



# Spalding High School

## Weekly Bulletin

### 22nd June 2023



I would like to congratulate our examination groups on the resilience and determination they have shown in the recent weeks of the examination series. It is a marathon and not a sprint and both year groups have done remarkably well, so deep breath Year 11 and Year 13 – you are very nearly there!

At the other end of the School, we have had Open Days for both Year 4 and Year 5 and our new Year 7 Information Evening in recent days. I spoke about the Open Day last week, but similarly, last night we welcomed our new Year 7. Welcome Class of 2023, we cannot wait to work with you for the next seven years. The soon-to-be High School students were very enthusiastic and excited, mingled with a few nerves, I am sure, but joined in and asked lots of very pertinent questions. The evening consisted of a number of presentations and opportunities to ask questions as well as purchase new, or nearly new items of uniform and of course taste samples of the canteen lunch menu. Plans for the canteen to be brought in house are continuing, and I would like to remind students to participate, either in their form discussions or via the School Council, with plans for the future. Sample menus are being created and we are examining the pricing and procurement systems very carefully and look forward, in due course, to sharing the decisions in this very exciting area.

Finally, congratulations to a number of our teams and sporting individuals this week – there have been some tremendous achievements in summer sports over the course of the last few days and so please do read all the reports included.

**Mrs M K Anderson, Head Mistress**

## Student of The Week

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

Form	Student	Staff	Reason
7C	Heidi Woodrow	Mrs Schwarz	Community
7C	Zofia Hemmant	Mrs Wilkins	Art
7S	Ayla Grant	Mrs T Waldron	Community
7S	Sienna Wright	Mrs Neal	Art
8C	Annabel Duce	Miss White	Science
8C	Karolina Gren	Mr Garbett	Music
8P	Abbie Jones	Mr Fovargue	Computer Science
8S	Amelia Robinson - Tait	Mrs Love	English
8S	Amy Green	Mrs Cave	Religious Education
8S	Dara Ajayi	Mrs Aurikko	Science
8S	Karina Zokaite	Miss Magnus	History
9N	Martha Cook	Miss McArthur	Religious Studies
9N	Sky Salkeld	Mrs Knowles	French
9P	Gabriella Ross	Mrs C Lord	Mathematics
9S	Alexis Bradshaw	Miss Ashley	Community
9S	Zofia Nowak	Miss Bailey	German
10C	Ava Smith	Mr Wright	Biology
10J	Amelia Green	Mrs Bushell	French
10J	Isabella Kirk	Mrs Kelleher	Art
10J	Jess Bird	Miss White	Community
10P	Isabella Larsson	Mrs Neal	Community
10P	Lily Stadnicka	Mrs J Lord	English Literature
10S	Anusha Kumar	Mrs Busfield	Biology
6GD	Emilia Topka	Mrs Rogers	Geography
6GD	Rebecca Hoyle	Miss Dunbar	Sociology
6LH	Amelia Sieling	Mrs Jones	Community
6NG	Tia Withers	Mrs Jones	Latin
6TD	Nova Kalman	Mrs Fisk	Drama

## PE News

### Y7, Y8 and Y9 Tennis

On Thursday 9<sup>th</sup> June, the Y7 & 8, and Y9 & 10 tennis teams travelled over to Kesteven and Grantham Girls' School to play their first school matches of the year. The tournament layout is that each player will play a singles match against their equally ranked opponent, and then a doubles match with a partner (1 full set, or 6 rubbers).

The Y9 & 10 team dominated their matches, winning all four singles matches (0-6, 0-6, 0-6, 1-6) and both doubles matches (3-6, 1-6). In the Y7 & 8 singles, Tilly Buck won her game comfortably (1-6), but the rest of the team were up against talented opposition who had excellent groundstrokes to move them around the court and unfortunately on this occasion they lost their matches (6-0, 6-1, 6-3). The doubles matches were evenly split with one win a piece (4-6, 6-2).



Mr Farrell, Head of PE

## PE News

### Y9 and Y10 Tennis

The Y9 & 10 team had another game on Monday 12<sup>th</sup> June against Priory Ruskin Academy. The conditions were tough on the courts with the bright sunshine and hot weather. However, the students battled through and again won all four singles matches (6-5, 6-0, 6-1, 6-0) and both doubles (6-2, 6-2). A special mention to Florence Perowne (who was clearly affected by the heat!) but bought her game back from losing 2-5 to win 6-5! And to Tilly Buck, who despite being in Y8 stepped up, completely unfazed, to play the doubles match.

The teams displayed brilliant sportsmanship and good humour when playing against their opponents, representing the school impeccably. Their next match will be against Bourne Grammar on Tuesday 20<sup>th</sup> June.



Mr Farrell, Head of PE

## PE News

### Track and Field

After qualifying for the track and field cup regional final, athletes have been practicing at lunch time to try and improve their technique and scores. On Monday 19<sup>th</sup> June, both junior and inter teams attended the regional finals held at Grantham. Both teams performed well and displayed a high level of enthusiasm and sportsmanship throughout the day.

The final results were extremely close and the students should be proud of their achievements.

Junior Girls= 3<sup>rd</sup> Place with 279 Points

Inter Girls= 3<sup>rd</sup> Place with 299 Points

### Miss Parker, PE Department



## PE News

### Y10 Rounders

On Wednesday 14<sup>th</sup> June, the Y10 Rounders Team represented the school at a tournament. The team played against five schools. Captained by Millie Youngs, the team demonstrated great fielding and batting skills and worked together to become undefeated. Across the five games, the team scored an amazing 51 rounders conceding 15 rounders. The team also got 20 players out.

The team had fun and laughed throughout the tournament, yet they displayed great sportsmanship. The top four scorers were; Millie, Zainab, Beth and Evie. Well done Year 10!



Miss Parker, PE Department

## PE News

### Y8 Rounders

The Y8 Rounders Teams participated in the SLSSA Tournament on Monday 19<sup>th</sup> June. The tournament consisted of seven schools with two mini leagues. The SHS A Team played against University Academy Long Sutton (UALS) and Bourne Academy, and the SHS B Team played against Spalding Academy, University Academy Holbeach (UAH) and The Deepings School. The A Team won both of their league games, progressing through to the 1<sup>st</sup> / 2<sup>nd</sup> place play off against the winners of League 2, UAH. During the final, UAH put on a good batting display, hitting five rounders, with SHS getting four of them out. SHS then batted, and after a rocky start (with four of them getting out on their first ball!), it was left to the remaining four players to play their best to try and win the game! I am so pleased to report that they did! Tilly went on to score four rounders, Karolina scored two and a half, and Izzy and Grace scored another three between them. The final score was 9 ½ to SHS, and 5 to UAH, and they were crowned champions!

The B Team won one of their league games, and lost two, progressing through to the 5<sup>th</sup> / 6<sup>th</sup> place play off. In the final against UALS, they were narrowly defeated by ½ a rounder, losing 7 ½ to 7. A huge well done to the B Team as some of them were representing the school in their first ever rounders match. The team would also like to thank Miss Pascoe for staying with them after school; they learnt a lot from the evening!

Congratulations on a superb win, and well done to all pupils involved in the tournament!

### Miss Jones, PE Department



## History Department

### Y9 GCSE Trip to Lincoln

On Tuesday 8<sup>th</sup> June, Y9 GCSE historians went on a trip to Lincoln Castle and the Victorian prisons. Due to COVID, for many Y9s this was their first school trip since joining SHS and the History Department were very proud and pleased with how the pupils behaved and conducted themselves throughout the day.

Upon arriving at Lincoln Castle, the cohort had a tour of the Medieval Wall Walk around the castle led by Mr Hemsall, explaining the structure of the castle and the historical reasoning behind the architecture. During the tour pupils saw Lucy Tower, dating back to medieval times, which was later a burial ground for unfortunate prisoners hanged at the castle, and were given the opportunity to experience far reaching views of Lincoln city and beyond from the Observatory Tower. Pupils then enjoyed lunch within the grounds of the castle.

The afternoon gave pupils the chance to experience Lincoln Castle's Victorian Prison which has been used as a filming location for TV series such Downton Abbey and Call the Midwife. Pupils were able to explore the cells and imagine life behind bars, dress up as a prisoner, member of staff, the Governor or the Matron and visit the atmospheric separate system chapel – the only original one remaining in the world. And finally before departing back to school pupils could view an original 1215 Magna Carta and 1217 Charter of the Forest, and watch a short film about the story of King John, the barons and the birth of the Great Charter in the David P J Ross Magna Carta Vault.

### **Mr Hemsall, Head of History**

On Tuesday 6<sup>th</sup> June, we went to Lincoln Castle. When we got there, we walked around the castle walls and saw a graveyard of criminals. Then, we had lunch, before we looked around the prison. We went to the female and male sections and dressed up in the old prisoner clothes. After looking at the cells, we went to Ross Magna Carta Vault, where we saw a copy of the Magna Carta and watched a film on it. The last thing we saw was the chapel, which we climbed lots of stairs to get to, it was gorgeous. We had a great time.

### **Ella Atkinson and Poppy Miller 9J**



Y9 GCSE Trip to Lincoln



## Y9 GCSE Trip to Lincoln



## Careers Update

### Visit from former SHS student:

We welcomed former High School student Amelia Quince into school on Monday to talk to Year 12 students about her experiences of studying law at the University of Cambridge. The students were very appreciative of the opportunity and we are grateful to Amelia for her ongoing support.

### One-to-one Guidance Appointments with Mrs O'Brien

Mrs O'Brien has started to conduct one-to-one career guidance appointments with Year 10 students. These will continue into Year 11. During the sessions, students may explore the following ideas:

- Strengths, skills and values
- Experience so far
- What is important to them
- Ideas they already have
- Things they might like to look into further
- Where to look for helpful information
- Tools that may be useful to make an informed decision
- Any concerns.

### University Centre Peterborough – Open Event

University Centre Peterborough (UCP) is holding an open evening event on 4<sup>th</sup> July 17.00-20.00. The university offers 47 diverse courses and may be of interest to Year 12 students considering university as an option but who would prefer to live at home.

### Open Event - 4 July 2023 - University Centre Peterborough ([ucp.ac.uk](http://ucp.ac.uk))

### Useful Webinar about Clearing for Parents/Carers of students in Year 13 and for Year 13 students – 18<sup>th</sup> July 18.00-18.45 – Sign up now

Information about the webinar from UEA:

*Results day is just around the corner, and even if you're not planning on using clearing, it's a good idea to be prepared for all eventualities! And if you haven't applied for university yet, it's not too late, with plenty of great courses still available to you through clearing.*

*In this session for students and their parents or carers, the University of East Anglia (UEA) will cover everything you need to know about clearing – including the chance to hear a mock call – so you'll know just what to expect when the big day arrives.*

*The session will be led by Alix Delany, Head of Admissions at UEA, along with Chris Hakes, a Higher Education Adviser. They will also be joined by student who found a place at university through clearing, so they can talk about their experiences.*

*We'll cover:*

1. *What is clearing? A jargon-free explanation of clearing: how does it work, who is it for and what are the benefits.*
2. *What happens on results day? A step-by-step guide of what happens, when.*
3. *How can I prepare? Simple tips to make sure you make the right decisions, without feeling panicked or overwhelmed.*
4. *What happens on the call? It can be daunting to pick up the phone. Listen in on our mock call so you'll know just what to expect, and know you have nothing to worry about. You can also find out about options that don't involve the phone at all, such as live chat.*
5. *What's it like to go through clearing? Don't just take our word for it. Hear from a current university student sharing their experience of getting a university place through clearing.*

## Careers Update

[HE Guidance: Clearing In Five Easy Steps – A Session For Students & Their Parents Or Carers With Alix Delany, Head Of Admissions, & Chris Hakes, Higher Education Adviser, At University of East Anglia - Channel Talent - Interactive school webinars](#)

### Future First Alumni Hub

We greatly value the support of our former students, many of whom are keen to maintain contact with school. We are hoping that the students in the current Years 11 and 13 who will be leaving us in the summer will also want to stay in touch. Students are invited to sign up to our Future First Alumni Hub using the link below.  
<https://www.futurefirsthub.org.uk/register/spaldinghigh>

### Support:

As always, we can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

**Mrs Bushell, Careers Leader**

### The NCS programme

On Friday this week, Lucy from NCS will join Year 12 in a virtual assembly. She will make a presentation on the fabulous free opportunities on offer for Year 12 students during the summer holiday. Please see the letter attached to find out how your son/daughter can get involved in these CV boosting activities.

**Mrs Haunch, Head of Sixth Form**

## Kickboxing Open Day and Taster Sessions with Evolution Martial Arts - Saturday 24th June



EVOLUTION MARTIAL ARTS

# OPEN DAY AND TASTER SESSIONS

SATURDAY 24TH JUNE 2023  
10AM-2PM

What we are all about...

Located in Boston, Evolution Martial Arts, is not for profit and run by volunteers. The family friendly club provides classes for all ages and abilities whether you wish to fight, get fit, learn a martial art, or one day achieve a black belt. Why not come along and learn a new sport, get fit, improve your self confidence, meet new people and have some fun. Evolution Martial Arts is home to Team Great Britain members, current WAKO Kickboxing World, European and British Champions. Our coaches are fully trained WAKO qualified coaches, first aid trained and DBS checked.

EVOLUTION MARTIAL ARTS  
THE OLDS GOODS YARD, SPALDING ROAD  
BOSTON, PE21 8XL



EVOLUTION MARTIAL ARTS

# OPEN DAY AND TASTER SESSIONS

SATURDAY 24TH JUNE 2023  
10AM-2PM

JOIN US FOR OUR EVOLUTION MARTIAL ARTS OPEN DAY AND TASTER SESSIONS. THIS WILL BE AN ACTION-PACKED DAY WITH THE CHANCE TO TRY KICKBOXING FOR FREE, WATCH DEMONSTRATIONS FROM STUDENTS INCLUDING TEAM GB MEMBERS, HAVE COFFEE AND CAKE, AND MUCH MORE!

10AM - WELCOME  
10.30AM - KIDS KICKBOXING (4-10 YEARS) TASTER  
11.15AM - DEMONSTRATION  
12PM - CADETS AND ADULTS KICKBOXING (10+ YEARS) TASTER  
12.45PM - DEMONSTRATION  
2PM - FINISH

EVOLUTION MARTIAL ARTS  
THE OLD GOODS YARD,  
SPALDING ROAD,  
BOSTON, PE21 8XL



EVOLUTION MARTIAL ARTS

*A not for profit Kickboxing Club open to all abilities in a fantastic atmosphere*

**KIDS KICKBOXING (4-9 YEAR OLDS)**  
MONDAY 6-6.45PM  
WEDNESDAY 6-6.45PM  
THURSDAY 6-6.45PM

**CADET KICKBOXING (10-14 YEAR OLDS)**  
MONDAY 6.45-7.45PM  
WEDNESDAY 6.45-7.45PM  
THURSDAY 6.45-7.45PM

**ADULT AND JUNIOR KICKBOXING (15 YEAR OLDS+)**  
MONDAY 7.45-8.45PM  
MONDAY 8.45-9.30PM (FITNESS/CIRCUIT TRAINING)  
WEDNESDAY 7.45-8.45PM  
THURSDAY 7.45-8.45PM

**TUESDAY SPARRING**  
6-6.45PM KIDS  
6.45-7.45PM CADETS  
7.45-8.45PM ADULTS AND JUNIORS

PRE-BOOKING ONLY  
FIND US ON FACEBOOK, EMAIL US  
EVOLUTIONMARTIALARTS@OUTLOOK.COM  
OR CALL 07716510792

EVOLUTION MARTIAL ARTS  
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If you wish to attend the Open Day, please complete the online registration form below:

<https://forms.gle/bMonGKGGhBAaxLae7>

Azrael Kusyk, 9N