> September**.



## Centenary Writing Competition:

### **Creative Writing:**

Either:

1. Our Y7 students always conduct the New Intake tours on Open Day. Imagine you are doing that tour in 2055. Describe the tour of SHS from the perspective of a student guide.

Or:

2. Monday 6<sup>th</sup> September 1920 and the High School opened its doors to students for the first time. The London Road site was not ready and so the first students attended school in separate rooms at Spalding Grammar School. Imagine you were one of those students starting school that day. Write a diary entry for your first day at school.

### **Persuasive Writing:**

Either:

3. Is a selective (grammar school) education a thing of the past and no longer fit for purpose in the mid-2020s? Write a response outlining your top three points to support your view.

Or:

4. Is single sexed education (girls and boys being educated separately), a thing of the past and no longer fit for purpose in the mid-2020s? Write a response outlining your top three points to support your view.

### **Non- Fiction writing:**

Write an explanation, drawing on your own experiences, of what "Lampada Vitae Tradimus" means to you.

Deadline for all elements of the writing competitions: **Friday 26<sup>th</sup> September**

All work must be your own. Reports should be in standard font and font size and reports no longer than two sides of A4.

### **Centenary Art Competition.**

The three editions of the HQ to be published during this academic year will have the Centenary celebrations and competitions running as a major theme - 105 Years On Part 1, 2 and 3!

Design one of the front covers for the three centenary editions. Your work must be portrait in orientation and all your own work.

Deadline: **Friday 3<sup>rd</sup> October**. Hand your artwork into Reception making sure your name and form are written on the reverse.

### **Centenary Christmas Card Competition.**

The official SHS Christmas Card will be a special Centenary Edition! Are you the designer of our 105 Christmas Card 2025?

Designs can be portrait or landscape and must be all your own work. Deadline: **Friday 9<sup>th</sup> October**. Hand your artwork into Reception making sure your name and form are written on the reverse.

**M K Anderson, Headmistress**

## Student of The Week - 4<sup>th</sup> and 5<sup>th</sup> September and week commencing 8<sup>th</sup> September

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7J	Ula Jarosiute	Mrs Rogers	Geography
8C	Lexi Steele	Miss McArthur	Religious Education
8C	Lexi Marsh	Miss Parker	Physical Education
8C	Kashvi Aryan	Mrs Jones	Latin
9C	Inaaya Alvarez	Mr Hemsall	History
9C	Mbali Mlalazi	Mrs Nowak	Community
9J	Nyla Omokan	Mrs Spinks	Mathematics
9N	Lucy Kitchen	Mrs J Lord	English Literature
9P	Mariam Walji	Miss Hammond	Drama
9P	Bea Snaith	Mr Garbett	Music
9S	Emma Paulin	Mrs H Waldron	Religious Studies
10C	Amelia Fletcher	Mrs Schwarz	Textiles
10J	Olivia Duff	Miss Magnus	Physical Education
10J	Olivia Duff	Mrs Bennett	Geography
10J	Lily Rechciglova	Mrs C Aurikko	Chemistry
10J	Lily Rechciglova	Mrs F Barats	French
10J	Olivia Duff	Mr Murphy	Chemistry
10N	Khaleesi Jerwood	Miss Ashley	Mathematics
10N	Eydee Bayston	Miss Jones	Physical Education
10N	Poppy Crunkhorn	Mrs Tanner	Community
10P	Arjannya Das	Mrs T Waldron	Biology
10S	Milly Talbot	Mrs Martindale	Biology
11C	Annabel Duce	Miss White	Chemistry
11C	Phoebe Hedaux	Mrs Gregory	Physics
11P	Issy Payne	Miss Bailey	German
11P	Millie Moore-Hicks	Miss Jeffery	English Language
11P	Darcey Greenwood	Mrs Hickman	Spanish
11P	Jodie Mister	Mrs Tanner	Art
11S	Lisa Szymanowska	Mr Ganger	Mathematics
12OS	Cheryl Kalane	Mr Love	Law
12SC	Abbie Brooke	Mrs Busfield	Biology
13JL	Lexi Withers	Mrs H Waldron	Community
13NG	Caspian Szczygiel	Miss Dunbar	Criminology
13TD	Vivien Kudla	Mrs Neal	Art

## Celebrating The Individual in Year 10 - Ruby Coupland 10N

On Sunday 14<sup>th</sup> September, I participated in the Spalding Junior Club Golf Championship, I came first place for gross, shooting 84. I didn't play very well on the front nine, but I managed to hit level par on the back shooting one of my best scores at Spalding.

### **Ruby Coupland**



## English News

### Poetry Competition

The English Department would like to make students aware of the Lincolnshire Schools' competition to write a poem. Please remember to let Mrs Lord know if you enter, and of course if you win!

Mrs J Lord, Head of English

# *The Willoughby Memorial Trust* **LIBRARY AND ART GALLERY**

Moreley's Lane, Corby Glen, Grantham, Lincolnshire NG33 4NL  
Registered Charity No. 527647 [www.willoughbygallery.com](http://www.willoughbygallery.com)



## LINCOLNSHIRE SCHOOLS

# POETRY COMPETITION 2025



A poem on the subject of - **“Play”** (National Poetry Day theme for 2025)

Open to pupils of Lincolnshire Schools in the following groups as at 1st September 2025

Key Stage	1st Prize	2nd Prize	3rd Prize
1 (5-7 years)	£15	£10	£10
2 (8-10 years)	£20	£15	£10
3 (11-14 years)	£25	£20	£15
4 (15-16 years)	£25	£20	£15

A 4th prize may be awarded at the Judge's discretion.

Entries will be judged by **Ross Ayres**, Stamford Poet Laureate.

Winning poems will be on display in the Library at the Willoughby Memorial Gallery from 12th until 28th

November 2025 (Tues. – Sun. 12 noon to 5 pm.) and published on [www.willoughbygallery.com](http://www.willoughbygallery.com)

Prize-winners will be invited to read their poems in the Library at a prize-giving evening on 28th November.

### *Conditions of Entry*

- Poems to be on the subject of **“Play”**, the theme for National Poetry Day (2nd October).
- Poems must be in English and no more than 40 lines long.
- Poems should preferably be typed or must be written clearly in ink or ball-point pen on one side only of A4 paper.
- Each poem should have clearly written at the bottom of the page the poet's name, Key Stage number, age of poet, date of birth and school—any entries not clearly marked may not be judged.
- Each competitor may enter one poem only.
- No alterations may be made to poems once submitted.
- Poems must be the original work of the entrant.
- No prize will be awarded in any class where entries are not of sufficient merit.
- Poems will not be returned unless requested and a stamped addressed envelope enclosed.
- The Judge's decision is final and no correspondence will be entered into regarding the decision.

**Entries should be submitted separately as attached 'Word' documents or jpegs (if scanned from hand written originals) to [poetrycompetition@willoughbygallery.com](mailto:poetrycompetition@willoughbygallery.com) or entries may be posted to:**

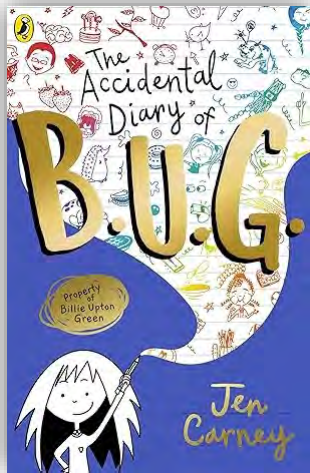
**W.M.T. Lincolnshire Schools Poetry Competition  
c/o Graham Underhill  
Old School Yard  
8 Bourne Road  
Swinstead  
Grantham, Lincs., NG33 4PQ**

Enquiries, please telephone 01476 550972

***Closing date for receipt of entries Monday 13th October 2025***

## Bookworm Bulletin

### The Accidental Diary of B.U.G. by Jen Carney

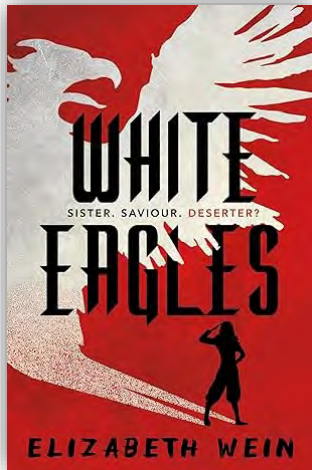


This book is a comedy by Jen Carney, it's really funny and made me laugh out loud many times. The main character in this book is 10 year old aspiring artist Billie and it is told from her perspective and diary (her Stay Awake Doodle Diary). In this book, Billie tries to catch the thief that has been stealing from school but also navigate her own friendships. I would recommend this to anyone who enjoys silly doodles and funny books. The one thing I didn't like about this book was that the plot was quite simple but I still would recommend!

**Martha 8N**

*Image sources: [www.amazon.com](http://www.amazon.com)*

### White Eagles by Elizabeth Wein



White Eagles was my favourite book I've read this year. It is set in WW2 and follows the experiences of a Polish pilot, Kristina, who has to flee her country and finds a lonely, orphaned Jewish boy, Julian, along the way. Feeling sympathy for him, as her brother Leopold was just shot and killed in front of her by the Germans, she takes him on her journey. Julian was trying to make it to England and reunite with family and Kristina was on her way to France so she could meet up with the rest of the Polish Air Force. They decided to go together to France as it is closer to England from Poland. I liked it as I am quite interested in history and like to hear everyone's views and experiences as I am quite opinionated when it comes to political things such as war. I recommend this book to people that want to widen their knowledge about war and refugees and what they have to go through.

**Reyah 10S**

### Scavenger Hunt: Booked for Summer

Thank you to the students who have already entered the summer reading challenge. We have had over forty entries so far!

1. A book with a strong female lead: a book of any genre featuring a strong female main character. Remember: strength can mean many different things!
2. A book with a one word title: any book with a single-word title.
3. A book made into film: any book that has been made into a film or series. Which one is better?
4. A photo of your book in a fitting location: are you reading 'Glasgow Boys' in Scotland, 'The Hunger Games' in your kitchen or 'The Secret Garden' in your garden? Take a photo of your book in its natural habitat.
5. Draw a map inspired by your book. Upload a picture or drop it into the library by the closing date.
6. A book with a number in the title.
7. A book with a non-human main character: choose a book with an animal, alien, AI or any other
8. non-human main character.
9. A book with a journey or quest: this could be a physical journey or an emotional one.

**Closing Date: Tuesday 30th September.** A winner will be selected at random from the entries. Each item on the list counts as an entry. Entries can be submitted on this form: <https://forms.office.com/e/jcVF8FAykV> or into the Library. Happy reading!

**Miss O'Sullivan and Mrs Lees**



EVERYONE WELCOME

YOUR PARAGRAPH TEXT

**WEDNESDAY | LUNCHTIME**

1.15PM DRAMA STUDIO

SEE YOU THERE!

# RAFFLE CONTRIBUTIONS

The Senior Prefect Team need  
**YOUR** item donations!

Mark your calendars and get a team together:

Friday 3<sup>rd</sup> October will be SHS Quiz Night!

Money raised will go towards the Y13 Leavers' Ball!

We will be holding a raffle and we need items  
including, but not limited to:

- Chocolates, biscuits,
- other packaged treats!
- Bath/Spa products
- Vouchers
- Arts/crafts/stationery
- Game night goods
- Accessories
- ...and more!!



Donations to Mrs French's office please, enquiries to Abigail Rowbottom via email. Thank you!

# Bag2School



@bag2schooluk

[www.bag2school.com](http://www.bag2school.com)



follow us on Facebook

Our next **Bag2School** collection  
has been arranged for

Bags can be brought into school before the Friday if it helps but all  
bags must in on

**Friday..17th..October..2025**

at .....9.. am / ~~pm~~

Any questions - please ask your  
school collection organiser **Mrs Barats / Caspian Y13...**

[www.bag2school.com](http://www.bag2school.com)

## **Bag 2 School**

We are pleased to announce that Spalding High School has organised a clothes & shoe collection with **Bag2School**

**Bag2School** is the UK's leading textile recycler and fundraiser working with schools and since its inception in 2001 it has now paid out over £36 million.

As well as raising vitally needed funds for Spalding High School, it also helps the environment by helping to divert unwanted textiles away from landfill. A recent DEFRA report has shown that textile collection schemes are helping to reduce the volume of textiles discarded as municipal solid waste. However it is a fact that as a nation we still send 350,000 tonnes of textiles to landfill every year.

By getting involved in our Bag2School collection, you have an opportunity to sort through your cupboards and wardrobes and donate unwanted textiles in the bag provided – this can include adults' and children's clothes, shoes (tied together please), hats, belts, handbags and soft toys, (please refer to <http://uk.bag2school.com/> for full details). In addition to raising much needed funds it will also raise awareness amongst the children of the benefits of recycling and reuse.

If you fill the donation bag and still have more then you can use any other bag to donate your items and don't forget to ask grandparents, friends and neighbours to have a sort out as well!

Bag2School will be collecting from Spalding High School on Friday 17th October 2025. Please bring your bag (or bags!) to Spalding High School and help us have a really good collection. You can bring your bag (or bags!) any day during that week.

Many thanks indeed for helping us with this unique fundraising opportunity.

**We accept** the following 'good quality' items for RE-USE:

- Men's, ladies and children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Curtains
- Towels
- Bedding (bed sheets, pillow cases and duvet covers)

**We DO NOT accept:**

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and work wear
- Textile off cuts, yarns or threaded material

**Madam Barats, Head of MFL**

## Careers News

### Year 10 Work Experience

I wrote to parents about Year 10 work experience earlier this week. I will also attend the Year 10 Curriculum Evening on 1<sup>st</sup> October if any parents/carers have questions.

### Year 13 University Application Deadlines

For parents/carers to support Year 13 students with university applications, here is an overview of the internal school deadlines and the UCAS deadlines:

	School Deadline	Official Deadline
Medicine/Veterinary Medicine or Science/Dentistry/Oxbridge	Friday 26 <sup>th</sup> September 2025	Wednesday 15 <sup>th</sup> October 2025
All other UCAS forms	Friday 7 <sup>th</sup> November 2025	Wednesday 14 <sup>th</sup> January 2026

### British Army Apprenticeships Webinar

There will be a webinar on 21<sup>st</sup> October at 6.00pm for parents/carers to find out more about apprenticeships in the British Army. Here is the registration link: [Webinar Registration - Zoom](#)

### 'Get into Medicine' and 'Get into Dentistry' Conferences

Every year I recommend that students who think they might be interested in studying Medicine or Dentistry attend a free 'Get into Medicine' or 'Get into Dentistry' conference hosted by Medic Mentor. Parents/carers are required to be present during the webinars which are free. The webinars give an excellent insight into applications for these extremely competitive courses. Please see the information below and some upcoming dates which are repeated on other dates during the year.

I'd like to invite students in Years 10 - 12 who are curious about a career as a doctor/dentist, or those set on pursuing medicine or dentistry, to attend one of our first Get Into conferences of the year.

#### *Free Live Virtual Get Into Medicine Conference:*

- Saturday 20th September from 9am - 1:30pm
- Sunday 21st September from 9am - 1:30pm
- Sunday 28th September from 9am - 1:30pm

#### *Free Live Virtual Get Into Dentistry Conference:*

- Saturday 27th September from 9am - 1:30pm

*Students and parents can register using this link:*

*Medicine: <https://medicmentor.org/get-into-medicine-conference-signup/>*

*Dentistry: <https://dental-mentor.org/get-into-dentistry-conference-sign-up/>*

*These events offer a complete guide through the medical and dentistry application journey. Students will gain key insights into the UCAS application process, connect with doctors, dentists, medical and dental students, whilst gaining a clearer view of a future in healthcare.*

*During this conference, Dr Kennedy, Dr Safiyah and I will guide students through essential topics such as:*

- Application Timelines
- How to Tactically Choose Medical or Dental Schools
- Personal Statements

- Medical/Dental School Interviews
- UCAT Entrance Exam to Medical School
- Medical Leadership and Awards Programmes
- Accessing Work Experience
- Accessing Scholarships

Here's a rough guide on how the day will run:

9am - Registration

9:30am - Introduction to Mentorverse, Competition ratios, Volunteering and Work Experience

10:10am - 10 min break (optional q&a)

10:20am - Academic entry requirements and extracurricular activities

10:45am - Successful Student

11:00am - 10 min break (optional q&a)

11:10am - Strategically deciding on 4 medical/dental schools, Costs of studying and applying to uni, Widening Access and extracurricular pathway support

11:40am - Personal statements and latest updates

12:00pm - Break 10 mins (optional q&a)

12:10pm - UCAT Entrance Exam

12:40pm - Interviews

12:50pm - Break 10 mins (optional q&a)

1:00pm - Application timeline review and support

1:15pm - Successful Student speaker

1:30pm - Finish conference

Our goal is to provide your students with the tools to successfully navigate common errors and challenges, ensuring their application to medical school stands out.

For those who can't make it to the next upcoming conference, we host these events nearly every weekend to ensure everyone has access to vital information for their applications.

Students must have a working camera and microphone for the session. Additionally, a parent or guardian should be present during these conferences to provide valuable insights and guidance, ensuring they can effectively support their progress.

If you have any questions, please drop me an email [education@medicmentorfamily.org](mailto:education@medicmentorfamily.org).

Best wishes,

Dr Siva

Dr (Prof) Dhakshana Sivayoganathan

Medical Director of Medic Mentor (part of Mentorverse)

Visiting Professor of Medical Leadership and Innovation at University of Greater Manchester Medical School

British Medical Journal (BMJ) Clinical Champion

Mentorverse is a General Medical Council (GMC) Designated Body for Doctors

Associate Member of the NHS Confederation

NHS Providers Insight Partner

Creating Future Healthcare Leaders for the NHS

Support:

As always, I can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

**Mrs Bushell, Careers Leader**



# Quiz Night

**FRIDAY 3rd OCTOBER**

**6:30-8:30pm**

**BOOK TICKETS VIA SCOPAY NOW**

**£20 per team**

**6 people per team maximum**

**ALL FUNDS RAISED FOR Y13 LEAVERS BALL!**

**Light refreshments on sale before and during the interval**

**Hosted at Spalding High School - enter via reception**

**Hosted by the SHS Prefect Team**



# GIRLZ ONLY YOUTH CLUB

Ages 13 – 18

Tuesdays 7pm to 8.30pm  
during school term-time



Carlton Road Youth Centre  
Unit 5, The Carlton Centre,  
Carlton Road, Boston, PE21 8LN  
Tel: 01205 311794



What's on offer

Pool Table, PS5 and Driving Wheel, Xbox,  
Sports, Cooking, Arts and Crafts, Music, and  
More!

**FREE  
ENTRY**

**Future4Me**

**Lincolnshire**  
COUNTY COUNCIL  
*Working for a better future*

Find out more: [F4Minterventions@lincolnshire.gov.uk](mailto:F4Minterventions@lincolnshire.gov.uk)