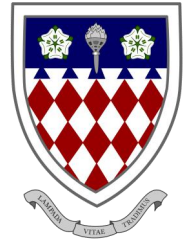


Spalding High School

Weekly Bulletin

23rd November 2023



Last Thursday evening was a very busy evening at the High School. It was great to see so many of our current Year 11 and visiting Year 11 come along and explore the subjects on offer next year for the Sixth Form. Departments and current students were all on hand to answer questions and share information about the 26 subjects on offer for September 2024. We also had student guides to not only answer questions but also show people around and they were certainly kept busy all evening as you can see from the report from the Sixth Form Team in this week's bulletin. Thank you and well done to everyone!

The increases in the cost of living are still being felt by many and we realise that many families are only just about managing. We hope that the School community can all come together and support our local foodbank this Christmas. On **Friday 8th December**, we are holding our tenth annual 'Bring a Tin' Day. Last year the school community donated 1,764 items in support of local charity, Agape Care. This brings our total number of donations since we started supporting Agape to over 14,000 items of food! You can donate cans, packets, toiletries, Christmas treats, small gifts such as colouring books and pens, etc. Next week we will be sharing the up to date list from Agape for the items they need most.

In order to promote the festive spirit on 'Bring a Tin' Day, students may wear a Christmas jumper and non-uniform on Friday 8th December. You do not need to bring any money. Please do not feel compelled to buy a Christmas jumper if you do not already have one. Normal non-uniform day rules apply.

Cardboard crates will be given to forms to put their donations in during the week in the run-up to Bring A Tin Day, and these will be organised and taken to Agape Care in Spalding with help from the Sixth Form Prefect Team.

Students can bring their donations in from Wednesday, 6th December and place them in the box – the form group should pack the box sensibly and carefully so that things are not squashed.

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Holly Edwards	Mrs Bennett	Geography
7S	Edith Pike	Mrs Lees	Library
8J	Olivia Duff	Mr Fovargue	Computer Science
8N	Grace Maycroft	Mrs Aurikko	Community
8P	Freya Bell	Mrs Aurikko	Science
9J	Olivia Mumby-Croft	Miss Ashley	Further Mathematics
9N	Natasha Smoczynska	Mr Hemsall	History
9P	Abbie Jones	Mrs T Waldron	Biology
9P	Ava Judkins	Mrs Anderson	Geography
9P	Eliza Morris	Mrs Rogers	Geography
10C	Lilly Howells	Mrs Martindale	Biology
10C	Sehrish Ibrahim	Mrs Barats	French
10J	Abbie Brooke	Miss Bailey	German
10J	Tory Florkowska	Miss White	Chemistry
10P	Amber Nieberg	Mrs Busfield	Community
10P	Gabriella Ross	Mrs C Lord	Mathematics
10P	Tawana Msipa	Mr Blackbourn	Business
10S	Lexie King	Miss Ashley	Community
10S	Libby Machin	Mrs Neal	Art
6AB	Maisie Foden	Mrs Bennett	Community
6AF	Davis Bordelo	Miss Dunbar	Sociology
6AF	Evie Duffill	Mrs Barats	Community
6AF	Matylda Nadolska	Mr McAlinden	Business
6AF	Matylda Nadolska	Mr Love	Law
6GD	Lilli Bowman	Mr Love	Community
6IW	Charlotte Ciuberkyte	Mrs Rogers	Community
6IW	Georgina Clarke	Miss Rossouw	Psychology
6JL	Evie Ahearn	Miss Magnus	Community
6JL	Evie Booth	Mr Hemsall	Community
6KM	Niamh Williams	Mr Garbett	Music
6LM	Amelia Twelves	Miss Rossouw	Community
6NG	Keira Harvey	Mrs Lees	Library
6SC	Finley Preen	Mr McAlinden	Community
6TD	Jasmine Woodroffe	Mrs Busfield	Biology

Sixth Form News

Sixth Form Open Evening

What a fantastic evening we had last Thursday, it was wonderful to welcome over 200 students and their families to visit the Sixth Form. We really appreciated the help from our current students who were all excellent ambassadors for the School whether they were musicians, speakers, guides, car parking attendants, greeters or subject representatives. Some of the comments from parents/carers and students visiting who spoke to me were: "a calm and friendly atmosphere" "super advice" "really approachable student helpers."



We now looking forward to welcoming everyone on the Taster Day on 30th January 2024. If you haven't already signed up please use this QR code.

The Sixth Form Team

Spalding High School Sixth Form
Taster Day 30th January 2024



Week 2 - Challenge #2 - Answer

Here is the answer to last week's Challenge the Parent question:

Working	Answer
$6 \times 10 \times 8 = 480$ $480 \div (6 \times 20) =$	4

Did you get it right?

Week 3 - Challenge #3

There are only red beads and green beads in a bag.

The ratio of the number of red beads to the number of green beads is 5 : 9

(a) What fraction of the beads are red?

.....
(1)

There is a total of 84 beads in the bag.

(b) How many of the beads are green?

.....
(3)

Good Luck!

PE News

Trampolining

On Thursday 16th November, we competed in the British Gymnastics Trampolining South Lincolnshire Schools' Competition. The majority of the 23 pupils were Year 11 GCSE PE students competing competitively for the first time and in order to gain video evidence for their PE practical GCSE grade. The students should be extremely proud of themselves for performing their routines in front of an audience for the first time and on the different sized trampolines to the ones they have been used to practicing on. A lot of time has been invested by the students at lunchtimes and after school, and this was evident in their routines. The PE Department and our students would like to express our thanks to former pupil, Willow Gill, who has attended weekly after-school sessions weekly to coach and improve the students' technique; her time and knowledge has been greatly appreciated.

We had some excellent placings from some of our Year 9 students in highly competitive groups against Year 10 and Year 11 students. Isobel Wilkins placed 3rd in the Intermediate category out of 27 competitors. Maisie Doyle won the Advanced Category against 21 competitors and Karina Zokaite and Isla Saterlay were placed 3rd and 1st respectively in the Elite group.



Miss Magnus, PE Department

South Lincolnshire Schools' Cross Country Championships

On Friday 17th September, a small group of students represented Spalding High School at the South Lincolnshire Schools' Cross Country Championships. The top ten students in each race qualified to represent South Lincolnshire at the County Championship held at Burghley in January.

Year 7- Mbali Mlalazi (9th Place)

Y8 and Y9- Emelia Wade (2nd Place), Izzy Hurn (3rd Place) & Pela Tian- Wright (5th Place)

Y10 and Y11- Evie Hemmings (10th Place)



Thank you to Year 12 A Level PE students for your help marshalling the event.

Miss Parker, PE Department



U14 Football

On Tuesday 21st November, the U14 Football Team played their fourth round ESFA Cup game against Thorpe St Andrew School, Norwich. A slow start from the SHS team led to us trailing 4-0 at half time against a physical and composed opposition. Unfortunately, despite an improved performance in the second half the team bowed out of the ESFA Cup after a 7-0 defeat.

Miss Magnus, PE Department



Y10 Hockey

The Y10s attended the U15 Indoor Hockey Tournament held at Bourne Academy on Tuesday 21st November. All pupils who participated play for various teams outside of school, and managed to transfer their skills very well to the indoor game. The team finished in a very respectable 4th place! A special mention has to go to Charlotte, who volunteered to play in goal for every match. She made some brilliant saves and it really didn't look like she'd never played there before! It was also lovely to see Alexa and Katie play their first ever competitive hockey match too.

Congratulations to everyone involved, I look forward to seeing what they can do next year!

Miss Jones, PE Department





Tesco Fundraising - Holbeach

The PE department would like to run a variety of sports, exercise and mindfulness activities during school break and lunchtimes to further support the mental and physical wellbeing of pupils at SHS. To support the department in doing so, we have applied to Tesco community grants in order to purchase new equipment and provide different opportunities to those already on the PE Extra-curricular timetable.

If you are shopping in the Tesco Holbeach store, please ask for a blue token and pop it in the collection point. The project with the most blue tokens at the end of the period will receive £1,500, the second place will receive £1,000 and the third-place project will receive £500.

Please encourage friends and family members to do the same until the 14th January 2024... Every Token Counts!



Working with  


Spalding High School

Healthy and Positive Wellbeing

To run a variety of sports, exercise and mindfulness activities during school break and lunch-times to support the mental and physical wellbeing of pupils at the school.

Spalding

Vote in-store until 14th January 2024



Library News

SHS Book Clubs

We offer a book club for every year group and meet regularly in the library study room. If you enjoy reading and would like to join one of our friendly and welcoming groups, read on for more information!

Year 7 and 8

Every Tuesday Week 1 at 1pm (except 5th December due to the craft fair!)

Every two weeks we meet to discuss recommendations based on different themes. If you don't have a recommendation, you are welcome to come along and listen to find some inspiration. On 19th December, we will be discussing books on Christmas lists or that are being saved to read over the school break.

Sixth Form

Every Friday Week 1 at 1.30pm

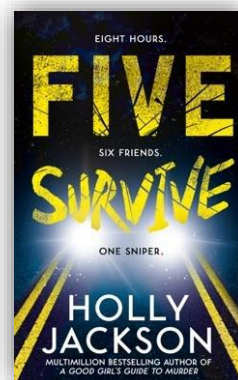
In this group, we meet to recommend books based on a different letter of the alphabet. This week's letter is 'M' and this can link to the author's name, the title, or any other tenuous connection is welcome.

For Years 9-11, we offer 'Crime Clubs' where we read a shared novel or short story each term. Students have lots of different (often strong!) opinions so whether you have found a new favourite or didn't get past the first page, we want to know.

Year 9 Crime Club

This term: Friday 1st December at 1:30pm

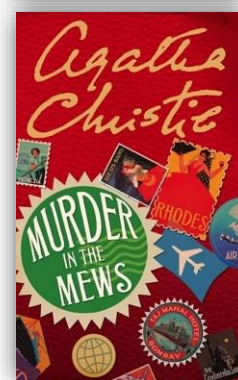
This term we are reading *Five Survive* by Holly Jackson. The author, best known for *A Good Girl's Guide to Murder*, has written a claustrophobic thriller that takes place in a broken-down RV. 'Eight hours. Six friends. One sniper...' If this sounds interesting to you, there are copies available in the library.



Year 10 and 11 Crime Club

This term: Thursday 7th December 1:30pm

This term's read is *Murder in the Mews* by the 'queen of crime', Agatha Christie. In this collection of short stories, Hercule Poirot is faced with four mystifying cases. Please come to the library if you would like to join and collect a copy of the text.



Please see Mrs Lees or Miss O'Sullivan if you have any questions.

Pastoral News

Keeping Children Safe Online

Continuing with our 'keeping children safe online' theme, please find attached our next poster relating to Keeping Safe on Facebook. Please share and discuss the information at home. In addition, there are links to further support on the school website.

Also attached to this Bulletin is information regarding a free webinar with Lincolnshire Police in relation to County Lines and keeping your children safe.

Mrs Jarvis and Mrs Davies, Pastoral Department

A Letter from the Children's Commissioner

By now, I hope that you have seen my national campaign The Big Ambition.

Children or parents can complete the survey here: www.childrenscommissioner.gov.uk/thebigambition. Further resources are available on our [website](#).

It is really important that the pupils at Spalding High School have participated in The Big Ambition survey and had their say.

I want to ensure that the voices of all children in Lincolnshire are fairly represented in the findings so that I can share their views with the most senior members of the country.

I must reiterate that it is vital that all children have their voice heard through this survey because, as Children's Commissioner for England, I have a statutory duty to protect and promote the views and interests of children. The Big Ambition provides a much-needed opportunity for the children of England to tell political decision makers what is important to them ahead of the General Election. I will be sharing their responses with Government to ensure that children's voices are heard.

Please share the survey and resources with teachers in your school and encourage them to use it in their lessons. Children can complete the survey in assemblies, form times, PSHE or in other lessons this term. The survey can also be done as homework and parents can assist children who cannot complete the survey themselves (children under 5 and children with Special Educational Needs). This is a great opportunity to teach children about politics and why it is important for them to use their voice. Be sure to check out the lesson plans on my website if you want to teach your pupils more about politics before they fill in the survey!

Please do get in touch if you have any problems. My team is happy to support with the roll out in any way we can.

Yours sincerely,



Dame Rachel De Souza
Children's Commissioner for England

The Children's Commissioner has launched [**The Big Ambition survey**](#) to understand what children want ahead of the next General Election. Please share this link or QR code with young people so they can have their say: [**https://childrenscommissioner.gov.uk/thebigambition**](https://childrenscommissioner.gov.uk/thebigambition).



SHS in the Community

Macmillan Coffee Morning

A massive thank you and well done to all the students, parents/ carers and staff who made cakes, biscuits and other delicious treats in support of the Macmillan Coffee Morning on the 29th September. Together, we raised £380 which goes to support those affected by cancer.

Macmillan Coffee Morning 2023

This certificate is presented to
Spalding High School
& friends

For your kind contribution of
£380.00

To help support those affected by cancer. Thank you.

Celine

Celine & the Coffee Morning Team

7 Nov 2023

Careers Update

Year 13 University Applications

Year 13 students are reminded to submit their UCAS applications for processing as soon as possible, please, as the internal school deadline has now passed. The sooner the application is submitted, the sooner offers start to come in which is very motivational. Just a reminder for students and parents/carers that applications do not have to list all five course choices initially and can be sent off with two course choices on, for example. If there is an open day in December or January, for example, a student can add that course choice to their application after the open day at any point up until 31st January.

We will be organising some online talks for students about student finance applications after Christmas.

Army Virtual Open Event

The Army Foundation College in Harrogate is holding a virtual open event from 6.00pm on Tuesday 5th December. Attendees will have the opportunity to hear from college staff and current junior soldiers, as well as ask any questions. There will also be a virtual tour of the campus.

The link to register for the event is: [Virtual Harrogate Open Day - Army Foundation College \(on24.com\)](https://www.on24.com/Virtual-Harrogate-Open-Day-Army-Foundation-College)

For monitoring purposes, could students please let me know if they register to attend.

Aspiring Mental Health Careers – NHS Talent Academy Event – see attachment.

Do you want to make a positive difference to mental health and wellbeing?

Meet professionals working as part of a multidisciplinary team, using their knowledge about how people think and behave to support individuals to live healthy and fulfilling lives. Participants will hear from experts working in the fields of Counselling, Nursing, Occupational Therapy, Pharmacy, Psychology and Social Work, offering insight, advice and guidance into their career.

Virtual Event - Wednesday 24th January 2024 - **5.30 pm to 8.00 pm**

Criteria:

- Participants must be living or educated in Lincolnshire
- Participants must be 15 – 20 years of age on the day of the event

To Apply:

For a place at the event click on the link and follow the instructions:

[Application Form](#)

The closing date for all applications is **4pm Friday 19th January.**

If you have questions regarding the event or the application, please email: HS.Talent@ulh.nhs.uk

For monitoring purposes, could students please let me know if they register to attend.

[Future Doctor: Should I Become A Doctor? Wednesday 29th November – see attachment.](#)

This presentation, designed and delivered by medical students, aims to help Year 9 – 12 students decide whether 'Medicine', or becoming a doctor, is for them. It could also be helpful for anyone else seeking information about the Medicine Application Process – including parents/carers.

Please fill in the sign-up form below to receive the log in details:

[Should I Become a Doctor?' Sign Up Form \(google.com\)](#)

The evening will include:

- How do I know medicine is right for me?
- The application process
- The medical degree / life as a medic
- Foundation years (post degree)

The discussion will be led by Student Ambassadors, who are all in varying stages of their medical degrees. There will be time at the end to ask questions.

If students or parents/carers have any further questions, please contact molly.butcher@nhs.net

For monitoring purposes, could students please let me know if they register to attend.

Alumni Articles

It is always a great pleasure when former High School students get in touch and offer to write articles for our weekly bulletin or to come into school to talk to students. This week's alumni article is written by Tia Davis who tells us about her journey from the High School to becoming a Paramedic Science student – see attachment. Tia came into school back in September to talk to a group of students and shared her experiences so far. Her presentation was excellent and gave a superb insight into her course.

Support:

As always, we can be contacted by email if parents/carers or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader

SHS 2022 Alumni - Tia Davis

After studying at SHS from 2015 through to 2022, I decided to continue my education at Buckinghamshire New University and study paramedic science. My choice of course came quite late on in sixth form as I was still confused which path to take. As I knew I wanted something to do with healthcare, I chose my A Levels based on this: Biology, Chemistry and Geography. Thankfully, my course was a February start which gave me plenty of time to prepare for university life.

After deciding on paramedic science I spent my time researching different progressions and routes into the career. While studying for my A Levels I also applied for a degree apprenticeship which I didn't even know existed until Mrs Bushell's apprenticeship lesson. I went all the way through interviews and assessments but declined the offer in order to study at university instead. I also researched roles as a Navy or Army Paramedic.

My choice to study at university has definitely been the best thing for me, although, it hasn't been all partying which some people might think. The truth is that if you go into a healthcare course, you are going to be in university a lot more than some of your friends. However, I have also had time to enjoy London and meet new people from all over the world.

I'm currently eagerly waiting to start my second year in February when I will be doing more placement and clinical skills. I've also been considering an abroad placement in Australia for the third year which I am excited to look into more. I wouldn't say I have any motivational tips other than to follow what you are passionate about and never stop trying. If there is anything I took away from SHS, it's that the opportunities are always there, just sometimes you need to search for them and put in the effort to achieve.



Spalding High School

Winter Concert

Wednesday
29th November 2023

7.30pm

Refreshments at 7.00pm

Tickets available online soon

