



Spalding High School

Stonegate, Spalding, Lincolnshire, PE11 2PJ

Telephone 01775 722110

Email enquiries@spaldinghigh.lincs.sch.uk



Headmistress Mrs M Anderson B.Ed

January 2026

Dear Parents/Carers

Norway Adventure Thursday 22nd October – Sunday 25th October 2026

The Geography department is delighted to inform you that we are proposing a visit to Norway in October 2026. This is a fantastic opportunity for our students to experience a unique landscape. This trip is only being offered to GCSE and A Level students. Whilst it is not a compulsory part of this course it will certainly extend the knowledge and understanding of units taught and will enhance students' awareness of this amazing environment. The country offers an opportunity to see, at first hand, an amazing array of geographical landforms and landscapes.

Some of the proposed excursions to be included during the trip will include:-

- Explore Bergen, including a trip on the Fløibanen funicular in to Mount Fløyen
- Visit Sognefjord and travel across the mountains and past some spectacular waterfalls, to the mighty Sognefjord ("the King of the Fjords"). Includes visit to Tvindefossen a 110-metre waterfall
- Mini Cruise - Nærøyfjord Cruise The best view of the fjords is from the water! Enjoy a 2-hour cruise through one of the narrowest fjords in Norway, with steep mountain sides plunging down into the water. The cruise includes a short stop in the picturesque village of Undredal to stretch your legs.
- Flåm Railway Ride on one of the world's steepest railways and experience contrasting landscapes as you pass through tunnels, waterfalls and green hills down to the fjord village of Flåm.
- Visit Steinsdalsfossen This remarkable 50m high waterfall is one of Norway's most famous (and most visited) sights.
- Visit Hardangerfjord - Eidfjord including Vøringsfossen Waterfall the Vøringsfossen waterfall is one of Norway's most famous natural wonders, with a free fall of 145 metres
- Visit Norwegian Nature Centre Experience
- Take the Ulriken Cable Car with spectacular views of Bergen

NB – The itinerary is still subject to change

The dates for the trip are Thursday 22nd October – Sunday 25th October 2025 with flights from London Gatwick with Norwegian air. The cost of the trip will be approximately £1,300 - £1,350 (this approximation is due to flights not currently being available to book) and is inclusive of flights, return travel to and from the airport, excursions, a trip hoody and insurance, full-board accommodation for 3 nights at Heimen Hotel which has ensuite facilities.

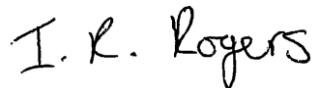
Please note that as this is an "optional extra" trip, full payment is compulsory and the school will not be able to provide any financial assistance.

Priority will initially be given to the current Year 10 and Year 12 students as well as Year 11 students who are committed to studying Geography A Level at Spalding High School, after this Year 9 students who are committed to studying GCSE Geography will be offered a place which will be allocated on a first come basis. It may also be necessary to take into account students' interest in Geography, attendance and behaviour at school, so as not to place the safety of students, staff and their peers at risk. Please be aware before you commit that this trip is very active and a certain level of physical fitness will be needed to take part in the activities. Once a place has been once confirmed, you will then be able to access the online payment system to pay the non-refundable deposit of £200.00 as well as completing the booking form. Please be advised that deposits cannot be returned or transferred to another trip if your child changes their mind.

If you decide you would like your child to reserve a place on this exciting overseas trip, then please complete the form by [Interest in Norway October 2026](#). If you would like further information about the trip, please visit the PowerPoint presentation available on the School website.

Please do contact me if you have any questions or queries.

Yours sincerely

A handwritten signature in black ink that reads "I. R. Rogers". The "I" and "R" are capitalized and connected, with a small dot above the "I". The "R" has a long, sweeping tail extending downwards and to the right.

Mrs Ingrid Rogers

Ingrid.rogers@spaldinghigh.lincs.sch.uk