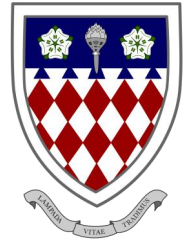


Spalding High School

Weekly Bulletin

27th February 2025



Welcome back to T4; I hope you had a pleasant half term and a chance to have a rest! Term 4 ended on a high, with the newly established House Charities Day. Mrs Ray, the School Council, Charities Reps and House Captains pulled off an amazing day and one that will now become an annual tradition for the High School.

As you will see in this week's bulletin, the students and staff who visited Austria for the 2025 Ski Tour had anything but a rest last week, but I know an enjoyable time was had by all. Thank you to the staff for running the trip.

T5 is another relatively short term - just six weeks until Easter but as we know, the shorter terms are all jam packed. This term is also the final push for Year 11 and Year 13. Now is the optimum time to really get prepared and ahead on revision and the preparation that can take place this term will have a significant impact on your examination readiness so good luck to both year groups over the coming weeks.

There are also big deadlines for Year 11 and Year 9 early this term, with the options and application deadline next week on 4th March. Exciting times! There are other exciting things on the horizon this term, trips, Y11 and Y13 final photos (yes it really has come around already!), Achievement Week, Egg-Stravaganza and Y10 Work Experience. As I said - a packed term!

This term we welcome Mrs Berry, our new Senior SEND TA to the team; we all wish her well in her new job.

Have a good term!

M K Anderson, Headmistress

Student of The Week - Week Commencing 10th February 2025

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Student Form	Student Name	Staff	Reason
7C	Lexii Tilbrook	Mrs C Lord	Mathematics
7C	Brioney Richardson	Mrs Nowak	Mathematics
7C	Lexi Steele	Miss Magnus	Community
7S	Freya Blackshaw	Miss Bailey	German
8C	Daisie Houghton-Bird	Mr Ganger	Mathematics
8C	Fatemah Ravji	Mrs Busfield	Science
8C	Rebeka Joyce	Mrs F Barats	French
8J	Sakina Walji	Mr McAlinden	History
8N	Francesca Gorman	Mrs Fisk	English
8P	Evie Waterhouse	Mrs Martin	Mathematics
9C	Heidi Woodrow	Mr Garbett	Music
9P	Yogitha Velpuri	Miss Hammond	Drama
10C	Izzie O'Brien	Mrs Gregory	Physics
10C	Phoebe Hedaux	Mr Ganger	Community
10C	Honey Barnett	Mrs Neal	Community
10J	Izzy Herring	Mrs Fisk	Community
10N	Lia Ciesla	Mrs Aurikko	Biology
10P	Ava Judkins	Mrs Cave	Religious Studies
10P	Eleanor Seer	Ms Busby	Food and Nutrition
10S	Isobel Wilkins	Mrs Tanner	Art
11N	Tisya Mathialahan	Mrs H Waldron	Religious Studies
11P	Erin Williams	Mrs Busfield	Community
11S	Alexis Bradshaw	Mr Hemsall	History
11S	Lilianna Wong	Miss White	Chemistry
6LH	Macy Howitt	Mrs Hebblewhite	Community
6NG	Cordi Mansfield	Mrs Nowak	Community
6NG	Cordi Mansfield	Mr Murphy	Chemistry
6TD	Evie Hemmings	Mrs Bennett	Geography

Sports News

U14 Football

On Tuesday 4th February, the U14 football team travelled to Bourne Grammar School for their County Cup fixture. With an early injury to our goalkeeper we were at a disadvantage, but the team showed resilience, pulled together and tried their best to minimise the deficit. Unfortunately we lost 5-1 so will not progress further in the County Cup but well done to Lily who was awarded Player of the Match for an excellent defensive performance, never giving up.



U16 Football

On Wednesday 5th February, the U16 football team travelled to Haven High School to play their Lincolnshire County Cup fixture. Due to illness and injuries our opponents only had ten players so a few of our team showed excellent sportsmanship to play for the Haven High team. Despite having only played one game together this season, the team played brilliantly to secure an 8-0 win, with some well-worked goals. Having fielded our team of eleven players, one player to the opposing team, an outfield player experiencing life as a goalkeeper, the substitute also had the opportunity to experience officiating the game as a lineswoman. Not only did the win progress SHS into the next round of the County Cup, the game offered opportunities for personal development by playing in different positions, for the opposition and applying their knowledge of the laws of the game to an actual game in the role of an official.

Miss Magnus, PE Department



Ski Trip 2025

Over the February half term, the PE department took 43 students to Zell Am See, Austria for the annual ski trip. There will be a full article and more photos in the next edition of the High Quarterly magazine but here are some photos from the week. The students represented the School brilliantly throughout the trip with their excellent behaviour in service stations, on the slopes, at mealtimes and in their respectful use of the hostel rooms. Everyone made the most of the amazing views and tried lots of different foods, including broth, schnitzel and Kaiserschmarrn. Most of the group were complete beginners, making significant progress throughout the week to all go down blue runs by the end, which was fantastic to see.

Miss Magnus, PE Department



Celebrating the Individual in Y7- Viggie Chung, 7C

Over half term, Y7 student Viggie Chung competed at The Notts Gym Academy Invitational Gymnastics Competition representing Witham Hill Gymnastics Club. Her placings are below:

Development 2 - 13 years

- * 2nd place - Overall
- * 1st place - Floor
- * 1st place - Beam
- * 2nd place - Range and Condition
- * 3rd place - Vault



Well done Viggie on another impressive performance winning lots more medals!

Miss Magnus, PE Department

House Charity Day – Friday 14th February

This was the first time we have held a House Charity day and it proved to be extremely enjoyable and successful. The idea had come from the School Council, as they wanted to see more events where students in each House work together across all year groups. The School has traditionally supported charities very well and this was seen as an event that everyone could be involved in and the proceeds could go to a worthy cause.

Each House chose a charity and a number of activities, games or items to sell. We saw many fundraising ideas including cakes, crafts, a tombola, guess the teddy's name, a chocolate hamper, inflatable bowling, the batak board and basketball shooting. In addition to this, the School Council organised a non-uniform day.

The amounts raised were as follows:

The grand total raised on the day was **£1,491.82**, which is fantastic.

Mr Love, Assistant Head Teacher

HOUSE	CHARITY	AMOUNT
Curie	Marie Curie	£260.19
Johnson	RSPCA	£259.51
Nightingale	Little Princess Trust	£447.62
Pankhurst	Little Miracles	£281.60
Sharman	Cancer Research	£242.91



Pin the hair on Mr Garbett!



Sixth Form News

Taekwondo Competition

On Sunday 26th January, myself, Erin and Isabel (11P), Freya (11J) and Nikita (10N) competed in the Midlands Championships for taekwondo. We all competed in sparring, with some of us doing patterns and tag team sparring.

For my category, sparring involved a two minute long, uninterrupted fight, with the person who scored the most points winning. I drew my first fight initially, so had a one minute extension, after which it was decided I had won. Patterns involved going up in front of three judges to do one of the patterns from the grading syllabus. Tag team involved three people taking turns to fight another team in a four minute round. Each time a point is scored, the fight is stopped, and the teams get an opportunity to change fighters.



It was a very successful day for all of us! I received my best ever score for patterns, as well as achieving silver in individual sparring and bronze in team sparring. My team competed in the adult black belt category, so had to spar some very experienced fighters. Isabel got silver in her individual, and with Erin, got a bronze medal for their team sparring.

Roisin Williams, 6AF

British Heart Foundation

I started volunteering at the British Heart Foundation shop for an hour per week in Spalding for my Silver Duke of Edinburgh Award in early Year 12 and continue to do so. The application process involved filling in an online form and gaining references, and then an informal interview. Afterwards, I had to complete a few online training modules to be allowed on the shop floor unsupervised. I would 100% recommend volunteering anywhere (not just in a charity shop) because it helps you to get directly involved in the community. It has also allowed me to develop many skills such as confidence, communication, organisation, and diligence which has helped me in school. We are looking for more volunteers now, so if you are 16+ I would agree it is a good thing to do and a fulfilling way to spend some time and is incredibly flexible.

Sophie Gleave, 6AF

Image source; www.bhf.org.uk



Careers News

Work Experience in Years 10 and 12

Year 10 students will be out on their work experience week 31st March - 4th April. Students will be given a logbook to use during their placement in their careers lesson over the coming weeks. They should check their emails regularly for updates from employers and also ensure that they have made recent contact with their employer. Again, we will talk about this in careers lessons.

Year 12 work experience week is 30th June - 4th July. Students should return their placement confirmation forms as soon as they can so that the necessary administration can begin to enable the placement to go ahead.

Upcoming opportunities for students interested in healthcare

Please find details at the end of this newsletter about opportunities in the Easter holidays for students who aspire to study medicine or physiotherapy.

Unifrog – Virtual Event – 26th March 4-6.30pm

Please see the information below from Unifrog about a useful upcoming event:

*Calling all Year 10 to 12 students who are interested in university! If your students have any questions about what university life is really like, there's no-one better placed to answer than **current undergraduate students**.*

*By joining our 'Meet the Students' virtual fair, students will attend **live sessions** hosted by both students and admissions staff and be able to chat directly with students from 30 universities about **accommodation, societies, lectures and classes, living away from home**, or anything else that could influence their university choices.*

*Don't worry if students can't attend the whole fair; they're free to drop in whenever they can. Teachers, advisors, parents, and caregivers are all encouraged to join too! **Please visit Unifrog to register**.*

Support:

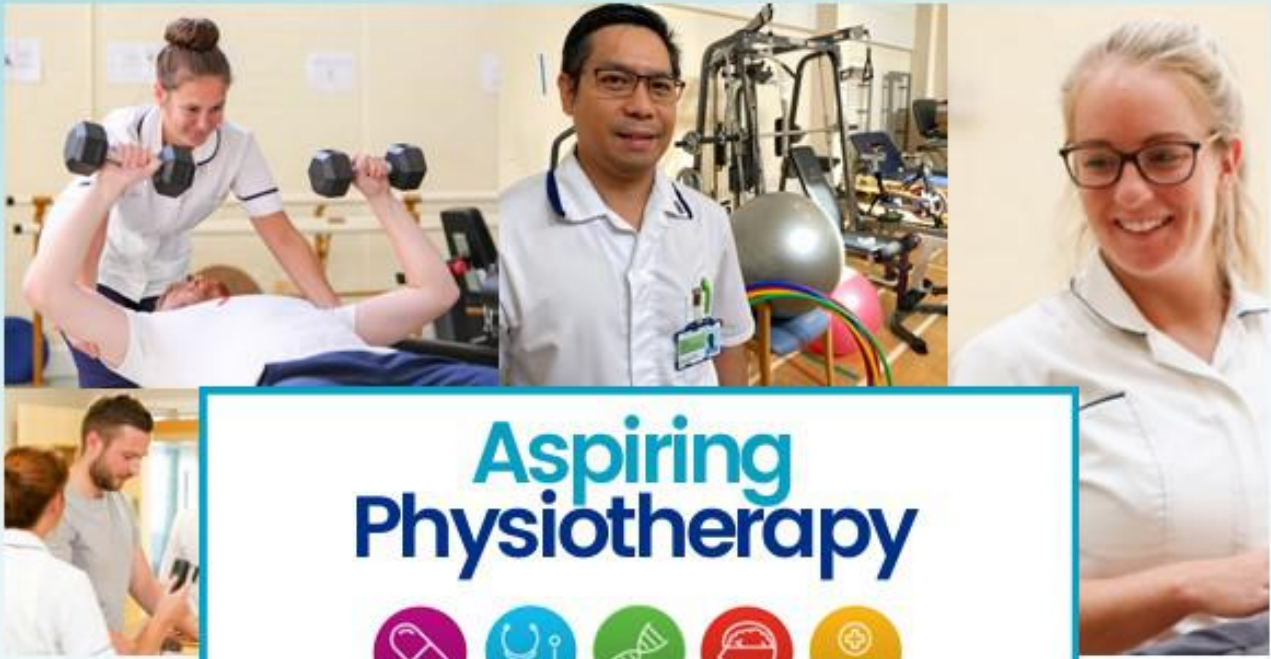
As always, I can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader



Lincolnshire
Talent Academy



Aspiring Physiotherapy



Explore a career focused on improving mobility, helping patients regain independence lost through injury, ageing, or a disability

This two day event is open to individuals aged 14 and 18 years. Explore the different roles, skills and knowledge required for a career in Physiotherapy through interactive workshops and informative talks guided by experts.

Lincoln County Hospital

10th & 11th April
10:00 am - 3:00 pm

Registration closes at 4 pm on 18th March



TALENT ACADEMY

Inspiring Futures : Informing Careers

Register Today!

lincstalentacademy.org.uk/events

NHS

**Lincolnshire
Talent Academy**



Aspiring Medics



Explore a career that transforms lives through exceptional communication, strong leadership, thorough research, and a holistic, compassionate approach to treatment

Open to individuals in year 12 between the ages of 16-17 years, this event offers a chance to delve into the skills and knowledge necessary for a career in medicine. Join interactive workshops and informative sessions guided by industry experts.

Tuesday 8th April - Lincoln County Hospital
Wednesday 9th April - Pilgrim Hospital Boston

8:30 am - 1:00 pm

Registration closes at 4 pm on 18th March

TALENT ACADEMY

Inspiring Futures : Informing Careers

Register Today!

lincstalentacademy.org.uk/events

