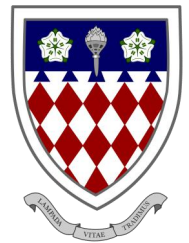


Spalding High School

Weekly Bulletin

5th October 2023



Congratulations to Mrs O'Brien who has successfully passed her Level 6 Careers Guidance qualification at Bishop Grosseteste University. Whilst working towards achieving this qualification, Mrs O'Brien, has been advising students one-to-one, as part of her training and is now a qualified L6 Careers Adviser. Well done to Mrs O'Brien!

This week marked the return of a very important member of the High School Community. Prior to the pandemic, Attwell Bear would take up temporary residence in the form base of the Year 7 tutor group with the highest attendance rates for that month. During the pandemic and for last year, when attendance was still being somewhat influenced by Covid, Attwell lived on top of Mrs Lyford's filing cabinet. This week he was as pleased as punch to be out and about in School again as the honour of bear sitting was given to 7N as they had the highest attendance during September. Well done to 7N! As I pointed out to Y7 when Attwell was handed over, he is a bear who loves cuddles and is of mature years and so needs to be looked after carefully. I am pleased to see from the photo below that 7N have already taken Attwell on an outing!



We also celebrate good attendance in a number of other ways. Those achieving full attendance in each two week period, an Excellent mark is awarded and of course, these contribute not just to individual achievements but also house points in the annual House Cup. Longer-term excellent achievement is also recognised at our Achievement Assemblies and from Christmas this year we will be re-introducing our Attendance Reward Scheme. This means that at the end of each long term (Christmas, Easter and the summer), those with over 95% will be given a raffle ticket to be entered into a prize draw, with the winners from each year group pulled out of the hat in the final assemblies of those terms.

Students and parents are responding well to our drive to improve attendance and I would like to thank you for your continued support. If your child really is too unwell to attend school, please remember to call in or email enquiries and notify us of the exact reason for absence. This needs to be more specific than sick, ill or unwell and a reminder that parents of the sixth form (rather than the student) needs to report absence.

M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Gabriele Ojimba	Miss McArthur	Religious Education
7J	Calleigh-Louise Carter	Mr Wright	Science
7J	Calleigh-Louise Carter	Mrs Spinks	Mathematics
7N	Carmel Joseph	Miss Bailey	German
7P	Lily Knox	Mrs Schwarz	Textiles
8C	Isla Stockdale	Mrs Knowles	German
8C	Isla Stockdale	Mrs Rogers	Geography
8J	Prisha Rajesh	Mrs F Barats	French
8P	Arjannya Das	Mrs Aurikko	Science
8P	Lacie Brookin	Mr Garbett	Music
8S	Antonia Novak	Mrs Bennett	Community
8S	Greta Merkelyte	Mrs Spinks	Community
9C	Paige Goddard	Mrs Neal	Community
9J	Olivia Mumby-Croft	Mrs Anderson	Geography
9P	Erin Walters	Mrs T Waldron	Biology
9S	Kari-Ella Bailey	Miss Ashley	Further Mathematics
9S	Karina Zokaite	Miss Jeffery	English Literature
9S	Karina Zokaite	Mrs H Waldron	Religious Studies
10C	Layla Khodri	Mrs Martindale	Biology
10C	Pippa Hastings	Mrs Cave	Religious Studies
10J	Varisha Sultan	Mr Blackburn	Business
10N	Eloise McGovern	Miss Jeffery	Community
10N	Sky Salkeld	Mr Hemsall	Community
10S	Mika Clancey	Mrs Neal	Art
11J	Kara Gibson	Miss Parker	Physical Education
11N	Emily Partridge	Miss O'Sullivan	English
11N	Grace Zacharkiewicz	Mrs Bushell	German
11P	Evie-Mae Russell	Mrs Hoodless	Geography
11P	Isabella Larsson	Mr Hemsall	History
11S	Katie Lawson	Mrs Bennett	Geography
11S	Phoebe Spires	Mrs Gregory	Physics
11S	Rose Yeowell	Mrs C Lord	Mathematics
6AB	Natalia Hulley	Miss White	Chemistry
6GD	Evie Wilkinson	Mr Ganger	Mathematics
6GD	Evie Wilkinson	Mrs Busfield	Biology
6GD	Tia White	Mr Love	Law
6KM	Alexandra Laslau	Miss Dunbar	Sociology
6LM	Amelia Twelves	Mrs McArthur	Community
6LM	Connor Kinsella	Miss Pettefar	English
6NG	Afra Hossain	Mrs Nowak	Further Mathematics

Sports News

Under 13 Football

On Wednesday 27th September the Under 13 football team travelled to Neale Wade Academy for the first round of the English Schools' Football Association (ESFA) National Cup. As the team is made up of Year 7 and Year 8 students this was the first fixture for the team collectively and the first for the Year 7 team members.

The team won 7-1 with player of the match being awarded to Ruby Gallagher for an excellent performance in her first SHS appearance.



Miss Magnus, PE Department

Sports News

Under 14 County Football

On Monday 2nd October two SHS students played for the Lincolnshire Schools' FA U14 representative team. Darcey Grundy was given captaincy, having impressed the coach last year and Katie Bonarius made her debut in goal having been successful in the trial selection process. The team won 3-0 with a controlled and composed performance which was particularly impressive having lost 5-1 to the same team last year.

Both Katie and Darcey should be proud of themselves, not only for being selected for the County team but also for the manner in which they conducted themselves, which was commended by the referee and their coach.



Sports News

Under 15 Football

On Wednesday 4th October the U15 football team travelled to Arthur Mellows Village College for their second-round fixture of the ESFA National Cup.

The team convincingly won 6-1, with six different goal scorers and many impressive performances. It was pleasing to see how much progress the players have made since last year. A special mention must go to Olivia Winter for agreeing to play in goal last minute and Player of the Match, Amber Nieburg, who captained the side brilliantly giving an impressive individual performance in defence.



Miss Magnus, PE Department

SHS News

Programming Club

First meeting of the weekly programming club open to years 9, 10, 11 and 6th form. The club is run by the Computer Science prefects, Afra Hossain and Natalia Hulley with support from other keen 6th form students Polly Elkin and Maisie Youngs. To start with the students will be learning how to create some graphics with their code, skills that don't appear in the year 9 curriculum, so a great chance to further their skills with techniques required in the real world.

Whilst only the first meeting we hope to see many more taking part as they hear about what the prefects are delivering and see the opportunities that national competition's might provide.

A huge thanks to the Computer Science prefects and the support for making this available and for sharing their exceptional skills and time with others in the school.

Mr. Fovargue, Head of Computing

Music Department

Celebrating our Former Music Students - Ainjiel Clarke

Further to last week's bulletin, Ainjiel is another of my inspirational ex-music A Level students. Ainjiel followed a different musical pathway to Crystalla and has recently released her first single! Another student I am immensely proud of.

Ainjiel left Spalding High School in 2015 with the idea that she only wanted to pursue Music. When it came to going down the university path, she felt this was not her best option and so decided to spend another year figuring out which path to take. Ainjiel then enrolled into the second year of a music production course at a music college, where she flew through the course and ended up teaching her classmates music theory! Ainjiel kept getting asked if she should be a teacher and dismissed this with "I'd hate to be a teacher". Shortly after, her piano tutor asked if Ainjiel could coach a few students through their high grade aural skills exams. With what started as a few lessons at her home, she landed a job as a piano and vocal teacher at a piano academy at the age of 19 and where she became a trained and established tutor for three years.



Alongside teaching, Ainjiel also became leader of a weekly health choir with the Royal Voluntary Service, supported by the National Lottery, which she transformed into their most successful project in the UK.

Ainjiel then found the company 'Rock Choir' and became a choir leader. For the last five years she has lead over 1000 different singers, teaching and performing contemporary music. She now lives in Yorkshire with five large weekly choirs, keeping herself busy with workshops and gigs; working with well-known artists such as Aled Jones, Russell Watson, Chris Evans, Mark De-Lisser, Michael Ball and various events with the BBC across the UK, with the BBC Proms in the Park being a highlight.

She also spends time on social media work, recording projects and compositions, with her social media content collectively surpassing over 26 million views @ainjielshaolee.

This year, Ainjiel released her debut single, 'Reveller'. It is a summery, feel-good track inspired by the thrilling wonders of life and recorded in the legendary RAK studios. Her next single will be released soon and is called 'Second Best'.

Check out Ainjiel's single 'Reveller'. [Ainjiel - Reveller - YouTube](#)

Mr Garbett, Music Department

SEND News

The FREE SEND Workforce Development e-learning modules will be available for all Lincolnshire school parents and carers of children/young adults with SEND, as of Monday 30th October. The aim of the project is to bring together resources and training opportunities for people in Lincolnshire who support children and young people with SEND. It is written by schools, for school communities. Please see the details below on how to access this free eLearning.



SEND WORKFORCE DEVELOPMENT INDUCTION TIER

FREE e-learning modules for all Lincolnshire school parents and carers of children/young adults with SEND, going live on **Monday 30th October**

Modules:

- ✓ Types of SEND
- ✓ What is Inclusion?
- ✓ SEND Code of Practice
- ✓ Respecting Individuals
- ✓ Working with Professionals
- ✓ Awareness of a Neuro-Typical Child

How do I join?

1. Sign up to the [Lincolnshire Parent Carer Forum](#)
2. Indicate in the 'Additional Information' section that you are interested in SEND Workforce Development
3. An email will be sent to you with a prompt to set up a password & log in



The aim of the project is to bring together resources and training opportunities for people in Lincolnshire who support children and young people with SEND. It is written by schools, for school communities.

SHS News

Annual Sport, Music and Drama Awards

On Tuesday 3rd October we held the annual Sports, Music and Drama Celebration Evening which recognises the successes of the High School sports teams and highlights individual pupil contributions to School Sport, Music and Drama from the previous academic year.

There were 'School Sports Colours' badges awarded for sustained effort and commitment to individual sports, as well as Bronze and Silver Achievement Awards for sustained effort and commitment to at least three school teams. In addition to these awards there were individual 'Outstanding Contribution to School Sport Awards' to one member of each year group as decided by the PE department. Winners were:

Year 7 – Ruby Coupland

Year 8 – Ruby Forsyth

Year 9 – Antonina Such

Year 10 - Izzie Thorne

The PE Department would like to express their thanks to Niki Glanowska and Evie Ireland for their brilliant duet dance performance and Sixth Formers Bea Finch and Kate Storey for hosting the evening.



Miss Magnus, PE Department

Sixth Form News

Sixth Form- Introducing more of our committees.

The other committees that the sixth form are involved in are -

Social media



The social media committee will be creating, designing and publishing posts on the School's new sixth form social media accounts. We aim to establish an active online presence for our school's sixth form where it can be advertised to the public through pictures and videos, information and reminders about upcoming events can be shared and the school prefect team can be introduced. By using this we hope to bring a new perspective to school life that everyone can be involved with. We already have an Instagram page, why don't you follow us - #spaldinghighsixthform

Common room

The common room committee takes the responsibility of keeping the common room to the high standard the staff has set for us. It's not just the sixth form this concerns- we are keeping it updated and looked after for other year groups as you move up the school. The common room is both our working environment and where we spend our free time. Therefore, it is important that we keep it in perfect condition. The prefect team has already begun to bring many requests of the sixth form into fruition, such as completely redoing the notice board, requesting cutlery for our kitchen and confirming a seat plan. One of our big ideas is a common room fundraiser and the creation of a common room fund. This will allow us to invest in what we believe is necessary for our space, but also what you need as it is your space too. Our committee affects a large group of people, and we have already been approached by many students and listened to their ideas for improvement. If you have any ideas, please bring them to us.

Wellbeing Committee

Buddha said "You, yourself, as much as anybody in the entire universe, deserve your love and affection."

Regardless of personal and religious beliefs this remains true. The wellbeing committee of Spalding High aims to prove this to every individual within the School. Fundamentally, we aim to build upon the supportive and accepting environment of the School. We will be promoting and supporting internal and external organisations, services and individuals that are there for anyone who is struggling or feels they would benefit from reaching out for help. We will strive to ensure that pupils are aware of the support available to them and more importantly feel comfortable in taking that step and talking to someone. We also plan on providing awareness for mental health issues and how to support friends and peers. As well as generally promoting the importance of sustaining a positive wellbeing we will enhance students' understanding of how to stay healthy not only mentally but physically too, for example, through posters and newsletters. The committee members are all looking forward to having this opportunity to make a difference and spread positivity.

Sixth Form Team

SHS Notices

REMINDER - Friday 6th October - #HelloYellow



In celebration of World Mental Health Day, we will be inviting all staff and students to help us raise money for the charity Young Minds by taking part in #HelloYellow, whereby people wear something yellow to raise awareness for mental health issues. All students need to do is wear one item of yellow clothing or more as part of a non-school uniform day on Friday 6th October making a £1 donation where possible. Students are not obliged to wear yellow, it is fine to wear normal non-school uniform and still make a donation.

Mrs Hickman, SENDCO

Careers Update

Year 10 Work Experience

Several students in Year 10 have already submitted their work experience placement confirmation forms to Mrs O'Brien, our Work Experience Manager. Work experience is 25th-28th March 2024, with the preparation phase now well underway. If students have not yet had any ideas about a placement, they should come to the careers office as soon as possible to speak to us. The deadline for placement confirmation forms is 17th November.

Post-16 options

Both Year 10 and Year 11 students have recently listened to presentations regarding post-16 progression route options in PSHCE sessions with input from external presenters. Accompanying powerpoints have been uploaded on the students' Unifrog accounts. There are many open events over the coming weeks, which it is advisable for Year 11 students, in particular, to attend in order to be able to make informed choices about their next steps after GCSEs.

Open Event – NHS Careers Clinic

The Queen Elizabeth Hospital in King's Lynn is holding a careers clinic at the Job Centre in King's Lynn on Saturday 14th October from 10.00am-3.00pm. This will be attended by an F1 medic and a trainee clinical scientist on the Science Training Programme, in addition to the usual representatives. The trust is keen to increase the participants at such events to inform future generations about pathways within the NHS. Everyone is welcome to attend. Please see the attached flyer.

Could students please let me know if they attend the event for monitoring purposes and future support.

Lincolnshire Training Hub – Future Pharmacist and Future Nurse Events

For students from Year 9 upwards interested in pharmacy or nursing there are two online information events coming up – Future Pharmacist – 12th October 7.00-8.30pm and Future Nurse – 8th November 7.00-8.30pm. Please see the attachments with this newsletter.

Here is the link to register:

<https://www.lincolnshiretraininghub.nhs.uk/training-and-events/futures-programme/>

Could students please let me know if they register to attend.

Newcastle University Mini Medical School

Newcastle University is running its series of online sessions on a range of medical related topics from 6.00-7.00pm on the following dates: 2nd, 9th, 23rd and 30th November. This opportunity is open to students aged 15 years and over. Previous topics have included anaesthetics, dermatology, emergency medicine, medical scanning technology, psychology, pharmacy and sport and exercise science. This is a great opportunity for prospective Medicine applicants but also anyone interested in any aspect of healthcare. Please see the attachment and here is the link to the application form:

[Mini Medical School Application Form 2023 \(office.com\)](#)

Could students please let me know if they register to attend.

Oxbridge Support for Students

This week I have sent out information to students in Years 12 and 13 about Oxbridge applications. Representatives from the Admissions and Outreach Team, Andrew (Lincoln College, Oxford) and Ellie (Christ's College, Cambridge), will once again be collaborating to deliver webinar sessions specifically for students in **Lincolnshire, North Lincolnshire and North East Lincolnshire** in early November.

There are 'Introduction to Oxbridge' sessions for Year 12s which include advice about how to prepare during this year to apply to highly-selective universities:

Year 12s: An Introduction to Oxbridge:

- 1 November 2023, 17:00-18:00
- 2 November 2023, 17:00-18:00

These sessions are the same - students only need to attend one but they are strongly encouraged to attend live.

Year 13s – for those who have applied to Oxford or Cambridge

- **6 November 2023, 17:00-18:00:** Interviews Webinar for Year 13 applicants - STEM (Sciences, Engineering, Mathematics, Computer Science courses excluding Vet/Medicine)
- **7 November 2023, 17:00-18:00:** Interviews Webinar for Year 13 applicants - Medicine, Veterinary Medicine
- **8 November 2023, 17:00-18:00:** Interviews Webinar for Year 13 applicants - Social Sciences - e.g. Geography, Law, HSPS, Psychology/PBS, Architecture, PPE
- **9 November 2023, 17:00-18:00:** Interviews Webinar for Year 13 applicants - Arts - e.g. English, History, Languages, Classics, Music, Philosophy, Theology, ASNC

Students are encouraged to attend sessions live and there will be temporary recording access for those students who cannot attend. As these sessions are solely for students in the region, this should give them a great opportunity to familiarise themselves with Andrew and Ellie as a contact and friendly face, as well as ask lots of questions.

To guarantee receipt of the joining details before the sessions students are asked to sign up by **30th October 2023**.

Full details and the booking form:

[Oxford and Cambridge Collaborative Outreach Events in Lincolnshire | Christ's College Cambridge](#)

Could students please let me know if they register to attend.

IBM – Apprenticeships Webinar

IBM is holding an insight webinar on 17th October 6.30-7.15pm for students in Years 10-13 and their parents/carers. There will be members of the recruitment team and current apprentices taking part.

Here is the registration link:

[Microsoft Virtual Events Powered by Teams](#)

Could students please let me know if they register to attend.

Life as a Solicitor Apprentice at Dentons

Dentons is holding an insight webinar on 21st November 6.30-7.15pm for students in Years 10-13 and their parents/carers. Find out about the programme, applying and support on offer for apprentices.

Here is the registration link:

[Microsoft Virtual Events Powered by Teams](#)

Could students please let me know if they register to attend.

[Success at School's University Guide for Parents/Carers](#)

Success at School's informative guide about applying to university is now available for parents/carers to download.

[Get Your Downloadable 2023/24 Parents' University Guide \(successatschool.org\)](#)

[Support:](#)

As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader



Dear Parent / Guardian

We are pleased to announce that **Spalding High School** has organised a clothes and shoe collection with Bag2School.

Bag2School is the UK's leading textile recycler and fundraiser working with schools and since its inception in 2001, it has now paid out over £36 million.

As well as raising vitally needed funds for **Spalding High School**, it also helps the environment by helping to divert unwanted textiles away from landfill. A recent DEFRA report has shown that textile collection schemes are helping to reduce the volume of textiles discarded as municipal solid waste. However, it is a fact that, as a nation, we still send 350,000 tonnes of textiles to landfill every year.

By getting involved in our **Bag2School** collection, you have an opportunity to sort through your cupboards and wardrobes and donate unwanted textiles in the bag provided – this can include adults' and children's clothes, shoes (tied together please), hats, belts, handbags and soft toys, (please refer to <http://uk.bag2school.com/> for full details). In addition to raising much needed funds it will also raise awareness amongst the children of the benefits of recycling and reuse.

If you fill the donation bag and still have more then you can use any other bag to donate your items and don't forget to ask grandparents, friends and neighbours to have a sort out as well!

Bag2School will be collecting from **Spalding High School** on **Thursday 19th October 2023**. Please bring your bag (or bags!) to **Spalding High School** and help us have a really good collection.

Many thanks indeed for helping us with this unique fundraising opportunity.

Yours faithfully

Mrs Barats, Head of MFL

Bag2School



@bag2schooluk

www.bag2school.com



follow us on Facebook

Our next **Bag2School** collection
has been arranged for

Thursday 19th October 2023

at9.. am / ~~pm~~

Any questions - please ask your Mrs Barats or the
school collection organiser ..environmental.committee

www.bag2school.com

Environmental Committee

COMPETITION TIME!

The environmental committee are re-launching our Ring-pull Collection Project throughout the school – and we need your help. Our aim (in collaboration with Spalding and Welland Rotary Club) is to collect as many ring-pulls from drinks cans as we can to send to the Purple Community Fund charity, who upcycle them into things such as bags, clothing and accessories to help entire communities.

Please watch this video to find out more about where your ring pulls are going - PCF Philippine Community Fund video - YouTube

Click on the link below to find out more about the Purple Community Fund.
<https://www.p-c-f.org/get-involved/upcycle/>

Each form group will need a container to collect their can tabs in. We would like you to create your own container as a form from recycled materials to be located in your form room as your own collection point. These containers can be any shape, colour and design so get creative! Please email a photograph of your container to Keira Harvey, and the environmental committee prefects will select a winner! The deadline for entries is Friday 6th October.

Good luck!



Examples of a container design – an upcycled butter container decorated with vinyl off-cuts

Keira Harvey, 6NG