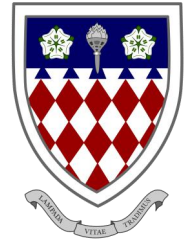


Spalding High School

Weekly Bulletin

6th July 2023



Congratulations to the Year 8 and Year 9 rounders teams who have gone on to achieve further success in the South Lincolnshire Sports Association finals – what an amazing performance from both teams! It looks like the tennis and athletics teams have as much success to look forward to too! It also bodes well for the High School Sports Day on Tuesday next week and hopefully we will see not only new Personal Bests but also some of the School Records being broken as well. It is also great to read about the commitment and success of our Y7 and Y8 students in the careers and enterprise programmes during PSHCE and Dragons' Den – well done to all of the participants and especially to winners Emily, Holly and Eve.

Although we are now very close to the end of the academic year, the final two weeks are as jammed packed with important leaning conclusions, events and activities – definitely nothing to be missed! This week we had Induction Days for our new Sixth Form and new staff joining the School in September and tomorrow we welcome our new Year 7 students for their first day. On Monday we have Trips Day for each of the year groups in school and letters/information went home last week in the School Bulletin; on Tuesday it is Sports Day and on Wednesday, the annual Careers Fair. We are also looking forward to Thursday's Spalding Guardian and Lincolnshire Free Press Education Awards in which we have a number of nominations:

- ◆ The HQ Team for the Contribution to the Community Award.
- ◆ Isla Saterlay, Leah Barker and Willow Gill for the Outstanding Sporting Achievement Award.
- ◆ Spalding High School for the School of the Year Award.

We wish everyone the very best of luck and look forward to finding out the results next week.

As we are drawing to the end of the year and will soon be issuing Edition 3 of the HQ School magazine, we will not be issuing full School bulletins next week or in the final week of term. Instead we will send home a briefing sheet with any important information next Friday and on the final day of term. We hope to send the HQ home at the beginning of the final week, along with the School Calendar 2023/24, although the term dates can already be found on the school website.

There is certainly no slowing down or easing up at the High School just because the holidays are getting closer!

Reminder - NEU Industrial Action on Friday 7th July

Spalding High School will be open to all students on both days of the planned action and students should attend school as normal.

Mrs M K Anderson, Headmistress

Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7P	Dua Fatima Abbas Asif	Miss Bailey	German
7S	Daisy Cockerill	Mrs Bennett	Geography
7S	Flo McFarlane	Miss Parker	Physical Education
8J	Mahitha Suresh Babu	Mr Hemsall	History
8J	Oana Dascalu-Gavril	Mr Ganger	Mathematics
8J	Olivia Mumby Croft	Mrs Fisk	Drama
8J	Zuzanna Poznaniak	Mrs Reddy-Devlin	Technology
8N	Nikita Rudd	Mr Wright	Science
8N	Simona Moskova	Mrs C Lord	Mathematics
8P	Lily Wadsley	Mrs Spinks	Mathematics
8S	Natalie Taylor	Mrs Love	English
9C	Chloe Setterfield	Mrs Jones	Latin
9C	Emily Simpson	Mrs Jones	Community
9J	Inca Bernasconi-Brown	Mrs Neal	Art
9N	Eloise McGovern	Mrs Bennett	Community
9N	Ivy Lane	Mrs Nowak	Mathematics
9N	Mathilda Simpson	Mrs Knowles	French
9N	Sigourney Bolton	Mrs Martindale	Biology
9P	Sienna Glover	Miss Pettefar	English Literature
10C	Ava Smith	Mrs Lord	English Language
10C	Holly Janes	Mrs Aurikko	Chemistry
10J	Charlotte Marsh	Miss Ashley	Further Mathematics
10N	Emilija Praneviciute	Mrs Bushell	German
10N	Lexi Goult	Mrs Haunch	Physics
10P	Isobel Gosling	Mrs Cave	Religious Studies
10S	Evie Hemmings	Mrs Busfield	Biology
6TD	Jennifer Harley	Mrs Fisk	Community

Celebrating the Individual in Year 8—Karolina Gren

Hi, my name is Karolina and I am in 8C. Every Saturday, I go to Polish School for three hours and 20 minutes from 9:00am until 12:20pm. I have Polish language every Saturday for 90 minutes and Polish geography or history because it alternates every week for 90 minutes. Lunch is only 20mins. I have been attending Polish School for 9 years now!

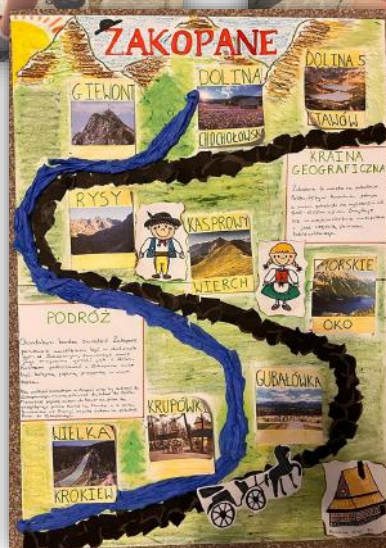
This Saturday, 1st July, we had our end of year where we got our certificates, reports, and a little gift.

In Polish School we do a variety of activities like grammar and writing. In Y8 we start learning for our GCSEs which we take in Y10 as it is optional.

The other week for geography we had to make a poster about a place where we would like to go to or where we have been to in Poland for our summer holidays and write some key facts about key places there. I made it about Zakopane which is a place with mountains in the south of Poland. The poster took me five hours to make. You cannot see it in the picture below but under the photographs there are some facts about each visiting spot. I wrote about this because in 2022 my family and I reached the peak called "Kasprowy Wierch" which measures 1,987 metres above sea level. We walked 20km and it took us about 8 hours to go there and back.

Polish School is important to me because it lets me develop my Polish speaking, reading, listening and writing skills as that is my first language. In Polish School the teachers speak in Polish all day so do the students because we are fluent in it. The lesson looks a bit like an English lesson in our school however this year they have started doing classes in which the teacher speaks English and the children learn Polish through activities a bit like a French or German lesson in our school.

Currently we are on holiday from Polish School, but we are returning in September for another school academic year.



PE News

Y8 Rounders

Following their success at the tournament, the Y8 Rounders Team played in the SLSSA Finals match vs. Haven High last week. I am pleased to report that they won convincingly; 25-10! Well done to Tilly who scored 6 rounders in total, and the golden triangle that consists of Darcey (bowler), Ruby (backstop) and Izzy (first post) who have perfected the art of stumping their opponents out at first before they have even left the batter's box!

Their batting and fielding display was extremely impressive, but I am most pleased with the way they worked together as a team throughout both innings. They were encouraging towards each other, focused and a credit to the School. I am already looking forward to next summer when I hope they can retain the title once more!

Miss Jones, PE Department



PE News

Y9 Rounders

The Y9 Rounders Team followed in the footsteps of the Y8 Team by winning the South Lincolnshire Schools' Sports Association finals night. The team play Boston High School on Monday evening and were comfortably crowned champions by winning 21 ½ rounders to 12 ½ . Congratulations to all involved.

The PE department



PE News

SHS Tennis Team

The Tennis Teams played their final game vs. Bourne Grammar last week. Congratulations to the Y7 and Y8 team, Tilly (4-0), Anna (4-0), Grace (4-1) and Izzy (4-1), who won all their singles and both doubles matches (4-1, 4-1) against their opponents! The team played with much more confidence in their matches during this game, which was excellent to see. The Y8 and Y9 team; Florence (4-0), Katie (4-1), Olivia (4-0) and Anabelle (3-5), also won overall.

Well done to all Y8 students - you have represented the School exceptionally well every time! We now eagerly await the results to see if they have made it through to the next stage!

Miss Jones, PE Department



PE News

Athletics

WOW! What a fantastic Athletics season! This summer, the Athletics Team attended numerous athletic competitions and did very well. The final competition of the year was the South Lincolnshire Athletics Championships, where students competed in year groups to earn points based on their finishing position. The talented athletes performed extremely well on the day, with many students winning their races/ throws and jumps. On behalf of the PE department well done, we are really proud of you!

Y7- 1st Place with a team of five!

Y8- 1st Place

Y9- 3rd Place

Y10- 2nd Place

Good luck on Sports Day!

Miss Parker , PE Department



Duke of Edinburgh Award

Bronze Practice Expedition in The Peak District

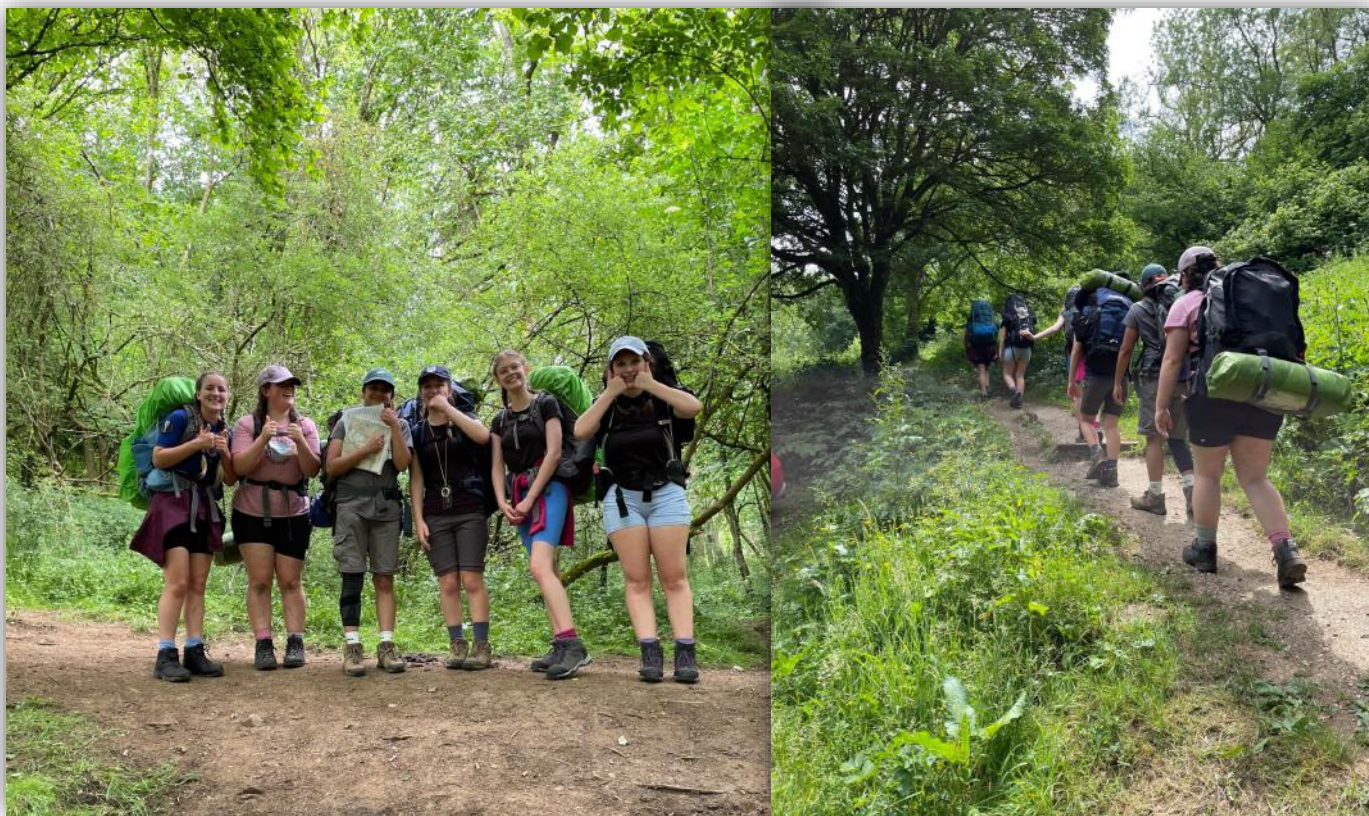
On the 17th and 18th of June, we did our Bronze DofE practice expedition in The Peak District. We started at Tideswell. It was a brilliant experience and we all had lots of fun, although I don't think we would have said that while we were climbing up the hills of the Peak District!

Day one started out really well until we got a little bit lost, but Mrs Bennett was there to rescue us and get us back on track. The fun continued into camp as it thunder stormed all through the night!

On day two, we ended up re-visiting some of the route we visited when we were lost the day before! We got to walk through some lovely countryside, however that also meant walking through fields of cows that decided to follow us all the way through the field! The countryside didn't agree with some of us as Cydney fell over at least three times! Mrs Bennett also spent a lot of time waiting for us to arrive in Bakewell at the check point!

We finished our practice expedition at Carlton Lees. All in all, it was a brilliant experience and we look forward to doing the assessed DofE this weekend.

Callie, Eleanor, Cydney, Zora, Hollie and Imaan. (Kontour Kweens) Year 10.



Careers Update

Y8 PSHCE

During PSHCE on Thursday 29th June, we welcomed our Enterprise Co-ordinator, Donna Garrard, and our Enterprise Adviser, Paul Tomlinson, into school to deliver a presentation to our Y8 students. The aims of the session were to gain an insight into the food industry, to appreciate the wide variety of job roles within that industry and to work collaboratively with each other. Paul is managing director of Davis Worldwide, a local import and export company. He showed students pictures from his recent visit to Chile to the farmers who grow kiwis.

The students were set a task to discuss in groups how many job roles they think are involved in the journey of the kiwi from the grower in Chile to the fruit bowl in their own homes. Paul also answered questions about his role as a manager.

The students were very engaged and communicative and our visitors were impressed with their insight and contributions.



Mrs Bushell, Careers Leader

Careers Update

Dragons' Den Final – Y7

On Friday 30th June, it was the final of this year's Dragons' Den Challenge for Y7 students. Over the past six weeks, the students have been working in groups of up to four students to create a product or service which they have to cost, explain and present to their peers. Each tutor group put forward a winning group from the heats.

During the final, each group from the heats presented their product/service to a panel of four judges, their tutors and their peers. This is possibly the first time that some students have been involved in such a large-scale event but the teams who presented did so confidently and eloquently.

The winning teams from each tutor group were:

7C – Leli Chen Jenkins, Phoebe Hall and Grace King – '365 Fashion'

7J – Emily Webster, Holly Claydon and Eve Barclay – 'Extend a Bag'

7N – Ruby Spicer, Daisy Turner, Gracie Lawson and Anna Blake – 'Cleaning Crabby'

7P – Samiksha Mohapatro, Leila Petraite, Suviksha Sahana and Sanvi Panday – 'The SL Cup'

7S – Antonia Nowak, Scarlett Norman and Greta Merkelyte – 'Ready Sleep'.

Every group presented an impressive pitch but the overall winners were Emily, Holly and Eve from 7J with their 'Extend a Bag' product. The students designed a bag which extends if required. They had a film, a PowerPoint presentation, a business card, a folder containing a write-up of the different stages of development of their product and a beautifully made prototype. Their presentation was excellently delivered and they were confident throughout. Congratulations to Emily, Holly and Eve who could have great entrepreneurial futures ahead of them!



We are incredibly proud of all Y7 students who took part in this 'experiences of the workplace' activity. Special thanks to our judges – Mrs Schwarz, Mrs Waldron and our Enterprise Adviser, Paul Tomlinson, from Davis Worldwide. We would also like to thank Miss Parker who devised the Dragons' Den challenge three years ago and it has proved very popular each year.

Mrs Bushell, Careers Leader



Careers Update

Careers Fair in School – 12th July

We will be holding our Careers Fair on 12th July during the school day when all students will have the opportunity to attend. If any students in Y11 or Y13 wish to attend they would be welcome to do so in the afternoon from 1.40 -2.40pm. If they come into school, could they please sign in at main reception before coming to the sports hall.

We have representatives from the following businesses, services and education providers attending:

- ⇒ **Handelsbanken**
- ⇒ **Access Creative College**
- ⇒ **Bakkavor**
- ⇒ **Lincolnshire Community and Voluntary Service**
- ⇒ **Inspire+**
- ⇒ **Duncan & Toplis**
- ⇒ **University of East Anglia (UEA)**
- ⇒ **Loughborough University**
- ⇒ **Allison Homes**
- ⇒ **University of Lincoln**
- ⇒ **Riseholme College**
- ⇒ **Lincolnshire Police**
- ⇒ **NHS Talent Academy**
- ⇒ **Steadfast Training**
- ⇒ **WCF Ltd (WCF Chandlers & Progreen)**
- ⇒ **Worldwide Fruit Ltd**
- ⇒ **Burmor Construction**
- ⇒ **Calthrops Solicitors LLP**
- ⇒ **Army**
- ⇒ **Inspire Education Group - Peterborough College, Stamford College and University Centre Peterborough**
- ⇒ **Eastern School of Performing Arts**
- ⇒ **Former SHS Sixth Form students – our ‘Alumni’**

Careers Update

Useful Webinar about Clearing for Parents/Carers of students in Year 13 and for Year 13 students – 18th July 18.00-18.45 – Sign up now

Information about the webinar from UEA:

Results day is just around the corner, and even if you're not planning on using clearing, it's a good idea to be prepared for all eventualities! And if you haven't applied for university yet, it's not too late, with plenty of great courses still available to you through clearing.

In this session for students and their parents or carers, the University of East Anglia (UEA) will cover everything you need to know about clearing – including the chance to hear a mock call – so you'll know just what to expect when the big day arrives.

The session will be led by Alix Delany, Head of Admissions at UEA, along with Chris Hakes, a Higher Education Adviser. They will also be joined by student who found a place at university through clearing, so they can talk about their experiences.

We'll cover:

- ◆ *What is clearing? A jargon-free explanation of clearing: how does it work, who is it for and what are the benefits.*
- ◆ *What happens on results day? A step-by-step guide of what happens, when.*
- ◆ *How can I prepare? Simple tips to make sure you make the right decisions, without feeling panicked or overwhelmed.*
- ◆ *What happens on the call? It can be daunting to pick up the phone. Listen in on our mock call so you'll know just what to expect, and know you have nothing to worry about. You can also find out about options that don't involve the phone at all, such as live chat.*
- ◆ *What's it like to go through clearing? Don't just take our word for it. Hear from a current university student sharing their experience of getting a university place through clearing.*

HE Guidance: Clearing In Five Easy Steps – A Session For Students & Their Parents Or Carers With Alix Delany, Head Of Admissions, & Chris Hakes, Higher Education Adviser, At University of East Anglia - Channel Talent - Interactive school webinars

Get into Medicine Conference (online) – Sunday 9th July - 9.30am-3.30pm

If there are students in Y10 and Y11 who think they may be interested in pursuing Medicine as a future pathway, the upcoming 'Get into Medicine Conference' on 9th July will provide excellent insight into useful preparation for this highly competitive career. Please see the information below from Medic Mentor:

As summer approaches, now it is the perfect time for your students to learn all about medical applications from expert doctors. I am hosting the upcoming free virtual get into medicine conferences on:

Sunday 9th July (9:30am - 3:30pm)

Students can find out more information and register for this free virtual conference here - <https://medicmentor.org/get-into-medicine-ucas-conference/>

This conference will cover all your students need to know about applying to medical school from what the career entails all the way to interviews. This comprehensive conference covers the following topics:

Careers Update

- ⇒ *Competition Statistics*
- ⇒ *Application Timeline*
- ⇒ *Awards and Scholarships to Study Medicine*
- ⇒ *What to do stand out as a competitive applicant*
- ⇒ *The UCAS Application*
- ⇒ *How to Strategically Select Your University Choices*
- ⇒ *Extracurricular Activities Relevant to Medical School*
- ⇒ *Medical Personal Statements*
- ⇒ *Entrance Exams: UCAT & BMAT*
- ⇒ *Medical School Interviews*
- ⇒ *Teacher References*

Students can find out more information and register for this free virtual conference here - <https://medicmentor.org/get-into-medicine-ucas-conference/>

Starting your preparation early is the key to success when it comes to applying for medicine. This means Year 10 and 11 students who are about to start their summer would benefit the most from this conference before they embark on their holidays.

From experience, I know how detrimental wasting time in the summer on the wrong activities can be to a medical applicant. The conference will cover extra-curriculars and how best to plan their summer in respect to making themselves the perfect medical school candidate.

*Dr Konain Ehsan
Chief Mentor
Your Medic Family*

*Enquiry Form: <https://airtable.com/shrM6UPT8Z2uxx7OL>
Website: <https://medicmentor.co.uk/>
Medic Mentor Helpline: 01530 417299 (Open 10am - 5pm Monday - Friday)*

Future First Alumni Hub

We greatly value the support of our former students, many of whom are keen to maintain contact with school. We are hoping that the students in the current Years 11 and 13 who will be leaving us in the summer will also want to stay in touch. Students are invited to sign up to our Future First Alumni Hub using the link below.

<https://www.futurefirsthub.org.uk/register/spaldinghigh>

Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

Dawn.bushell@spaldinghigh.lincs.sch.uk

Lucy.obrien@spaldinghigh.lincs.sch.uk

Mrs Bushell, Careers Leader