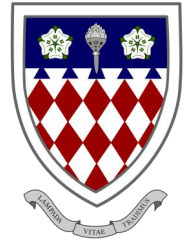


# Spalding High School

## Weekly Bulletin

### 7<sup>th</sup> March 2024



It has been absolutely fascinating reading the material and notices that Mrs Bushell and Mrs O'Brien have been sharing with the School to mark National Careers Week. This theme has been continued this week, in the report from Y9, in which they have shared their interests and aspirations for their future careers; quite literally an A-Z range of job interests for the future. Growing up, many of us will have had very clear ideas about how we wanted to spend our working lives and the jobs we saw ourselves doing forevermore. Sometimes, the picture is not so clear and many youngsters worry about not being sure about the path they want to take. It is important to not be anxious either way and to remember two things. Firstly, life's pathway presents us with opportunities (or challenges) that we might not have anticipated and that might lead us onto different journeys. Secondly, most of our students will be doing jobs (some of which might be similar to those we have today) but no doubt using technology that has not even been invented yet...or jobs that have not been invented yet. That is one of the most exciting prospects to look forward to in my book. We also have to remember that sometimes, people just change their minds...which might seem impossible if you have your mind set on something but does actually happen more than you would imagine...me included!

Well done to our Y9s for sharing their dreams with us; fascinating reading as I said. And also to Mrs Bushell and Mrs O'Brien for all the information and support you have put together for us.

**M K Anderson, Headmistress**

## Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Aaleen Zahra	Mrs Clay	French
7C	Rehema Boreh	Mrs Spinks	Mathematics
7J	Eleanor Perkins	Mrs Cave	Religious Education
7N	Florence Wilson	Mrs Tanner	Art
7N	Maya Pahal	Mrs Aurikko	Science
8C	Alexia Baker	Mrs Chandler	Library
8C	Yogitha Velpuri	Miss White	Science
8N	Neve Timmins	Mrs Tanner	Community
8N	Yasmin Ahmed	Mrs Aurikko	Community
8P	Lacie Brookin	Mrs Knowles	German
9C	Jasmine Copping	Mrs Anderson	Geography
9N	Lena Szypowska	Mr Garbett	Music
10C	Layla Khodri	Mrs Rogers	Geography
10J	Hannah Sporton	Mrs J Lord	English Language
10J	Poppy Miller	Mrs H Waldron	Religious Studies
10N	Daisy Mardle	Mrs Schwarz	Textiles
10S	Teegan Wright	Mrs Neal	Art
6FM	Abi Armstrong	Miss Ashley	Further Mathematics
6TD	Molly Hallissey	Miss Bailey	German

### Support Red Nose Day!

**Friday 15<sup>th</sup> March** is Red Nose Day, and we are asking students to wear non-school uniform (no inappropriate outfits & no offensive or political slogans to be worn) for a donation of £1 to help the numerous charities supported by Comic Relief. This is a great opportunity for us to come together as a school to raise some money to help people through the toughest times of their lives.

**Mrs Ray, Assistant Headteacher**



**Week 10 - Challenge #10 - Answer**

Here is the answer to the Challenge the Parent question from last week's Bulletin

**Answer**

$$x < 5$$

**Week 11 - Challenge #11**

Write 124 as a product of its prime factors.

**Good Luck!**

## Sports News

### Y8 Futsal

On 21<sup>st</sup> February, the Y8 futsal team competed in a South Lincolnshire Schools' tournament at Haven High School. The team played very well throughout the tournament to finish overall Runners-up. Well done!



Miss Magnus, PE Department

### Y7 and Y10 Netball

On Tuesday 27<sup>th</sup> February, the Y7 and Y10 netball teams had their first match of 2024 against University Academy Holbeach. Both teams knew that this would be a tough game against well drilled sides. As they were playing indoors, the Y7s played first. It took a while for them to adjust to their surroundings, but once they got into it, and with some support from the Y10s on the side-lines, there were some good passages of play. Despite this, they lost 3-0.

It was then the Y10s turn. After the first quarter, they were 2-0 down. However, with a positive half time talk and after refocusing back on the basics, they had drawn level by the end of the second quarter (2-2). The third quarter was very tight, with no goals being scored, so it was all to play for in the fourth quarter! After some strong gameplay, SHS stole the lead with only a few minutes to go making it 3-2. All the pupils had to do then was manage the game until the final whistle, and that they did! Congratulations Y10 on winning such a tough game!

Miss Jones, PE Department



### Sixth Formers vs Teachers Netball

On Tuesday 27<sup>th</sup> February, we played the first ever Sixth Formers vs Teachers netball match! After several days of fighting talk, we all gathered on the courts at lunch for the long-awaited match. It was very competitive, and we (the sixth formers) tried our best to defend against the teachers and their cheeky tactics but unfortunately, we lost 11-1. Although it was very competitive, everybody had lots of fun, including those who came to watch. A massive thanks to everyone who participated, and special thanks to Miss Parker for umpiring. Rematch TBC...

**Abbie Horspool, 6NG**

### **Year 12**



### **Year 13**



### All Years Netball

On Monday 4<sup>th</sup> March, all of the SHS netball teams faced Bourne Academy. The Year 7s played extremely well, particularly defensively to secure a 7-0 win, with Megan being awarded Player of the Match by the opposition for a dominant display in the middle of the court. The Year 8s also secured a win of 7-5, with two very good quarters conceding no goals, some brilliant shooting from Lily, and Poppy being awarded Player of the Match for some excellent blocking in the final minutes of the game to deny Bourne any more goals. The Year 9 team played very well to secure a 21-4 win after controlling possession for most of the game. Year 10 won 9-5 with an excellent defensive performance by Rhea gaining her Player of the Match. Unfortunately, the Year 11 team were beaten 16-12 after a close game with lots of missed goal scoring opportunities.

**Miss Magnus,  
PE Department**



## Celebrating the Individual in Y9—Careers Week

### Karolina Gren – Primary Teacher

To celebrate Careers Week, Mrs Neal asked Y9 to write about a career we are hoping to explore and why this interests us.

In my case, it is a career in teaching. I am hoping to become a primary school teacher in the future as it is a great career to go into and it sounds fun. This career interests me because teaching has a great positive impact on children's lives and education. It also helps them to develop skills and abilities such as confidence, independence and problem solving. It has been my dream career since Year 2! During the COVID lockdowns, I made PowerPoint presentations on the lessons we had been set and recorded myself as if I was the teacher leading the lesson. The teacher then played it to the class who was in school and that's how they learnt. When I found out I felt proud and rewarded. I think that a teaching career is special as teachers know they played a part in a child's life. I enjoy planning and organising things which is another reason why this career interests me. I also enjoy facing new challenges and unexpected situations, which I know happen in the school life. I think I will be good in this career because I enjoy gaining new knowledge every day, helping others and being creative. I am also a great listener and patient. I hope that one day my dream will become true.



### Pela Tian-Wright - Architecture

I am hoping to explore architecture in the future. This career interests me because it involves creativity and problem solving; mainly based around the subjects maths, art/design and physics, which has naturally appealed to me because it involves some of my strengths. Architecture is a job that is constantly evolving. It effects people's lives and has a significant impact on how society express cultures and initiative. Architects provide solutions to natural disasters like earthquakes and floods, which really inspires me to get involved in a career that is affecting the world. Overall, architecture seems like an ideal job for me because it incorporates my strengths and really interests me. I think I'd enjoy it in the future!

### Sruti Sudhakar – Cardiac Surgeon

Despite being one of the most challenging fields of surgery, I think cardiac surgeon is an incredibly rewarding job since they often see immediate and life-changing result of their work. The complexity and variety of cases in cardiac surgery challenges practitioners to continually refine their skills and pushing the boundaries of medical precision. It is also a field where one can have a significantly positive impact on improving the quality of life for patients with heart disease. I admire the happiness of having the ability to help someone survive, it's just life or death, no shades of grey. This profession has more responsibility to provide a noble service for mankind and help them to live a healthy and peaceful life.

# THE TRUTH IS IN THE DETAILS

What I want to do for Alevels:

- biology
- chemistry
- further maths / art :)

what is it?

it is pathology, which focused on finding the cause of death via examining a corpse. a post mortem examination is performed by one, usually during the investigation. they collect and examine tissue specimens under microscope (histology), and other things :)

# forensic Pathology

anywhere from about  
**pay:** £60,000 → £120,000 /year

my gcse choices: history  
art latin

WHAT DOES IT TAKE

good Alevels - 2 sciences  
complete medical school  
finish training 5-8 yrs :(  
speciality training  
(histopathology)  
and more optional.

(and a good developed character & skills)

by: Olivia m-c 9J x



#### Isla Bennett - Beautician

For the past year I have really enjoyed working with beauty and have grown to create an interest in modelling and becoming a beautician. In the school holidays I spend most of my time doing my eyelashes, practising different hairstyles and new make-up techniques. I'm not too sure what I would like to do in the future however beauty and modelling is currently in my interests. In a few years I am hoping to get an apprenticeship and learn more about the modelling and beauty side of the world, if my mind is still interested in those careers.

#### Mahitha Sureshababu - Paediatrician

In the future, I would like to explore a career opportunity in medicine, particularly Paediatrics. I continue asking myself why I am even interested in this or if I imagine myself in 10 years' time taking the temperature of a child or treating a sore throat. But thinking about the opportunities this would give me, to highlight my skills and traits as a person, I feel it will be worthwhile and something I should try and pursue. In the next couple of years, I will be faced with many decisions. Something I envision myself doing is A Levels (picking the subjects of biology, chemistry, and maths) and I hope that one day it will lead to university acceptance letters and hopefully working in my own surgery as a Paediatrician. This particularly interests me, since it has a personal aspect of life, a reason being this was my dream even my younger self believed that I would want to do this. A key motivation to me is seeing children smile or laugh with me just as I once did with a paediatrician (one who I imagine was an aspirational young teen like me today.)

#### Amelia Whytes – Vet

In the future, I hope to become a vet. This interests me as I love animals and I feel that this is the best way for me to work with them. During Careers lessons, we learn about different careers and opportunities for the future. As a vet, I will be helping and treating animals which is very rewarding knowing that I have helped a life. This is my aspiration for the future.

#### Julia Furmanczyk - Biomedicine

In the future, I would like to pursue a job in Biomedicine. Biomedicine is a fascinating field as it offers many different career paths. I personally lean more towards developing and testing cures for diseases. I have always had an interest in biology and chemistry, and I have always wanted to help increase the wellbeing of others. Seeing the wide selection of options these jobs have to offer is incredible as it gives me the opportunity to deepen my knowledge of what it entails so I can see if it suits me. There are no limits to how much you can learn, and anything is possible.

## Pastoral News

### Young Carers Action Day

The 13<sup>th</sup> March is Young Carers Action Day. Young Carers Action Day is an annual nationwide event organised by the Carers Trust. It aims to raise awareness of the importance of young carers across the country. The event highlights the remarkable contributions made by young carers across the United Kingdom.

To celebrate this day we are going to be running a competition to design the 'Bright Horizons' logo to be used in School. Bright Horizons is our Young Carers Club. Here we meet up to chat, offer support, eat chocolate and crochet positive vegetables. Mrs Jarvis and I need a new logo that encompasses the importance of the Young Carer role and the fun that we can have in our group. All entries need to be A4 size and handed in to Mrs Davies or Mrs Jarvis by registration on the 13<sup>th</sup> March, we will choose a winner. The winner will receive Easter treats and the chosen design will be used on the School website and on our posters going forward. This competition is free to enter.

We will also be running a raffle to win a hamper full of yummy Easter treats. If you would like to enter it is 50p per ticket and the money raised will go towards our Young Carers Group. Please come and see Mrs Jarvis and I in the pastoral office for a chance to win. The winner will be drawn on the 13<sup>th</sup> March.

Mrs Davies, Pastoral Department

### **Competition Time!**

Design our Bright Horizon logo

Free to enter—closing date 13th March

Speak to Mrs Jarvis or Mrs Davies



### **Raffle Time!**

50p per ticket

Speak to Mrs Jarvis or Mrs Davies

Raffle will be drawn on 13th March





## Careers Update

As this week is National Careers Week, we hope that students in school are continuing to be curious about all things related to planning for their future pathways. This includes joining in activities in tutor time, in lessons and many of the webinars/insight events that are advertised in this careers update section of the weekly bulletin. We value feedback from students, especially if they sign up for webinars and other insight opportunities so that we can continue to promote insightful and useful events.

### Year 10 Work Experience – 25<sup>th</sup>-28<sup>th</sup> March

With less than a month to go ahead of Year 10 work experience, it is vital that students are **checking their emails daily** in case employers send important information regarding the placement. It is advisable for students to speak to their employer to ensure they have confirmed all the information they need to know, such as hours of work, dress code and who to report to on the first day. Students received a health and safety briefing in school during PSHCE on 29<sup>th</sup> February. If any students are asked to work later than 7.00pm, they need to email the dates and times to Mrs O'Brien. We will be writing to the parents/carers of the small number of students who are unable to take part in work experience week in due course to inform them of plans for their child in school.

### Unifrog University Fair – Wednesday 13<sup>th</sup> March 4.30-7.00pm

For students in Years 10-12 who are considering going to university, Unifrog is hosting a virtual University Fair in the evening on 13<sup>th</sup> March. This will be an excellent opportunity for students and their parents/carers to gain an insight into topics such as student finance, contextual offers, subject spotlights and city or campus universities. Here is the registration link: [Unifrog UK University Fair \(vfairs.com\)](https://unifrog.com/vfairs.com)

### Year 12 UCAS Evening – 25<sup>th</sup> April 6pm

As typically around 80% of our sixth form students apply to university, we will be holding an information event on 25<sup>th</sup> April and have sent out a letter to parents/carers today. Could parents/carers please confirm whether they will attend or not using the online form.

### InvestIn Career Taster Sessions

Please see the attachment for registration for some interesting career taster sessions being hosted online on 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> March at 6.00pm by InvestIn. This is a great opportunity aimed at students aged 12-18 to find out about potential pathways, hear from employers and gain experience to add to CVs. I have included the links to the sessions on offer below:

Creative arts careers: [https://us02web.zoom.us/webinar/register/WN\\_NHjAR-0eQ3Gur3h6M62BEQ#/registration](https://us02web.zoom.us/webinar/register/WN_NHjAR-0eQ3Gur3h6M62BEQ#/registration)

Psychology careers: [https://us02web.zoom.us/webinar/register/WN\\_jv4TdD4xT8-L4yggerjngA#/registration](https://us02web.zoom.us/webinar/register/WN_jv4TdD4xT8-L4yggerjngA#/registration)

Engineering careers: [https://us02web.zoom.us/webinar/register/WN\\_WwiYiEX\\_Su-Rnd3qEsHNWQ#/registration](https://us02web.zoom.us/webinar/register/WN_WwiYiEX_Su-Rnd3qEsHNWQ#/registration)

Law careers:

[https://us02web.zoom.us/webinar/register/WN\\_8xaZkpVoToOCpzmQetkBDw#/registration](https://us02web.zoom.us/webinar/register/WN_8xaZkpVoToOCpzmQetkBDw#/registration)

Medicine careers: [https://us02web.zoom.us/webinar/register/WN\\_peA-K3LbSw6s7Vc0rLj3Kw#/registration](https://us02web.zoom.us/webinar/register/WN_peA-K3LbSw6s7Vc0rLj3Kw#/registration)

Banking careers: [https://us02web.zoom.us/webinar/register/WN\\_4DQsLv4bSSqZoWXRil6gg#/registration](https://us02web.zoom.us/webinar/register/WN_4DQsLv4bSSqZoWXRil6gg#/registration)

### Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

**Mrs Bushell, Careers Leader**



# Free Career Tasters

*Online workshops dedicated to giving students a taste of their potential future career*

**Learn More**

We are delighted to announce that we will be hosting a series of free career tasters for students aged 12-18.

Ahead of National Careers Week, we will be hosting another series of free online career tasters for students aged 12-18.

These interactive sessions serve as a great introduction to a range of industries, while giving students an opportunity to hear from a professional and participate in an interactive career simulation.

Please encourage your students to bring any questions they may have to the webinars - we're here to help them on every step of their career journey.

If students are unable to join live, they can still register to receive the recording and our follow up resources.

**Sign Up Here**

## Career Taster Schedule

### Not sure which webinar to choose?

Signing up to multiple webinars is a great way for students to explore different careers and find out where their interests lie!



12th March : 6pm

**Breaking into Creative Arts**

**Breaking into Psychology**

13th March : 6pm

**Breaking into Engineering**

**Breaking into Law**

14th March : 6pm

**Breaking into Medicine**

**Breaking into Banking**

# ARE YOU AGED 13-16 AND INTERESTED IN BECOMING A POLICE CADET?

## Join Lincolnshire Police Cadets to:

- Learn about policing
- Gain practical skills and experience
- Meet new people and be part of a team
- Take part in policing events and activities
- Support your local community



## RECRUITMENT IS OPEN:

APRIL 15 - MAY 27 2024 - START IN SEPTEMBER

LINCOLNSHIRE POLICE  
**POLICE CADETS**

[www.twitter.com/LPVolunteers](https://www.twitter.com/LPVolunteers)

For more information and to download an application form visit:

[www.lincs.police.uk/police-forces/lincolnshire-police/areas/careers/join-us/volunteers/cadets/](http://www.lincs.police.uk/police-forces/lincolnshire-police/areas/careers/join-us/volunteers/cadets/)



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Volunteer  
**Police  
Cadets**

## We are recruiting for cadets in:

- Boston
- Skegness
- Bourne
- Spalding
- Grantham



Please scan for  
more information



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Volunteer  
Police  
Cadets