

Spalding High School

Ski Trip

Passo Tonale, Italy

Friday 14th – Friday 21st
February

2020



The Ski Area/Resort











PASSO TONALE -ITALY

- One of highest resorts in Italy
- Excellent for beginners and intermediates
- Small, friendly resort



Coach Travel

- Depart from school Friday 14th Feb (9.15am)
- School access from 8.00am
- Ferry crossing 2:45pm (good time for hot meal)
- Overnight journey
- Arrive following afternoon approximately 1pm –
ski hire & resort familiarisation

Hotel Negritella ***

- Large modern property
- Comfortable alpine interior
- Vibrant atmosphere.
- Ideally located at the foot of the slopes, about 50m from the lifts.
- All rooms with private facilities, telephone and TV.
- On the main street
- Large restaurant
- Arcade with video games
- TV room

**ROOM ALLOCATIONS GIVEN
1 WEEK PRIOR TO DEPARTURE**



The Journey



- Approximately 25 hours
- Comfortable clothing
- Very small hand luggage bag (to fit in overhead storage on coach)
- Wear/use your ski jacket – saves space in your suitcase
- Travel pillow & blanket are a good idea
- Bring some food for journey and a small amount of money (£15/20€) to buy food during journey.
- Small charge for toilets at services: take some change in euros if possible

A typical day: part 1

- Wake up call at 7-7.30!!
- Breakfast – serve yourself with cereal, bread rolls, fruit, yogurt, cheese, cold meats etc.
- Collect helmet/gloves/goggles/phone
- Apply sun cream (minimum factor 30), lip balm and smile!
- Put your boots on and grab your ski's.
- Depart the hotel with your ski group and allocated member of staff (you are only as quick as the last person)

A typical day : part 2

- Carry ski equipment to the chairlift queue. Meet ski instructor.
- Two hour ski lesson in the morning (9-11am)
- Lunch : hot lunch back at the hotel
- Three hour ski lesson in the afternoon (1-4pm)
- Free time (usually at trip to the Spar) & shower!!!
- Evening meal (7pm ish)
- Evening entertainment (8-10pm usually later on karaoke night)
- Sleep!
- Repeat

Evening Activities

- Sunday = Hot Chocolate/Quiz
- Monday = Karaoke
- Tuesday = Ice Cream/Bingo
- Wednesday = Presentation & room tidying





Tuition

- 5 days tuition
- 2 hour lesson in morning (9-11am) and 3 hour lesson in afternoon (1-4pm)
- English speaking instructors



Awards

- Local Alpine ski awards
- ‘Ski Whizz’ & ‘Ski Wally’ Awards
- Presentation evening on Wednesday night



Rules and Regulations

- Students must follow instructions from both teachers and instructors
- No 'free-ski' time
- Everyone must attend all meal times & evening activities
- Cannot go out onto hotel balcony or ferry deck
- Free time will only be available between returning from the slopes at end of the day and evening meal (there will be no free time at lunch or after evening meals/activities).
Minimum group size = 3
- Must wear ski trip hoodie during coach journeys
- Please leave valuables at home

Insurance

- Extensive winter sports insurance is included in your package.
- PGL is one of the most recognised names in school trips with many years experience of operating ski tours.
- Please see insurance details for full cover details, but naturally all activities arranged by PGL are covered, as well as skis, personal belongings, etc - subject to a small excess in some cases.

Ski lessons before trip

- Highly recommended
- Private individual tuition
- Small group tuition

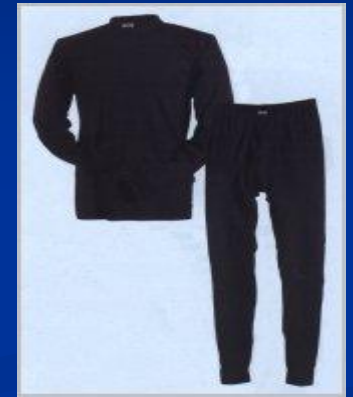
Ski Clothing

Recommended Kit List

- Small inflatable pillow (for the journey).
- Wash bag
- Night clothes
- Several changes of underwear and socks
- Casual wear for travel and evenings, including a warm fleece
- Several t-shirts / long-sleeved and short-sleeved
- A pair of trainers for around the hotel
- Plastic bags (bin liners) for wet clothes on final day
- Toiletries

Ski Wear

- Ski jacket and ski trousers : buy/hire/borrow
- 4-5 pairs of ski socks
- **1 pair of ski gloves & inners**
- Good quality goggles
- A thick fleece & a couple of sweatshirts
- 3-4 polo necks
- 2-3 thermal trousers and tops or leggings and long sleeved tops
- Scarf (one that pulls over the head) and a warm hat
- Walking boots or heavy shoes for the evening
- **High factor suntan lotion / block and ski lip balm**
- Please note that temperatures on the snow can vary enormously in late season with bright sunshine and hot temperatures one minute and then cold, cloudy weather the next. Hence we would recommend several layers are worn each day i.e. thermal top, polo, fleece top, jacket to be prepared for all types of conditions.



Other Essential Kit

Kit List

Below is a list of suggested items we recommend to take:

- Travel pillow (for the journey).
- Wash bag
- Night clothes
- Several changes of underwear and socks
- Casual wear for travel and evenings, including a warm fleece
- Several t-shirts / long-sleeved and short-sleeved
- A pair of trainers
- Labelled strong plastic bag (bin liner) for wet clothes on return
- Plastic water bottle
- Toiletries

How to take it!

- One MEDIUM sized suitcase (you will have to carry it) containing kit list items
- One small hand luggage bag containing food, drink, passport, money, medication & EHIC
- Travel pillow and blanket it gets very cold on the bus late at night
- ONE pair of ski socks

Return Journey

- Suitcase to be mostly packed on Wednesday night
- Return ski equipment after Thursday PM ski lesson
- Shower and evening meal at hotel
- Begin coach journey
- Sleep until breakfast stop
- Telephone call once drivers can give an arrival time.
- Drop off will be at Spalding Bus Station-Approx 7.30pm-8pm

Outstanding requirements

- Passport size photograph for medical ID card
- Photocopy of passport & EHIC
- ALL INFO ON OUR SCHOOL WEBSITE UNDER SKI TRIP 2020 TAB

Staffing

- Mr Farrell-Ski trip leader
- Miss Pascoe-Deputy ski trip leader
- Miss Jones
- Miss Parker
- Mr Blackburn
- Mrs Busfield

Brexit

- PGL (the tour company) recommends that due to the uncertainty surrounding Brexit all passports should have at least six months of validity remaining on them on the day of travel from the UK. Please note passport applications/renews are currently taking 3 weeks to process.









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TIVALE - PRESENA



