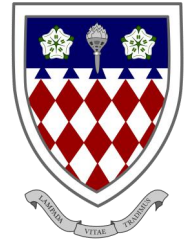


# Spalding High School

## Weekly Bulletin

### 13th October 2022



Lots of sporting news to celebrate this week with tremendous news for the School Football Teams – what a cracking set of results and well done to you all. It is also very pleasing this week to read about Miss Magnus' success at The Horse of the Year show – well done to you too Miss Magnus.

I want to take today as an opportunity to raise the profile of free school meals and the Lincolnshire Holiday and Activity Food Programme (HAF). The last three years have presented incredibly tough challenges to families, both through the pandemic and the impact that had on job security and income, and now, the cost of living increases we are experiencing affect every aspect of domestic life and expenditure. Please read on and do not assume that my piece does not apply to you; on many occasions in the past we have worked with families who thought they were not eligible for free school meals, only to find that they were.

The Government website below provides all the information and advice that you need to start your check.

[Apply for free school meals - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

If you type in your postcode, you will be redirected to your home Local Authority FSM webpage. For the majority of our parents/carers, this will be Lincolnshire. Their page can be found directly here:

[Apply for free school meals – Lincolnshire County Council](#)

The Local Authority page asks you to register and complete on-line questions to establish if your family are eligible for free school meals. This can all be done independently of the School; you do not need to share any of this information with us. If a family is eligible for free school meals, they will be notified via the Local Authority portal. Once per week, the Local Authority updates the School's database and we then organise the payment of £3.20 per day to the child's canteen account. Gone are the days where parents/carers had to bring documents and benefit books etc. into school for us to check. As the money is simply transferred to the child's canteen account, they just carry on using the canteen in exactly the same way as they are now.

Being eligible for free school meals also opens up other forms of financial support through the Pupil Premium Grant, such as uniform costs, school trips and resources. Those eligible for free school meals, are also eligible to access the Lincolnshire HAF Programme, about which, you can find information via the link below, and Mr Blackburn will be writing a piece in next week's bulletin.

[Holiday Activities and Food Programme – Lincolnshire County Council](#)

**Please, please check.**

***M K Anderson***  
***Headmistress***  
***Spalding High School***

## STUDENT OF THE WEEK

Please find below the latest 'Student of the Week' nominations. Nominations can be made by both teaching and support staff and can be subject related or community focused.

| Name                | Form | Staff          | Reason             |
|---------------------|------|----------------|--------------------|
| Katie Bonarius      | 7C   | Mrs Spinks     | Mathematics        |
| Arjannya Das        | 7P   | Miss Bailey    | German             |
| Leila Petraite      | 7P   | Mrs Aurikko    | Science            |
| Karolina Gren       | 8C   | Miss Magnus    | Physical Education |
| Ava Judkins         | 8P   | Mrs Neal       | Art                |
| Karina Zokaite      | 8S   | Mrs Love       | English            |
| Julia Wawro         | 9C   | Miss OSullivan | English            |
| Lara De Silva       | 9C   | Mrs Waldron    | Religious Studies  |
| Harriet Drewery     | 9J   | Mrs Clay       | French             |
| Eloise Moore        | 9N   | Mr Groom       | History            |
| Martha Cook         | 9N   | Miss Parker    | Physical Education |
| Sigourney Bolton    | 9N   | Mr Garbett     | Music              |
| Sigourney Bolton    | 9N   | Mr Fovargue    | Computer Science   |
| Faith Robinson      | 9P   | Mrs Wilkins    | Technology         |
| Alexis Bradshaw     | 9S   | Mr Ganger      | Mathematics        |
| Alexia Brooks       | 10J  | Mrs Hoodless   | Geography          |
| Chloe Ham           | 10J  | Mr Martindale  | Technology         |
| Grace Zacharkiewicz | 10N  | Mrs Jeffery    | English Literature |
| Betsy Neil          | 10P  | Mrs Fisk       | Drama              |
| Edie Twell          | 10P  | Mrs Knowles    | French             |
| Natalia Procel      | 10P  | Miss White     | Physics            |
| Evie Ireland        | 10S  | Miss Ashley    | Mathematics        |
| Hollie Lunt         | 10S  | Mr McAlinden   | Business           |
| Brookelyn Gedney    | 11C  | Mrs Lord       | Community          |
| Chloe Webb          | 11C  | Mr Blackbourn  | Business           |
| Ophelia Sootheran   | 11C  | Mrs Martindale | Biology            |
| Tillie Allen        | 11C  | Mrs Haunch     | Physics            |
| Erin Doherty        | 11J  | Mrs Lord       | Mathematics        |
| Izzy Hackett        | 11J  | Miss Pettefar  | English            |
| Izzy Wright         | 11P  | Mrs Waldron    | Biology            |
| Abbie-Louise Joyce  | 6FM  | Mrs Jones      | Latin              |
| Sophie Carter       | 6IW  | Mrs Rogers     | Geography          |
| Niamh Williams      | 6KM  | Mrs Bennett    | Geography          |
| Katelyn Parrin      | 6LH  | Mr Love        | Law                |
| Tia Withers         | 6NG  | Mrs Busfield   | Biology            |
| Molly Paxton        | 6SC  | Mr Hempsall    | History            |

## PE NEWS

### Sports Celebration Evening

Tuesday 4th October saw the post-Covid return of the annual Sports Celebration Evening which recognises the successes of the High School sports teams and highlights individual pupil contributions to school sport for the previous academic year.

There were 'School Sports Colours' badges awarded for sustained effort and commitment to individual sports, as well as Bronze and Silver Achievement Awards for sustained effort and commitment to at least three school teams. In addition to these awards there were individual 'Outstanding Contribution to School Sport Awards' to one member of each year group as decided by the PE department. These awards went to individuals who contributed the most to school sport throughout the year. Winners were:

Year 7 - Izzy Hurn

Year 8 - Annabelle Giles

Year 9 - Briony Sweeting

Year 10 - Taya Smith

Pictured below are the U13 & U15 Fred Trueman State School East Midlands Winners for Cricket receiving their trophy.

The PE department would like to express their thanks to Lola McAllister for her brilliant solo dance performance and the Sixth Form Sport Prefects for their support with organising and presenting the evening.



## FOOTBALL

It has been a successful start to the school year for the Spalding High football teams with the Year 7 & 8, Year 8 & 9 and Year 9 & 10 teams all winning their first English Schools' Football Association (ESFA) Cup rounds.

The Year 8/9 football team played against Haven High School, beating them 6-1. The team finished the first half 2-0 before going on to score another four in the second half and conceded one goal against the run of play. Goals were scored by Katie Reilly (4), Darcey Grundy (2), Lily Wadsley and Ella Lynn, with Katie Reilly selected as Player of the Match.

The Year 9/10 team (right) travelled to Barnes Wallis Academy in Tattershall, for their first ESFA Cup game and also picked up a 6-1 victory. The goal scorers were Katie Reilly (2), Ella Lynn (2), Alesha Rix and Molly McCormack with Player of the Match given to Antonina Such.

The Year 7/8 team (right) travelled to Haven High School and played extremely well to say it was their first game together winning 10-0. It was an excellent team performance with goals from five of the team, two of which were Year 7s representing the School football team for the first time. Player of the Match given to Lily Wadsley for scoring an impressive five goals. Pictured right.

The Year 9/10 team played against Bourne Grammar School in the Second Round of the ESFA Cup winning 6-0. The team played well in torrential rain, creating lots of chances and defending well to keep a clean sheet. The goal scorers were Ruby Acton (2), Katie Reilly, Ava Marshall, Freya Cundy, Antonina Such, with Player of the Match given to Ruby Acton.

The Year 8/9 team have also played their Second Round of the ESFA Cup winning 4-0 at King Edward VII Academy in Kings Lynn. Goal scorers were Katie Reilly (2), Lily Wadsley and Ruby Forsyth. Player of the Match was given to Jodie Mister.

*Miss Magnus*



## Miss Magnus - Horse of the Year Show

On Sunday the 9<sup>th</sup> October I competed at Horse of the Year Show at the NEC in Birmingham. I compete in the Coloured Ridden Non-Native Horse of the Year which is open to horses bigger than 153cm (15hh). Qualifiers are held throughout the year across the country with only 21 combinations qualifying for the final. I qualified at NCPA Staffordshire Show in July winning my class by 24 marks! I was thrilled to finish 8<sup>th</sup> at the final amongst the best horses and riders in the country many of whom are professional riders.



## Year 12 Curriculum Evening Wednesday 19<sup>th</sup> October 2022

Following our letter of 3<sup>rd</sup> October, we would like to invite all parents, carers and Year 12 students to our Year 12 Curriculum Evening on 19th October. This evening is very important and serves a number of purposes:

- To formally welcome you all to Spalding High School Sixth Form
- To introduce the Sixth Form Team
- To explore your role in the relationship described above
- To provide advice about how to support your child during Years 12 and 13
- To address any issues or questions you may have.

The evening consists of a presentation in the School Hall at 6.30pm for all parents/carers and students. Individual appointment times are available from 5.30pm with Sixth Form tutors to discuss the transition to A Level over the last few weeks and there is a presentation from 7—7.20pm for any students interested in the Extended Project Qualification (EPQ) and their parents/carers.

Please click [here](#) to accept or decline this invitation and select your preferences for the evening. We look forward to seeing you.



# #HelloYellow

## Friday 7<sup>th</sup> October - #HelloYellow

On Friday 7<sup>th</sup> October, we invited staff and pupils to wear one item of yellow clothing or more as part of a non-school uniform day, in order to raise awareness for mental health issues amongst young people. The charity that we were raising money for was YoungMinds. Their aim is to make sure that children and young people get the best possible mental health support and have the resilience to overcome difficulties. We felt that this was not only a worthy cause to support, but also an incredible resource for pupils, parents and schools. We are extremely proud of our school community for coming together to raise an impressive £909.53. I would like to thank the School Prefect Team for their support, in particular Meg Williams and Charlotte Pool, in helping to raise awareness of this issue. They worked extremely hard to prepare and then deliver a presentation to Years 7-11 in an assembly every day last week, detailing who pupils can talk to in school if they or a friend need support. They also highlighted some helpful distraction techniques to help pupils cope if they are feeling low or anxious. The Prefects also organised a quiz for pupils to take part in during morning registration on the Friday, as well as judging the selfie competition. We are delighted to announce that 7C won the selfie competition and 9S were the form who raised the most money. Thank you again to pupils, staff, parents and carers for their support.



*Mrs Hickman, SENDCo*



## GCHQ NATIONAL LANGUAGE COMPETITION

GCHQ, one of the UK's intelligence agencies, is running a National Language Competition from 7-11 November 2022 aimed at Year 9 pupils from across the UK. Over the course of five days, teams of 4 will score points by tackling a variety of fun, language-themed challenges hosted on an online platform.

All students will be able to take part, no prior knowledge is required, only a keenness for languages. The team with the most points at the end of the competition will be invited to GCHQ's Headquarters in Cheltenham and will be presented with a trophy by GCHQ Director, Sir Jeremy Fleming!

If you would like to compete, then assemble your team and register your interest by speaking to the Languages Department by Wednesday 19<sup>th</sup> October 2022.

CALLING ALL

**Year 9**

students across the UK!

GCHQ

- one of the three UK intelligence agencies -  
is hosting an online

### **National Language Competition**

08:00 07/11/22 - 17:00 11/11/22

In teams of up to four students you will compete against others nationwide for the NLC 2022 trophy - awarded to the winning team by GCHQ Director, Sir Jeremy Fleming himself!

Your task will be to solve the NLC's language-based puzzles to score as many points as you can over the week.

No prior knowledge or language skills are required. Just have your quick-thinking, code-cracking, puzzle-solving skills at the ready!

If you want to get involved, assemble your team and get in touch with the Language Department.

Have YOU got what it takes?



#GCHQNationalLanguageCompetition

## CAREERS UPDATE

### Year 13 University Applications

May I please remind parents/carers and Year 13 students that the internal school deadline for submitting a UCAS application to me is 31<sup>st</sup> October. I am very happy to receive applications prior to this date to add references and send them off. The earlier they go, the sooner students start to receive offers which is highly motivational.

### Alumni Articles

It is always a great pleasure when former High School students get in touch and offer to write articles for our weekly bulletin or to come into school to talk to students. This week's alumni article is written by Charlotte Bird (née Avery) who was in my tutor group over ten years ago. Charlotte was very driven and focused to become a primary school teacher and tells us about her journey in her article – see attachment.

If any former students wish to join our alumni hub, here is the link:

<https://www.futurefirsthub.org.uk/register/spaldinghigh>

### Support

As always, we can be contacted by email if parents or students in any year group have any queries:

[Dawn.bushell@spaldinghigh.lincs.sch.uk](mailto:Dawn.bushell@spaldinghigh.lincs.sch.uk)

[Lucy.obrien@spaldinghigh.lincs.sch.uk](mailto:Lucy.obrien@spaldinghigh.lincs.sch.uk)

***Mrs Bushell (Careers Leader)***