

## Top Tips from 7P 2018

### “On my first day”...

“On my first day at SHS I felt really nervous because I thought I was going to be late for most of my subjects but as I got used to the organisation of classes I no longer had to rush to lessons. I also felt a bit petrified because I thought I would not make any High School friends since I already had some primary ones. I wanted to make such a difference in life and so I stood up and believed in myself and as I got talking, I made so many new friends. There is nothing to be worried or scared about because when your friends are with you, you feel more confident in what you are doing and in who you are.”

“On my first day, I found it hard to get around but once you’ve got used to it you will easily find your way around. I also felt a bit anxious because I did not know what the teachers or the students would be like. Don’t worry about that because everyone here is really nice, helpful and trustworthy.”

“On my first day at SHS I felt very nervous but as soon as I got here I immediately felt calmer. I realised there was no need to be so stressed about things. I made friends easily by just talking to other people soon realised that we had things in common. It is nice to have someone you know around like I did, but if not, everyone is very kind and understanding. I was also worried about getting lost and the truth is you might, but just ask someone and they will help you find your way.”

“I was nervous on my first day but near the end I was calm and had made new friends. As well as my feelings, I was also very disorganised; I was even late for lessons (oops!) but as I got used to the school system I became more confident. I was also the only person from my primary school so that frightened me as I knew nobody at all. Now I am in my fifth week at SHS and I am more confident in my learning and I have made a lot of friends in Year 7.”

“On my first day at SHS I was disorganised and my locker was very messy. I solved that by buying folders for lessons and homework and got an A4 book holder to put in my locker. These kept me tidy and more organised.”

“On my first day, I felt nervous; I wasn’t used to the school. Luckily, from summer school though I had some friends to see. We got our books, stationary and planners and off the day went!”

“On my first day I was extremely disorganised and I was always forgetting things like my pencil case and locker key so what I did was make a list of everything I needed to bring to school and after I had put it in my bag I would tick an item off the list.”

“On my first day at SHS I was worried about making friends but then I realised that there were so many girls who were scared about making friends as well, so now I have more than enough friends and they are all so kind and helpful.”

“On my first day I felt really nervous, I hadn’t made any new friends and didn’t know my way around school but now I have loads of friends and I know where all my lessons are. I was not very organised on my first day but when we got some tips from our Maths teacher, I became very organised. Don’t lose your locker code and keep your books and notes in folders for each lesson. I was really stressed but I got organised and am now stress free!”

“On my first day at SHS I was late for every lesson, forgot my books but at break times me and my friends walked around the school to memorise our classrooms. This way we would not get lost or be late. Also, I found a folder to keep my books in order of every class of the day. This way I bring every book to the right class.”

“On my first day at SHS I was really nervous that I might forget something, but everything was ok. Also something helpful to do is to pack your bag the night before school so that you do not forget anything.”

“On my first day at SHS I was so nervous that I would not know where to go for lessons but with the help of some helpful staff and students I now know my way around SHS like it is my own house! I was also scared that I might forget my books but I realised that packing my bag the night before was a great idea since I would not be rushing in the morning.”

“On my first day at SHS I was worried but soon I realised that there was nothing to be scared about. I asked myself questions, for example will I fit in? What if I get lost? Will I get in trouble? In the second week I calmed down, stopped asking questions, didn't worry and finally I enjoyed myself!”

“On my first day at SHS I realised that secondary school is nothing to worry about and organisation was the key to success and getting through it all. Pack your bag the night before you need the books and do your homework the night you get it.”

“On my first day at SHS I was quite nervous but I soon realised that it wasn't as bad as I thought it was going to be. It took some getting used to but now the time has felt like it is flying by, thanks to meeting so many new friends in my form. My top tip would be to make sure you do your homework the same day you get it so that you have lots of time to spare at the weekend.”

“On my first day at SHS I got lost and forgot most of my books but eventually I got it all under control and before I knew it I was putting my books in multi-coloured folders so I knew when and what I needed for lessons. Also at break and lunchtime, I would check out the classrooms we were going to be in so I knew where to go. I hope this top-tip helped you! See you around!”

“On my first day at SHS I was absolutely terrified! However, I soon realised that I didn't need to be. One of the things I was most scared about was making friends, but how wrong I was. Right now, I have two best friends; one helps me keep organised and the other makes me laugh! I love the High School and I know you will too!”

“On my first day at SHS I felt nervous at first but I soon realised it wasn't worth the stress. I made friends very quickly and didn't get a lot of homework. I love it here at SHS and I am sure you will too.”

“On my first day at SHS I felt really nervous as I was the only one from my primary school however I soon made friends and had lots of fun. I also found that most of the teachers were nice!”

“On my first day at SHS I was not very organised when packing my books so I would recommend packing books the night before or arriving a few minutes early so that you can pack your bag in the morning.”

“On my first day at SHS I was quite organised because I got separate folders for each subject so everything in that subject was together not all around the place. I love SHS, the people are caring and kind; especially my best friends.”

“On my first day at SHS I tried to be as organised as possible by packing my bag the night before school, which I still do now. I find it a lot easier. I also got lost on the way to one of my classes but I asked a girl and she was willing to help me and I realised there was no point in being worried.”

“On my first day at SHS I felt very scared as I only knew two people but as the day went on I realised that teachers and students in my form were really nice and they weren’t scary at all. My top tip is that you shouldn’t be scared and you’ll find a best friend in no time.”

“On my first day at SHS I was really nervous, but soon realised that all the teachers were really nice and I made lots of friends.”

“On my first day at SHS, I felt really worried and anxious. Would anyone like me? Would I manage homework? Could I get a detention? I soon realised that everyone was in the same position as me, all nervous and with the same worries when actually there was nothing to worry about at all! Everyone’s really nice and the homework is easy to get used to, so don’t worry because there is nothing to worry about!”

“On my first day at SHS I felt many feelings; excited, scared, confident and nervous all at the same time! I realised I came from the highest year at my primary school to the lowest year of the High School. On the first week, you get settled in by getting to know the people in your year and getting a locker key. Going class to class was very different. You have to have the right books on the right day. After I organised my stuff it got a lot calmer and easier to get through the day. You will get lost a few times but the staff are willing to help.”

“On my first day at SHS I thought I couldn’t fit all my stuff in my bag and I was right so I went to the shops and bought a bigger bag and I got folders to put all my books in if I had a lot of them. I also brought a timetable to put in my locker as I didn’t know what lessons I had and I couldn’t be bothered to get my planner out and found it easier to pack my bag at night so I wasn’t in a rush in the morning.”

“On my first day at SHS I was a bit worried about getting lost but to resolve this happening, me and my friend at break and lunch for about two weeks would look for the room that our next lesson was in. I was a little bit nervous but that was nothing compared to how excited I was! I was extremely excited to make new friends and it was great because everyone else was looking for friends too. Even though a couple of times I have forgotten things like my PE kit and art pack, the teachers are really understanding and kind. I hope you enjoy coming to this school like I do.”

Thank you to all of 7P and Miss Rossouw for sharing their thoughts and advice!