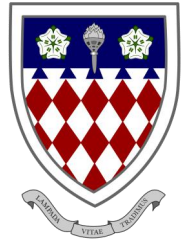


Spalding High School

Weekly Bulletin

13th June 2024



Massive CONGRATULATIONS to the U14 Football team!

We have all been closely following their achievements and success in the Sisters n Sport Tournament via the bulletin for a number of weeks now and, this week, we have the report covering the Finals Day held at Loughborough University. Very well done to you all – what an amazing success; we are all very proud of you!

Well done also to our Y9 Rounders Team and both the Bronze and Silver D of E groups – what amazing success for you all. Well done!

In last week's bulletin, we launched Extended Learning Week 2024, a new programme within school, to give students and staff the opportunity to step outside of the normal curriculum and develop skills, experiences and knowledge through a variety of projects, tasks and challenges. Last week, we outlined the first three days for Years 7-10 and the Sixth Form. This week, we will give you more information about Thursday 11th July and Friday 12th July.

Thursday 11th July is Careers Fair and Skills Day, a whole day supporting careers knowledge and understanding and practising the skills that are so important in the world of work, whether that be working at school or in the job market. Each of the year groups will visit the Careers Fair in the sports hall at some point during the morning. Mrs Bushell and Mrs O'Brien work for months and months to organise the Careers Fair in which lots of local employers, companies, providers and educational organisations come together to share their knowledge and experience with our students. The Sports Hall is always abuzz with people collecting information and having their questions answered and this year will be no different.

Students in Year 9 will spend time preparing for their Year 10 work Experience and finding out about the types of placements they will be able to visit. The preparation for work experience starts here and students will leave the day knowing more about what to do and when.

All of the year groups will face a number of team challenges during the day, designed to build important skills such as confidence, communication and problem solving. We will not be giving too much away today about the nature of the tasks in each session as that will spoil the surprise, but our students will have the opportunity to really show off their analytical skills, leadership and people management and creativity over the course of the day.

Our Careers and Skills Day has been designed to further support our careers programme and the Gatsby Benchmarks for Careers:

1. A stable careers programme
2. Learning from career and labour market information
3. Addressing the needs of each pupil
4. Linking curriculum learning to careers
5. Encounters with employers and employees
6. Experiences of workplaces
7. Encounters with further and higher education
8. Personal guidance

Friday 12th July is Sports Day!

In the morning, we have the normal programme of field events for each year group but rather than normal lessons taking place as we usually do, we will be completing House based competitions in form groups, the results of which will earn points towards the House Cup. There will be a series of three (non-sporting) competitions for forms to complete which are a secret! Lunch will be early on Friday and then from 1pm we will be holding School Sports Day on the field; let's hope the weather holds!

Hopefully, you will see why we are excited about Extended Learning Week and the opportunities it gives students and staff to explore new skills, knowledge and challenges.

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
8J	Olivia Duff	Mr Garbett	Music
8P	Annabelle Burgess	Mrs Cave	Religious Education
8P	Yogitha Velpuri	Mrs Aurikko	Science
8S	Avie-Mae Whiteway	Mrs Jones	Latin
9C	Elsie Ellis	Mrs Anderson	Geography
9N	Isabelle Chikanya	Miss Bailey	German
9P	Darcey Greenwood	Mr Blackburn	German
9S	Emilia Tokarska Da Silva	Mrs J Lord	English Literature
10J	Gabriella Atkinson	Mrs Fisk	Drama
10S	Aminah Ahmed	Mr Martindale	Technology
11S	Brooke Godley	Miss Ashley	Further Mathematics
6AF	Trixie Mayne	Mrs Neal	Community
6AF	Taya Yeowell	Mrs Tanner	Community
6IW	Aliya Asghar	Mrs C Lord	Form
6JL	Georgia Smith	Mrs Neal	Art
6TD	Jasmine Woodroffe	Mrs Tanner	Art

Week 20 - Challenge #20 - Answer

Here is the answer to the Challenge the Parent question from last week's Bulletin

Answer	Mark scheme
Complete chain of reasoning	for (area of trapezium $TQRS =$) $0.5 \times 4x \times (2x + 3x)$ or for (area of rectangle $TUVS =$) $4x \times (3x + 5)$ ($= 12x^2 + 20x$)
	for (area of trapezium $QUVR =$) $4x(3x + 5) - 0.5 \times 4x \times (2x + 3x)$
	for correct algebraic processing and simplification to the given form
	Alternative 1 for ($QU =$) $3x + 5 - 2x$ ($= x + 5$)
	for (area of trapezium $QUVR =$) $0.5 \times 4x \times ((x + 5) + 5)$ or $0.5 \times 4x \times (x + 10)$
	for correct algebraic processing and simplification to the given form
	Alternative 2 for (area of triangle $=$) $0.5 \times (3x - 2x) \times 4x$ or for (area of rectangle $=$) $4x \times 5$
	for (area of trapezium $QUVR =$) " $0.5 \times (3x - 2x) \times 4x$ " + " $4x \times 5$ "
	for correct algebraic processing and simplification to the given form

Week 21 - Challenge #21

Jessica runs for 15 minutes at an average speed of 6 miles per hour.
She then runs for 40 minutes at an average speed of 9 miles per hour.

It takes Amy 45 minutes to run the same total distance that Jessica runs.

Work out Amy's average speed.
Give your answer in miles per hour.

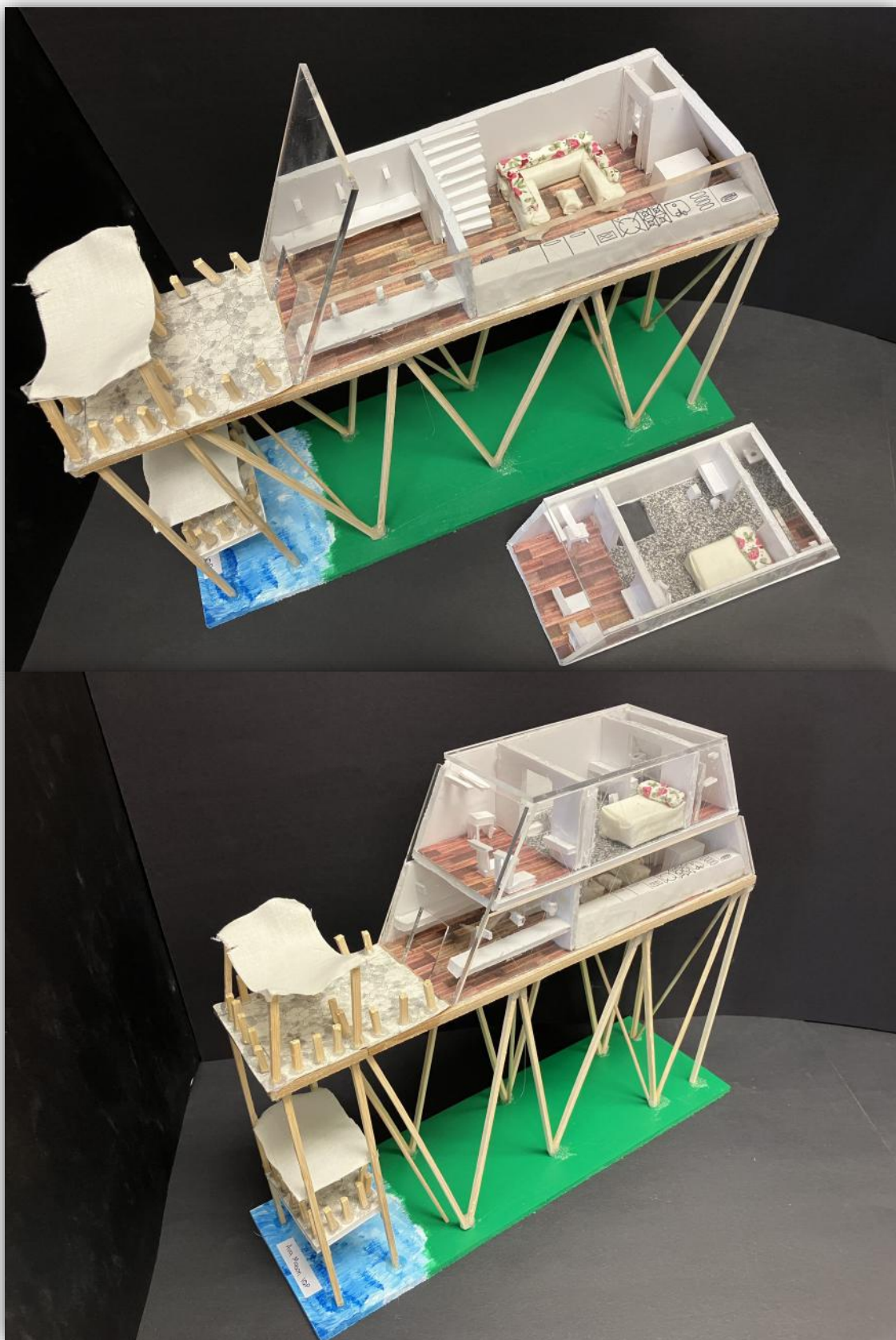
Good Luck!

Design Technology Student Showcase - Ava Mason, 10P

The Brief: Design Future Proof Living Spaces

Students studied future scenarios and the work of architects such as Zaha Hadid and Heatherwick Studios. The challenge of the project was to apply exam theories being learned such as understanding structures, energy issues, composite materials (e.g. concrete) and smart systems, whilst practising designing and prototyping skills in advance of their GCSE NEA.

Mr Martindale, Head of Design Technology



Sports News

SHS National Runners Up U14 football

On Tuesday 11th June the U14 football team travelled to Loughborough University for the Sisters n Sport National Finals Day.

The National competition is a knock-out cup with 69 teams entered at the beginning, divided into north and south draws. Upon reaching the quarter finals of the respective north/south draw, there is a further round against an opponent from the opposite draw, before then reaching the semi-final to participate in the final day.

The team have convincingly and deservedly earned their place in the final day with the following results-

3-1 against Kesteven and Grantham Girls School (Grantham)

3-1 against the King's High School for Girls (Warwick)

4-0 against Bablake School (Coventry)

4-4 (won on penalties) against Crompton House School (Oldham).

Upon arriving at Loughborough University, and despite the downpour, the team had a quick walk around the Loughborough University stadium and picked up their Sisters n Sport final day hoodies.



We then faced Claremont Fan Court School in the semi-final which was two 20 minute halves. This game saw a very dominant performance from SHS with a solid defensive performance from Jodie, Sasha, Lexi and Ruby with goals from Abi Wright and Lily Wadsley securing our place in the final.



Having dried off with a few hours rest and a lunch break inside, the team headed back out to the pitches for the final against South Hunsley School (North Ferriby). A valiant effort from the SHS team was not enough to match the very strong opposition and led to an unfortunate 1-0 loss. There were some exceptional individual performances in both games, notably goalkeeper Katie with some remarkable saves in the final to keep the game within reach for the full 40 minutes.

The whole team should be incredibly proud of how they have played and conducted themselves throughout the competition. As ever, they have been an absolute credit to the School and our values. To finish as runners up out of 69 teams nationally in the U14 Sisters n Sport Cup is a fantastic achievement for Spalding High School, being one of the few state schools in the competition.





Miss Magnus, PE Department

House Diamond Cricket Competition

Last term, the House Competition was Diamond Cricket which saw each form field a team of nine players in a round robin tournament. Forms batted for three minute innings, trying to score as many runs as possible, and the fielding team received two runs for every person they got out. Thank you to the pupils who took part in the competition, and the sports leaders who helped run it. Diamond Cricket is always a popular activity that is played with great enthusiasm!

Winners:
Year 7: Johnson
Year 8: Johnson
Year 9: Pankhurst
Year 10: Pankhurst



Miss Jones, PE Department

Year 9 SLSSA Rounders Tournament

Congratulations to the Year 9 Rounders team who won the SLSSA Tournament on Thursday 6th June. The tournament consisted of four teams in a round robin format. Their first game was against Spalding Academy which they won 11-3.5. The second game was against University Academy Holbeach, which they won 5.5-2, and their final game was against Bourne Academy which they won 8-2. The team displayed excellent sportsmanship, humour and team cohesion in all games. Well done to Darcey, Tilly and Holly who were all voted as the Players Of Match by the opposition for each game. We look forward to the finals night!



Miss Jones, PE Department

Duke of Edinburgh Bronze Award

The Bronze DofE Assessed expedition to the Derbyshire White Peak at the weekend was a huge success; seven groups of Year 10 DofE students completed their expedition successfully and all passed the expedition section of their award with flying colours, showing outstanding determination and resilience along the way. This expedition was during Volunteering Week 2024 and a special mention must be made about the SHS DofE team of supervisors, leaders and assessors, all involved in a volunteering capacity, and without whom none of this special award would happen.

Mr Garbett - DofE Manager

Duke of Edinburgh Assessed Expedition

Last weekend we went to Derbyshire to complete our Duke of Edinburgh assessed expedition. After a very successful practice expedition, we were feeling prepared and confident. We set off from Rowsley and everything started off smoothly. We were walking at quite a pace so we had to extend our breaks in order to stick to the route card times! We stopped for lunch in Youlgreave and chatted with some other DofE groups from across the county. Soon, we came to some practically vertical stairs, which was very scary but it was worth it as they descended into the beautiful Lathkill Dale which was the whole groups favourite part of the journey. After a few more hours of walking and lots of snack breaks we made it to the campsite. We struggled to pitch our tents as we were battling the wind but in no time we had the camp set up and we went for a long awaited shower. Between the seven of us we put on quite the buffet for our evening meal, including a ridiculous amount of pasta, beef jerky, couscous, Baby Bells and even a curry! To finish off the evening we played rounders with plates as posts and a water bottle as a bat, we also made friends with other DofE students staying in the campsite. We were woken up several times in the night due to the cold conditions and a tractor who decided that midnight was a good time to start working in the field next door!

At 6am a chorus of alarms went off and we (very) reluctantly left the warmth of our sleeping bags to make breakfast. By 7:30am we had packed up our damp tents and left the campsite to begin day two. Due to the lack of sleep and tired muscles, day two began quite wearily, but once we had all properly woken up our high spirits soon returned. About an hour in, our navigator at the time realised that the huge hill we had merrily walked down was in fact going in the wrong direction entirely, so with help from our compass we turned around and trudged all the way back up the hill, complaining the whole time! This minor incident set us back half an hour so we were keen to get back on time. After we eventually found the correct lane and had eaten our way through countless Haribo packets, we were back on time. The weather then decided to turn and we all rushed to put our waterproofs and bag covers on, but some of us naively thought it was just a light shower and got very wet! We stopped for a scenic lunch in the idyllic village of Edensor where we all decided that we would love to live one day. We had made it to the final stretch of the expedition, our feet were very sore we were feeling exhausted but the thought of an ice cream at Baslow kept us motivated for the last couple of kilometres. At 1:45pm we reached Baslow car park, greeted by an enthusiastic applause from our assessors and supervisors. With much relief we dropped our bags and within no time we were in the ice cream shop getting our much deserved reward.

We absolutely loved our DofE experience and we have made memories that will last forever. We would like to thank all the staff involved. We could not have done it without support from our supervisors, Mr & Mrs Garbett, the assessors, and the leader, Mr Smith.

Florence Perowne, 10J



**YOUTH
WITHOUT
LIMITS**

Thank you

to
The Duke of Edinburgh's Award participants

from

Spalding High School

who spent

1248 Hours

**volunteering between
1 April 2023 and 31 March 2024.**

We are immensely proud of the dedication, effort and achievement
of young people making an impact in their community.

The social value of these hours is

£6588

Ruth Marvel, Chief Executive

June 2024

Sixth Form News

House Captains

The team of house captains have finally been reintroduced after ten long years! We cannot wait to play such a big part in the house competitions and other new events we are planning. Although we are house captains for different forms (it will sometimes be a little tense), we will work collaboratively to organise new fun activities and opportunities for the School to enjoy. We are also here to support already planned events, such as charity events and Sports Day. As much as we would love to tell everybody our other ideas, we have been told we cannot just yet - all the more to look forward to! We are putting in a lot of work to make our ideas come to life, so we hope that when we introduce them you will be just as excited as we are!

The House Captains are:

Abigail Armstrong , 6FM

CURIE

Evie Ahearn, 6JL

JOHNSON

Francesca Crossman-Vyse, 6NG

NIGHTINGALE

Naomi Warren, 6KM

PANHURST

Roselin Augustine, 6JL SHARMAN



Do come and find us if you want to share any ideas about your house or want some support with a House event/competition.

Abigail Armstrong, House Captain - Curie

World Environment Day

World Environment Day is a yearly event, taking place on the June 5th. It has been led by the United Nations Environment Programme (UNEP) since its inception in 1973, with the aim of bringing together people from across the world to restore Earth.

This year, Saudi Arabia is hosting the event focusing on issues like land restoration, desertification and drought resilience.

Desertification and drought threaten many of Earth's most crucial ecosystems such as freshwater ecosystems and soil, described by the UNEP to be "the connective tissue that makes all life on Earth possible". Some of the main causes of desertification are deforestation, leaving soil vulnerable to erosion as there are no roots to hold it together; overgrazing, cattle may overgraze vegetation which holds the soil together; and climate change, which causes less rainfall.

59% of all living organisms depend on soil to survive including 90% of fungi, 86% of plants and 40% of bacteria. So, as soil erosion is one of the main causes of desertification, we can clearly see what a detrimental effect this would have on our planet's biodiversity and ecosystems.

Now, 1/3 of the Earth's land is victim to desertification- that's approximately 30 million acres of land every year.

What is happening to help?

The UNEP is backing the African Union's Great Green Wall Project, which aims to restore 100 million hectares of land with a "mosaic of green and productive landscapes across 11 countries" by 2030. It also helps boost local initiatives in communities vulnerable to desertification from Senegal to Ethiopia.

The UNEP has also released a practical guide to get everyone involved in land restoration, stopping desertification and building drought resilience, giving advice to both institutions and individuals. So, why not get involved? Here are some suggestions from the UNEP: purchase only from brands which use sustainably sourced materials, collect kitchen waste to make compost and create and install bee hotels in gardens.

For more ideas and information, go to [World Environment Day](#) and discover what is happening around the world for #GenerationRestoration!

Ellie Griffin, 6SC

Careers Update

Year 10 – University Centre Peterborough Trip – 9th July

Could parents/carers of Year 10 students please return the online consent form (sent out before half-term) regarding the free trip to University Centre Peterborough on 9th July.

Aspiring Dentists Events

The Lincolnshire Talent Academy is hosting two events in July for students aged 15-19 who are interested in finding out more about careers in dentistry. Please see the flyer at the end of the newsletter.

Simulated Work Experience for students interested in applying to Medicine

Please see the flyer at the end of the newsletter about a day's work experience organised by the Lincolnshire Talent Hub for aspiring medical students. The event will be held at the University of Lincoln Medical School on Saturday 13th July and is primarily aimed at students in Years 11 and 12 but students in Year 10 may apply.

Access Creative College, Lincoln – Open Evening Event

Access Creative College, Lincoln, is holding an open evening on 26th June 6.00-7.30pm. A representative from the college will also be attending our careers fair on 11th July. Here is the sign-up link for the open evening:

Open Day - Wed 26 June - 6pm–7:30pm - Access Creative

Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader



Lincolnshire
Talent Academy

Aspiring Dentists



Explore a career that works with communities to prevent, diagnose and treat dental problems

Open to individuals between 15 and 19 years old, this event offers a chance to delve into the skills and knowledge necessary for a career in dentistry. Join interactive workshops and informative sessions guided by industry experts.



Wednesday 17th July - Lincoln County Hospital
Thursday 18th July - Pilgrim Hospital, Boston



6.00 pm - 8:30 pm

APPLY NOW

Free Registration :
lincstalentacademy.org.uk/events

Registration closes on 8th July

SCAN ME



TALENT ACADEMY

Inspiring Futures : Informing Careers



LINCOLNSHIRE
TRAINING HUB
Primary Care Education



Simulated Medical Work Experience Event

University of Lincoln Medical School – Saturday 13th July
9:00am-4:30pm

RUN YOUR OWN CLINIC, COMPLETE TASKS, AND EXPERIENCE A SIMULATED DAY IN A+E AFTER TEACHING BY OUR OWN MEDICAL STUDENT AMBASSADORS

New re-vamped event aimed at helping students who plan to apply to Medicine gain insight into working in the NHS, and learn skills they will find helpful throughout their medical degree.

The day will be split into two as follows:

- Morning: Teaching session:
 - What is the role of a doctor?
 - How to take a full medical history
 - How to fill out medical stationery e.g. prescriptions, notes
- Afternoon simulations for students to practise the skills learnt during the morning session:
 - Run a GP clinic, completing tasks after each patient
 - Group simulation of a day in A+E

To apply for this **FREE course**, please fill out the form on our website > Training and Events > Futures Programme and return it by 25/6/24 to:
courses@lincolnshiretraininghub.nhs.uk

If oversubscribed, priority will be given to widening participation and Lincolnshire-based students.

If you have any further questions, please contact molly.butcher@nhs.net

Thank you very much for an extremely insightful and informative day. I really really enjoyed it. I loved running my own GP clinic, it was great insight in how to perform myself as a medical student or doctor.

Thank you so much for all the effort and hard work you have put in. It was a great experience and everyone was very approachable.

www.lincolnshiretraininghub.nhs.uk



spalding high school

SUMMER CONCERT

june 20th 2024
7:00^{pm} o'clock refreshments
7:30^{pm} concert start

Tickets £6

Available from the Scopay App

The poster is a hand-drawn illustration in shades of blue and black. At the top, the text 'spalding high school' is written in a simple, hand-drawn font. Below it, the words 'SUMMER CONCERT' are written in large, bubbly, outlined letters. The background is filled with a dense pattern of small, smiling faces, suggesting a large audience. In the foreground, four figures are depicted: a conductor on the left holding a baton, a violinist in the center playing a violin, a pianist on the right seated at a piano, and a singer on the far right. Musical notes and staff lines are scattered throughout the scene, adding to the musical theme. At the bottom, the text 'Tickets £6' and 'Available from the Scopay App' is written in a cursive, hand-drawn font.