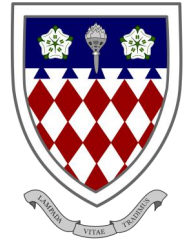


Spalding High School

Weekly Bulletin

14th March 2024



Academic school years run like clockwork, with milestones by which we mark the passing of each year. This might be the Y7 first day in September, the Christmas Church Service, the mock exams for Y11 and Y13 or Leavers' Days in May. Whilst these are annual events for the School (and staff), they mark important rites of passage for our students, only experienced once, or at most a handful of times during their studies at the High School. This morning we had one such rite of passage in the form of the final Y11 and Y13 individual and group photographs. I have done this event in some way, shape or form, for thirty five years but it always sparks a moment of reflection and consideration nonetheless and today was no different. Especially, since being a Headteacher, the final photograph day provides me with a few moments whilst everyone else is flitting around getting people organised to just stand back and look at how our students have grown and developed from the small, young and usually nervous pupils in Y7 to the mature, grown and amazing young adults they have become. Once they are all in place and ready to have their picture taken, I like to spend a few minutes talking to the Year Group as they need to be told just how impressed I am by them, how much I have enjoyed watching them grow and especially how proud I am of them. Today was no different – they are stars and they shone beautifully and brightly and I am sure you will see that in the photographs too!

Talking of being proud...oh my goodness Year 9 and Mrs Neal, what an amazing report in this week's bulletin! Such an impressive array of inspirational women and real stories behind why you have picked them and the inspiration they have given you. That report is **definitely** going in the next edition of the HQ!!

M K Anderson, Headmistress

Support Red Nose Day!

Don't forget that **tomorrow (Friday 15th March)** is Red Nose Day! we are asking students to wear non-school uniform (no inappropriate outfits, and no offensive or political slogans to be worn) for a donation of £1 to help the numerous charities supported by Comic Relief.

Mrs Ray, Assistant Headteacher



Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Megan Hogan	Miss Parker	Physical Education
7J	Florence Wild	Mrs Hickman	French
7N	Amisshah Indrathayalan	Mrs Chandler	Library
7N	Maya Pahal	Mrs Lees	Library
7N	Tilly Mansfield	Miss Bailey	German
8C	Amelia Fletcher	Mrs Knowles	German
8N	Emelia Wade	Mrs Spinks	Mathematics
8N	Isabella Brook	Mrs C Aurikko	Community
8N	Isabella Brook	Mrs Lees	Community
8P	Chloe Bragg	Mr Hempsall	History
8P	Leila Petraite	Miss McArthur	Religious Education
8P	Suviksha Sahani	Mr Hempsall	Community
8P	Suviksha Sahani	Mrs Knowles	Community
8S	Ayla Grant	Mrs Clay	French
9C	Honey Barnett	Mrs Davies	Community
9C	Karolina Gren	Mrs Jones	Latin
9C	Karolina Gren	Mrs Neal	Community
9C	Phoebe Hedaux	Mr Ganger	Mathematics
9J	Izzy Herring	Mrs Davies	Community
9P	Laura Young-Hardy	Mr Blackbourn	German
9S	Anna Batko	Mr Garbett	Music
10J	Abbie Brooke	Mrs Busfield	Biology
10J	Alicja Iskrzycka	Mrs Tanner	Art
10J	Ellie Garth	Mrs T Waldron	Biology
10J	Gabriella Atkinson	Mrs J Lord	English Language
10J	Megan Knighton	Mrs C Lord	Mathematics
10P	Austeja Virzintaite	Mrs C Aurikko	Biology
10P	Yayra Doh	Mrs Busfield	Community
10S	Ava Illott	Mrs H Waldron	Religious Studies
10S	Lanie Spies	Miss White	Physics
11C	Hannah Mathew	Mr McAlinden	Business
11C	Molli McCormack	Mrs Bushell	German
11J	Harriet Drewery	Mrs Neal	Art
6JL	Evie Ahearn	Mrs Lees	Community

Pastoral News

[Top Tips for Supporting Children Who Are Experiencing Bullying](#)

Please see the poster which is attached to this week's Bulletin email.

Mrs Davies, Pastoral Department

Week 11 - Challenge #11 - Answer

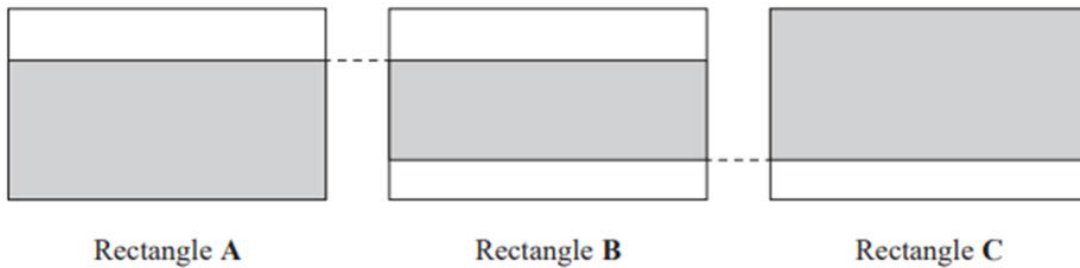
Here is the answer to the Challenge the Parent question from last week's Bulletin

Answer

$$2 \times 2 \times 31$$

Week 12 - Challenge #12

The diagram shows three identical rectangles A, B and C.



Rectangle A

Rectangle B

Rectangle C

$\frac{5}{8}$ of rectangle A is shaded.

$\frac{9}{11}$ of rectangle C is shaded.

Work out the fraction of rectangle B that is shaded.

Good Luck!

Celebrating the Individual in Y9—International Women’s Day

To celebrate International Women’s Day I asked the forms in Year 9 to discuss their personal role models and women that they are inspired by – It is wonderful to see their responses and read about the strong women that they look up to.

Mrs Neal – Head of Year 9

“For International Women’s Day, the most inspirational female person in my life is my mum. Every day she gets up with a smile on her face and pushes me to be my best. And as annoying as she can be, she will do anything for me no matter what. She does things I couldn’t even imagine doing, just for me and my brother. I know I will be a good mum in the future if I am half of what she is.”

Paige

"Detective Sergeant Rosanna Walker is an inspiration to me. She joined the Essex Police in 2017, working as a neighbourhood police officer, tackling crime ranging from the thefts and road rage, to knife crime. She was temporarily part of the domestic abuse team which helped keep victims safe.

She is an inspiration because of the hurdles she had to overcome in becoming a police officer, and the devotion she has shown to her job of keeping us safe. I therefore aspire to be just like her in the future."

Image credit: www.policenow.org.uk



Zuzanna Poznaniak, 9J



"Leah Williamson is an inspiration to all young girls and boys, due to her incredible hard work and resilience when something doesn't go her way. Personally, she inspires me a lot as she is a versatile player and works for her team all the time. She has overcome many hurdles in her career, one of them coming back from her ACL recently and coming back even stronger. She is the perfect role model."

Darcey Grundy, 9J

Image credit: www.bbc.co.uk/sport/football

"Elizabeth I inspires me because she was a strong queen who ruled over England without the assistance of a man. Many other women would not have been able to rule on her own, without a husband, but Queen Elizabeth did. Due to her not having any children, she ended the Tudor reign, going down in history as 'The Virgin Queen'. This inspires me, as she shown England that she, Henry VIII’s daughter ended her father’s bloodline. She was a firm and justified ruler and for that she inspires me as a female."

Claire Kiock, 9J

Image credit: www.dailymail.co.uk



"Mrs Webb is my inspirational woman, because she is nice and makes form and history fun. She is good, and needs to start her dance moves again!"

Sunny Salkeld, 9J



"My female inspiration is Elizabeth Sullivan, a Texan woman who lived up until the age of 106. The reason she inspires me is because the secret to her long life was Dr Pepper, and I love Dr Pepper! She drank three cans of it a day for about 40 years, she told Forth Worth's CBS affiliate. "Every doctor that sees me says they'll kill you, but they die and I don't." Elizabeth Sullivan did a bunch of interviews telling her secret to living a long and happy life before her death at the age of 106 in 2017. RIP."

Millie Atkins, 9J

Image credit: www.canadajournal.net

"My inspirational woman is Lana Del Rey. She is a really good song writer, who is also really kind and humble and so I want to be like her."

Beatrice Woods, 9J

Image credit: www.ca.movies.yahoo.com



"My inspirational woman is Amelia Earhart. She was a brave and independent woman, who flew. She is an inspiration to me, and should be to all women, as she did things no one else did. I want to fly."

Sophie Gilbert, 9J

Image credit: www.time.com

"I wanted to write a paragraph as to who my inspiration is, but I honestly didn't know. I probably would have written about my Step Dad, but he's not exactly an inspirational WOMAN, which is of course the point. I did tell him and he jokingly asked if I was going to do Taylor Swift, to which I replied no. He asked why and I said it's because no doubt someone else will do her, and plus nobody really likes her. He asked why, 'and I couldn't give a reason'. I suppose it just isn't cool. But then I thought, why do I care what's cool? Why should I care if someone else does the same person as me? It's not like she doesn't deserve it. So here. I decided, no matter what people will say, I'm still going to write about Taylor Swift. It's what she taught her fans and it's what I shall do.

Taylor Swift is a pillar of inspiration and feminism for all people in the modern day. She is a 'mastermind' in everything she does, she makes the 'sparks fly' and 'confetti fall to the ground', she IS 'the man', she IS the music industry, she is a powerful woman who deserves what she's got. She worked for it. She struggled for it and struggles for it. And that is one of the most important things that she inspires as a woman. Her music, lyrics, and personality all inspire us fans, known as Swifties. We are a testament to the power of music to inspire and connect people. Her music inspires us to be ourselves, to be kind to others, and to never give up on our dreams.



Image credit: www.internewscast.com

Through the years, Taylor Swift has also supported various causes, donated to charities and struggling individuals alike. Perhaps her biggest impact isn't her music, but what her music inspires. A deep connection, a common thread (an invisible string) in the human experience, a way to make people — particularly women — feel like their feelings matter in a society that often tries to invalidate the emotions, opinions, and interests of women. She has fought for what she believes in. She has 'taken the moment'. She 'had no reason to be afraid'.

I think it's a misconception to think she is overrated, I think it's perfectly acceptable to not like her music, because everyone has their own taste, but for all she has done to help her fans, she has saved lives and cares an awful lot, she doesn't deserve all the hate she gets. 'I wish you would' understand my view on that. Taylor Swift is an icon and will be forever 'timeless'. She is a 'tortured poet'. She is 'enchanted', 'innocent', and not afraid to 'speak now'. She is 'bejewelled', 'bigger than the whole sky', 'fearless' and something 'all too well' beyond our 'wildest dreams'. That is why, in my opinion, Taylor Swift is an inspirational woman, and an inspiration to me."

Olivia Mumby-Croft, 9J



"We were inspired by Rosa Parks, as she was an independent women who was not afraid to fight against the clear struggles of racism, especially being a women of colour during the 1950s proved to be a very discriminatory era, which she wanted to put a stop to. She expressed the true struggles of racism when refusing to give up her seat on a bus for a white man, because of this, she was arrested in 1955. As well as that, she inspired us to become a strong individual and stand up to what we think is right, and express our own opinions with no fear, whilst also encouraging us to gain confidence and be bold against the world's challenges."

Mahitha Suresh Babu and Jenna Mackman, 9J

Image credit: www.journeyswithjesus.net



"As a form, we picked Mary Seacole as our female role model. We picked her because she was kind and hard-working, just as any inspiration should be. Mary Seacole's actions weren't recognised until recently, however she did write a book about her life called 'The Wonderful Adventures of Mrs Seacole in Many Lands'. The book talks about her experiences during the Crimean War - where she was rejected after offering her help as a nurse, just because she was half Scottish and half Jamaican. Mary didn't let that stop her, causing her to build her own hospital. She helped everyone, no matter which side they fought for, treating all those who were injured. She also provided warm clothes and food, opening a shop selling fruit and vegetables. When Mary returned to Britain after the war, she had no money left as she spent it all helping the soldiers. Fortunately, Mary's kindness was not forgotten, with people donating money and food to ensure Mary never went cold or hungry.

Because of Mary's resilience and courage, she managed to save numerous lives, She never gave up and always tried her best. That is why we chose her as our form's role model."

9N

Image credit: Jamaicans.com

"We use buses every day to go to school or into town. It's not unusual, but this story is about a bus journey that changed millions of lives.

Let's go to America, in 1955, to Montgomery in the southern state of Alabama.

There, when a woman called Rosa Parks refused to give up her seat, a bus journey that became very important.

Rosa's refusal was a protest about racism against black people. Racism is when someone thinks you're not as good as them because the colour of your skin or your race is different to theirs, so they treat you differently.

At that time, southern states in America, had something called 'segregation'. This meant people of different skin colours had different schools, restaurants, even toilets. Segregation happened on buses too.

One day, Rosa was in a seat for black people, but white people's seats were full. The bus driver wanted Rosa to give her seat to a white person, but Rosa said no!

Rosa was a member of a civil rights group which fought for black and white people to be treated the same.

She was arrested and taken to jail for a few hours.

Rosa didn't fight alone, people organised a bus boycott, which meant they stopped using buses for a year. They walked instead. This bus company lost a lot of money. The boycott was a peaceful stand against racism. Judges eventually said having separate black and white parts of buses was not allowed.

"Hello, friends of freedom. It's a wonderful day and let us be thankful we have reached this point and we will go farther from now to greater things. Thank you!"

Today, Rosa Parks is remembered as an ordinary woman who took a stand to help black people in America be treated fairly. To be treated the same as whites."

Scarlett Meaby & Ava Judkins 9P



Image credit: www.workers.org

Y8 Netball

On Wednesday 6th March, the Year 8 netball team completed a busy week of three fixtures in three days, hosting University Academy Holbeach. A dominant first two quarters led to us leading 4-0 at half-time with some excellent passes into the D, despite a very tall and effective UAH defence. For the final two quarters, UAH utilised their height well to come back into the game but we managed to hold on for a 7-6 win after superb centre court play regaining possession and a Player of the Match performance from Lily Spridgen, scoring from difficult areas. The team should be very proud of themselves as the progress they have made individually and collectively this year has not gone unnoticed. Well done!

Miss Magnus, PE Department



Y7 Indoor Hockey

On Thursday 7th March, the Y7 indoor hockey team attended the U12 competition held at Bourne Academy. The team consisted of pupils who play for varying teams outside of school, and it was great to see them transferring their skills to the indoor game. The team came joint 5th and thoroughly enjoyed their experience. Well done to all the pupils involved!

Miss Jones, PE Department



U15 Football

On Wednesday 13th March, the U15 football team travelled to Somercoates Academy to play the Round of 16 fixture of the Sister in Sport National Cup. A dominant performance in rainy conditions led to a convincing 7-0 win to secure a place in the quarter finals.

Miss Magnus, PE Department



PHSCE News

PARENT INFORMATION: Malicious Communication

Malicious Communications has been an ongoing problem we have experienced nationally. Online behaviour is something we talk regularly to children and young people about across the county within our online safety sessions. We want to also make sure parents are aware of these laws and the potential consequences our online behaviour can have in the real world and for our children's futures. Attached is a document which outlines the different laws regarding online behaviour, this is to accompany our video aimed at parents

[Stay Safe Talks - Malicious Communications \(youtube.com\)/ \(https://www.youtube.com/watch?v=Akl9CgpP9t8We\)](https://www.youtube.com/watch?v=Akl9CgpP9t8We) and would appreciate parents/ carers viewing this material.

PARENT WORKSHOP "How to keep your autistic child safe from online radicalisation".

This is a free online workshop, designed specifically for parents, carers, and those who provide direct support for neurodiverse children, particularly males.

The workshop contents will include:

- Understanding the specific vulnerabilities of young males with ASD or other neurological conditions which makes them particularly susceptible to radicalisation.
- Identify when a young person in your care, or who you support, is at risk of online radicalisation.
- Provide the skills and knowledge to intervene directly in an appropriate way to safeguard the young person.

Know how to seek further support in mitigating that risk.

Workshop dates are yet to be planned but are likely to be during April / May, held online, for approximately two hours. We welcome any feedback on what times of day would be most suitable for these to take place.

To express an interest in being allocated a place on one of the workshops please email

Prevent@lincolnshire.gov.uk with your contact details and a brief description of how the course may be suitable for you.

Mr Hemsall, Head of PHSCE on behalf of Lincolnshire County Council's Stay Safe Partnership

Design Technology News - Textiles

Y10 Streetwear

Students in Y10 DT:Textiles have worked exceptionally well on the following design brief:

You have been commissioned by an independent store to explore 'streetwear' and develop product ideas for them. You will then design and make a high quality prototype sweat top/hoody that incorporates printed images to represent your unique ideas for branding/logos/decoration. You will work with a client of your choice to gain feedback throughout the process.

The result is a fantastic range of individually designed and made hoodies. Images/logos have been computer designed and added using the sublimation printer and heat press. Additional decoration has been hand stitched to enhance the designs. Use of knitted fabrics is challenging and I hope you agree that the students have done a great job! They are proud to show off their finished hoodies.

Mrs Schwarz, Textiles

Streetwear Project

In the autumn term, we began our streetwear project in textiles. Firstly, I had to research various elements of streetwear such as brands, the target audience and some of the designers. I did a lot of research into a man named Hiroshi Fujiwara who is often cited as the godfather of streetwear and founder of the fashion label and lifestyle brand retaW. Over the course of the next few months I worked hard to design and make my own hoodie inspired by my research into streetwear. I had to create documents like a manufacturing specification and a design specification in order to help me determine how successful and functional my hoodie prototype was. Just before the holiday I finally finished my hoodie and I am extremely proud of it and I am excited to wear it.

Grace Bushell 10C



Photos by Rosalia Bunder 6FM

Sixth Form News

Witness for the Prosecution

During the half term holidays, a good friend and I had the fortunate opportunity of seeing a well-known play based on one Agatha Christie's many crime novels; Witness for the Prosecution. We were actually able to take part in the process of deciding whether the convicted character, Leonard Vole, was guilty of the murder of a rich lady in her late fifties. Such an opportunity was extremely beneficial in helping us to understand how the genre of crime in literature is structured and how it can apply to social issues prevalent in the past and in modern times. I would recommend seeing any play based on crime fiction if you are interested in English Literature as it gives you a taste of the different types of crimes found in texts and their significance to the narrative as a whole.

Naomi Warren 6KM



Careers Update

Year 10 Work Experience – 25th-28th March

With less than two weeks to go ahead of Year 10 work experience, it is vital that students are **checking their emails daily** in case employers send important information regarding the placement. Students must speak to their employer to ensure they have confirmed all the information they need to know, such as hours of work, dress code and who to report to on the first day. Students received a health and safety briefing in school during PSHCE on 29th February. If any students are asked to work later than 7.00pm, they need to email the dates and times to Mrs O'Brien. We will be writing to the parents/carers of the small number of students who are unable to take part in work experience week in due course to inform them of plans for their child in school.

Year 12 UCAS Evening – 25th April 6pm

As typically around 80% of our sixth form students apply to university, we will be holding an information event on 25th April and sent out a letter to parents/carers about this on 5th March. Could parents/carers please confirm whether they will attend or not using the online form: <https://forms.office.com/e/tG27KjC9qS>

Year 13 – Yipiyap Presentation

In assembly last week, a representative from Yipiyap (Young inspiring people inspiring young aspiring people) gave a short presentation to students about becoming a tutor during a gap year. Please see the information in the links below about the benefits of this programme.

Become a Tutor – Yipiyap

Yipiyap - redefining the gap year | Undergraduate | UCAS

Virtual Work Experience with Virgin Media

Virgin Media is offering a virtual work experience opportunity for 14-16 year olds 2nd- 5th April. Please see the poster for details. This is a great opportunity to gain an insight into this industry and to add to a CV. Please see the flyer at the end of the newsletter for registration details.

Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader



- > Are you aged 14-16?
- > Are you curious to learn what Virgin Media O2 is all about?
- > Are you passionate about STEM?



Then apply to our virtual work experience!

2nd to 5th April
2024

You'll get to explore our graduate, internships, and apprenticeship opportunities whilst working on a future focused project that will help you earn your Bronze Industrial Cadets accreditation.

Our four-day program will immerse you in the world of telecoms and help you boost your potential. You'll get to learn what it's like to work in a dynamic industry and gain insight into our purpose to "See What You Can Do!" Who knows, you might even discover your passion for the future!

Experience various career insight activities and get hands-on using our innovative recruitment tools and hear first-hand from our graduates, interns, apprentices and STEM (Science, Technology, Engineering, Math) ambassadors!

Learn from industry leaders and gain valuable insight into the latest from the world of broadband, TV, fixed line and mobile.

Discover how Virgin Media O2 successfully incorporates the gaming industry & gamification in the Digital space and its pioneering business models.

Delve into the importance of hands-on problem-solving and critical thinking skills, company and sector research and take control of your future and change the world around you.



How to apply

Scan / Click the QR code to apply!

Work Experience Reference Code VM02C2



Spalding High School and Noisemakers presents

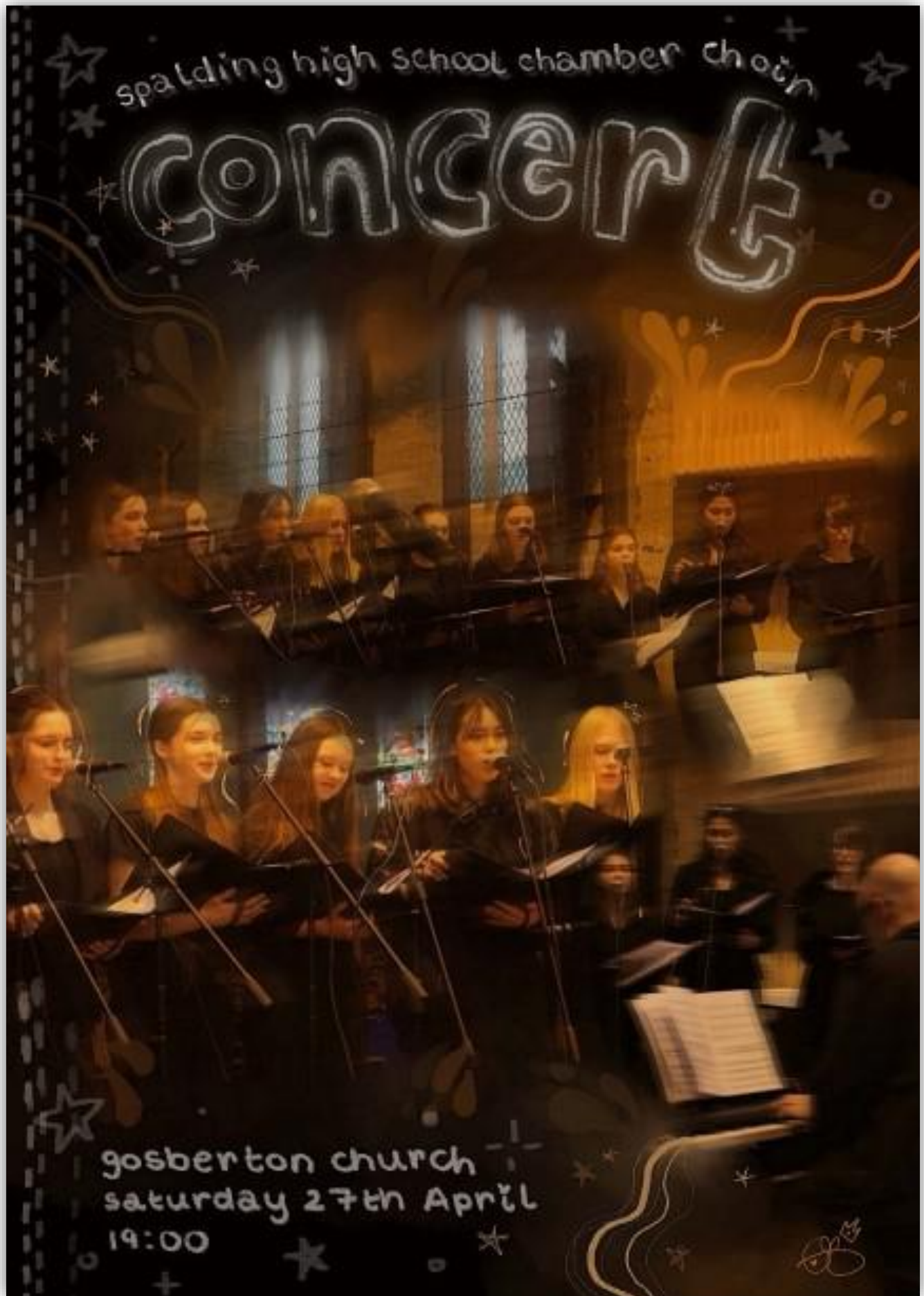
THE SNOW QUEEN

*By Scott
Gilmour and Claire McKenzie*

Spalding High School Hall

Wednesday 20th, Thursday 21st and Friday 22nd March

7PM Tickets £6.50



Poster designed by Olivia Mumby-Croft, 9J



Cake Bake Off Competition

**AT THE SOUTH HOLLAND CENTRE
MARKET PLACE, SPALDING
AT 11AM ON SATURDAY 30TH MARCH**



**YOUR CAKES WILL BE JUDGED BY
MATTY EDGELL, THE GREAT BRITISH BAKE
OFF WINNER 2023 & BY THE CHAIRMAN
OF SOUTH HOLLAND DISTRICT COUNCIL**



**BRING ALONG YOUR CAKES AT 10AM FOR SETTING UP
JUDGING WILL BE AT AT 11AM**

For more details contact Samantha Bradley:
email: samantha.bradley@sholland.gov.uk tel: 01775 764694

*The cakes will be sold to raise money
for the Chairman's Charities*

