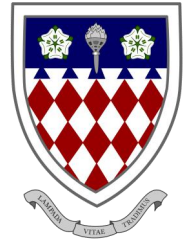


Spalding High School

Weekly Bulletin

8th February 2024



There are lots of congratulations to be made this week, which is always a pleasure!

Year 11 have been completing their GCSE Spoken endorsements with the external assessor this week. This is a very important element of work and also an opportunity for students to practise their public speaking (and listening) skills. The students have coped well with the assessments and appear quietly comfortable and confident with the whole thing so I am sure their preparation and delivery will do them justice in their results.

The bulletin is full of good news this week and students in many year groups have shared their achievements and items of interest. A huge congratulations to the U15 School Football team who are now through to the quarter finals of the Playstation School Cup; this is excellent news and, of course, everyone wishes them good luck in their next match. The Y8 Hockey Team have also done brilliantly and have been crowned champions in the annual Indoor Hockey Tournament. Well done and congratulations to all. It is also great to see Celebrating the Individual back in this week's edition and well done to Olivia and Eliza for their achievements. Sometimes, students are a little shy about sharing their achievements and hobbies from outside school with us but it is always great to hear what our brilliant students are involved in outside of school and so please do share. Parents/carers, you might need to encourage this too or write in and let us know yourselves! Just send a short report on achievements or hobbies your children have been involved with, plus some photographs if possible, to enquiries@spaldinghigh.lincs.sch.uk.

My final congratulations this week goes to the amazing ladies in the School Canteen! We thought that it would be a nice idea to try to celebrate Shrove Tuesday and have pancakes - I know we were a week early but that is the way the holiday fell this year! However, we have all been taken completely by surprise by just how popular the pancakes have been and sold out half way through the second year group. Trust me, you cannot imagine how hard it was for me to announce that we had run out – there were so many disappointed little faces and so we just had to do Pancake Wednesday and Pancake Thursday too! Whilst we know the High School likes its cakes, the love of pancakes did take us by surprise but we have learnt lessons for next year and will ensure that (a) we have enough for everyone and (b) that we need to spread the joy over several days as it takes a long time for the average teenager to decide what they want as their topping and so queueing has taken a while longer than normal! Thank you to the students for your patience – pancakes will be back in 2025!

Here we are at half term already. I hope that everyone has a relaxing and pleasant holiday next week and hopefully no snow – apart from those venturing to Austria on the School Ski Trip!

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Rebeka Joyce	Mrs J Lord	English
7J	Naemah Rehman	Mrs Lees	Library
7J	Pearlin Odedra	Miss Jones	Physical Education
7N	Florence Wilson	Mrs Rogers	Geography
7N	Isla Homden	Miss Magnus	Physical Education
8J	Eve Barclay	Mr Ganger	Mathematics
8J	Holly Claydon	Mrs. H Waldron	Religious Education
8N	Florence Numa	Mrs C Aurikko	Community
8P	Annabelle Burgess	Mr Garbett	Music
8S	Ruby Mantle	Miss Parker	Physical Education
9C	Jasmine Copping	Mr Ganger	Community
9J	Summayah Abbas	Mrs Cave	Religious Studies
9N	Grace Hurn	Miss Bailey	German
9N	Julia Furmanczyk	Mr Hempsall	History
9S	Karina Zokaite	Mrs Anderson	Geography
9S	Paris Webb	Mrs Martin	Mathematics
10C	Grace Bushell	Mrs Schwarz	Textiles
10C	Molly Lambe	Mrs T Waldon	Biology
10J	Gabriella Atkinson	Mrs Martindale	Biology
10J	Hannah Sporton	Mrs C Aurikko	Biology
10N	Sky Salkeld	Miss White	Chemistry
10P	Evie Phillips	Mrs Busfield	Community
10P	Isobel Bowser	Mrs Clay	French
11J	Harriet Dunn	Mrs Jones	Latin
11N	Lexi Goult	Mrs Busfield	Biology
11S	Evie Hemmings	Mrs Tanner	Art
6IW	Anumi Atapattu	Miss Ashley	Mathematics
6JL	Evie Ahearn	Mr Love	Law
6JL	Sofija Putika-Zvinklyte	Mrs Neal	Photography

Week 7 - Challenge #7 - Answer

Here is the answer to the Challenge the Parent question from last week's Bulletin

Working	Answer
$2y - -y = 3 - 6$ or $x + 2x = 3 + 12$	$x = 5, y = -1$

Did you get it right?

Week 8 - Challenge #8

Colin, Dave and Emma share some money.

Colin gets $\frac{3}{10}$ of the money.

Emma and Dave share the rest of the money in the ratio 3 : 2.

What is Dave's share of the money?

Good Luck!

Celebrating the Individual in Year 9 – Olivia Mumby-Croft

In Dungeons & Dragons, your group of players, will form an adventuring party, who explore fantasy worlds together and embark on epic quests and level up in experience along the way. The Dungeon Master, is the game's referee and storyteller. There's not really any winning or losing in D&D.

The core of D&D is about storytelling. The group of players essentially tell a collective story, guiding heroes through dangerous quests to search for treasure, battle deadly foes, and even carry out daring rescues. The adventure itself is only limited by the imagination of the players around the table. All you really need to play D&D is a book, a pencil, and some dice, and you can even do it all on your phone if you want to. Games can be played in person or even over the internet (although that would be a lot harder)!!

Dungeons & Dragons is a classic game that everyone should at least know how to play. Not only is it incredibly entertaining, but it impacts the way that the players interact with the real world, having incredible benefits towards personal development and mental health.

A game usually takes around 3-4 hours.

It's fun to do with friends and you can take it as far as you want to: buy sets, invent characters, dress up. It's all up to you. It may be hard to learn, but why not start now? Are you bored over the holidays? Ask your friends or family if they want to play. Research and planning may be ideal first, but ultimately just have fun, even if it doesn't go right first try!!

Olivia Mumby-Croft, 9J

Celebrating the Individual in Year 9 – Eliza O'Brien

On the 3rd and 4th February 2024, I took part in a Cheerleading Competition in Coventry with Empire Elite. I have been part of two competitive teams (called Queens and Idols) since September and I started recreational cheer in May 2023. From the two teams, Queens came 2nd and Idols came 4th. Queens were against two other teams in the Under 12s division, one of them called RLS. RLS are a World Team (they compete in world competitions and are very advanced for their age and level).

Queens scored 0.07 points less than RLS and achieved the highest percentage Empire Elite Cheer has scored across the weekend at 94%. Queens also hit 0 (meaning that no stunts fell during the routine) and the whole team were given a small card to hook onto their bags. Idols came 4th against seven other teams, beating RLS!

Eliza O'Brien, 7J



PE News

Y8 Hockey

On Monday 5th February, six Y8 pupils attended the annual Indoor Hockey Tournament held at Bourne Academy. The tournament consisted of six teams, with matches lasting seven minutes one way. All pupils who participated play for various teams outside of school, and managed to transfer their skills very well to the indoor game.

Spalding High had a strong start against The King's School A Team, where the closely fought match finished 0-0. Their gameplay improved even more throughout the afternoon, winning their remaining four games. The team beat Bourne Grammar A team 3-0, Bourne Academy 1-0, and Bourne Grammar and The King's School B Teams 1-0. This meant that they were crowned champions of the tournament!

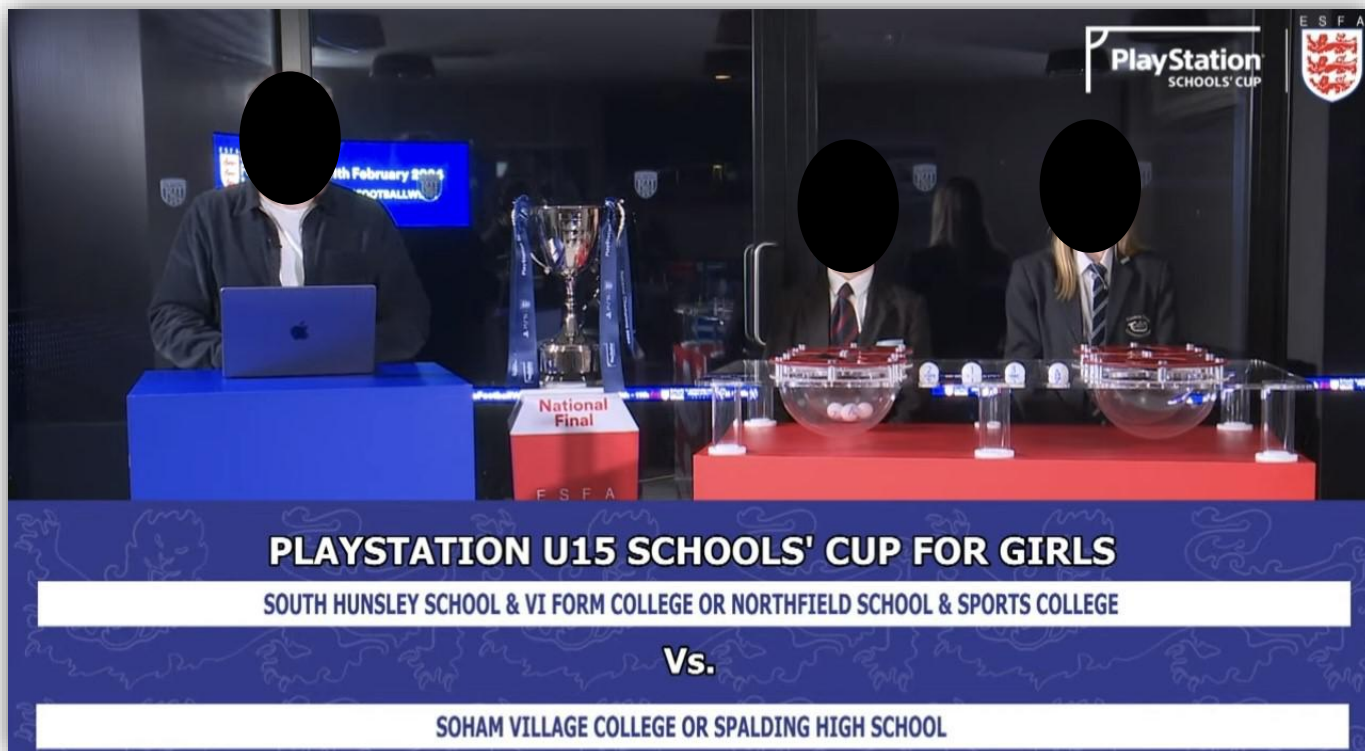
Well done to all the pupils involved; Yasmin for her excellent defending and forward passes, Hattie for her ability to receive the ball on the half turn and have a shot on goal, Alex and Anna for playing brilliantly on the wings, and Jessica who rotated really well with Hattie at the top of the diamond formation. A special mention must go to Katie, who although is a superb football goalkeeper, volunteered to play in goal in full hockey goalkeeping kit for the first time. Katie made some match winning saves and kept a clean sheet in every single game!

Miss Jones, PE Department



PE News

Following the SHS Football teams success in the Playstation U15 Schools' Cup for Girls in making it through to Round Six of the competition, the draw for Round Seven (Quarter finals) took place on Monday 5th February. The draw was streamed over the ESFA's YouTube channel, with West Bromwich Albion's Hawthorns stadium as the backdrop. A victory over Soham Village College in Round Six will see us play either South Hunsley School & VI Form College, North Ferriby or Northfield School and Sports College, Billingham. This is the first time we have featured in the Quarter Final draw as this is the furthest a Spalding High School team has progressed.



PLAYSTATION U15 SCHOOLS' CUP FOR GIRLS			
BALL NUMBERS			
1	SOUTH HUNSLEY SCHOOL & VI FORM COLLEGE OR NORTHFIELD SCHOOL & SPORTS COLLEGE		
2	SOHAM VILLAGE COLLEGE OR SPALDING HIGH SCHOOL		
3	SALE GRAMMAR SCHOOL		
4	THOMAS TELFORD SCHOOL OR WRIGHT ROBINSON COLLEGE		
5	THE PIGGOTT SCHOOL		
6	THE WEY VALLEY SCHOOL OR MILLFIELD SCHOOL		
7	SHENFIELD HIGH SCHOOL OR BEAUMONT SCHOOL		
8	ST BEDE'S SCHOOL OR SURBITON HIGH SCHOOL		

Pastoral News

TikTok

Continuing with our 'keeping children safe online' theme please find enclosed our next poster relating to Keeping Safe on TikTok. Please share and discuss the information at home. In addition there are links to further support on the school website.

Bright Horizons

BRIGHT HORIZONS

CALLING ALL YOUNG CARERS!!!

EVERY MONDAY

1:00 in G3

**COME ALONG TO MAKE YOUR VERY OWN
POSITIVE VEGETABLE**



SHS in the Community

The 'Wonder-Fall' Workshops

Former Head of Art, Mrs Kelleher is creating an art installation over half term and needs about 1000 2L plastic drinks bottles. If anyone has any bottles (clean and uncrushed) that they can donate, please bring them to Reception tomorrow, Friday 9th February

"The Old Hospital Trust and the A+E Collaborative are working with arts organisation Transported to bring free creative workshops for young people to Spalding in February and March 2024!"

Join local artist, Liz Kelleher of A+E Collaborative at Ayscoughfee Museum to create a recycled plastic bottle 'waterfall'.

The artwork you help create will be used as an art installation and brought to life with projection art in an exciting yet-to-be-announced event that will take place soon in the Ayscoughfee Hall Gardens."

OLD HOSPITAL TRUST

And

A+E COLLABORATIVE

TRANSPORTED

ARTS COUNCIL ENGLAND

SELCP NPO

IN PARTNERSHIP WITH

THE "WONDER-FALL" WORKSHOPS

14 & 16 FEB. @ AYSCOUGHFEE MUSEUM

AGES 11-18

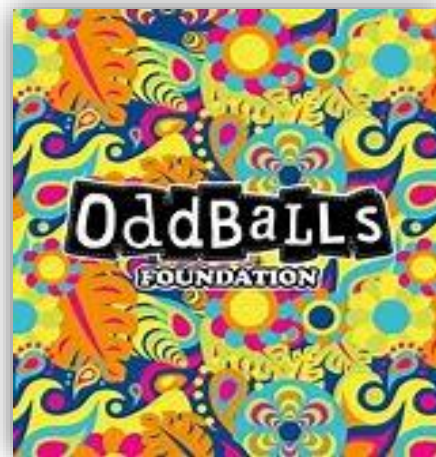
HELP MAKE AN UP-CYCLED PLASTIC BOTTLE WATERFALL INSTALLATION WITH PROJECTION

Sign up for a free session @ <https://transportedart.com/events/>

Sixth Form News

Odd Balls Presentation on Testicular Cancer

On Thursday the 25th of January, Josh from Odd Balls Testicular Cancer Awareness came into Spalding High School for our Sixth Form PSHE presentation. As students from an all-girls secondary school and a mixed sixth form with the majority of it being made up of young women, it was extremely beneficial to be educated on something such as testicular cancer that most of us don't even have to consider. Taking into account that one in three people get cancer at least once in their lifetime, we learnt not only about the symptoms of this particular cancer but also how to self-check for it.



Odd Balls was originally an underwear brand that would give to testicular cancer charities, before eventually making their own charity to ensure the money is well spent. They have 50 university ambassadors and deliver over 1000 awareness sessions (ours included) which reach over 150,000 people each year; they also distribute over 30,000 'Check Yourself' guides and cushions into the community, but this information can also be widely accessed from their website.

Overall, the presentation we received was highly informative. Josh answered lots of questions, which had us all engaged, and I think it's safe to say that we all learnt something new (even if almost all of us aren't directly affected many of our loved ones could be!).

Connor Kinsella 6LM

Physics Challenge

On 22nd January, the Year 12 physicists took on the Senior Physics Challenge online, which consisted of two 30 minute multiple choice papers. These quizzes were designed to inspire us to research further into Physics, and discover topics deeper than our A Level necessarily would. I certainly went home and researched the Cavendish Professors, and what they contributed to Physics. Although not as difficult as an Olympiad might be, it was still a nice challenge to start our week with! All of us achieved at least a bronze certificate, which we were all very happy about!

Abigail Armstrong 6FM



February Fundraiser for Mind Charity

I am very excited to be taking part in Mind's 58 miles in February challenge to raise money for mental health.

1 in 4 people will experience a mental health problem every year, and Mind works to help those who are struggling, by being there through the phone, within local communities and by campaigning to raise awareness.

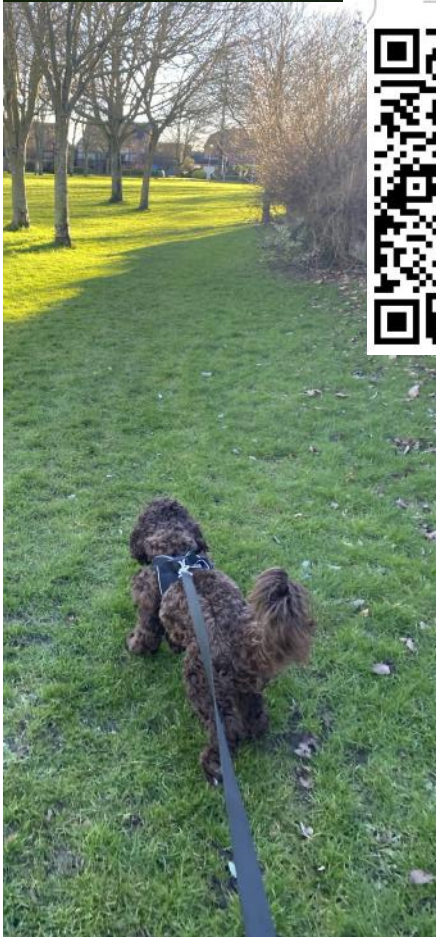
Mind as a charity is very important to me and my family, so I have joined the challenge (with my dog Enzo), to walk, jog or run 58 miles in the month of February. All money raised will go towards supporting Mind to ensure they can be there for everyone who needs them.

Keira Harvey, 6NG



**58 miles in
February!**

**JustGiving
Page**



Careers Update

National Apprenticeship Week 5th – 11th February

This week is National Apprenticeship Week and we welcomed Rosie MacLennan, Group School Liaison Lead for the Inspire Education Group into school on Tuesday to talk to students in Years 9, 10 and 11 about apprenticeships as a possible progression route after GCSEs. The Inspire Education Group comprises Peterborough College, Stamford College and University Centre Peterborough (UCP). The group is hosting a webinar on Thursday 8th February from 6.30-7.30pm called 'Beyond School: A Parent's Guide to T-Levels, Apprenticeships and Post 16 Success. Parents/carers of students in any year group can register here to join: [**Microsoft Virtual Events Powered by Teams**](#)

Additionally, for parents/carers to find out more about apprenticeships, a useful guide can be found here: [**National Apprenticeship Week - parent guide \(theparentsguideto.co.uk\)**](#)

Another interesting resource is a podcast about apprenticeships:

[**The Parent Perspective Podcast - Amazing Apprenticeships**](#)

Apprenticeships at Caterpillar, Peterborough

Vacancies are now open for students interested in pursuing apprenticeships. Please also see the attachment for more information.

Jobs - Do the Work that Matters | Caterpillar Careers

Apprenticeships at Bakkavor

Apprenticeship opportunities at Bakkavor go live this week and there is an apprenticeship careers event being held on 21st February in the evening for interested students and parents/carers to attend at the site in Bourne. Please see the attachment for details.

Lincolnshire Talent Academy – Aspiring Nursing Event

The Lincolnshire Talent Academy are holding two open events in February for students and their parents/carers to find out more about a career in nursing. Please see the attachment for details.

For monitoring purposes, could students please let me know if they register to attend.

Lincolnshire Training Hub – ‘Should I become a doctor?’

On 19th February there is an excellent opportunity for students in Years 9-11 and their parents/carers to join a webinar from 7.00-8.30pm to help students find out more about studying medicine and becoming a doctor. Many students at the High School aspire to study medicine and it is important that they understand whether this is a suitable progression route. Please see the attachment for details.

University of Lincoln – Open Event for Year 11 students and Parents/Carers

The University of Lincoln is holding an open event for Year 11 students and their parents/carers on 28th February on campus from 5.00-7.00pm. This will be an excellent opportunity for students and parents/carers to find out more about university life, meet staff and see the campus buildings and accommodation. Many of our students apply to university in Lincoln and some choose to live at home and commute. The outreach staff are very supportive and this is an exciting new initiative which hopefully students and parents/carers will find useful and insightful. Please see the poster on the next page for registration details.

Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

PREPARE FOR YOUR FUTURE

YEAR 11 AND PARENTS

Join us on **Wednesday 28 February from 5pm - 7pm** for an evening at the University of Lincoln that will help you support your Year 11 through their education.

This is a free event where drinks and light refreshments will be provided, alongside the following sessions:

- University Life
- Student Finance/ Cost of Living Support
- How to Support Your Year 11
- Campus Tour



Scan this QR code to register your interest



Funded by
LINCHIGHER



KEEP CALM
AND
HELP
YOUR HQ

The HQ meets weekly in the Sixth Form Study
Room:

Week 1 Wednesday 1.05pm

Week 2 Thursday 1.30pm