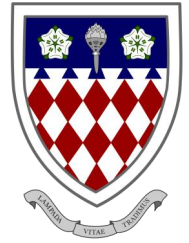


Spalding High School

Weekly Bulletin

27th June 2024



Extended Learning Week is almost upon us and in next week's edition we will give the final information needed for the week. For most of Monday, Tuesday and Wednesday, we will be running with the normal times of the day, that is five periods. The exception here is the Y8 and Y9 well being day on Monday 8th July, for which we will have the six period day. During the very last period on Monday, Year 8 and Y9 will be going on a well-being walk and so will need trainers or comfortable walking shoes for the afternoon. We are not making a decision about PE kit or clothing yet as it is still too far off for a reliable weather forecast but details about clothing will be included in next week's edition.

On Monday 8th, Y10 will need to be in PE kit for the Olympics/Paralympics Day. On Tuesday, Y9 will need to be in PE kit for their Olympics/Paralympics Day. Students may wear their PE kit to school but should wear leggings/joggers for the journey to and from school and not their skort/shorts, although these can be brought to change into once on the school premises. The same applies for the whole school on Friday 12th July, which is School Sports Day and House Competition Day.

Students will need to bring normal writing equipment but do not need to bring books on a daily basis. In fact, it is coming to the point where students will need to start thinking of sorting out lockers and begin to take things home. All lockers will need to be clear and completely empty by the final day of term (Friday 19th July) and judging by how much is stored in some lockers, there will need to be a few trips with bags of "stuff" before then!

Next Thursday will be the last edition of the School Bulletin for the year as we will then be doing the final proofs and checks on the summer edition of the HQ and sending that home in the week we break up from school!

Very well done (and thank you!) to Mr Garbett and all of the musicians for a fantastic summer concert; amongst the best ever was definitely the view of the row of staff I sat with! We were entertained for well over an hour with amazing arrangements and stunning performances. Brilliant!

Also, congratulations and well done to our rugby, athletics and rounders teams for their fantastic sporting achievements.

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7J	Sakina Walji	Mr McAlinden	History
7N	Uthra Chandramohan	Mrs Aurikko	Science
7S	Poppy Dunnett	Miss Hammond	Drama
7S	Rosie Repper	Mrs Martindale	Science
7S	Bethany Johnson	Mrs Martindale	Community
7S	Freya Sargeant	Mrs Bennett	Geography
8C	Mia Mills	Mr Hemsall	History
8N	Poppy Crunkhorn	Miss McArthur	Religious Education
9J	Sophie Callow	Miss White	Science
9N	Amber Fleming	Miss Bailey	German
9S	Isla Saterlay	Mr Ganger	Mathematics
10C	Yashica Aryan	Mrs Tanner	Art
10N	Naomi Harte	Mrs Clay	French
10P	Isobel Bowser	Mrs Neal	Art
10S	Lexie King	Mrs J Lord	English Literature
6AB	Emily Hardy	Mrs H Waldron	Religious Studies
6GD	Lili Bowman	Mr Love	Law
6NG	Jasmine Smith	Mrs Bennett	Community

Canteen News

"Anyone for Tennis"
Celebrating Wimbledon
Monday 1st - Thursday 4th July

This week this dessert will be:



Ice cream, squirty cream, fresh strawberries
& strawberry sauce

Week 22 - Challenge #22 - Answer

Here is the answer to the Challenge the Parent question from last week's Bulletin

Answer	Mark scheme
1.19	<p>process to find number of small bags that can be filled, eg $[3\text{kg}] \div 150 (= 20)$ oe</p> <p>for starting a process to work with percentage for cost of box, eg $17.60 \times \frac{35}{100} (= 6.16)$ or $100 + 35 (= 135)$</p> <p>for full process to work with percentage increase, eg $17.60 \times \frac{135}{100} (= 23.76)$</p> <p>full process to find selling price for small bag, eg $"23.76" \div "20" (= 1.188)$</p>
	<p>works with starting cost per small bag, $17.60 \div "20"$</p> <p>begins process to work with percentage for a small bag, eg $"0.88" \times \frac{35}{100} (= 0.308)$</p> <p>full process to find selling price for small bag, $"0.88" \times \frac{135}{100} (= 1.188)$ oe</p>

Week 23 - Challenge #23

(a) Simplify

$$\frac{(x+2)^2}{x+2}$$

.....
(1)

(b) Simplify

$$2a^2b \times 3a^3b$$

.....
(2)

(Total 3 marks)

Good Luck!

Design Technology Student Showcase -

The Brief: Design Future Proof Living Spaces

Students studied future scenarios and the work of architects such as Zaha Hadid and Heatherwick Studios. The challenge of the project was to apply exam theories being learned such as understanding structures, energy issues, composite materials (e.g. concrete) and smart systems, whilst practising designing and prototyping skills in advance of their GCSE NEA.

Mr Martindale, Head of Design Technology



Sports News

Y8 Rounders

On Wednesday 19th June, the Y8 rounders team played the South Lincolnshire Schools Sports Association tournament. An efficient fielding display led to SHS managing to get all of the UAH team out in 21 of the 25 balls. A strong batting performance followed to secure a nine and a half to four and a half victory, with rounders scored by Katie and Anna and halves from Lily, Annie, Alex, Ruby C and Bridget.

Our second match was against Spalding Academy, which was a very competitive game with excellent fielding and batting on display from both schools. Some well-taken catches by the Academy meant we only scored three rounders whilst batting. A very cohesive fielding performance led to a narrow defeat of four and a half to three, with us getting all of their team out by ball 21 but unable to overcome our struggle to score when batting with only being able to score halves.

The third and final game saw us beat Deeping ten rounders to four, securing us 2nd place overall in the tournament. An excellent batting display with rounders scored by Anna, Sarah, Alex, Lacie and Ruby S.

Well done to all of the team but particularly Sarah, Lacie and Katie who each were awarded the opposition's Player of the Match awards.

Miss Magnus, PE Department



Y7 Rounders

On Thursday 20th June, Y7 played in a rounders tournament against Spalding Academy, UAH and Bourne Academy. Despite the recent weather interfering with practice, the team played exceptionally well, winning all three games and progressing to the South Lincolnshire Finals against Giles Academy on Wednesday 26th June. Good luck Y7!

Miss Parker, PE Department



Rugby National Final

On Thursday 20th June, the Spalding High School and Spalding Grammar School combined rugby team travelled to Worcester for the Touch to Twickenham National Rugby Finals. The tournament was held at the former Premiership Rugby ground, Sixways Stadium. Touch to Twickenham is a mixed gender event and aims to continue to drive participation and physical activity, giving students who have never played the opportunity to play competitive rugby. The team had the opportunity to go inside the changing rooms and play on the main pitch as well as playing lots of games against other schools.

In the morning, the team played a group stage on the 3G pitch, winning 4-0 against Millbay Academy and 2-0 against Ellowes Hall School, drawing 0-0 against Ellesmere Park High School and a narrow 1-0 defeat to John F Kennedy Catholic School. This meant the team finished second in their group so proceeded to a new group for the afternoon against all the other second place teams.

We started the second group with a 4-1 win against Trafalgar School and a 3-2 win against Alderman Peel High School. We then had a very competitive game against Arden School which finished 0-0 and, secured a 3-0 win in the final game against Lakelands School. Undefeated in the group led to us topping the '2nd Place pool' and being awarded a trophy as winners of the group. The trophy was presented to team captains Grace and Tom by Shaunagh Brown, former England Rugby and Harlequins Womens' player. A fantastic opportunity for the team to meet and have photos with a former England player, a true inspiration who interacted so well with the team.

Our team had never played rugby before the start of this season and should be incredibly proud of their progress and efforts throughout the journey to winning a national trophy. The team cohesion with the Grammar School was also great to see with fantastic communication and team spirit, despite only knowing each other through this rugby team (other than the Willerton twins). The team would also like to thank Mr Crane from SGS again for his knowledge, expertise and time devoted to training the team in the run up to the events.

Miss Magnus, PE Department









Athletics

On Tuesday 25th June, the Spalding High School athletics teams competed in the A-League of the South Lincolnshire Schools Sports Association Championships at PRSA in Boston. Despite the hot weather, all of the athletes gave their all leading to successful placings for all of the teams - 3rd place for the Y7 team and 2nd place for both the Y8 and Y9 teams.

Well done to all of the SHS athletes who competed but some particularly impressive individual performances are listed below.

Miss Magnus, PE Department



Y7

Mbali - 1st in 200m

Maya - 2nd in High Jump

Darcy - 2nd in 1500m

Y8

Katie - 1st in Shot put

Charlotte - 1st in Long Jump and 2nd 100m

Ruby - 2nd in High Jump

Khanyi - 1st in 200m

Laila - 2nd in 800m

Emelia - 2nd in 1500m

Relay team 2nd

Y9

Karina - 2nd in Shot put and Discus

Izzy - 2nd in Long Jump and 1st 800m

Ruby - 2nd in 300m

Pela - 2nd in 1500m

Relay team 2nd



Music News

Summer Concert

The SHS Summer Concert last Thursday marked the culmination of nearly six months' rehearsals and hard work, resulting in a fantastic evening - all the way from the opening number, the 'Back to the Future' theme, to the finale and returning favourite, 'One Day Like This', by Elbow.

The summer concert this year featured a largely film-music based programme: with classics such as the Jurassic Park theme played by the orchestra, 'Try Everything' from Zootopia played by the Wind and Brass group, and the Spiderman theme from 'Spiderman: No way home', by the String Group. The Chamber Choir also performed a passionate rendition of 'You will be found' from the musical 'Dear Evan Hansen' and, finally, one of the undoubtable highlights of the evening was 'Dance the Night' sung by the choir, during which we bedazzled ourselves out in pink, paying tribute to its place in the Barbie movie!

This concert turned out to be one of the most fun to date, but was also bittersweet (as it is every year) due to it being the final SHS concert for the School's Y13 students, some of the current Y11, and Mr Loose, who has been an invaluable help to those of us in the String Group for many years now. The musicians who are moving on will be greatly missed, and we wish them the best of luck in their future endeavours. For those of us returning to the High next year, however, we once again look forward to what the Winter Concert will have in store for us!

Briony Sweeting 11J



I thoroughly enjoyed this concert as I got to play lots of brilliant songs and listen to beautiful music. Preparing for the concert is stressful but the reward is entirely worth it as you can show off your musical talents. I have recently joined the orchestra and so I played some songs on the violin (which is a wonderful instrument to learn to play). Everyone in the orchestra is supportive and will help you if you are stuck. My favourite songs this year were 'Running Up That Hill' by Kate Bush, 'Music For A Darkened Theatre' by Danny Elfman and 'Something Just Like This' by Coldplay, as they were sung and played beautifully. I would definitely recommend you join the orchestra or choir as you become part of this wonderful community and be a part of these performances.

Ava Willis, 7P

I absolutely enjoyed the Summer Concert so much as I got a chance to sing my heart out and listen to some amazing music made by the School orchestra and the heavenly harmonies of the Chamber Choir. Each piece we sang or listened to struck me with powerful emotion, passion and with the soul people put into it. Of course, all this would not be possible without lots and lots of practice from everyone and the courage to play or sing in front of a huge audience, and everyone did a great job! This would not all be possible without the amazing Mr Garbett who organised every intricate detail and made this all happen. I am very excited for the upcoming concerts!

Yogitha Velpuri, 8P



World Music Day 2024

Friday 21st June was World Music Day and the SHS Music Department fully entered into the worldwide celebrations!



Inspirational and motivational lyrics were displayed around the School and students (and staff) were able to demonstrate their musical talents on the keyboards positioned around communal areas of the school. Other events included an inspirational lyrics poster competition for the whole school (Results and prizes soon!) and a staff competition to think of song titles and band names which reflected their subject! There were 119 entries from staff and notable entries in this competition included 'Baggy Trousers' by Madness from the Textiles Department, 'Yesterday' by The Beatles from the History Department and 'Thinking Out Loud' by Ed Sheeran from the Psychology Department. Staff were also given the opportunity to display their favourite bands and what they are listening to at the moment on their classroom doors.

Mr Garbett, Head of Music

Modern Foreign Language News

On 21st March, I took part in a webinar designed to inspire KS3 and KS4 pupils to progress with languages, this webinar followed the languages and career journey of North East native, June Lowery-Kingston, who is Head of Unit on Accessibility, Multilingualism and Safer Internet at the European Commission.

This webinar was organised by North East Festival of Languages, Express yourself.

Students at SHS were not able to join the webinar live but the links to the webinar have been made available to all students at SHS. Every MFL class has access to a career library created by myself. In there, students can find links to careers ideas, jobs and videos related to using MFL in the future. They can now also see the webinar which can be found in the career tab on their MFL Team.

As we joined and took part in the North East Festival of Languages, we have been awarded the International School Award Foundation level by the British Council.

Mrs Barats, Head of MFL

Sixth Form News

The role of Junior Prefects

This year the house captains, with the help of Mrs Anderson, will be introducing the role of Junior Prefects for the Y9 students going into Y10 and the Y10 students going into Y11. This new role of Junior Prefects was delayed due to the Covid pandemic but it is now being implemented.

This role will include aiding your younger houses (Y7 and Y8) in house charity days and coaching them in house competitions, for example, helping them to choreograph a dance for the house competition. Additionally, the role includes helping out on sports day with banners and posters to represent your house and also to help build motivation within your houses. Finally, the role also includes supervising at break and lunchtimes, in order to make sure everything is as it should be. All the Junior Prefects will work closely with their house captain prefects:

- * Abigail Armstrong (C)
- * Evie Ahearn (J)
- * Francesca Crossman-Vyse (N)
- * Naomi Warren (P)
- * Roselin Augustine (S)



The way to apply for the Junior Prefect roles is by producing a handwritten formal letter, no longer than a size of A4, addressed to your house captain prefect, for example, for anyone applying from J they will address their letter to Evie Ahearn the house captain prefect for J. Within the letter you must include:

- ⇒ Why you would like to be chosen for this position
- ⇒ What skills you have that would make you a good choice for the role
- ⇒ Also, a fun fact about yourself in order for us to get to know you better

The deadline for the application letter is no later than Thursday 4th July, and they should be dropped off in a box at reception. If we struggle to make a final decision from the letter applications then we will conduct interviews with specific candidates in order to make a final decision.

As of this week, there will be a poster going up around School to explain any further information and will include the email addresses of all house captain prefects for any additional questions you might have. We cannot wait to read your letters and meet our future Junior Prefects.

Abigail, Evie, Francesca, Naomi and Roselin, Sixth Form

Careers Update

Y7 Dragons' Den Challenge

On 21st June we held the final of the Y7 Dragons' Den challenge. There will be more information about the event in the summer edition of the High Quarterly, but in the meantime, huge congratulations to the winning team from 7C – Eliza O'Brien, Inaaya Alvarez, Megan Morgan and Kashi Sisodiya. The team's product, a toothbrush with multi-functionality, was called 'Ez-Smile' and the judges were extremely impressed with it. The winning team are pictured below with their form tutor, Miss Parker, who devised the Dragons' Den challenge four years ago. Congratulations to all teams in Y7 and especially the five teams who made it through to the final.



Aspiring Dentists Events

The Lincolnshire Talent Academy is hosting two events in July for students aged 15-19 who are interested in finding out more about careers in dentistry. Please see the flyer at the end of the newsletter.

Aspiring Pharmacy Event

The Lincolnshire Talent Academy is hosting an event in July for students aged 15-19 who are interested in finding out more about careers in pharmacy. Please see the flyer at the end of the newsletter.

Simulated Work Experience for students interested in applying to Medicine

Please see the flyer at the end of the newsletter about a day's work experience organised by the Lincolnshire Talent Hub for aspiring medical students. The event will be held at the University of Lincoln Medical School on Saturday 13th July and is primarily aimed at students in Years 11 and 12 but students in Year 10 may apply.

Year 13 students interested in Diagnostic Radiotherapy or Therapeutic Radiography for the Armed Forces

The Armed Forces are hosting two online radiography events in July which are aimed at students aged 18 and over. The links to find out more are here:

2nd July Diagnostic Radiography 10am-12.30pm

<https://www.sor.org/events/2024-07-03--explore-a-career-in-therapeutic-radiography-228>

3rd July Therapeutic Radiography 10am-12pm

<https://www.sor.org/events/2024-07-02--explore-a-career-in-diagnostic-radiography-227>

Careers Fair 11th July

During the School day on 11th July, we will be holding our annual careers fair. Please note that the fair is open to students only, not to parents/carers. If students in Y11 and Y13 wish to attend, they are welcome to do so between 1.05-1.35pm and must sign in at main reception.

We will be joined by exhibitors from the following businesses, education providers and services:

- ◆ Queen Elizabeth Hospital, King's Lynn
- ◆ Lincolnshire Community and Voluntary Service
- ◆ St Barnabas Hospice
- ◆ Lincolnshire Police
- ◆ South and East Lincolnshire Councils Partnership
- ◆ Army Careers
- ◆ RAF Careers
- ◆ Handelsbanken
- ◆ Bakkavor
- ◆ Woodheads, Morrisons
- ◆ Caterpillar
- ◆ Guttridge Ltd
- ◆ Worldwide Fruit Ltd
- ◆ Burmor Construction
- ◆ Calthrops Solicitors LLP
- ◆ Access Creative College
- ◆ Norwich University of the Arts
- ◆ University of East Anglia (UEA)
- ◆ Loughborough University
- ◆ University of Lincoln
- ◆ National Centre for Food Manufacturing
- ◆ Inspire Education Group - Peterborough College, Stamford College and University Centre Peterborough
- ◆ Newcastle University
- ◆ Boston College
- ◆ Former SHS Sixth Form students – our 'Alumni'

Mrs O'Brien and I hope that students will enjoy meeting our visitors and finding out about what they do.

Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

Aspiring Pharmacy



Explore a career that positively impacts people's lives by treating illness and supporting healthy lifestyles.

Open to individuals aged 16 to 19 years. This event provides an opportunity to explore the various roles and specialisms within Pharmacy through interactive workshops and informative talks led by industry experts. Plus a half-day insight placement.



9:00 am-12:00 pm, Tuesday 23rd July - Lincoln County Hospital.
Plus half-day insight placement on the 23rd or 24th July

APPLY NOW

Free Registration :
lincstalentacademy.org.uk/events

Registration closes on 15th July

SCAN ME



TALENT ACADEMY

Inspiring Futures : Informing Careers



Lincolnshire
Talent Academy

Aspiring Dentists



Explore a career that works with communities to prevent, diagnose and treat dental problems

Open to individuals between 15 and 19 years old, this event offers a chance to delve into the skills and knowledge necessary for a career in dentistry. Join interactive workshops and informative sessions guided by industry experts.



Wednesday 17th July - Lincoln County Hospital
Thursday 18th July - Pilgrim Hospital, Boston



6.00 pm - 8:30 pm

APPLY NOW

Free Registration :
lincstalentacademy.org.uk/events

Registration closes on 8th July

SCAN ME



TALENT ACADEMY

Inspiring Futures : Informing Careers



LINCOLNSHIRE
TRAINING HUB
Primary Care Education



Simulated Medical Work Experience Event

University of Lincoln Medical School – Saturday 13th July
9:00am-4:30pm

RUN YOUR OWN CLINIC, COMPLETE TASKS, AND EXPERIENCE A SIMULATED DAY IN A+E AFTER TEACHING BY OUR OWN MEDICAL STUDENT AMBASSADORS

New re-vamped event aimed at helping students who plan to apply to Medicine gain insight into working in the NHS, and learn skills they will find helpful throughout their medical degree.

The day will be split into two as follows:

- Morning: Teaching session:
 - What is the role of a doctor?
 - How to take a full medical history
 - How to fill out medical stationery e.g. prescriptions, notes
- Afternoon simulations for students to practise the skills learnt during the morning session:
 - Run a GP clinic, completing tasks after each patient
 - Group simulation of a day in A+E

To apply for this **FREE course**, please fill out the form on our website > Training and Events > Futures Programme and return it by 25/6/24 to:
courses@lincolnshiretraininghub.nhs.uk

If oversubscribed, priority will be given to widening participation and Lincolnshire-based students.

If you have any further questions, please contact molly.butcher@nhs.net

Thank you very much for an extremely insightful and informative day. I really really enjoyed it. I loved running my own GP clinic, it was great insight in how to perform myself as a medical student or doctor.

Thank you so much for all the effort and hard work you have put in. It was a great experience and everyone was very approachable.

www.lincolnshiretraininghub.nhs.uk



Click [here](#) to access your free copy of Family First magazine

Family First

FREE | SUMMER 2024

KIDS
EAT FREE
THIS
SUMMER

CLIMATE
CHANGE
challenges
with The
DadLab

Sizzling
summer
recipes
from
Annabel
Karmel

Visit
Dubai
A magical
family
holiday

BEAR GRYLLS

on outdoor adventures,
play and learning

RIXOS
HOTELS

Building a happier, healthier family lifestyle